

# **Chapter- I**

## **Preliminary**

### **Definition**

1. These rules & regulation may be called the “Revised Rules & Regulation of organisation of National School Games” India.
2. Defination – In this rules & regulation unless the contest otherwise requires.
  - (i) **S.G.F.I. means** : School Games Federation of India
  - (ii) **Affiliated Unit means** : The Education Departments or Sports Departments of States/UTs and various school organisation governed by Govt. of India and any other registered organization of all India status catering to sports & games of the school children who have taken the membership of S.G.F.I., would be named as affiliated units of S.G.F.I. These units are enlisted in chapter II
  - (iii) **Organiser Means** : The affiliated unit of S.G.F.I. would organise the national school sports tournament, following the calendar approved by General body of S.G.F.I., under the aegis of S.G.F.I. The competent authority of the affiliated unit will deputed its official as organising secretary. The organising secretary will be responsible for organising the national school sports tournament successfully. The organising secretary will appoint technical committee, academic committee, mess committee, eligibility verification committee and other committees.
  - (iv) **Participating State/UT/Unit Means** :  
All affiliated members of School Games Federation of India are eligible to participate in the Championship. Each participating team must be officially nominated by the affiliated unit of S.G.F.I.
  - (v) **Secretary General Means** : Secretary General, School Games Federation of India, the body which has been recognized to promote the School Games in India and Apex National Sports Federation, by Govt. of India, Ministry of Sports and Youth Affairs.
  - (vi) **President Means** : President, School Games Federation of India, who have been elected by the General Council for next four years, following the norms of S.G.F.I.
  - (vii) **Jury of Appeal Means** : The committee authorised to take final and appropriate decision in case of protest for dispute or any obstacle during the national school sports tournament.
  - (viii) **National School Games Means** : The affiliated unit will organise the national school sports tournaments under the aegis of S.G.F.I. for the discipline recognised in the decided age group for Boys & Girls, at the venue approved by General Council on the basis of the sports calendar approved by the General Body of S.G.F.I., in which regular boys and girls of the schools recognised by the affiliated units as the team of the affiliated unit.
  - (ix) **National School Sports Calendar Means** : The sports calendar approved every year by the General Council of S.G.F.I.

# School Games Federation of India

## Chapter- II

### AFFILIATED UNITS OF S.G.F.I.

No	State/Unit/ UTs	Name and Address of Affiliated Unit
1.	Assam	Director, Directorate of Sports & Youth Welfare, Assam, Rudra Singha Sports Complex, Super Market, Dispur, P.O. – Assam Secretariat Guwahati Pin Code : 781006 Ph: 0361-2234537 Fax : 0361-2234537 E-mail : sanjibgohainboruah@rediffmail.com Website :
2.	Andhra Pradesh	School Games Federation Of Andhra Pradesh O/o Commissioner & Director Of School Education, Near Telephone Bhavan Saifabad, Hyderabad (A.P) Pin code :500004 Ph: 040-23232343,040-23231972, Fax no.: 040-23236354. Email: krr-gope@yahoo.com
3.	Andaman & Nicobar	Directorate Of Education Andaman & Nicobar Islands Directorate Of Education Vip Road Junglighat Post Port Blair Pin code: 744103, Ph: 03192-232777, 03192-244905, Fax no.: 03192-230101, 03192-244905 Email: dired@and.nic.in Website: www.and.nic.in
4.	Arunachal Pradesh	Director, Directorate Of Public Instructions, Itanagar, Aruna-Chal Pradesh.
5	Bihar	Department Of Art Culture & Youth Govt. Of Bihar Department Of Art Culture & Youth Vikas Bhavan New Secretariate Patna Pin code : 800015 Ph: 0612-2211619, Fax no.:0612-2230173 Email: dcsbssas@gmail.com Website: www.yac.bih.nic.in
6	Chandigarh	Chandigarh O/o Director Public Instruction (S), Addl. Deluxe Building 1 <sup>st</sup> Floor, Sec-9-D, Chandigarh Pin code: 160009 Ph: 0712-5021695 Fax no.: 0172-5067073 Email : dpi-chd@nic.in
7	Chhatisgarh	Directorate Of Public Instruction Chhattisgarh, Raipur The Director, Directorate Of Public Instruction Pensionbada Raipur, Chhattisgarh Pin code: 492001 Ph: 0771-2331385, Fax no.: 0771-2445215 Email: cg.dpi.dir@gmail.com Website : www.niccg.govt.schooleducation.in

No	State/Unit/ UTs	Name and Address of Affiliated Unit
8	Delhi	Directorate of Education (Sports Branch) Chhatrasal Stadium, Model Town, Delhi Pin Code : 110009 Ph: 011-27005200 Fax No. : 011-27254503 E-mail ID : president@sgfibharat.com Website : www.edudel.nic.in
9.	Daman & Diu	Sports Department Ut Admn. Of Daman & Diu. O/O Head Of Sports, Sports Club Opp. State Bank Of India Moti Daman, Daman Pin code: 396220 Ph: 0260-2231232, Fax no. 0260-2231232 Email: ddsports_dmn@yahoo.in
10.	Dadar Nagar Haveli	Secretary, (Edu., Dadar Nagar Haveli (Ut)School Edu. Administration, Silwasa (Via Vapi Western Railway) 396230
11.	Goa	Directorate Of Sports & Youth Affairs Govt. Of Goa Directorate Of Sports & Youth Affairs Campal, Panaji Goa Pin code: 403102 Ph: 0832-2465704, 0832-2464787 Email: dir-spor.goa@nic.in
12.	Gujarat	Sports Authority Of Gujarat 14/3, Dr. Jivraj Mehta Bhavan Sports Authority Of Gujarat Gandhi Nagar Gujarat Pin code: 382010 Ph: 079-232-36102, fax no.: 079-232-54113 Email: sec.sag@gujarat.gov.in Website: www.sycd.gov.in
13.	Himachal Pradesh	Himachal School Sports Association (Directorate Of Hr. Education (H.P.) Dr. O.P. Sharma, Director Of Hr. Education H.P.Shimla Pin code: 171001 Ph: 0177-2656621, fax no.: 0177-2811247 Email: dir.edu@rediffmail.com Website: www.educationhp.org.
14	Haryana	Director, Directorate of Secondary Education, Haryana, Shiksha Sadan, Sector-5, Panchkula, Haryana Pincode : 134009 Ph : 0172-2560246, 0172-65110107 Fax : 0172-2560253 E-mail : edusecondaryhry@gmail.com Website : www.schooleducationhryana.gov.in
15	I.P.S.C.	Indian Public School's Conference (IPSC) Director (Sports), IPSC Principal & Director Motilal Nehru School Of Sports, Rai District, Sonipat (Haryana) Pin code: 131029 Ph: 0130-2366501, Fax no.: 0130-2366271 Email : directorsportsipsc@yahoo.in Website: www.ipsc.co.in
16	Jharkhand	Director, Art Culture, Sports & Youth Affairs, 1 <sup>st</sup> Floor, Telephone Bhawan, Dhurwa, Ranchi, Jharkhand

No	State/Unit/ UTs	Name and Address of Affiliated Unit
17	Jammu & Kashmir	<p>Directorate of Youth Services &amp; Sports Jammu&amp; Kashmir</p> <p>1. Directorate Of Youth Services &amp; Sports, Sports House, M.A. Stadium Jammu(1<sup>st</sup> November To Ending April ) Jammu-180001 Ph: 0191-2544089, Fax no.: 0191-2544089</p> <p>2. Directorate Of Youth Services &amp; Sports, Wazir Bagh, Srinagar (1<sup>st</sup> of May To Ending October ) Srinagar-190001 Ph: 0194-2310488, Fax no: 0194-2310488</p> <p>Email :dir-sports@rediffmail.com</p>
18	Karnataka	<p>1) Department of Public Instruction (Vidhyarthi Kridanidhi) JDPI Physical Education O/O Commissioner Of Public Instruction (Vidhyarthi Kridanidhi) K.R. Circle. Nrupathunga Road Bangaluru Karnataka Pin code: 560001 Ph: 080-22291847, Fax no.: 080-22211086 &amp; 22133472 Email: ddppe@gmail.com</p> <p>2) The Director Pre University Education 18<sup>th</sup> Cross, Sampige Road, Malleshwaram, Bangalore Pin code: 560012 Ph: 080-23361857, 23561944, 23361858 Fax no.: 08023361852 Email: commissioner.pue@gmail.com Website: www.pue.kar.nic.in</p>
19.	Kerala	Director, Directorate Of Public Instructions, Jagathy Thiruvandrupuram 695014, Kerala
20.	K.V.S.	<p>K.V.S. (Hgrs) Kendriya Vidyalaya Sansthan 18, Institutional Area, Shaheed Jeet Singh Marg New Delhi Pin code: 110016 Ph: 011-26858570, Fax: 011-26514179 Email : dcacad2010@gmail.com Website: www.kvsangathan.nic.in</p>
21.	Lakshdweep	<p>Director (Sports &amp; Youth Affairs), Unit Territory of Lakshadweep Kavaratti Department of Sports &amp; Youth Affairs, Kavaratti Island, Union Territory of Lakshadweep, Kavaratti Pin Code-682555 Ph. No.-0489-6263972 Fax No. -0489-6262494 E-mail : sya.kv.utl@gmail.com Website : www.lakshadweep.nic.in</p>
22.	Madhya Pradesh	<p>Directorate Of Public Instruction, M.P., Bhopal Directorate Of Public Instruction, M.P., Gautam Nagar, Bhopal Pin code: 462023 Ph: 0755-2583653 Fax no.: 0755-2583651 Email: physicaldpi@mp.gov.in Website: www.sednmp.nic.in</p>
23	Maharashtra	<p>Directorate of Sports And Youth Services, Maharastra State, Pune -411001 Directorate Of Sports And Youth Services, Old Central Building , First Floor, Maharashtra State, Pune Pin code: 411001 Ph: 020-26140048, 020-26140071 Fax: 020-26140076 Email: dsys_pun@yahoo.co.in Website: www.mahasportal.gov.in</p>



No	State/Unit/ UTs	Name and Address of Affiliated Unit
24	Manipur	Manipur Directorate Of Youth Affairs & Sports Khuman Lampark Sports Complex Imphal Pin code: 795001 Ph: 0385-2421667 Fax: 0385-2421667 Email: directoryas-mn@nic.in
25	Meghalaya	Director, Sports And Youth Affairs, Govt. Of Meghalayas, East Khasi Hills, Shillong
26	Mizoram	School Education Department Mizoram Director, Directorate Of School Education, Mc. Donald Hill, Zarkawt, Aizawal, Mizoram. Pin code: 796001 Ph: 0389-2341233 Fax : 0389-2349542 Email: physicaledn.mizoram@gmail.com Website: www.schooleducation.mizoram.gov.in
27	Navodaya Vidyalaya Samiti	Navodaya Vidyalaya Samiti A-28, Kailash Colony, New Delhi Pin code: 110048 Ph: 011-29244151,55 & 58/ 29234153,54, 56 & 57 Email: navodaya@nic.in Website: www.navodaya.nic.in
28	Nagaland	Department Of Youth Resources Sports Nagaland, Kohima Directorate Of Youth Resources & Sports Nagaland, Kohima Pin code: 797001 Ph: 0370-2280390 Fax no.: 0370-2280390 Email: dyrsnagaland@yahoo.in
29	Odisha	State School Sports Association Odisha, Bhubaneswar Directorate Of Secondary Education Odisha. Heads Of Department Building 6 <sup>th</sup> Floor, Bhubaneswar. Pin code: 751001 Ph: 0674-2323227, Fax no: 0674-2323227 Email: pravakaramangaraj@gmail.com
30	Puducherry	Directorate of School Education PKC Educational Complex Anna Nagar, Puducherry Pincode-605005 Ph No. : 0413-2207216, 2207355, 2207357 Fax No : 0413-2205930 E-mail : ddsports.dsc@gmail.com
31	Punjab	Punjab, DPI (SE), Punjab, SCO, No. 95-97, Sector 17 D, Chandigarh Pin code:160017 Ph: 0172-2703536, 0172-2702840, Fax no.: 0172-2703536
32	Rajasthan	Rajastham Commissionerate, Secondary Education, Rajasthan, Bikaner Pin code: 334001 Ph: 0151-2522238 Fax no.: 0151-2201861 Email : commsecedu@yahoo.com Website: www.rajshiksha.gov.in
33	Sikkim	Director, Directorate Of Sports & Youth Affairs, Govt. Of Sikkim, White New Complex, Gangtok, Sikkim
34	Tamilnadu	Director, Directorate Of School Education, Dept. Of Physical Edu., DPI Campus, College Road, Chennai -06 (Tamilnadu)

No	State/Unit/ UTs	Name and Address of Affiliated Unit
35	Tripura	Tripura School Sports Board Directorate Of Youth Affairs Sports, Govt. Of Tripura, NSRCC Complex, Netaji Subhash Road. West Tripura, Agartala Pin code: 799001 Ph: 0381-2385316, 381-2385003 Fax no.: 0381-2384508 Email: diryas_trp@yahoo.com
36	Uttar Pradesh	Director, Directorate of Education U.P., 18- Park Road, Lucknow (Uttar Pradesh) Pincode : 226001 Ph. : 0522-2239006 Fax : 0522-2237106 E-mail : pchandrayadav@gmail.com, deseceducation@gmail.com
37	Uttarakhand	School Education Of Uttarkhand Director School Education Uttarkhand, Tapovan Road, Nanoorkhera, Dehradun Pin-248001 Ph: 0135- 2781903 Fax no.: 0135-2781903
38	Vidya Bharti	Vidya Bharti Akhil Bhartiya Shiksha Sanstham Vidya Bharti Akhil Bhartiya Shiksha Sansthan Pragya Sadan, G.L.T. Saraswati Bal Mandir Senior Secondary School Nehru Nagar, M.G. Road New Delhi- 65 Pin code: 110065 Ph :011-29840013, 011-29840126 Fax no.: 011-29840126 Email : ubabss@yahoo.com Website: www.Vidhyabharati.org
39	West Bengal	Director, Director Of School Education (Phy.Edu.) Govt. Of West Bengal, Vikas Bhawan, Salt Lake, 7 <sup>th</sup> Floor, Kolkata Pin Code : 700091 Ph. No. : 033-23584391 Fax No. : 033-23584391 E-mail : adsephyednwb@gmail.com Website : www.wbsed.gov.in
40	C.B.S.E.	C.B.S.E. Secretary, CBSE Samiti, 10, Amarlata Kunj, K.K. 0562-6457393
41	Telangana	Secretary, SGFTelangana State, O/o Commissioner & Director of School Edu. Govt. Of Telangana State, Saifabad PO Hyderabad .Pin-500004
42	DAV	DAV COLLEGE MANAGING COMMITTEE, Chitra Gupta Road, Pahar Ganj, New Delhi - 110055

# School Games Federation of India

## Chapter- III

The discipline and age group approved by the General Council of S.G.F.I. is as follows :

### Categorization of Sports (High Priority)

Sr.No.	Discipline	Age Group	Category
1	ARCHERY	U-14,17,19 B&G	High Priority
2	ATHLETICS	U-14,17,19 B&G	High Priority
3	BADMINTON	U-14,17,19 B&G	High Priority
4	BOXING	U- 14 B,17 B&G & 19 B&G	High Priority
5	HOCKEY	U-14 B & G , U-17 B & G, U-19 B & G	High Priority
6	SHOOTING	U-14,17,19 B & G	High Priority
7	WEIGHTLIFTING	U- 17 B& G, U- 19 B& G	High Priority
8	WRESTLING(F/S)	U – 14 & 19 Boys, U-17 Girls, U-17Boys ,U-19 Girls	High Priority
9	WRESTLING(G/R)	U – 14 B & 17 B&G, U– 19 B & G	High Priority
10	TENNIS	U-14, 17 B & G, U-19 B & G	High Priority

### Categorization of Sports (Priority)

Sr.No.	Discipline	Age Group	Category
1	BASKETBALL	U-14 B & G , U-17 B & G , U-19 B & G	Priority
2	CHESS	U-14,17,19 B & G	Priority
3	FOOTBALL	U-14 B&G, U-17 B&G, U-19 B&G	Priority
4	JUDO	U – 14, 17, 19 B & G	Priority
5	KABADDI	U – 14 B&G, U – 17 B&G, U – 19 B& G	Priority
6	SQUASH	U – 14,17,19 B & G	Priority
7	SWIMMING & DIVING	U-14,17,19 B & G	Priority
8	WATER POLO	U-19 Boys	Priority
9	TABLE TENNIS	U-14 B&G, U-17 B&G, U-19 B&G	Priority
10	VOLLEY BALL	U-14 B&G, U – 17 B&G, U – 19 B&G	Priority
11	CYCLING	U-17, 19 B & G	Priority
12	SEPAK TAKRAW	U 19 B & G	Priority
13	WU-SHU	U- 17, 19 B & G	Priority
14	GYMNASTIC	U-14, 17, 19 B & G	Priority
15	TAEKWONDO	U – 14,17,19 B & G	Priority

### Categorization of Sports (Others)

Sr.No.	Discipline	Age Group	Category
1	HANDBALL	U-14 B&G, U-17 B&G, U-19 B&G	Others
2	SKATING	U-11,14,17,19 B&G	Others
3	BALL BADMINTON	U-17 B&G, U-19 B&G	Others
4	BASE BALL	U-14 B&G, U-17 B&G, 19 B&G	Others
5	CARROM	U-14,17, 19 B&G	Others
6	FENCING	U-14,17,19 B&G	Others
7	KARATE	U-14 B&G, U-17 B&G,19 B&G	Others
8	KHO – KHO	U-14 B&G , U-17 B&G, U-19 B&G	Others
9	NET BALL	U – 14 B&G, 17 B&G , U-19 B&G	Others
10	ROLL BALL	U-14 B&G, U-17 B&G ,19 B&G	Others
11	RUGBY	U – 17 B&G , U – 19 B&G	Others
12	SOFT BALL	U – 14 B&G , U-17 B&G, U-19 B&G	Others
13	SOFT TENNIS	U – 17,19 B & G	Others
14	TENNI KOIT	U – 17 B&G, U –19 B&G	Others
15	Tug of War	U-17 B&G , U-19 B&G	Others
16	TENNIS BALL CRICKET	U- 19 B&G	Others
17	SHOOTING BALL	U –19 B&G	Others

#### Categorization of Sports (Un-category)

Sr.No.	Discipline	Age Group	Category
1	YOGA	U- 14, 17, 19 B & G	Un-category
2	BEACH VOLLEYBALL	U-14,17,19 B & G	Un-category
3	CRICKET	U-14 B, U-17 B&G, U-19 B&G	Un-category
4	ROLLER HOCKEY	U-19 Boys	Un-category
5	MALLAKHAMB	U-19 B&G	Un-category
6	BELT WRESTLING	U-19 B & G	Un-category
7	CHOI KWANG DO	U-17 B&G, U-19 B&G	Un-category
8	CIRCLE KABADDI	U-17,19 Boys	Un-category
9	DODGE BALL	U-19 B & G	Un-category
10	FIELD ARCHERY	U-19 B & G	Un-category
11	FLOOR BALL	U-19 B & G	Un-category
12	FOOTBALL TENNIS	U-17,19 B & G	Un-category
13	GATKA	U-19 B & G	Un-category
14	JEET KUNE DO	U – 17,19 B & G	Un-category
15	KICK BOXING	U-17,19 B & G	Un-category
16	ROPE SKIPPING	U-14 ,17,19 B&G	Un-category
17	SILAMBAM	U-14, 17, 19 B & G	Un-category
18	SPEED BALL	U-19 B & G	Un-category
19	SQAY MARTIAL ART	U –14, 17, 19 B & G	Un-category
20	TCHOUK BALL	U – 19 B & G	Un-category
21	THANGTA MARTIAL ART	U – 14,17,19 B G	Un-category
22	TENNIS VOLLEYBALL	U – 17, 19 B & G	Un-category
23	TANG SOO DO	U – 19 B & G	Un-category
24	TABLE SOCCER	U – 19 B & G	Un-category
25	KURASH	U – 19 B & G	Un-category

The above said list may be changed after the approbation of S.G.F.I. General Council every year.

## **Chapter- IV**

### **TEAM COMPOSITION**

Each affiliated Unit/UT/State can send only one team in each category.

The number of players in fixed in each discipline. So the number mentioned in above column should not at any cost exceed. Accordingly the player shall be awarded the merit certificates, participation certificate & medals. Team will be consist as follows :

<b>S. NO.</b>	<b>DISCIPLINE</b>	<b>UNDER-14</b>		<b>UNDER-17</b>		<b>UNDER-19</b>	
		Boys	Girls	Boys	Girls	Boys	Girls
1.	Hockey	18	18	18	18	18	18
2.	Football	18	18	18	18	18	18
3.	Cricket	16	-	16	-	16	16
4.	Chess	5	5	5	5	5	5
5.	Base ball	16	16	16	16	16	16
6.	Table Tennis	5	5	5	5	5	5
7.	Badminton	5	5	5	5	5	5
8.	Soft Ball	16	16	16	16	16	16
9.	Kabaddi	12	12	12	12	12	12
10.	Kho-Kho	12	12	12	12	12	12
11.	Volley Ball	12	12	12	12	12	12
12.	Basket Ball	12	12	12	12	12	12
13.	Hand Ball	16	16	16	16	16	16
14.	Lawn Tennis	5	5	5	5	5	5
15.	Water Polo	-	-	-	-	13	-
16.	Throw Ball	12	12	12	12	11	11
17.	Roller Hockey	-	-	-	-	12	-
18.	Net Ball	-	-	12	12	12	12
19.	Shooting Ball	-	-	-	-	10	10
20.	Ball Badminton	-	-	-	-	8	8
21.	Yoga	7	7	7	7	7	7
22.	Archery	12	12	12	12	12	12
23.	Dodge Ball	-	-	-	-	10	10
24.	Roll Ball	-	-	-	-	12	12
25.	Cycle Polo	-	-	-	-	08	08

## Athletics

S.NO.	Event	UNDER-14		UNDER-17		UNDER-19	
		Boys	Girls	Boys	Girls	Boys	Girls
1.	100m.	2	2	2	2	2	2
2.	200m.	2	2	2	2	2	2
3.	400m	2	2	2	2	2	2
4.	600m.	2	2	-	-	-	-
5.	80m. Hurdle	2	2	-	-	-	-
6.	High Jump	2	2	2	2	2	2
7.	Long Jump	2	2	2	2	2	2
8.	Shot Put	2	2	2	2	2	2
9.	Discuss Throw	2	2	2	2	2	2
10.	800m.	-	-	2	2	2	2
11.	1500m	-	-	2	2	2	2
12.	3000m.	-	-	2	2	-	2
13.	5000m.	-	-	-	-	2	2
14.	100m. Hurdle	-	-	2	2	-	2
15.	Triple Jump	-	-	2	2	2	2
16.	Pole Volt	-	-	2	2	2	2
17.	Javelin Throw	-	-	2	2	2	2
18.	Hammer Throw	-	-	2	2	2	2
19.	3000 Walk	-	-	-	2	-	2
20.	5000 Walk	-	-	2	-	2	-
21.	110m. Hurdle	-	-	-	-	2	-
22.	400m. Hurdle	-	-	-	-	2	2
23.	4 x 100m Relay	4	4	4	4	4	4
24.	4 x 400m Relay	-	-	-	-	4	4
25.	5 Km. Cross Country	-	-	-	-	6	6
26.	3Km.Cross	-	-	-	-	-	6

## Swimming & Diving

S.NO.	Event	UNDER-14		UNDER-17		UNDER-19	
		Boys	Girls	Boys	Girls	Boys	Girls
1.	50m. Free style	2	2	2	2	2	2
2.	100m. Free	2	2	2	2	2	2
3.	200m. Free	2	2	2	2	2	2
4.	400 Free	2	2	2	2	2	2
5.	50m. Back	2	2	2	2	2	2
6.	100m. Back	2	2	2	2	2	2
7.	200m. Back	2	2	2	2	2	2
8.	50m. Breast	2	2	2	2	2	2
9.	100m. Breast	2	2	2	2	2	2
10.	200m. Breast	2	2	2	2	2	2
11.	50m. Butter Fly	2	2	2	2	2	2
12.	100m. Butter Fly	2	2	2	2	2	2
13.	200m Butter Fly	2	2	2	2	2	2
14.	200m. Ind. Medlay	2	2	2	2	2	2
15.	High Board	2	2	2	2	2	2
16.	High Board 1m	2	2	-	-	-	-
17.	Spring Board 3m	2	2	2	2	2	2
18.	4x100m. Free	4	4	4	4	4	4
19.	4x100m. Medlay Rly.	4	4	4	4	4	4
20.	800 Free Style	-	-	2	-	-	2
21.	400 Ind. Medlay	-	-	2	2	2	2
22.	Spring Board 1m	-	-	2	2	2	2
23.	1500m. Free Style	-	-	-	-	2	

## Gymnastic

S. NO.	Gymnastic	UNDER-14		UNDER-17		UNDER-19	
		Boys	Girls	Boys	Girls	Boys	Girls
1.	<b>Artistic (Team)</b>	7	7	7	7	7	7
	Floor Exercise	✓	✓	✓	✓	✓	✓
	Pommel Horse	✓	-	✓	-	✓	-
	Roman Ring	✓	-	✓	-	✓	-
	Table Vault	✓	✓	✓	✓	✓	✓
	Parallel Bar	✓	-	✓	-	✓	-
	Horizontal Bar	✓	-	✓	-	✓	-
	All Round	✓	✓	✓	✓	✓	✓
	Balancing Beam	-	✓	-	✓	-	✓
	Uneven Bar	-	✓	-	✓	-	✓
2.	<b>Rhythmic (Team)</b>	-	3	-	3	-	3
	All Round	-	✓	-	✓	-	✓
	Rope	-	✓	-	✓	-	✓
	Hoop	-	✓	-	✓	-	✓
	Ball	-	✓	-	✓	-	✓
	Club	-	✓	-	✓	-	✓
3.	<b>Acrobatics (Team)</b>	-	-	-	-	7	6
	Mens Four	-	-	-	-	-	-
	Mens Pair	-	-	-	-	-	-
	Women's Pair	-	-	-	-	-	-
	Women Trio	-	-	-	-	-	-
	Mix Pair	-	-	-	-	1	1



# School Games Federation of India

## Chapter- V

### Eligibility of Participation in National School Games :-

In the National School Championship / Tournament auspices in S.G.F.I. only those teams/players shall participate who are sent by the affiliated unit of S.G.F.I. [as listed in chapter II] subject to below mentioned criteria :

(a) **Determination of Age group & Class**

In National School Games organised by S.G.F.I. age group, Date of Birth, Class and Age players is as follows :-

S.No.	Nomenclature	Age Group	Class	Calculation of age
1.	Sub-Mini	below 11 years	3rd Class to 5 <sup>th</sup> Class not below 3 <sup>rd</sup> Class & above 5 <sup>th</sup> Class	Age is to be calculating from 31 <sup>st</sup> Dec. of the year.
2.	Mini	below 14 years	6 <sup>th</sup> Class & above	
3.	Junior	below 17 years	6 <sup>th</sup> Class & above	
4.	Senior	below 19 years	6 <sup>th</sup> Class & above	

- (b) Players who are citizen of State/UT/Unit “A” but studying full-time in State/UT/Unit “B” can only represent State/UT/Unit “B”.
- (c) Players must be bona fide, regular students of recognised schools/junior college of their respective State/UT/Unit.
- (d) In a Calendar year, a player shall participate in a discipline only through one age group and not through other age group in same discipline, subject to eligibility of class & age criteria. But has also the option of participating in other discipline in the same calendar year, through only one age group subject to eligibility of class & age criteria.
- (e) **Documents**: the submission of below mentioned documents are mandatory for the eligibility of participation in National School Games. Two sets shall be submitted at the venue of the tournament along with the participating team.
- 1) **Online Entry Form**: duly signed by competent authority, coach & manager on the print out taken after filling official entry form online.
  - 2) **Covering letter**: Signed by the competent authority of affiliated unit
  - 3) **Eligibility certificate**: Separate eligibility certificates of each & every player of the team issued by the school in which the player is studying as a regular student and should have the signature of Principle / Head Master of school and further countersigned by the competent authority of the unit.
  - 4) **Birth certificate**: Separate Birth certificates of each & every player of the team attested by Gazetted officer. Only the certificate issued by the Statistic Department of state/UT Govt. /Central Govt. or Municipal Corporation shall be acceptable. Aadhar Card Copy or Passport Copy In case of Birth Certificate Not Available.
  - 5) **Previous year final exam mark sheet**: Separate Mark sheet of each & every player of the team, attested by the Gazetted officer.
- (f) Verification and confirmation shall be based on the passport/school permanent record/birth certificate, which are to be exhibited during the Team Manager's Meeting.
- (g) Registration, Certificate & Identity Card fees: @ Rs. 130/- per player in cash shall be submitted to the S.G.F.I. representative by the participating team at the arrival at the venue of tournament.

**Chapter- VI**

**VARIOUS COMMITTEES & THEIR RESPONSIBILITIES**

For successful organization of tournament the competent authority of organising unit shall mandatorily depute the following committee. The name, objective, duties & members are given below in detail :-

Sl. No.	Name of Committee	Objective	Work	Members
1.	Organizing Committee	All the responsibility of organizing National School Games	<ol style="list-style-type: none"> <li>1. Arranging all type of facilities related to National School Games.</li> <li>2. Appoint all the committees related to National School Games.</li> </ol>	<ol style="list-style-type: none"> <li>1. Chairman, organizing committee- deputed by Competent authority of unit.</li> <li>2. Secretary organizing committee- deputed by competent authority of unit.</li> <li>3. Member Head of Dept. Dist. Administration- deputed by chairman organising committee</li> </ol>
2.	Accommodation Committee	To arrange accommodation to the players, coach, manager, referee, official arrived at the venue of tournament.	<ol style="list-style-type: none"> <li>1. To provide basic facilities like water, washroom, bed, electricity, drinking water in accommodation place &amp; sufficient toilets etc.</li> <li>2. One sweeper depute every accommodation place &amp; who has to clean every day their arena.</li> <li>3. To arrange accommodation at a hygienic place doctor, medical check up daily, mess checking.</li> <li>4. Every day inspection of the accommodation place and to fulfill the requirements on finding inadequate arrangements.</li> <li>5. Depute various volunteers for different jobs.</li> <li>6. To arrange security for the players, participants, delegations etc.</li> <li>7. To maintain a complaint register and to monitor it.</li> <li>8. To provide fuel, gas, utensils, kitchen, shed, water, etc. to those teams who arrange their own mess.</li> </ol>	<ol style="list-style-type: none"> <li>1. If hotel, then hostel incharge- Convenor</li> <li>2. If school, then school principle- Convenor</li> <li>3. Staff members of hostel / school, who are deputed by Hostel Incharge / principle.</li> </ol>
3.	Transportation Committee	To arrange transportation facilities for all delegations. i.e. from their arrival, during the tournament and till their departure	<ol style="list-style-type: none"> <li>1. To pick &amp; drop all the delegation from railway station / bus stand to the accommodation place.</li> <li>2. One permanent vehicle at arranged tournament venue &amp; accommodation.</li> <li>3. To pick &amp; drop all the delegations from accommodation place to tournament venue.</li> <li>4. To provide transport facility if any sightseeing or cultural visit to all delegation.</li> <li>5. To depute liaison officers with every team.</li> </ol>	<ol style="list-style-type: none"> <li>1. <u>Convenor</u>: One senior officer, Dist. level</li> <li>2. <u>Member</u>: other officers deputed by organizing secretary.</li> <li>3. Liaison officer</li> </ol>

Sl. No.	Name of Committee	Objective	Work	Members
4.	Control Room	<p>To communicate all information related tournament to all delegations, officers, managers, referees &amp; to media.</p> <p>To obtain all necessary documents from participating team in regard to entry in tournament.</p>	<ol style="list-style-type: none"> <li>To provide all information in regard to tournament to all the affiliated units of S.G.F.I., before two months prior to tournament.</li> <li>To arrange 8hrs round the clock reception at railway station before the arrival of participating teams.</li> <li>To collect documents regarding participation, online printed official entry form, eligibility certificate, date of birth certificate, previous year marksheet registration fees etc. on arrival of participating teams.</li> <li>To provide match schedules / fixtures to teams for team contingent.</li> <li>To maintain complaint register to register complaints during tournaments and monitor the same.</li> <li>To arrange meeting of chief de mission every day and provide information &amp; after hearing the problems registered, solve the same through organizing secretary.</li> <li>To check the validity of official entry form, eligibility certificate, date of birth certificate, etc. and inform the concerning team about the invalidity / inadequate documents if any.</li> <li>To provide media all information regarding tournaments &amp; match results.</li> <li>To arrange first aid at control room.</li> <li>To arrange 3 computers, 3 printers, internet facility and computer operators at control room, which is mandatory.</li> <li>To depute telephone operator &amp; electrician for 24 hrs.</li> </ol>	<ol style="list-style-type: none"> <li><u>Convenor</u>: Sr. officer or Sr. Principle</li> <li><u>Members</u> : Their staff teachers and such other teachers &amp; officials who will be deputed by organizing secretary.</li> </ol>
5.	Play Ground & equipment Committee	To arrange facilities of National Level Playground / equipments	<ol style="list-style-type: none"> <li>To arrange facilities of National Level playground/ court / equipments before 10 days prior to tournament.</li> <li>To arrange the medical &amp; Drinking water on ground.</li> <li>To conduct inspection &amp; maintain upto norms of playground every day.</li> <li>To arrange cleaning of playground, water facilities, electricity, mic arrangement, furniture, stationary etc.</li> <li>To arrange doctors &amp; security at playground during matches, which is mandatory.</li> <li>To conduct training session for players before tournament.</li> </ol>	<ol style="list-style-type: none"> <li><u>Convenor</u>: Dist. Sports Officer.</li> <li><u>Member</u>: PET/Sport person, who have technical knowledge.</li> </ol>
6.	Technical Committee	To ensure matches are played fair & impartial and according to S.G.F.I. rules & regulation & norms.	<ol style="list-style-type: none"> <li>To publish and inform the rules of tournaments to all the affiliated units prior two month before.</li> <li>To prepare tournament schedule and depute technical officers &amp; officials for collaboration during tournament.</li> <li>To register &amp; depute referees / judges / umpires.</li> <li>To arrange clinic for all the persons in sports. one day before the tournament.</li> <li>To prepare match fixtures / put draw in presence of S.G.F.I. and other officers and inform the same to team coaches, referees, playground incharge and control room.</li> <li>Every day declare match schedules and match results to related persons.</li> <li>To obtain &amp; analysis match report of every match from referee and instruct the referee accordingly.</li> <li>To monitor on referees fitness and his performance.</li> <li>To arrange the remuneration &amp; TA DA of referees associated with matches and other officials.</li> <li>To give technical Suggestion/report to jury of appeal Discipline Committee in case of any technical protest/case arises during the tournament.</li> </ol>	<ol style="list-style-type: none"> <li><u>Convenor</u> : Sr. sports officer.</li> <li><u>Member</u>: Technical Experts of Specific discipline.</li> <li>Appointed Technical officer by S.G.F.I.</li> </ol>

Sl. No.	Name of Committee	Objective	Work	Members
7.	Jury Of Appeal	To solve the protests arising during the tournament	<ol style="list-style-type: none"> <li>1. To resolve the protest made by coach, captain, manager during the tournament.</li> <li>2. To resolve the protest in regard to over age on the base of available records / medical test.</li> <li>3. To solve technical protest thorough the consent/report of technical committee.</li> </ol>	<ol style="list-style-type: none"> <li>1. <u>Convener</u> : Observer S.G.F.I. / deputed person by S.G.F.I.</li> <li>2. <u>Member</u>: organizing secretary</li> <li>3. Convener, technical committee.</li> </ol>
8.	Disciplinary Committee	To recommend action of penalty on indiscipline cases	<ol style="list-style-type: none"> <li>1. On receiving complaint indiscipline cases from organizing secretary, convener technical committee, convener jury of appeal &amp; other side</li> <li>2. On receiving complaint about sexual harassment of Women</li> <li>3. After hearing above both cases, pass decision on the base of merit &amp; demerit. If any body found defaulter then penalty shall be recommended to competent authority.</li> </ol>	<ol style="list-style-type: none"> <li>4. <u>Convener</u>: deputed most sr. officer by organizing secretary (preferably women officer)</li> <li>5. <u>Member</u>: S.G.F.I. officials.</li> <li>6. Member Convener Technical committee</li> <li>7. Third party Counselor</li> </ol>
9	Medical & Dope Test Committee	Medical Test for age verification & Wada code Nada Rules Test	<ol style="list-style-type: none"> <li>1. Conduct the medical test for age verification under the Guideline of GOI, MYAS No. F-32-18/2009/SP-III</li> <li>2. Conduct dope test as GOI, MYAS Let. F-4-49-3/2008-SP-II dt. 18.9.08 complainer of WADA code and NADA Rules</li> <li>3. Doctors &amp; medical facility should be available both at play ground and at accommodation. <ul style="list-style-type: none"> <li>• Everyday medical check up will be conducted</li> <li>• For any emergency 10 beds shall be/reserved in an local hospital</li> </ul> </li> </ol>	<u>Convener :-</u> <ol style="list-style-type: none"> <li>1. District Sports Officer</li> <li>2. Member-Medical Officer District Hospital</li> <li>3. Doping control officer deputed by organizing Secretary/SAI</li> </ol>

## Chapter- VII

### COMPETITION RULES

(a) **Rules of Discipline**

The specific rules applied for the disciplines in the National School Tournament shall apply the same rules as applicable by the National Sports Organization recognized by govt. of India and will be also followed by General rules released by S.G.F.I.

(b) **Competition Schedule and Lot Drawing**

Lot drawing shall be arranged by the Organizer before the coaches of all teams & presence of S.G.F.I. observer/official in coach meeting one day before the championship or on line fixture process by S.G.F.I. The official schedule of competition and result of the lot drawing will be informed by the Organizer.

(c) **Time and Venues**

Time and venues shall be subjected to change to suit the prevailing conditions. Teams involved in case of any change shall be notified accordingly.

(d) **Equipment/Ball and Jersey**

- (i) The Organizer will provide teams with national standard equipment/ball
- (ii) Each team must have at least 2 different sets of playing jerseys for the competition. Each player shall be numbered in the front and at the back of his shirt with plain number of solid color.

(e) **Training Session:**

The organiser shall arrange atleast one training session for each participating team prior to the tournament. Where possible the organizer will try to accommodate requests for more training sessions.

(f) **Fixture (For Team Games)**

- (i) Matches will be run league cum knock-out system, the first four rank of the pools is decided on the basis of last year's result of the National School Sports tournament.
- (ii) In the league matches each team playing one match against each of the other teams in the same group, with three points for a win, one point for a draw and none for a defeat.
- (iii) The ranking of each team in each group will be determined as follows:
  - 1) Greatest number of points obtained in the group matches between the teams concerned;
  - 2) Goal/score difference resulting from the group matches between the teams concerned;
  - 3) Greater number of goals/score in all group matches between the teams concerned;
- (iv) The Organising Committee/SGFI will divide the teams into different groups by seeding through last year result and drawing lots by manually on spot venue/online before tournament.
- (v) If the below 11 teams taking part in the championship will be divided into 2 groups. After seeding lots running B to A always

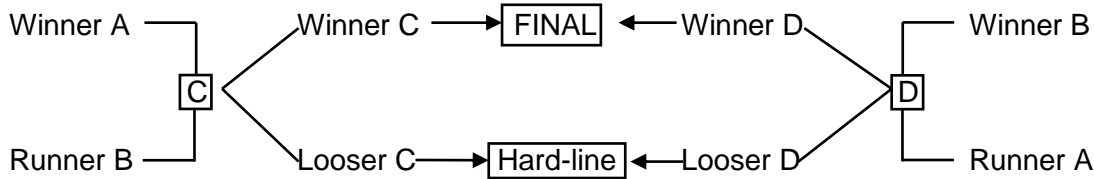
### League System

In the league matches each team playing matches against each of the other team in the same group.

Group A	Group B
A1 (1 <sup>st</sup> Rank)	B1 (2 <sup>nd</sup> Rank)
A2 (3 <sup>rd</sup> Rank)	B2 (4 <sup>th</sup> Rank)
A3	B3
A4	B4
A5	B5
	B6

Rank determine by Last Year result.

### Knock-Out System



- (viii) If the above 12-16,17,20 teams taking part in the championship will be divided into 4 groups five teams. After seeding lots running by D to A always

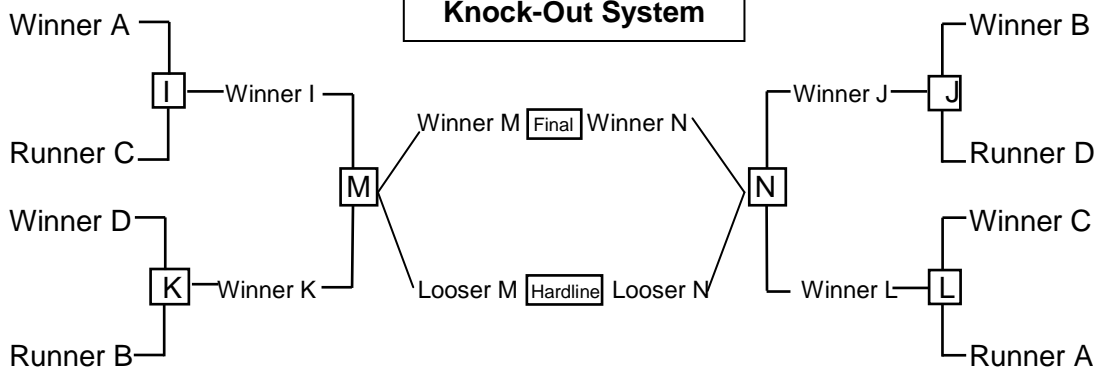
### League System

In the league matches each team playing matches against each of the other team in the same group.

Group A	Group B	Group C	Group D
A1 (1 <sup>st</sup> Rank)	B1 (2 <sup>nd</sup> Rank)	C1 (3 <sup>rd</sup> Rank)	D1 (4 <sup>th</sup> Rank)
A2	B2	C2	D2
A3	B3	C3	D3
A4	B4	C4	D4
A5	B5	C5	D5

Rank determine by Last Year result.

### Knock-Out System



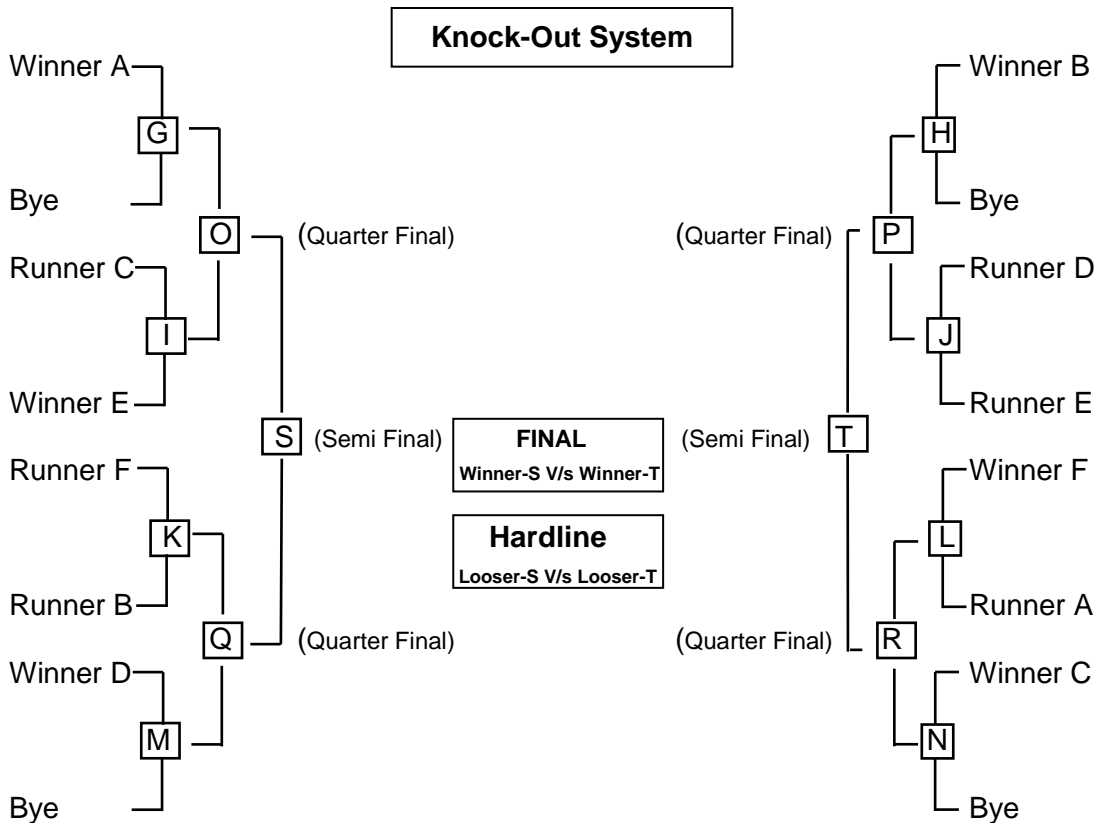
- (viii) If the 18,19,21,22,23 teams taking part in the championship will be divided into 6 groups. After seeding. After seeding in the group lot first E then F place shall be filled after seeding lots running by F to A always.

## League System

In the league matches each team playing matches against each of the other team in the same group.

Group A	Group B	Group C	Group D	Group E	Group F
A1 (1 <sup>st</sup> Rank)	B1 (2 <sup>nd</sup> Rank)	C1 (3 <sup>rd</sup> Rank)	D1 (4 <sup>th</sup> Rank)	E1	F1
A2	B2	C2	D2	E2	F2
A3	B3	C3	D3	E3	F3
A4	B4	C4	D4	E4	F4

Rank determine by Last Year result.



- (ix) If the above 24-32 teams taking part in the championship will be divided into 8 groups. After seeding in the lot first group B, then C,F,G shall be filled. After this lots running by H to A as usual.
- (x) The teams in the eight groups will be designated as follows:

## League System

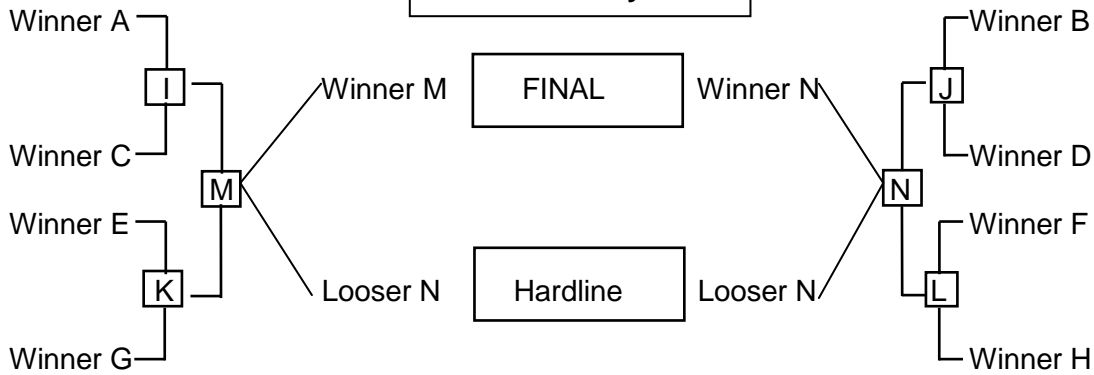
In the league matches each team playing matches against each of the other team in the same group.

Group A	Group B	Group C	Group D
A1 (1 <sup>st</sup> Rank)	B1	C1	D1 (2 <sup>nd</sup> Rank)
A2	B2	C2	D2
A3	B3	C3	D3
A4	B4	C4	D4

Group E	Group F	Group G	Group H
E1 (3 <sup>rd</sup> Rank)	F1	G1	H1 (4 <sup>th</sup> Rank)
E2	F2	G2	H2
E3	F3	G3	H3
E4	F4	G4	H4

Rank determine by Last Year result.

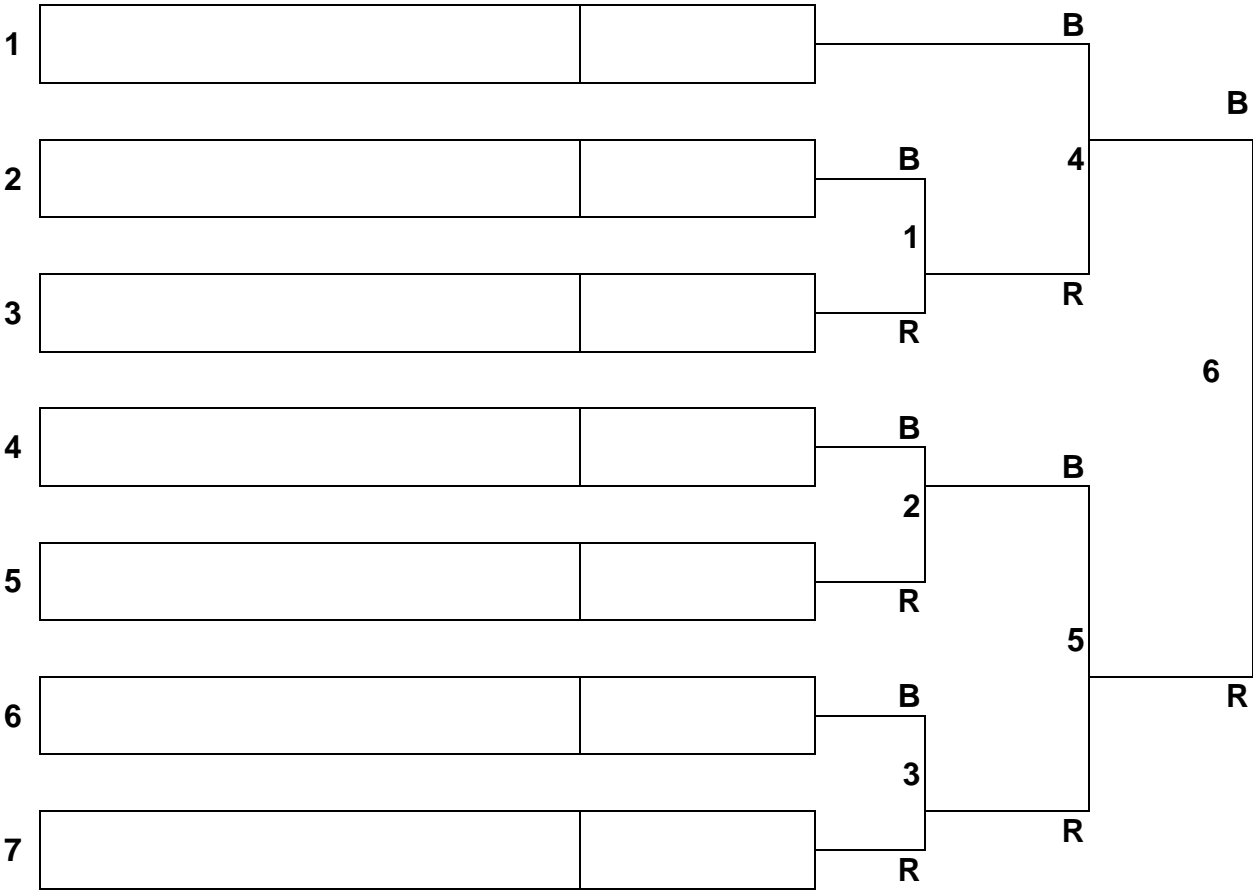
## Knock-Out System



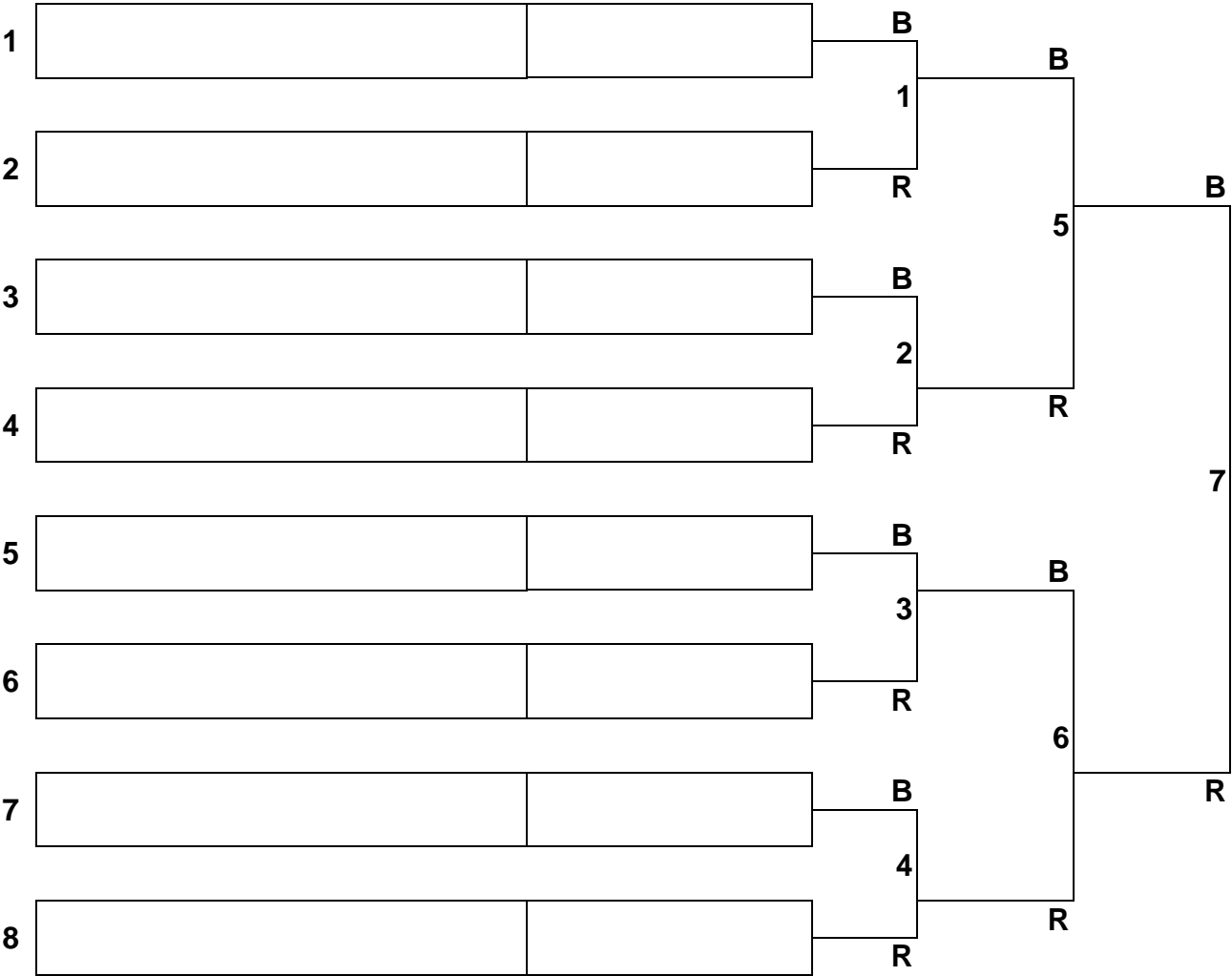


Knockout System for Individual

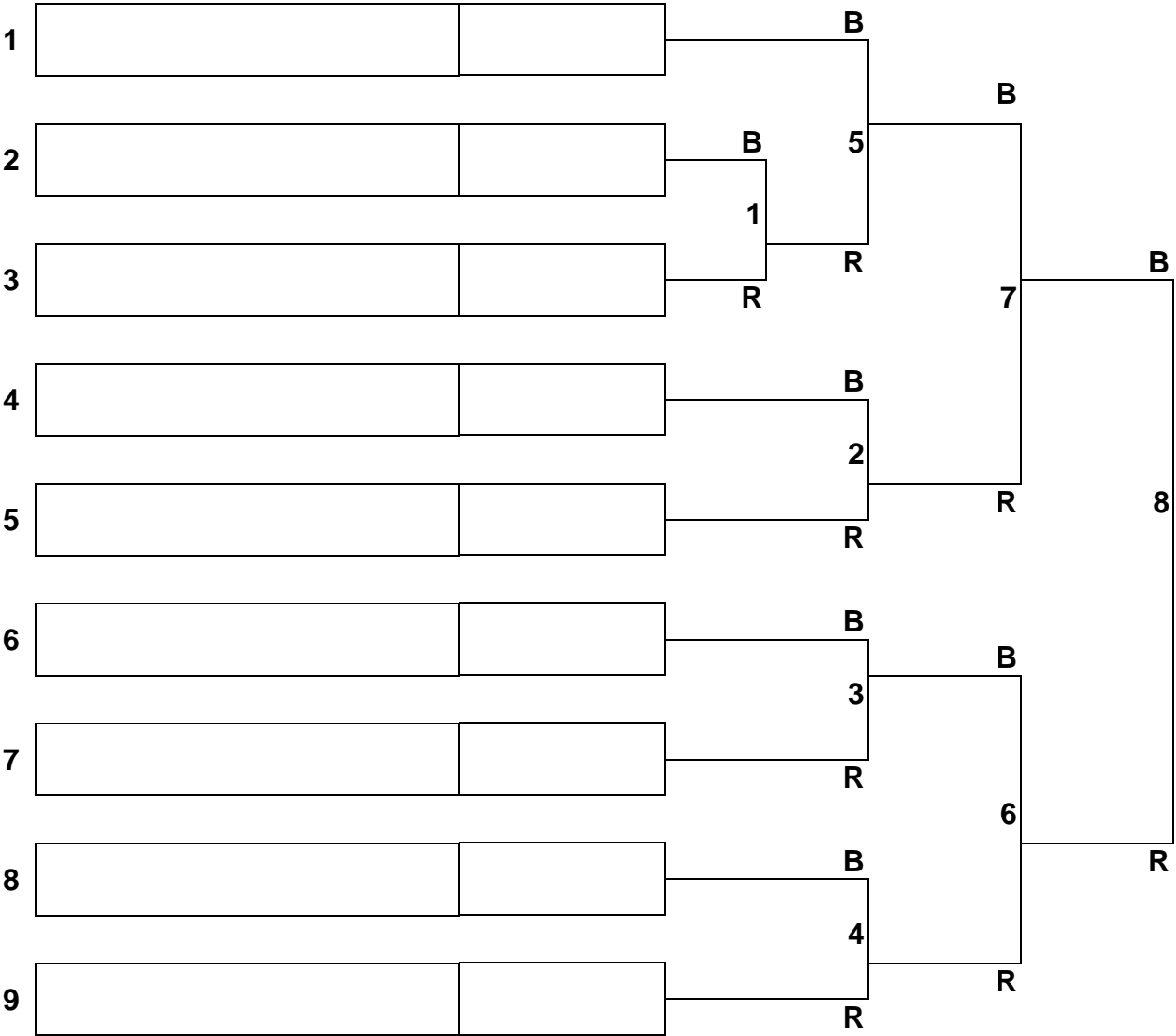
For 7 Player's



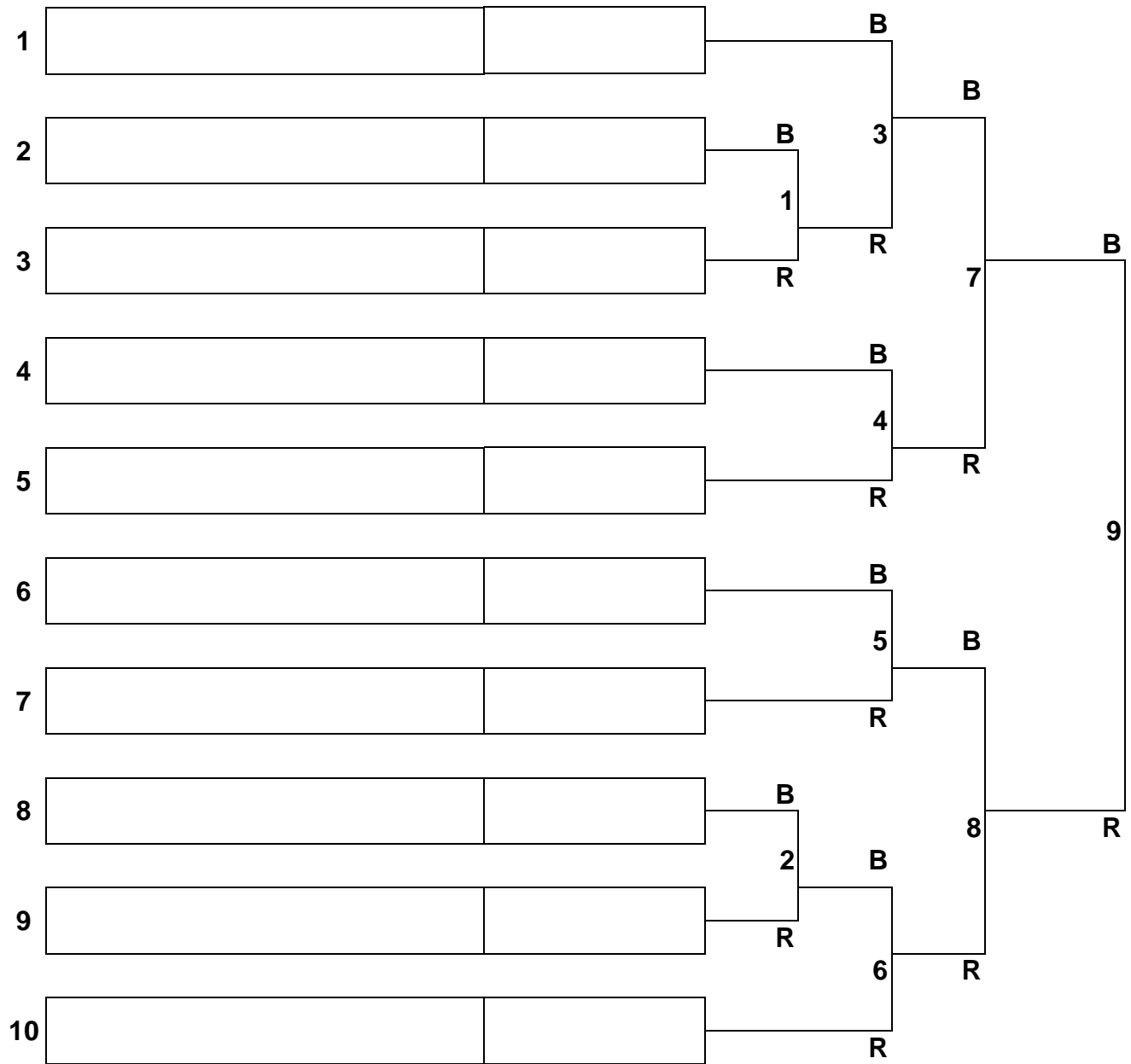
**For 8 Player's**



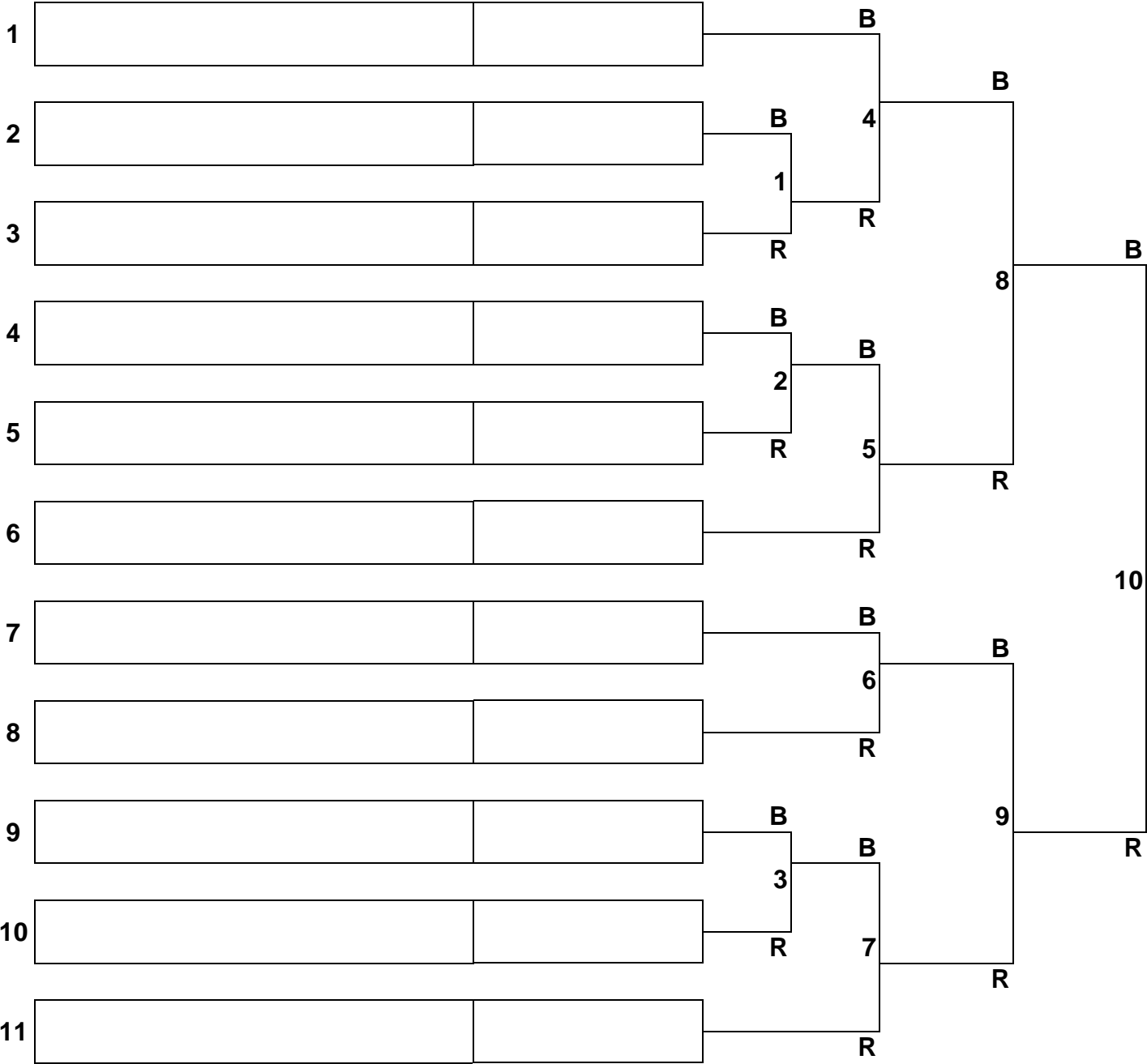
**For 9 Player's**



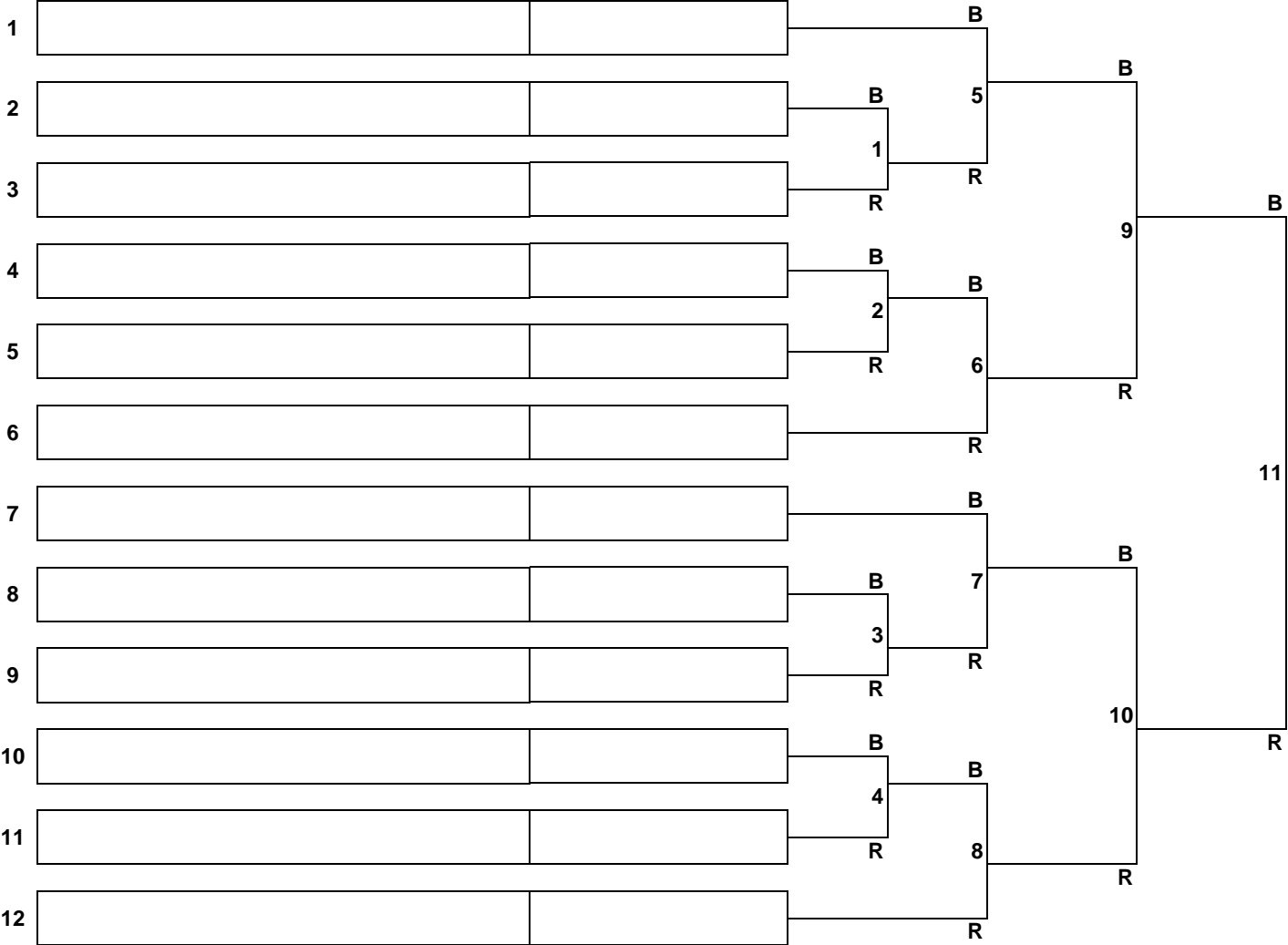
**For 10 Player's**



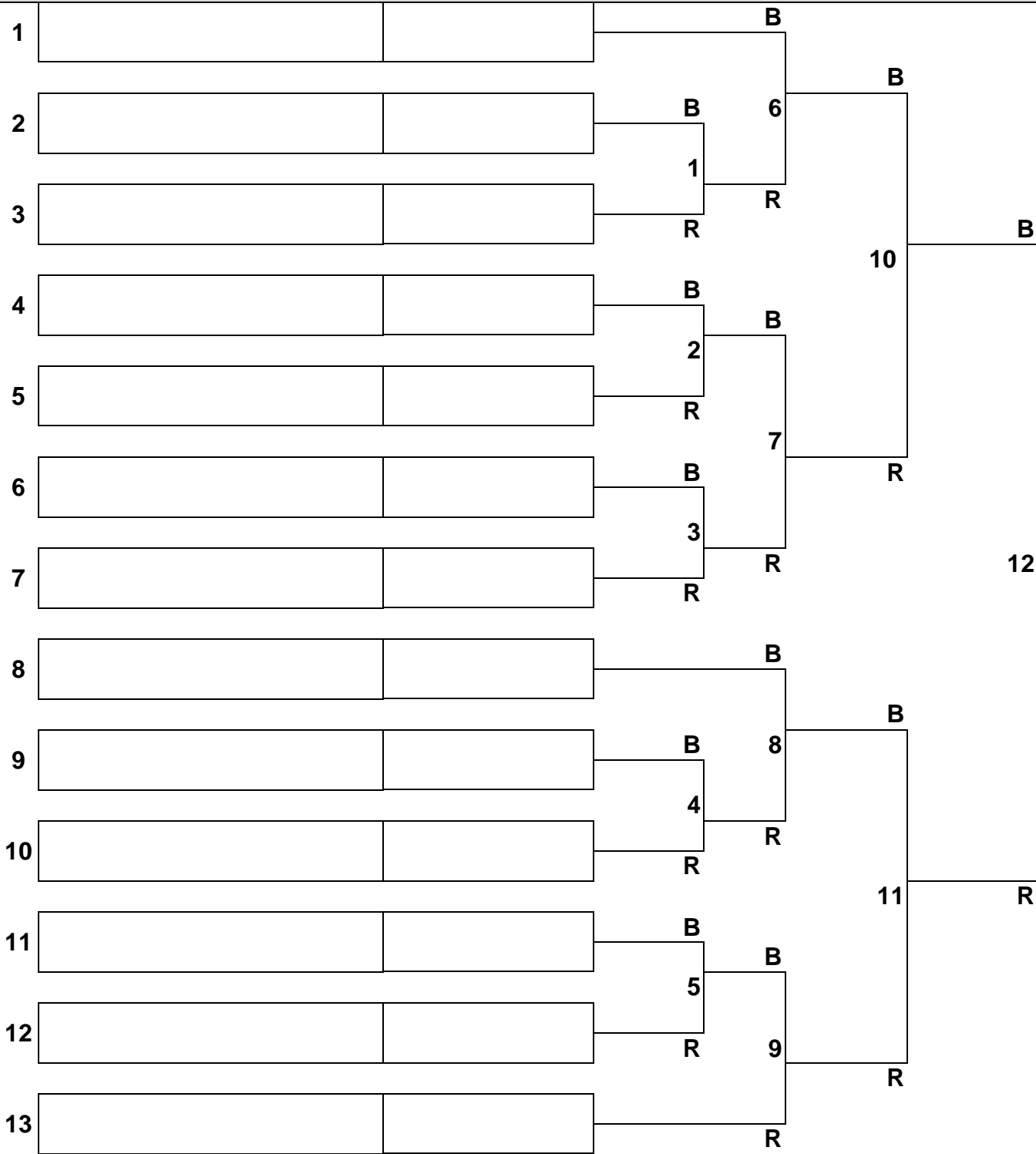
**For 11 Player's**



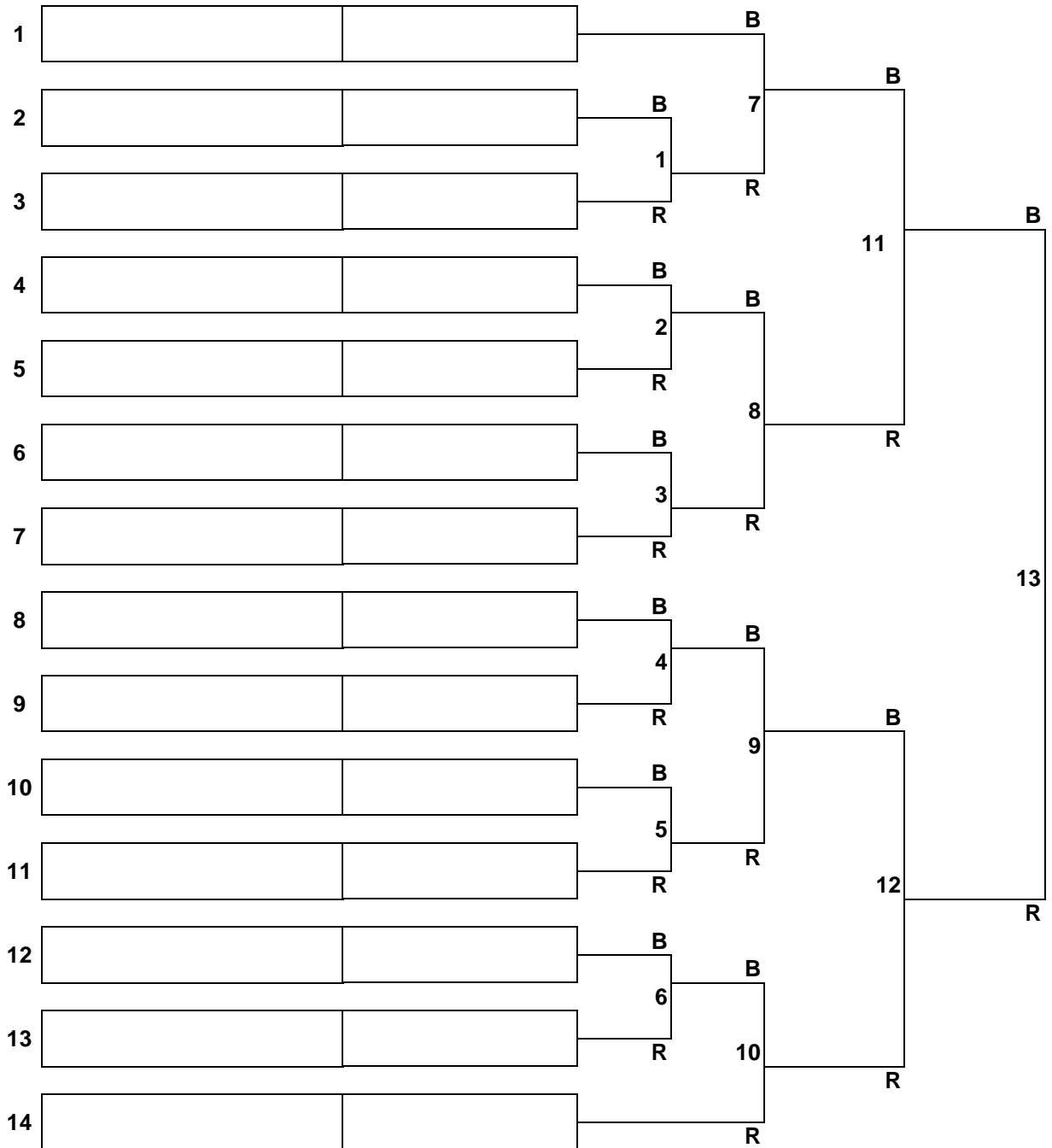
For 12 Player's



For 13 Player's

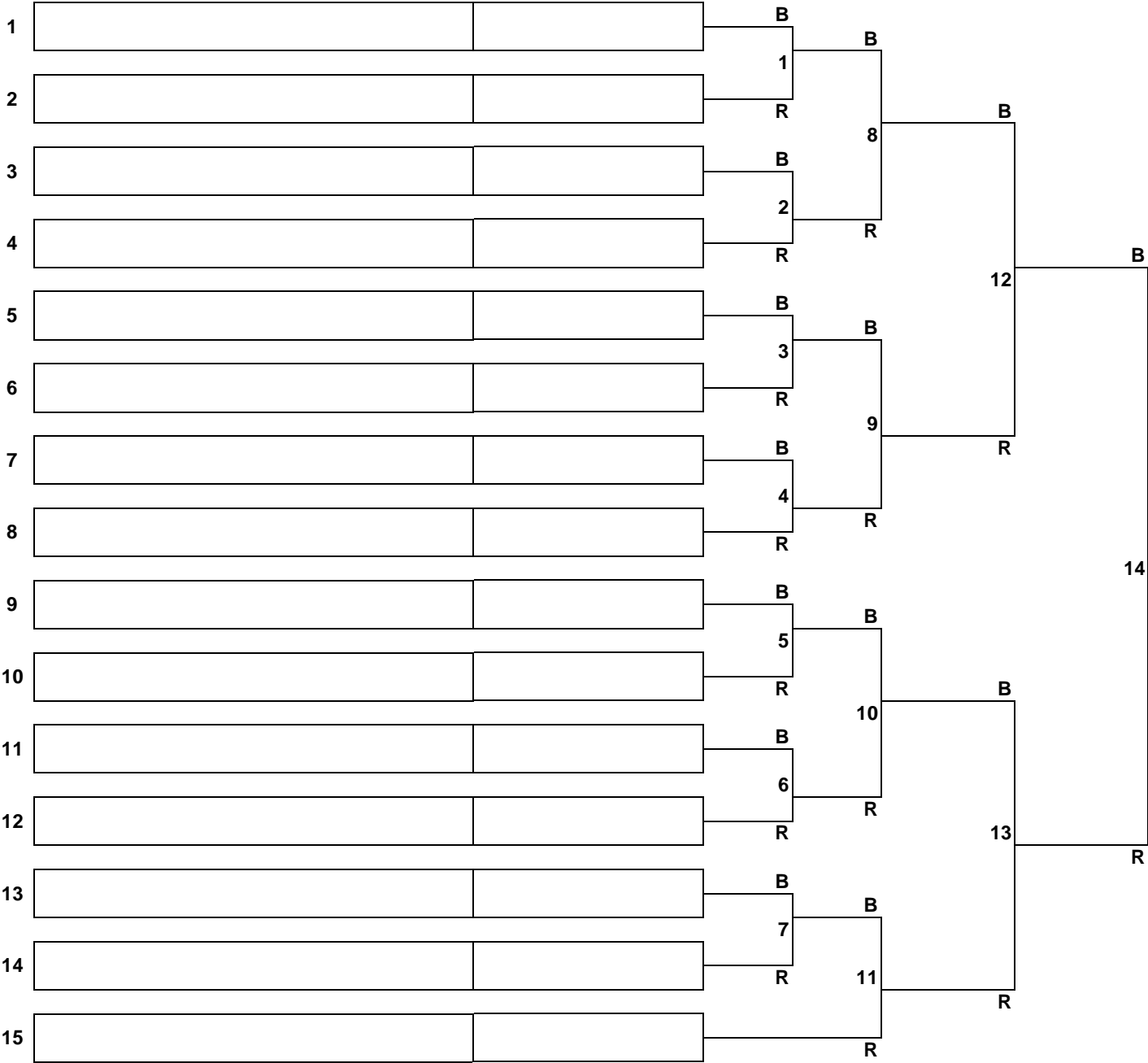


**For 14 Player's**

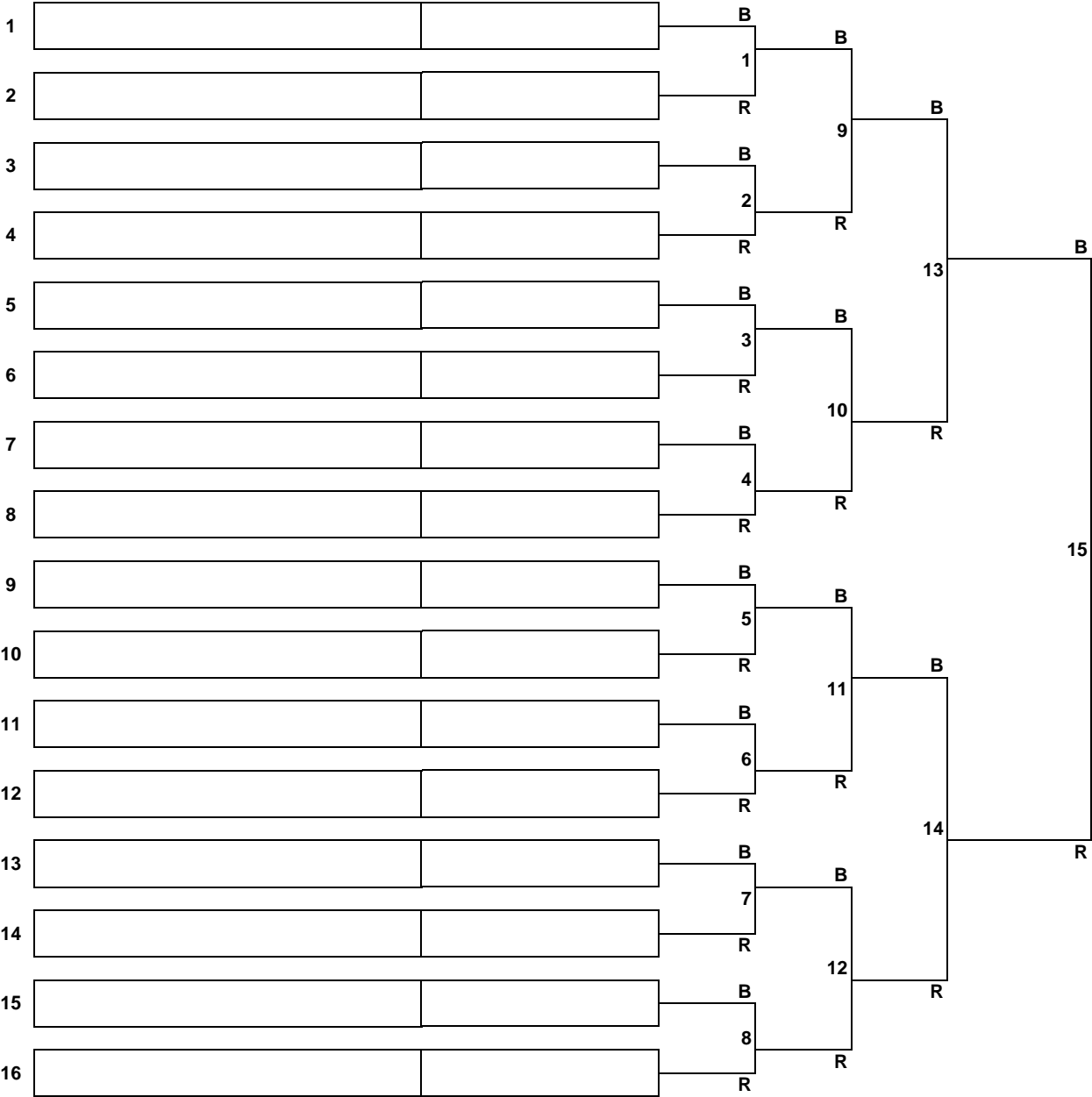




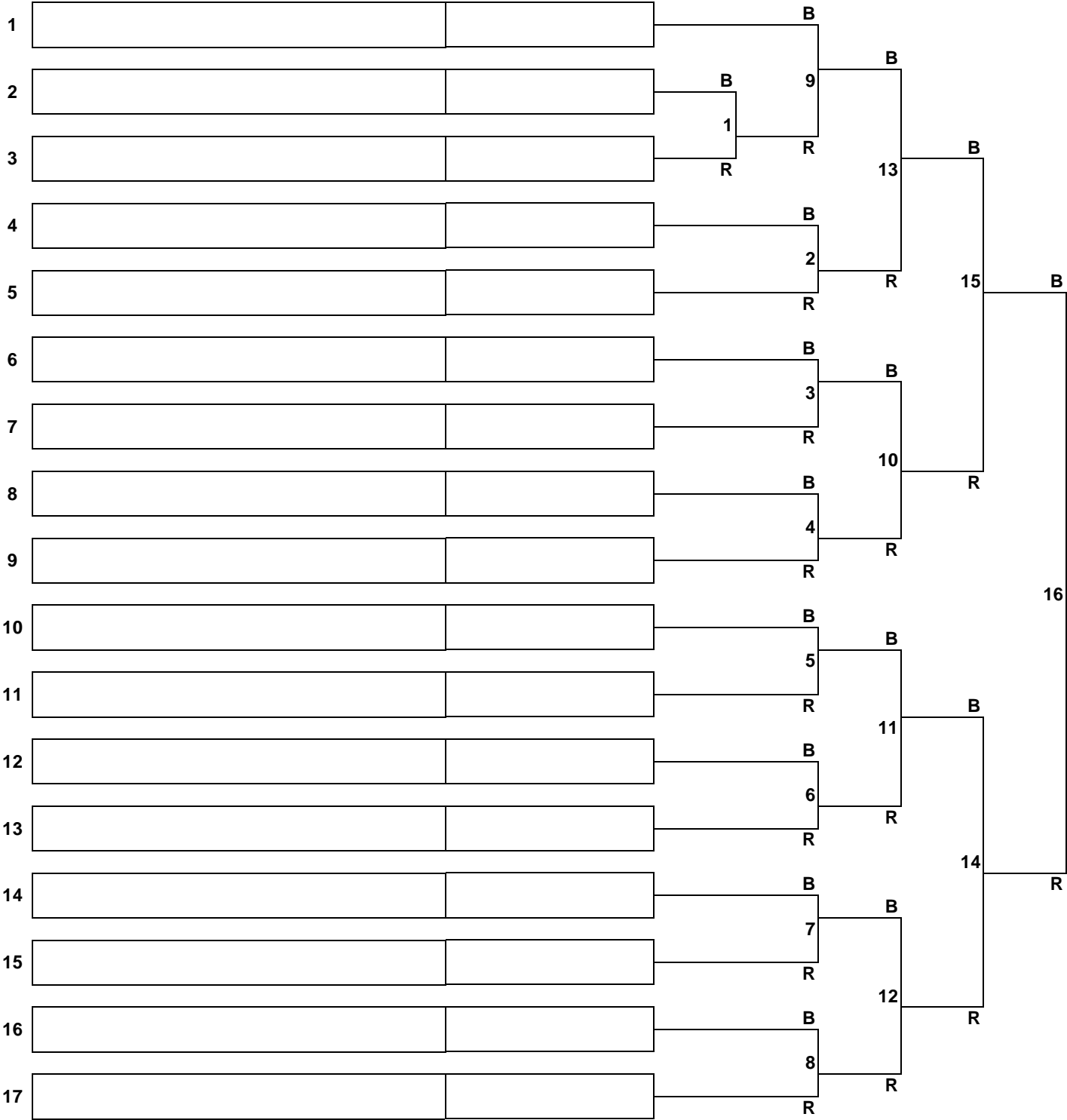
For 15 Player's



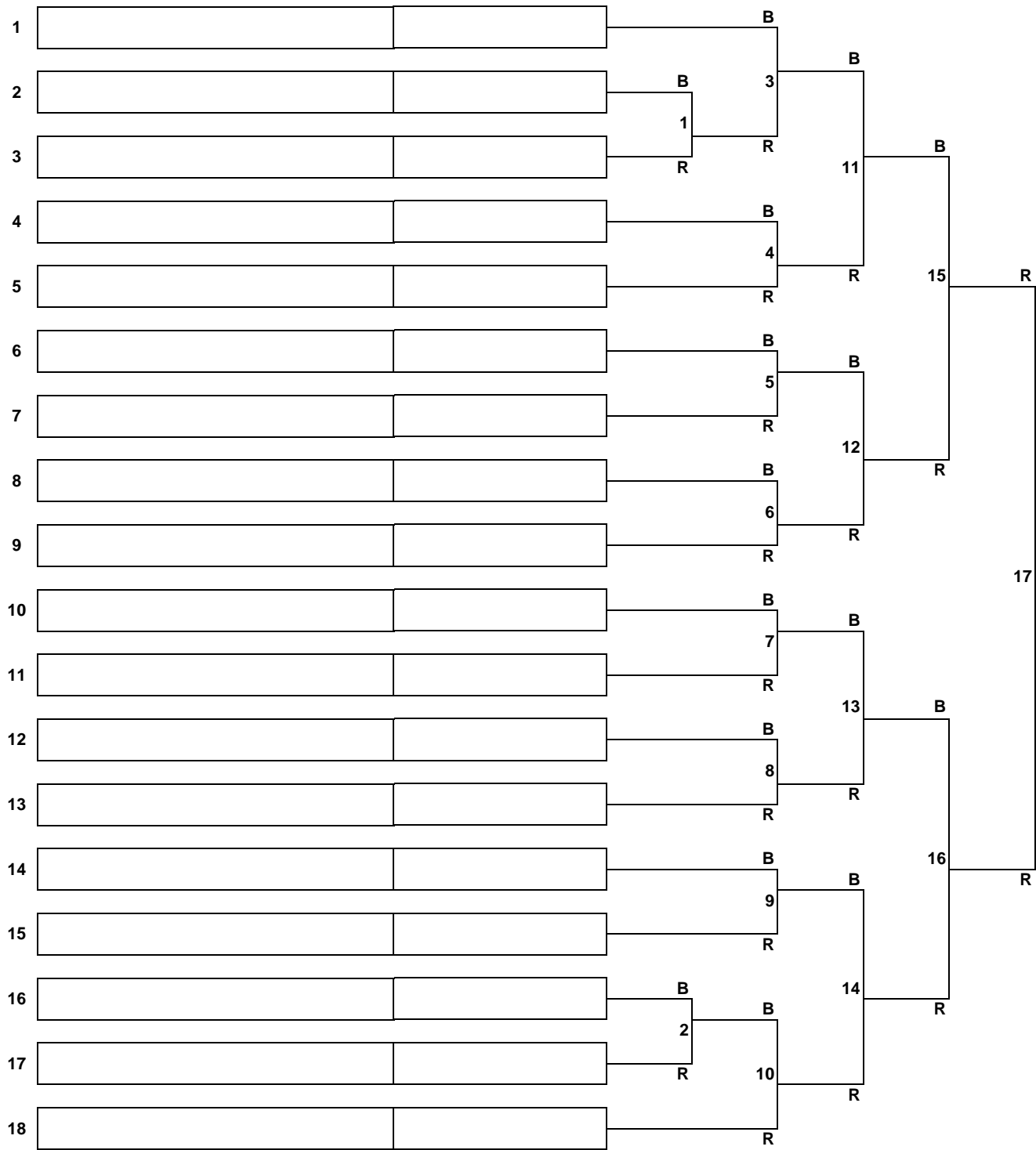
For 16 Player's



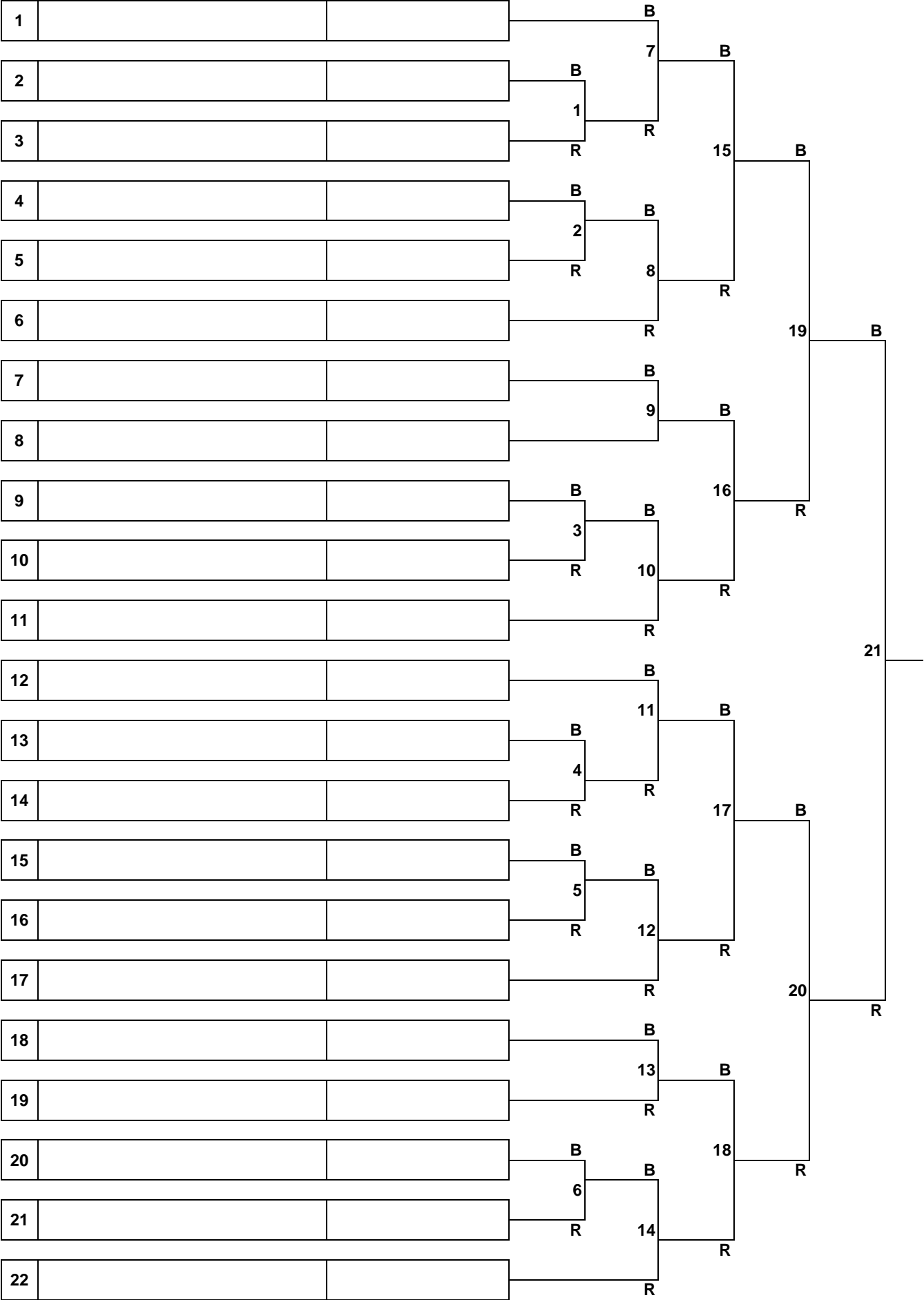
For 17 Player's



**For 18 Player's**



**For 22 Player's**



**(g) Adverse Condition**

In case of adverse weather or any other obstacle in final match or hard line match S.G.F.I. will have the right to declare both the teams joint winners or joint third winners.

**Penalty & Indiscipline cases in the National School Games:**

- (i) Depending on the circumstances of the withdrawal, organising secretary recommendation of Disciplinary Committee of tournament the organizing committee shall impose additional action, including the suspension of the team concerned from subsequent S.G.F.I. competitions / match.
- (ii) If a team does not report for a match – except in cases of force majeure recognised by the Organising Committee – or if it refuses to continue to play or leaves the stadium before the end of a match, the team will be considered as having lost current match. The match and three points will be awarded to its opponents team.
- (iii) If the circumstances of withdrawal are sufficiently serious, on recommendation of the Disciplinary Committee, the organizing secretary shall also take whatever additional action is appropriate.
- (iv) All the participant teams shall play only according to the match scheduled by the Technical Committee.
- (v) If any team does not present in the match destined for it for any reason, the match referee will call the team by whistling three times with the duration of 2-2 minutes. Even after, the team does not appear, the opposite team will be declared the winner by providing score-3 and the absent team will be marked with zero. The technical committee will send this case to the disciplinary committee.
- (vi) During National School tournament the mutual conflicts, abusing referee or conflicts, abusing organiser or conflicts, violence, walk-out, withdrawal, not following the rules during tournament, leaving playground before time, etc. all these cases will come under indiscipline. On all said cases the disciplinary committee shall examine / discuss each & every case and recommend penalty. Once the charge of indiscipline act is proved, then the player/team/coach/manager involved shall be expelled from that current national school tournament / next two national tournaments. Disciplinary committee will recommend the penalty on the basis of merit & de-merit. The authority of debarring from the current tournament will be of Secretary, organising committee. Secretary General S.G.F.I. will have the authority of removing the concern involved in the indisciplinary act on the report by disciplinary committee for debarring for next one / two national school tournaments shall be decided. All such cases shall as proposed be sent to S.G.F.I. office by the organising committee. Secretary General S.G.F.I. will issue the expel orders and the information shall be sent to all the states / units. Only the concern who is been expelled shall have the right to appeal. For appeal against expelling from the current tournament should be made with Chairman organising committee. The Chairman organizing committee will decide on the appeal and inform all the parties of the case. The decision of the chairman organizing committee shall be the final decision on such case. For appeal against expelling for next one / two tournaments should be made to president S.G.F.I. The decision of President, S.G.F.I. would be the final decision on said appeal.

- (vii) The organising secretary will have the right to expel the player from current tournament who disqualify in the criteria of age-related or eligibility by the Jury of Appeal. If any player disqualifies in age related documents or in medical examination, then jury of appeal shall held a hearing from all the concerning parties and after discussion recommend the disqualifying of that concerned player. On the basis of recommendations given by jury of appeal the organising Committee will issue the orders as mentioned in chapter (XV) and the information related to this shall be given to player / coach / manager & concerning unit. For appeal against disqualifying shall be made to the chairman organizing committee. The decision of chairman organizing committee shall be the final decision on such appeal.

#### **Awards & Certificate**

- (i) In team games the championship trophies shall be awarded to the First, Second and Third position which will be provided by the organizer.
- (ii) In individual events players of the First, Second and Third position shall receive Gold, Silver and Bronze medals respectively provided by organizer. In case in following games like kick boxing, sqay martial arts, taekwondo, boxing, wrestling, judo, fencing the third place is won by two contestants then in such case two bronze medals would be awarded.
- (iii) Both (team & individual) first, second & third position shall be awarded with merit certificate & participation certificate of all participation players will be provided by S.G.F.I.
- (iv) All other members of the delegations (coaches, managers & chief de missions) shall receive the Certificate of Participation which will be provided by the organizer.
- (v) The fair play trophy will be given only one team by the S.G.F.I.
- (vi) Merit Certificates shall be signed by the President and Secretary General of S.G.F.I.
- (vii) The participant certificate shall be signed by chairman organizing committee,organizing secretary & S.G.F.I. observer/Deputed representative of S.G.F.I.

#### **(k) Final Results of the National Competitions**

- (1) Final results of the National Competitions should be sent to the S.G.F.I. Office just after the competition.
- (2) Care should be taken, while sending the final results, Final results of different age groups and different games must be prepared separately. It is necessary to mention the 1st, 2nd, 3rd and 4th position teams in these final results.
- (3) While sending the results of individual events, 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> & upto 8th position players should be clearly mentioned in the final results.
- (4) After the competitions all the judges of different games should sign on the result sheet. Signature should also be taken of the Captain of the team and participating at least one or two players.

#### **(l) Measures against Age Fraud in sports.**

- 1. The Official Entry Form will be filled online by the affiliated units. On the base of said online entry form, S.G.F.I. will issue an Identity Card to players on the venue of tournament subject to confirmation of player's attendance at the venue of tournament, which will contain Name, Father's Name, Mother's Name, Photograph, Signature, Date of birth, Discipline, Date of issue of ID & its validity. During match only those players having ID cards will be allowed in the play ground.
- 2. The following attested copies of documents is to be submitted with the printed online official entry form at control room situated at venue of tournament :
  - i) The original Eligibility Certificate issued & Signed by the school principal/Head Master having countersign by competent authority of affiliated unit.
  - ii) Certified copy of Birth Certificate issued by state Govt. statistics department/ Local Municipal Corporation or certified copy of Passport.
  - iii) Certified copy of previous years examination mark sheet.
- 3. S.G.F.I. shall conduct the Age Verification of any player during the National School Tournament.
- 4. The organiser has all the rights to conduct Medical Tests of an athlete participating in the tournament. Whenever any doubt arises with regard the age of an athlete on account of his or her physical appearance/ receipt of any complaint or any other valid ground, which should be duly communicated to the athlete and team management as mentioned is chapter XIV & method apply only as mentioned in chapter XXIV
- 5. The medical tests relating to age verification and medical procedures adopted for this purpose should be duly notified by the organiser and made known to all athletes. The organiser should ensure that the medical tests

include **physical examination, dental examination and radiological examination** as mentioned in chapter XXIV

6. The organiser should notify in advance the hospital for conduct of age related medical test. The hospital should be chosen on the basis of highest standards and credibility. Preference should be given to Government Hospitals.
7. If an athlete protests the findings of the medical test in question, it shall be responsibility of organiser to arrange for a re-examination, preferably at a reputed Government hospital. All the expenses of re-examination shall be borne by the applicant.
8. In the event of conclusive proof that an athlete has committed age fraud, he or she should be debarred from participating in any sport activity i.e. championship/tournament/national coaching camp/international tour conducted by School Games Federation of India for 2 years on the first detection and for 5 years on any subsequent detection.

**(m) Prevention of Sexual Harassment of women in sports.**

1. The organisers should notify, publish and circulate in appropriate ways, express prohibition of sexual harassment. Include rules / regulations prohibiting sexual harassment in their rules and regulations and provide for appropriate penalties in such rules against the offender.
2. Provide appropriate conditions in respect of work, leisure, health and hygiene to further ensure that there is no hostile environment towards women and no employee women should have reasonable grounds to believe that she is disadvantaged in connection with her carrier.
3. Women should be allowed to raise issues of sexual harassment in appropriate forums and it should be affirmatively discussed.
4. **Complaint Mechanism / Disciplinary Committee:** During the National School Tournament the organiser should set up a Disciplinary Committee for redressal of the complaint made by the victim. Such disciplinary committee should ensure time bound treatment of complaints. Disciplinary committee shall take Evidence from both the parties. A special counsellor shall be appointed by the disciplinary committee and maintain the confidentiality. The disciplinary committee should be headed by a woman and not less than half of its member should be women. To prevent the possibility of any undue pressure or influence from senior levels, such complaints committee should involve a third party, either NGO or other body who is familiar with the issue of sexual harassment.
5. **Disciplinary action:** where such conduct amount to misconduct, appropriate disciplinary action should be initiated in accordance with rules.
6. **Criminal proceedings:** in special cases where it is found that the case is under the Indian penal code or under any other law, then the organiser shall forward the case to concerning department to initiate appropriate action in accordance with law by making a complaint with the appropriate authority.
7. **Third party harassment:** where sexual harassment occurs as a result of an act or omission by any third party or outsider, the organiser will take all steps necessary and reasonable to assist the affected person in terms of support and preventive action.
8. If case any coach, manager, referee found involved in sexual harassment, then such case should be forwarded to the concerning department for its further necessary action. If the allegations are found true, then the delinquent person would be expelled from all the activities of S.G.F.I. In case of players involved in sexual harassment the player should be warned / debarred seeing the severity of the case.

**(n) Provisions / Guidelines of dope testing procedures: NADA / WADA**

**Sample Collection of Athletes:**

1. A Doping Control Officer (DCO) or Chaperone will notify the athlete of selection for doping control. The DCO or Chaperone will inform the athlete his/her rights and responsibilities, including the right to have a representative present throughout the entire process. Athlete will be asked to sign a form confirming that they have been notified for doping control. For a minor or an athlete with a disability, a third party may be notified as well.
2. The athlete should report to the doping control station as soon as possible. The DCO may allow him to delay reporting to the station for activities such as a press conference or the completion of a training session; however the athlete will be accompanied by a DCO or chaperone from the time of notification until the completion of the sample collection process.
3. Athletes will be given a choice of individually sealed collection vessels and the athlete may select one. Athlete should verify that the equipment is intact and has not been tampered with. The athlete should maintain control of the collection vessel at all times.
4. The athlete and a DCO of the same gender will be permitted in the washroom during the same provision. Minors and athletes with a disability may also have their representative present; however this representative is not permitted to view the sample provision. The objective is to ensure that the DCO is observing the sample provision correctly.



5. The DCO shall use the relevant laboratory specification to verify, in full view of the athlete, that the volume of the urine sample satisfies requirements for analysis.
6. After verifying that the equipment is intact and has not been tampered with the athlete will open the kit and confirm that the sample code numbers on the bottles, the lids, and the container all match.
7. The athletes will divide the sample, pouring the urine himself / herself, unless assistance is required due to disability. Pour the required volume of urine into the 'B' bottle and pour the remaining urine into the 'A' bottle. The athlete will be asked to leave a small amount in the collection vessel so that the DCO can measure the specific gravity and / or pH.
8. The athlete should seal the 'A' and 'B' bottles. The athlete's representative and the DCO should verify that the bottles are sealed properly.
9. If the samples do not meet the specific gravity or pH requirements, athlete may be asked to provide additional samples.
10. The athlete should provide information on the doping control form about any prescription or non-prescription medication or supplements they have taken recently. Athlete also have the right to note comments on the form regarding the conduct of the doping control session. The athlete should confirm that all the information is correct, including the sample code number. The athlete should receive a copy of the doping control form. The laboratory copy of the form does not contain any information that could identify athlete.

#### **Analysis of Samples:**

1. Samples are packaged for transportation to the testing laboratory to ensure that the security is tracked. The testing laboratory will adhere to the international standard for laboratories when processing samples ensuring that the chain of custody is maintained at all times.
2. 'A' samples will be analysed and the 'B' samples will be securely stored and may be used to confirm an adverse analytical findings from the 'A' sample.
3. The laboratory will complete the analysis of the samples in the time stipulated under the international standard for laboratory. In case at any point of time there are a very large number of samples to be analysed and the laboratory is not in a position to complete the analysis within the stipulated time then the samples should be sent to some other laboratory so that the analyses result is available within the stipulated time.
4. The report of the laboratory will be sent to the SAI within 24 hours after the analyses is completed.
5. The Sports Authority of India (SAI) will, after the procedures for decoding etc. ensure that the results 'negative' or 'positive' or "where further investigations are required" in respect of athletes are communicated to the concerned National Federation within 48 hours of receipt of report from the laboratory. The National Sports Federation, after receipt of the report from S.A.I. will ensure that the concerned athlete is communicated in writing the results within 48 hours of receipt of the report by the federation from S.A.I.
6. In case of adverse analytical finding the National Federation will, as per the rules also notify the athlete inter-alia the Anti-doping rule asserted to be violated or whether further investigation is necessary and a description of additional investigation, the athlete's right to promptly request the analysis of the 'B' sample, the right of the athlete or the athletes representative to attend the 'B' sample opening and analysis.
7. Once the athlete has received the notification and before the National Sports Federation imposes a provisional suspension the athlete must be given a provisional hearing prior to the imposition of the provisional suspension or a provisional hearing as soon as possible within 10 days after the imposition of the provisional suspension.
8. In case where a provisional suspension has been imposed and thereafter the federation determines (as per the rules governing this process) that following the submission by the athlete there has been no anti-doping rule violation then the provisional suspension shall be rescinded immediately.
9. The rules in respect of adverse analytical findings for the sanctions to be imposed would be followed in cases where adverse analytical findings are fully confirmed.

It is also clarified that till the time the anti-doping rules of national anti doping agency (NADA) comes into force and the NADA becomes fully operational, the S.A.I. will continue to work of collection of samples and initial processing for submission to the laboratory and thereafter the process related to decoding of results and sending them to the National Federation. The result management and the imposition of sanctions etc. will continue to be done by the National sports federations as per their rules and the rules of international federation which are in compliance with the WADA code.

It is once again emphasized that in this entire process the athlete must be treated with utmost dignity by all the agencies concerned respecting the athletes right to know the results of his/her test and giving him / her full opportunities to present his / her version before any provisional or final sanction is imposed.

## **Chapter- VIII**

### **Official Meeting**

**(a) CLINIC**

The information about the technical rules and regulations of discipline (games), tournament rules & practical aspects will be communicated one day before the tournament by Technical Committee to all the referees and technical officials in clinic.

**(b) CHIEF-DE-MISSION MEETING**

The organizing secretary will held meeting of chief-de-mission every day in which the organizing secretary will communicate all the General information about the tournament in the meeting to all chief-de-mission / managers. If there is any problem with the participating team, the organising secretary will sort-out the problem after knowing it. The return programme of the team alongwith the train number will be intimated by the chief-de-mission to the organising secretary. Besides, during this meeting only the registration fees Rs 130/- per player will be paid by chief-de-mission to S.G.F.I. representative and the flags of the participating team will be given to organising secretary. In the same meeting official entry form, Eligibility certificate, Birth Certificate will be provided to organising secretary by chief-de-mission.

**(c) COACHES MEETING**

The technical committee will call a meeting of all the coaches of participating team one day before the tournament. In case if the match fixtures are not decided by S.G.F.I. prior to tournament then, in this meeting fixture will be drawn before the coaches in the presence of S.G.F.I. officials/Observer. In the same meeting the coaches will be provided with the discipline & tournament rules, match schedule by Technical Committee.

# School Games Federation of India

## **Chapter- IX**

### **Referee**

- (a) The Organizer depute 100% referee/umpire/official in league matches & knock-out matches to final, concern wiith S.G.F.I. observer/person appointed by S.G.F.I.
- (b) **Appointment of Referee in National School Games:**  
In every National School Tournament under a fixed category / age group, sufficient referees/judge/umpire appointed by S.G.F.I. will be sent to venue of tournament, who will perform a fair referee-ship.
- (c) **Norms of TA / DA & remuneration of Referee:** (as per mention chapter XXI)
- (d) All deputed referees will be equally provided with accommodation, meals and local transports by organiser.
- (e) Other referees and assistant referees at State & National level will be provided by the Organizer whose remuneration will be borne by organizer as per State norm.
- (f) The referees/Umpire, assistant referees and fourth officials for competitions will be appointed for each match by the Technical Committee. They shall be selected from the Technical Committee referee list. Only Referee should be appointed by the Organising Secretary consent of S.G.F.I. observer/Official whose state team is not playing in the group or match in question. A reserve assistant referee will also be appointed for each match of the competition. The decisions of the S.G.F.I. observer / appointed official are final and not subject to appeal.
- (g) The referees, assistant referees, fourth officials and reserve assistant referees shall be given the opportunity to use training facilities in clinic.
- (h) If the referee or one of the assistant referees is prevented from carrying out his duties, such referee or assistant referee shall be replaced by the fourth official.
- (i) On the report form, the referee shall note all occurrences, such as misconduct of players leading to caution or expulsion, unsporting behaviour by supporters and/or by officials or any other person acting on behalf of an affiliated unit at the match and any other incident happening before, during and after the match in as much detail as possible.
- (j) The duty of chief referee shall be to check & identity the players according to their ID cards/Online Official Entry Form.

# **School Games Federation of India**

## **Chapter- X**

### **Registration, Certificate & Identity Card Fees:**

The registration fees Rs. 100/- per player & certificate & Identity card fees Rs. 30/- per player Total Rs. 130/- per player shall be paid by the participating team on arrival to S.G.F.I. representative.

## **Chapter- XI**

### **Accommodation and Transportation**

- (a) The Organizer will cover accommodation for each delegation including all players and all officials during the period from two day before till one day after the tournament.
- (b) Participating State/UT/Unit will borne transportation expenses home to venue station & back. Participating State/UT/Unit will borne meal expenses of whole team during duration of tournament & travel day To & Fro.
- (c) Teams who would like to arrive before or stay after the period of the Championship should inform the Organizer as soon as possible.
- (d) The Organizer cannot guarantee the availability of accommodation at the designated hostel beyond the period of the Championship.
- (e) The Organizer will provide transportation to all delegation according to the official schedule of technical committee.
- (f) Transportation will also be provided to and fro the hostel and training/competition venue(s).
- (g) Transportation will be provided to all teams to and fro the venue Railway station/Bus Stand terminals to the hostel (on arrival and departure).

# **School Games Federation of India**

## **Chapter- XII**

### **Medical Services and National Accident Insurance**

- (a) Each delegation must arrange their, own national Medical & accident insurance during their in travel & competition days.
- (b) The Organizer will provide first aid support at the competition ground & in hostel also during the period of the Championship. The Organizer should be informed if any medical treatment is required when the delegations are at the hostel. Arrangement will be made to take the patient to the nearest local hospital if necessary.
- (c) All the cost of medical treatment and care will be paid by the participating delegations (unit).

# School Games Federation of India

## **Chapter- XIII**

### **MESS ARRANGEMENT**

(a) **Amount of DA (Food Expenses)** : During Tournament @ 200/- per day / player and during journey @ 200/- per day / player, shall be paid by participating team.

(b) **OWN MESS**

In case of participating team contingent is making own food arrangements then he will inform the nodal officer of organising committee 15 days before. Participating State/UT/Unit will born food expenses. For own mess the organising secretary shall arrange kitchen at the accommodation place for the team management. Organising secretary may also provide fuel, gas, utensils to team management on rent.

(c) **COMMON MESS**

Food will be available from the common mess of payment as for S.G.F.I. norms Rs. 200/- per head per day. Participating State/UT/Unit will born for food expenses.

Meals (buffet style) will be served three times a day, as breakfast, lunch & dinner.

**Common Mess Menu**

Breakfast	:	Bread slice with Butter/Paratha with Curd Tea/Coffee/Milk & Fruit.
Lunch	:	Seasonable Vegetable Sabji, Rice, Roti, Papad, Salad, Pickle, Dal, Curd & Sweet Dish
Dinner	:	Seasonable Vegetables Sabji/Non-Veg., Rice, Roti, Papad, Salad, Pickle, Dal, Sabji & Milk.

## **Chapter- XIV**

### **MEDICAL TEST**

- a. To serve the purpose of transparency the organising committee could be conduct the medical test for age verification as per the direction of Govt. of India Ministry of Youth Affairs & Sports as per its convenience one day before on **Date at (Venue & State)** before the national school tournament as mentioned in chapter VIII (I) & XXIV. The team of the concerning unit will have to be present for medical test on the decided venue & date otherwise it wouldn't be eligible to participate in the tournament, in medical test with the candidates cross the age limit, they wouldn't be eligible for the tournament.
- b. There will be no medical test after starting the tournament
- c. Organiser will follow the issuances of National code against age fraud in sports through the letter of Govt. of India Ministry of Youth Affairs & Sports, Deptt of Sport No. F-32-18/2009-SP III Dated 19<sup>th</sup> March 2010 as on chapter XXIV.



## **Chapter- XV**

### **PROTEST**

- a. In the condition to protest about the age of any player or any other technical aspect, Coach/Manager can apply with protest fee of Rs. 1000/- to match referee on a plain paper within one hour after the match. Otherwise protest will be disregarded.  
Match referee will provide a receipt of Rs. 1000/- and the application will be put up before the "Jury of Appeal". Jury of Appeal (through organizer) will release written letter to coach/managers of both the team to present their evidence on the same day of protest. If there is any technical point in the protest, suggestions from convener technical committee will also be taken.
- b. In the protest concerning overage the "Jury of Appeal" will have a comparative evidence of its validity while receiving the evidence from both sides. In this relation (i) report of the medical test for age verification if conducted (ii) official entry form of competent authority of concerning unit (iii) the eligibility certificate, countersigned by state competent authority will be the most important first, second and third evidence. Bulletin of S.G.F.I. released in previous year and result booklet will be the fourth important evidence. The fifth important evidence will be last year marksheet original of the players which is to be presented by the player if demanded. On the basis of the above all documents "Jury of Appeal" will take a decision thoroughly. Then both the parties will be informed about the decision by the written letter from the organizer and whole proceeding regarding the protest will be maintain on record and it will be send to S.G.F.I. office.
- c. The defaulter player will be debarred, if the protest is found correct and the protest fee will be return to the applicant. In case of the protest is found wrong, the protest fee Rs. 1000/- of the applicant will be deposited in favour of S.G.F.I. account.  
The player, if found defaulter during the protest, will be debarred from that tournament. The defaulter team will be declared defeated and the opposite team will be give 3 marks. The defaulter team may play other matches after leaving the defaulter players. There will be no effect of this decision on the previous matches.
- d. No protest will be accepted against the decision of the umpire. But the Jury of Appeal, with the opinion of Technical Committee will consider and decide the case if any one of the both the parties presents any point which shows the decision of the referee against the rules of the tournament.  
Jury of appeal will go for the opinion of technical committee in relation of the protest about the playground or in other technical matter. It'll inspect itself, if needed, and will decide finally after discussion on each and every aspect. Protests regarding the pitch, its surroundings, markings or accessory items shall be made in writing to the referee before the start of the match by the Coach/Manager of the team lodging the protest. If the pitch's playing surface becomes unplayable during a match, the captain of the protesting team shall immediately lodge a protest with the referee in the presence of the captain of the opposing team.
- e. No match will be stopped due to any protest. Match will be under protest and the Jury will have to decide till evening that day. If any team leaves the playground in protest of the umpire's decision or due to other conditions, referee will have the right to delcare it as the looser and the other one the winner and such protest will not be considered.
- f. If the protest is being proved wrong/false, the amount will be seized and deposted in S.G.F.I. account. In case the protest is upheld the amount will be duly returned to the concerned team.
- g. All the aforesaid cases concerning the protest & defaulter would be sent to disciplinary committee same day and a meeting shall be held on such cases. In this meeting the disciplinary committee shall discuss and on the base of merit & demerit of the case shall recommend the penalty to organizing committee. All document of Jury of Appeal & disciplinary Committee would be sent to S.G.F.I. office within a week after completion of tournament by the organizer.
- h. Protests against any incidents that occur during the course of a match shall be made to the referee by the team captain immediately after the disputed incident and before play has resumed, in the presence of the captain of the opposing team. No later than one hour after the match.
- i. No protests may be made about the referee's decisions regarding facts connected with play. Such decisions are final.
- j. Once the final match of the National School Championship has ended, any protests described in this article will be disregarded.
- k. The appeal against the decision of jury of appeal / recommendation of disciplinary committee shall be made to chairman organizing committee. On such appeal the Chairman organising committee shall immediately held hearing and take decision which will be the final decision.

# School Games Federation of India

## Chapter- XVI

### AGREEMENT, SUBMISSION DOCUMENTS & ONLINE ENTRY FORM INSTRUCTION

**(A)** The Affiliated unit of the team which will be participating in the National School Games shall undergo an agreement with S.G.F.I. which shall be done by the competent authority during filling the official entry form's sign in page. The agreement will be as follows:

#### Affiliated Unit's Agreement

I hereby agree to the following terms & conditions governing the online official entry form process of participation in 63rd national school games 2017-18 auspices in S.G.F.I.

1. I have gone through and understood the contents of information brochure and eligibility criteria prescribed there in. I shall abide by rules & regulation and online official entry form process of participation in 62nd National School Games 2017-18 as specified in the information brochure, rules & regulation of organization of National School Games which was approved in General Council meeting held on 03<sup>rd</sup> June 2016 at Rajnangaon, C.G..
2. I certify that the eligibility of players who's official entry form is being filled has been fulfilled according to the rules of championship and also certify that these players are students of class 6th Class & above.
3. I declare that each one of our team's players are born on or after date 01.01.1999 / 01.01.2001 / 01.01.2004 and hence they are eligible to participate in their respective age group.
4. I know that during verification of documents at the time of reporting, if any discrepancy is detected in original document including name, father's name, date of birth, class, admission number, school name, eligibility and gender, then my unit's team / players Participation will be liable to be cancelled.
5. I declare that I am aware that in the process of filling online entry form after me completing the entry once I click on **confirm & print button** then I cannot make any correction at my end and this would be considered as final entry and accordingly S.G.F.I. will make the participation of such players and on the base of this the Identity Card, Participation Certificate, Merit Certificate will be issued by S.G.F.I.
6. I know that the personal information provided by me is genuine & authentic.
7. I am aware that for the participation in National School Championship in which our team is participating we have to fulfill all the required eligibility criteria for age & class in which the candidate is a regular student.
8. I declare that I will not disclose or share the password & code with anybody. I understand that I am solely responsible for safeguarding my password & code and S.G.F.I. is not responsible for any misuse of my password & code.
9. I declare that, I shall be responsible for the safety & comfort of players of my team during their travel from their home to the venue of tournament and back to their home. The travel ticket expenses and the expenses during travel will be borne by our unit. The food expense shall be completely borne by our unit during the tournaments including travel period. Our unit shall bear the expenses of kit, dress, etc provided to the players.

Our unit shall provide medical facilities to our team's players. Our unit will also provide medical & accidental insurance to our team's each and every player & member.

10. I declare that I am very well aware of the fact that if any player is absent in tournament after filling the online official entry form then it has to be intimated to organizer in writing in control room. If I fail to do so then I shall be liable for legal action under fraud case.
11. I hereby declare that I shall submit the following documents along with the printout of the official entry form which will be obtained after clicking on the confirm & print button. The print out of official entry form shall be signed by the competent authority, coach & manager and with three copies of the same the following documents shall be submitted by chief-de-mission in the control room situated at venue of tournament mandatorily before one day prior to National School Games:
  1. **Covering letter with authority letter (which is obtained after clicking confirm & click button along with official entry form):** Signed by the competent authority whose specimen signature was sent to S.G.F.I. office by the competent authority at the time of annual recognition. - **(One)**
  2. **Eligibility certificate:** Separate eligibility certificates of each & every player of the team issued by the school in which the player is studying and should have the signature of Principle / Head Master of school and further countersigned by the competent authority of the unit. - **(Triplicate)**
  3. **Birth certificate:** Separate Birth certificates of each & every player of the team attested by Gazetted officer. Only the certificate issued by the Statistic Department of state/UT Govt. /Central Govt. or Municipal Corporation shall be acceptable. - **(Triplicate)**
  4. **Previous year final exam mark sheet:** Separate Mark sheet of each & every player of the team, attested by the Gazetted officer. - **(Triplicate)**
  5. **Registration + certificate + ID card fees:** @ Rs. 130/- per player.

## **B) SUBMISSION DOCUMENTS**

- (1) General Manager/Chief-De-Mission of all States/Units must bring & produce the AUTHORITY LETTER from their competent authority for attestation power/signature on Eligibility Certificates/Entry forms to the organizers/S.G.F.I. person in Control room of National School Championship.
- (2) The State Flag of 6ft.x 4ft.size. **02**
- (3) Duly filled Eligibility Certificate in Format (1). **Triplicate**
- (4) Complete list of participants & officials. **Original**
- (5) Print out of online official entry form signed by competent authority of participant unit, coach & manager. **In Triplicate**
- (6) Certificate by Competent Authority regarding Participating players fulfill the eligibility rules of Championship & are students studying in **8<sup>th</sup>/10<sup>th</sup>/12<sup>th</sup> or below.**
- (7) Attested copy of mark-sheet of the last year final examination of the players.
- (8) Attested copy of birth certificated issued by statical Dept. of State Govt./Govt. of India / municipal corp. or attested copy of passport.

## **(C) VERY IMPORTANT INSTRUCTIONS FOR FILLING ONLINE OFFICIAL ENTRY FORM:**

1. A Login ID & as per the National School Games calendar 2011-12 time to time a Password & Event Code will be provided to the official email ID of affiliated unit's competent authority. The competent authority shall process and maintain the confidentiality of the secret code under his own supervision.
2. By using the secret code the competent authority will be able to login into the official website of S.G.F.I. and open the Official Entry Form. After opening the official entry form page, the competent authority shall enter the details of his team and upload the photographs of the players online. After confirmation by the website, a

printout shall be taken and countersigned by the competent authority, coach, manager and same shall be sent to organizer with the participating team.

On the base of said online entry and data available prior to the tournament, S.G.F.I. will provide Identity Cards to the players at the venue of tournament and also announce the match fixtures. The organizer will also be able to arrange facilities like lodging, boarding & transport etc. related to the tournament on time.

3. After the completion of tournament on the base of online data available the participation & merit certificates shall be issued. All the records of tournament and details of merit certificates, participation, etc will also be uploaded on the official website of S.G.F.I. By said online process of S.G.F.I., it will help in maintaining transparency, the RTI act related issues will be resolved immediately, manpower & time will be saved and the provisions of NSCI 2011 of GOI, MYAS will also be implemented.

**Instruction to competent authority for online process:**

- 1) That only the Competent Authority of affiliated units of S.G.F.I. is eligible to fill the online official entry form.
- 2) That it is expected to fill the complete official entry form at one sitting. Even though maximum of 2 or 3 sitting facility is provided to the user to fill the complete official entry form (only in case the entries are saved at every sitting) before taking the final print.
- 3) That once the entries are 'confirmed' by the users, further the competent authority will not be able to make any changes online on his level in the official entry form. Hence before proceeding the competent authority is suggested to thoroughly examine the documents and only after getting assured shall enter the information in the official entry form and click '**Confirmed & Print**'.

**Kindly ensure the following information are readily available before proceeding further:**

1. The permanent '**Login ID**' issued by S.G.F.I. office to your affiliated unit.
2. The '**password**' which is provided by S.G.F.I. to fill the official entry form for the tournament / championship in which your state/UT/unit team is participating.
3. The '**Event Code**' which is provided by S.G.F.I. for the tournament / championship in which your state/UT/unit team is participating.
4. Information of players readily available with you, like Name, Father's Name, Date of Birth, Class, School Name and Scholar no. / admission no., event, discipline & age group in which participating, weight category (if applicable).

**Kindly ensure the following documents are readily available before proceeding further:**

- Eligibility Certificate: issued by the school in which the player is studying and should have the signature of Principle / Head Master of school and further countersigned by the competent authority of the unit.
- Birth Certificate: the photocopy of birth certificate shall be attested by Gazetted officer. Only the certificate issued by the Statistic Department of state/UT Govt. /Central Govt. or Municipal Corporation shall be acceptable.
- Mark Sheet of Previous year Examination: the copy of previous year final exam mark sheet shall be attested by the Gazetted officer.

- **Photograph & Signature of Player:** passport size photographs collected from the players should have the player's name & date on which the photograph was taken, printed on the photograph. The printed photo with name & date along with Signature of the players should be scanned together as per specimen shown below and kept ready before filling the official entry form. These photographs along with signature of players as one image should be uploaded while filling the official entry form online with the player's details at proper place.

The specimen of photograph & signature for your help:

For Example:

Stick passport size photo here (Name & current date printed on the photo)
Signature



- [C] It is advised to fill the official entry form very carefully since once the form is 'CONFIRMED & PRINTED' by user, no changes can be made to filled form. On the basis the information filled in the official entry form, the ID of players, merit certificate and participation certificate shall be issued.
- [D] After completing the form & confirmation, take the print-out of official entry form. The Competent authority of participating state/UT/units, manager & coach shall sign in appropriate box given in the form. The signed official entry form shall be submitted in the control room at the venue of National School Games with along following documents :
- 1) **Covering letter:** Signed by the competent authority whose specimen signature was sent to S.G.F.I. office by the competent authority at the time of annual recognition.
  - 2) **Eligibility certificate:** Separate eligibility certificates of each & every player of the team issued by the school in which the player is studying and should have the signature of Principle / Head Master of school and further countersigned by the competent authority of the unit.
  - 3) **Birth certificate:** Separate Birth certificates of each & every player of the team attested by Gazetted officer. Only the certificate issued by the Statistic Department of state/UT Govt. /Central Govt. or Municipal Corporation shall be acceptable.
  - 4) **Previous year final exam mark sheet:** Separate Mark sheet of each & every player of the team, attested by the Gazetted officer.
  - 5) **Registration + certificate + ID card fees:** @ Rs. 130/- per player.

# Format

State/UT/Unit.....

## NATIONAL SCHOOL GAMES 20.... To 20.....

Under the aegis of School Games Federation of India

Latest Photo name

With date duly

Attested by the principal

Head Master with Stamp

### Certificate of Eligibility

Age Group under .....Boys /Girls

01	Name of the Participants (In Block Letters)																	
02	Father's Name (In Block Letters)																	
03	Name of the Institution (In Block Letters)																	
04	Institutional Full Address (In Block Letters)																	
05	Institution Phone No. with Code No.																	
06	Last Year Registration No. SGFI																	
07	Date of Birth (i) In Fig. (ii) In Words	<table border="1"> <tr> <td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> </table>																
08	Discipline																	
09	Pass Port No. (if available)																	
10	Age in Completed years as on 31 <sup>st</sup> December	<table border="1"> <tr> <td colspan="4">Year</td> <td colspan="2">Month</td> <td colspan="2">Days</td> </tr> <tr> <td></td><td></td><td></td><td></td> <td></td><td></td> <td></td><td></td> </tr> </table>	Year				Month		Days									
Year				Month		Days												
11	Home Address in Full & Phone / Mob. No. (In Block Letters)																	
12	Admission No. & Year																	
13	Date of Joining the School																	
14	Standard & Section Studying this year																	
15	Standard Studying last year																	
16	Personal Identification Marks :	1.																
		2.																
17	Signature of the Participants																	

- Certificate: 1. Certified that the above participant is a bonafide student of this Institution for the academic year.  
 2. Certified that I have personally verified the admission records maintained in the School and found correct.  
 3. Certificate that it is understood in the event of information furnished above found to be partly or wholly untrue, the above students is liable to be disqualified for a period of two years in case the students is a member of the team, then the participant is liable to be disqualified as a whole.

Signature of Competent Authority  
of State/UT/Unit with Seal

Signature with Seal  
Manager / Coach  
Post / Desn.....

Signature with Seal of the  
Head of Institution/Principal  
Head Master

For Office Use Only      Name of Invigilator .....      Sign. of Invigilator.....

Sample use only  
**School Games Federation Of India**

**CHESS Boys (U19)**

To be filled in separately for Boys/Girls

State: **GOA**

**60TH NATIONAL SCHOOL GAMES, 2014-15**

10-Sep-14 to 15-Sep-14, MARGAO (GOA)

Organized by: DIRECTOR OF SPORTS & YOUTH AFFAIRS

Under the aegis of School Games Federation of India

**OFFICIAL ENTRY FORM**

Sl. No	Event	Name	Father's Name	Date of Birth	Class	Name of school and scholar no	Photograph
1	CHESS	ADEREAN ALMEIDA	PHILIP ALMEIDA	Feb 12 1996	11	DEEP VIHAR HIGH SCHOOL, 3090	
2	CHESS	PRASHANT DOLAS	M	Jan 3 1992	12	NEW HIGH SCHOOL, 900	
3	CHESS	MILIND JOSEPH	JOHN JOSEPH	Mar 13 1993	12	NEW HIGH SCHOOL, 5677	
4	CHESS	SURESH	NARESH	Jan 5 1994	12	ACB, 00	
5	CHESS	AVINASH KOCHREKAR	RAMESH KAISARY	Sep 1 1995	12	DEEP VIHAR HIGH SCHOOL, 3154	

Name of coach: **SURENDER**

Name of manager: **ARUN M PATIL**

# **Chapter- XVII**

## **Duties of Chief-De-Mission**

- (1) The list of selected players should be handed over after obtaining order from the team manager.
- (2) Railway reservation and concession of all the players should be obtained.
- (3) Uniform should be distributed to all the participants before the competitions.
- (4) Before proceeding for competitions, the players should be informed of there Lodging and fooding arrangement so that they does not roam here and there. This is not an any way acceptable that since this is the first day hence arrangements have not been properly made. General Manager may send one or two players to the state organiser to get acquainted with the arrangements.
- (5) Eligibility Certificate of all players should be handed over to the Organising Secretary by the General Manager. If in any case the player are not permitted to participate in any game in the absence of the Eligibility Certificate, then General Manager will be taken to task and disciplinary action may be taken against him.
- (6) To ensure that all the players participate in different competitions. No player should be deprived from participating in any game/competition.
- (7) No player should be allowed to accompany the team, who has not be selected for the team.
- (8) General Manager must participate in all the meetings and if there is any complaint regarding, accommodation, fooding or regarding matches, he should report and lodge complaint to the organiser.
- (9) Ensure that no illegal officials or parents accompany the team.
- (10) Also it is urgent to check that two flags of the state has been handed over to the team manager. If the Flags are not available, If should be provided to the team Manager before participating in the competition. In any case the General Manager should not proceed without flag of the state.
- (11) Also ensure that during inauguration and Closing Ceremony all the players of the team participate in their proper kit. Officials should also participate in these functions and also in the march past.

### **Appointment of Coach and team Manager**

Following are the directions regarding appointment of Coach and team Manager:-

- (1) Team Manager and Coach should be appointed as S.G.F.I. team composition norms.
- (2) Different Coach for different age group should be appointed.
- (3) Similarly a team Manager fortottent game and different age group should be appointed.
- (4) The appointed coach should be specialist of that Game.
- (5) Such Coach should not be appointed who has not proficiency in that game.
- (6) For girls team there should be Lady team manager.
- (7) The coach and other officials will have to stay at the place where players have been accommodated. In any case Coach and team Manager shall not stay in private Hotel away from the players. They are also not permitted to stay in private Hotel along with the players. Disciplinary action shall be taken against the Coach and team Manager if he stays in any private hotel.

### **DUTIES OF OBSERVER APPOINTED BY S.G.F.I.**

In the perspective the decision taken in the General Council Meeting of S.G.F.I. and Observer is expected to perform the jobs as given below :

1. Reach the venue two days before the event and observe all the necessary arrangements e.g. stay arrangement of the players, playground, transportation arrangement and security arrangement etc. and suggest the organizers for rectification if any error is found.
2. The Officer would inspect the playground on the previous day of the event and affirm that it should fulfil national level standard.
3. Fixtures should be drawn one day earlier before all the team managers, organising secretary and technical committee. Results of the previous years should be kept in view while drawing the fixtures.
4. Have a glance at the list of the officials appointed by the organiser for the matches. The job of umpireship should be done by qualified and trained referee.

It is observer responsibility that injustice may not be done with any team. Therefore, be sure to conduct the matches with the help of organising secretary taking the whole schedule in observer own supervision.



5. The Jury of appeal committee would be organised before two days of the competition and observer will preside it.
6. Observer will be the head of the Jury of Appeal. All the matters of protest will be solved same day evening.
7. The National team will be selected by SGFI during National School Games competition. To serve this purpose, a selection committee will be formed by S.G.F.I. The president of the committee will be the officer appointed by S.G.F.I. As observer it is your responsibility to make a policy for the selection one day before the competition with the consent of concerning selection committee members. Following the directions for the selection, the lists should be prepared confidentially by every selector separately after the matches and will be handed over to you for compilation. After compilation the list should be sent in a sealed envelope alongwith the report to the Secretary General, S.G.F.I. In the selection committee, members will be of National level famous personalities, State level players & awardees of that particular game.
8. All the teams should be informed about the rules & regulations before the event take place. It will be better to provide the informative folders to the General Managers of the teams at the time of reception.
9. It is also an important responsibility of the officer to check the eligibility certificates of the players through the eligibility test committee appointed by the organising committee specially the eligibility certificates and documents of age verification of merit certificate holder should be crossed checked by Observer. One register should be maintained for merit certificate issued. Merit certificate should be counter signed by Observer below the seal of Secretary, S.G.F.I.
10. According to S.G.F.I. calendar, observer shall take exam of referees according to games during the National School tournament.
11. On the base of online official entry form the observer shall take attendance of all the players will help & co-ordination of organising secretary.
12. Send the observation report on the prescribed proforma within seven days after the competition to the Secretary General by registered post.
13. T.A. & D.A. observer as per S.G.F.I. norms will be paid by the organizer as mentioned in chapter XXI.

#### **Duties Of Referee / Technical Officer/ Officials Appointed By S.G.F.I.:**

1. The appointed referees shall reach & report the organizer at the venue of tournament two days before the tournament and shall get registered.
2. Referee / technical officers/officials shall attend the training programme conducted by the organizer and get fully aware by the rules & regulations, games and rules of S.G.F.I.
3. In this clinic the updated rules shall be discussed. The referees / technical officers shall exchanged their point of view/ suggestions so that later there may not be any dispute.
4. After registration of referees, a physical fitness test shall be conducted and only those who are found physically fit shall be eligible to participate in tournament.
5. The referee shall have the kit & equipments of specific discipline with him, which is mandatory.
6. Referee shall collect the match schedules every day and accordingly reach the play ground on time.
7. The appointed referee shall attend every day meeting and produce the match results, fouls and discuss if any incident occurred during the tournament.
8. The appointed referee shall check the following :
  - a) Identity Cards of Players.
  - b) Kit of players.
  - c) Nails of players.
  - d) Any sharp things with players.
  - e) Whether the play ground is ready for the match as per the National Level norms.
  - f) First aid facility at ground.
  - g) Each players shall be numbered in the front & at the back of his T-Shirt with plain number of solid colour.
  - h) The persons to be contacted in emergency situation.
9. The referee shall conduct the matches in a impartial manner and according to S.G.F.I. norms.
10. If during the tournament any protest application is received along with fees Rs. 1000/- then after the match the referee shall provide the receipt to the concern and immediately forward the application to organizer. In any case during protest the match shall not be stopped. If due to any natural obstacle or misconduct by

players is occurred, in such case the referee shall note the incident and after the match submit his report to the technical committee.

11. In any situation if any team leaves the ground then the referee shall call that team to come to ground by whistling 3 times. Even after this if that team does not come to the ground then the referee shall declare as loser to that team and winner to the other team.
12. In case of dispute, violence, misconduct with referee during the tournaments then the referees shall report such case to technical committee. The technical committee shall forward the case to organizing committee and recommend the penalty against defaulter.
13. After end tournament referee shall send his tournament report to S.G.F.I. office.
14. TA/DA & remuneration of referee/technical officer/official deputed by S.G.F.I. as per S.G.F.I. norms will be paid by the organizer as mentioned in chapter XXI.

## **Chapter- XVIII**

### **Revised Selection Policy-2011**

#### **a) Guidelines for more efficient management of coaching camp, selection of coach and selection of Athlete.**

##### **1. Management of Coaching Camps:**

- i) The sports authority of India, in constitution with the National Sports Federation concerned, shall work out a detailed yearly calendar of coaching camps, to be conducted in a particular discipline well in advance, in no circumstances later than 31<sup>st</sup> January every year. This calendar should be prepared based on the Long term development plan (LTDP) for that discipline, and should be in consonance with the international / national calendar of events in that discipline. In case the coaching camp, is being conducted by the S.G.F.I. concerned, the same guidelines shall be applicable to them as well.
- ii) The calendar of events so prepared, should contain detailed information above dates and period of coaching camp, venue, number of players likely to attend the camp, coaches and supporting personnel staff.
- iii) The list of probables for each coaching camp shall be decided along with the LTDP, on the basis of either National School Championship or open selection trials.
- iv) A panel of coaches and supporting personnel including doctors, physiotherapist, psychologists, scientific officers, masseurs etc. shall be prepared and made a part of the LTDP.
- v) The yearly requirements of food supplements, equipments (consumable / non-consumable) training kits, should also be worked out while preparing the yearly calendar.
- vi) The coaching calendar along with the requirements as detailed above, shall be circulated to all affiliated units of S.G.F.I., well in advance to enable them to make necessary arrangements, and to ensure smooth conduct of the camps.
- vii) The venue allocated for a particular coaching camp shall not be changed under any circumstances, unless warranted by unavoidable situations, which shall be done only after taking due approval of the competent authority.
- viii) It shall be the responsibility of organiser to ensure that random dope test are conducted in each camp as per the guidelines.
- ix) The travel plan and ticketing of every player, shall be carried out and informed to the player, well in advance of the dates of the coaching camp.
- x) The national coach, shall evaluate the progress and performance of the players in the coaching camp, and make recommendations to the selection committee, regarding discontinuation of players showing unsatisfactory performance, or inclusion of new probables giving due justification for the name.

##### **2. Selection of Coaches:**

- i) The national coaches shall be selected by a selection committee with president of the S.G.F.I. concerned as its Secretary General S.G.F.I., Chairman Selection Committee, one ex-international player, (Preferably Arjuna Awardee or International medal winner), to be nominated by the Government.
- ii) The national coach shall be appointed by S.G.F.I. after careful consideration of the names recommended by this selection committee.
- iii) The selection committee in consultation with the national coach shall choose other members of the coaching team.
- iv) The team of coaches sport scientist, experts etc shall not normally be changed or modified, once chosen till the international tournament are over.

- v) While selecting the national coach, assistant coach and other members of the coaching team, due care should be taken to ensure, that no person with tainted record is selected as a member of the coaching team.
- vi) While selecting the team for participation in any international event it shall be ensured, that only those coaches / supporting personnel are selected, who have been with the team during the coaching camp on continuous basis.

### **3. Selection of Athletes:**

- i) The selection of sportspersons for participation in international events shall be the responsibility of S.G.F.I. concerned, and Government and the sports authority of India, will not have direct involvement in the selection process, except to ensure that it is fair and transparent.
- ii) The selection criteria / norms shall be clearly communicated by the S.G.F.I. to all concerned viz., players, coaches, government observers etc. well in advance and be put up on the website of the S.G.F.I. concerned and also be forwarded to S.A.I. and the ministry to be put up on their respective websites.
- iii) In case of measurable event, the minimum qualifying norms may be fixed and announced along with the notice for selection trials and be put up on the website of the S.G.F.I. concerned and also be forwarded to S.A.I. and the ministry to be put on their respective websites.
- iv) The holding of the selection trials should be announced at least one month in advance of dates of the trials.
- v) In team events the selection trials should be held two months in advance and in the case of contact games, the selection trials should be held at least one month in advance of the competition event.
- vi) The selection shall be done by a selection committee, consisting of the president of the S.G.F.I. as the chairman, the national coach and eminent ex-sportsperson, preferably arjuna awardees. There shall be no government observer / S.A.I. nominee, as member, in the selection committee.
- vii) The S.G.F.I. shall send invitation to the government observer, for attending the selection trials, and the selection committee meetings, as an observer, at least 15 days in advance, which shall further be followed up on personal basis. The government observer must send his / her report, directly to S.A.I. and the ministry, without delay.
- viii) The national coach shall evaluate the progress and performance of each player on regular basis, and submit the report to the selection committee and sports authority of India.
- ix) The athletes who were not in the coaching camp organised prior to the selection may be allowed to participate in the selection trials, only in exceptional cases with due justification.
- x) The proceedings of the selection should spell out in detail, the selection criteria, the past performance of the players, and their performance in the selection trials.
- xi) The team once finalised for a particular event shall not be changed under any circumstances, unless warranted by unavoidable situations with due justification and the changes shall be informed to all concerned.
- xii) S.G.F.I. shall keep the performance of each athlete on its website. This should be updated at least once a month along with rankings, if applicable.
- xiii) The athlete once selected for a team, shall be treated with utmost dignity. In case of any doubt arising, the athlete has to be taken into confidence. Proper appeal mechanism shall be put in place, to ensure proper and timely redressal of their grievances.

#### **b)**

1. It will be named as S.G.F.I. New Selection Policy and its function will be to select the probable players for the Indian team for international tournaments/series determined by I.S.S.F., A.S.S.F., A.S.F.F. and S.G.F.I. These probable players will participate in the national coaching camp organized for the preparation of international championship.
2. Every year, the selection will be done during the national school sports tournament considering the discipline of international championship at the venue of the tournament forming a five member sub selection committee there. In the selection committee the Chairperson will be the observer of S.G.F.I. the Executive office bearer of S.G.F.I. or any other person appointed by S.G.F.I. The remaining for members of the selection committee will be famous national players/coaches/state level awardee winners. The Selection committee will receive the names of the probable players from the referees and coaches from various states appointing them for the selection and also observe itself during the tournaments. After receiving all such lists, the meeting of five members of selection committee will be held on the last day of the tournament and the players will be selected in the ratio of 1:3 and the list will be sealed after signing it and it will be sent to S.G.F.I. office within 5 days.

3. If, due to some unavailable reasons the selection couldn't be done during the national tournament as cited in para 2, one open selection trial will be conducted by S.G.F.I. office in which all the participant players of the concerning discipline of the latest organized national school sport tournament fulfilling the age-criteria for participating in International tournament, will be invited. The lack of time the open selection trial will be conducted by the S.G.F.I. office in which qualified quarter finalist participants players of the concerning discipline of the latest organized National School Sports Tournament fulfill the age criteria for participating in International Tournament will be invited. As per the provision cited in para 2, a five member selection committee will be formed which will select the players reg./present in selection trial on the basis at the performance in the ratio of 1:3 and the list will be sealed and sent to S.G.F.I. office.
4. If it seems to S.G.F.I. that the selection done as per the provision cited in para 2 is not upto the mark, it can organize the open selection trial as mentioned in para 3 in which eligible players of previous tournament and also the players selected during the national tournament according to para 2, would participate.
5. All those selected players who are having their passports or have applied for it in passport office, will be invited for 20 days training in the I phase national coaching camp. The selected players not having their passports or the receipt of passport office, on the very first day, is not presented, they will not be eligible to participate in the I phase of the training.
6. The selection trial for the selection of the final team to participate in International tournament will be conducted on the last day of the I phase national Coaching Camp.  
The following players will be able to participate in this selection trial.
  - (a) The players who participated in the I phase coaching camp.
  - (b) The players who have the original copy of the passport.
  - (c) The players who fulfils the age-criteria for international tournament.
7. The finally selected players in the selection trial cited in para 6 will be eligible to participate in the II phase of the national coaching camp. These players will receive the training in the II phase national coaching camp for 25 days. After the II phase training these players will be included in the Indian Team to participate in International tournament of the related discipline.
8. TA / DA & remuneration of coach, selector, referee is mentioned in Chapter XXI of this article.

## **Chapter- XIX**

### **SECURITY**

Police and Hostel Security will patrol the hostel area 24 hours a day. For security identification, all players and officials are requested to wear their tags at all times in the hostel as well as for entry into the venues for matches.

At hostel where girls are accommodating there women security guard/ police should be arranged.

Arrangement of internal security during tournament to avoid any third party disputes.

At night where girls are accommodating women teachers / volunteers should be deputed mandatory.

## **Chapter- XX**

### **Terms & Condition for organization of National School Games (Championship / Tournament)**

- 1) Organiser hereby agree with the Rules & Regulations for organization of National School Games auspices in SGFI as mentioned in the provisions (i.e. Chapter 1 to XXVI ) approved by General Council Meeting held on 03<sup>rd</sup> June 2017 at Rajnandgaon, C.G.
- 2) The basic infrastructure facilities are available at the proposed venue according to the event to be organized as per SGFI rules & regulation. .
- 3) The national level excellent playground and all the equipments is available at the venue proposed according to the norms of the event .
- 4) Excellent lodging / boarding facility would be provided to all the participating players, coach, manager of the affiliated units and officials deputed by SGFI at the proposed venue. Sufficient number of the clean rooms with proper ventilation and light and clean toilets will be available. The participating players would be provided with bed rolls, blanket, mosquito nets etc. Clean and hygiene drinking water would be available at both the places, viz. Accommodation place and the playground.
- 5) All the schedule information and other details of tournament will be intimated to SGFI office & all affiliated units and also upload the same in our official website before two months prior to the tournament. Organiser agree to that if the said information is not intimated to SGFI office before two months prior to tournament by us, then SGFI has full rights to disapprove the said schedule of championship. Organiser also agree that without approval of SGFI organiser will not pre –pone or post –pone the championship schedule.
- 6) All the technical & general information will be provided to the coaches, manager and players at the reception. The transportation facility will be provided by the organizer from bus stand / railway station to the boarding place and there to the playground. The responsibility to leave the players to the station after the closing will also be borne by the organizer.
- 7) The organizer will be responsible for the security of all the players, coaches and managers. Lady police will be arranged for the girls accommodation, specially and whole security of the players at the playground will be organizers commitment.
- 8) Medical facilities and doctors will be made available on playground and accommodation. Ten nos. Beds will be reserved in the Govt. Hospital specially for the players for emergency.
- 9) The matches will be organized as per the norms and rules regulations of SGFI. The matches will be conducted following all the norms of SGFI along with impartial umpiring, as per provisions mentioned in the rules & regulations of SGFI. Organiser further specially agree that the referee / umpire / judges for each tournament will be deputed only after the approval of SGFI 's observer or representative of S.G.F.I. The TA / DA & match remuneration of referee appointed by S.G.F.I. will be paid by the organiser according to the norms of S.G.F.I. mandatory.
- 10) Separate accommodation would be provided for the observer, technical officer and officials appointed by SGFI. The TA-DA will be paid by the organizer to them according to the norms of SGFI as per norms mentioned in chapter XXI
- 11) Match fixture will be drawn in front of coaches and manager one day before of the tournament in case if the match fixtures are not decided by S.G.F.I.

- 12) The medical tests would be conducted for the age verification as per the guidelines of GOI, MYAS and provisions mentioned in the chapter XIV & XXIV of Rules & Regulations for organizations of National School Games.
- 13) All the measures will be taken during the tournament against age fraud as per GOI, MYAS guidelines. Organiser will take proper action about prevention of sexual harassment of women during the tournament as mentioned in the chapter VII (I)
- 14) All the measures/ efforts will be taken to conduct Dope Free tournament as per GOI, MYAS guidelines. Organiser will decide the penalty for indiscipline cases during the national school tournament under the rules of S.G.F.I.
- 15) During tournament, as per the norms of SGFI everyday meeting of Chief De mission & Coach will be conducted. In said meeting all the problems of the participating teams will be discussed and sorted –out same day and match schedules for everyday will be provided to the coaches.
- 16) Organiser will organize a clinic for the technical officials & referee /judges/ umpires one day before starting the championship for their refresher & orientation. Organiser will also conduct practice session one day before the tournament.
- 17) All the records related to the tournament like official entry form, eligibility certificate, match fixtures, official duties, score sheet, match referee/ technical report, protest record, non-qualified / absent players record will be maintained. Which will be provided by organiser under the RTI act 2005. All such records will also be provided to SGFI office within one week in soft copy (DVD ) & Hard copy.
- 18) All the protest cases will be dealt same day through jury of Appeal. All the cases of misconduct by participated players, coaches & managers will be dealts by the Disciplinary Committee same day and decisions will declared to concerning state and SGFI office.
- 19) In the month of July & August 4 days National Orientation Training Programme shall be conducted by organising unit of National School Games for unit/state/UT for new games. In which two official from each affiliated unit of S.G.F.I. shall be present at the venue decided by organiser and shall obtain the training. The lodging, boarding & training expenses shall be borne by organising unit.
- 20) In the month of July organising unit shall prepare new rules & regulation of above mentioned new games according to age category under -14,17,19 Boys & Girls and send the same to S.G.F.I. office for its approval of technical committee of S.G.F.I. and to all the affiliated units of S.G.F.I.
- 21) In the month of July organising unit shall prepare the format of official entry form for new games in regard to National School Tournaments and send the same to S.G.F.I. office.
- 22) Only the fulfilment of above mentioned conditions by the organizing unit, the S.G.F.I. will consider the approval of final dates of National School Games of new games.



# School Games Federation of India

## Chapter- XXI

### Norms related to TA/DA payment for the work done for SGFI.

The TA DA & remuneration of deputed officials, executive members, technical officers, observers, referees, coach, selectors, campers, master trainers etc. for National School Tournament, National Orientation Training Programme & National Coaching Camp & S.G.F.I. work notified by S.G.F.I are as under:

For : Olympic / Commonwealth / Asian Games

Sl. No.	Deputation of	Deputing authority	Purpose	TA eligibility (to & fro)	DA	Incidental charges	Remuneration/ Honorarium	Paid by
1	Referee	S.G.F.I.	NSG	III AC	Rs. 400/ day on journey & tournament, if free boarding provided then DA @ Rs. 200/- day	Rs. 300/- each way	Rs. 500/- per match for team Rs. 1000/- per day for individual	Organizer
2	Referee	Organizer	NSG	Nil	Nil	Nil	Rs. 400/- per match for team Rs. 700/- per day for individual	Organizer
3	Master Trainer/ Selector/Event Manager	S.G.F.I.	NCC/NSG	II AC	Rs. 400/ day on journey & tournament, if free boarding provided then DA @ Rs. 200/- day	Rs. 300/- each way	Rs. 1200/- Per day	Organizer
4	Field Officer/ S.G.F.I Official	S.G.F.I.	NSG	II AC*	Rs. 400/ day on journey & tournament, if free boarding provided then DA @ Rs. 300/- day	Rs. 300/- each way	Rs. 500/- Per day	Organizer
5	Observer/ Executive Member	S.G.F.I.	NSG/NC C/ Selection trial/ NOTP	I AC/Air fare	Rs. 600/ day on journey & tournament, if free boarding provided then DA @ Rs. 300/- day	Rs. 500/- each way	Nil	Organizer
6	Selector/ Awardees	S.G.F.I.	Selection Trial in NCC	I AC/Air Fair	Rs. 500/ day on journey & tournament, if free boarding provided then DA @ Rs. 200/- day	Rs. 300/- each way	Rs. 700/- day	S.G.F.I.

\* Airfare applicable on Special cases.

S.G.F.I. – School Games Federation of India.

NSG-National School Games

NCC- National Coaching Camp

NOTP- National Orientation Training Programme.

AU – Affiliated Unit.

SAI – Sports Authority of India

# School Games Federation of India

## Chapter- XXI

### Norms related to TA/DA payment for the work done for SGFI.

The TA DA & remuneration of deputed officials, executive members, technical officers, observers, referees, coach, selectors, campers, master trainers etc. for National School Tournament, National Orientation Training Programme & National Coaching Camp & S.G.F.I. work notified by S.G.F.I are as under:

For : Un-Category Games

Sl. No.	Deputation of	Deputing authority	Purpose	TA eligibility (to & fro)	DA	Incidental charges	Remuneration/ Honorarium	Paid by
1	Referee	S.G.F.I.	NSG	III AC	Rs. 400/ day on journey & tournament, if free boarding provided then DA @ Rs. 200/- day	Rs. 300/- each way	Rs. 400/- per match for team Rs. 700/- per day for individual	Organizer
2	Referee	Organizer	NSG	Nil	Nil	Nil	Rs. 400/- per match for team Rs. 700/- per day for individual	Organizer
3	Master Trainer/ Selector/Event Manager	S.G.F.I.	NCC/NSG	II AC	Rs. 400/ day on journey & tournament, if free boarding provided then DA @ Rs. 200/- day	Rs. 300/- each way	Rs. 800/- Per day	Organizer
4	Field Officer/ S.G.F.I Official	S.G.F.I.	NSG	II AC*	Rs. 400/ day on journey & tournament, if free boarding provided then DA @ Rs. 300/- day	Rs. 300/- each way	Rs. 500/- Per day	Organizer
5	Observer/ Executive Member	S.G.F.I.	NSG/NC C/ Selection trial/ NOTP	I AC/Air fare	Rs. 600/ day on journey & tournament, if free boarding provided then DA @ Rs. 300/- day	Rs. 500/- each way	Nil	Organizer
6	Selector/ Awardees	S.G.F.I.	Selection Trial in NCC	I AC/Air Fair	Rs. 400/ day on journey & tournament, if free boarding provided then DA @ Rs. 200/- day	Rs. 300/- each way	Rs. 800/- day	S.G.F.I.

\* Airfare applicable on Special cases.

S.G.F.I. – School Games Federation of India.

NSG-National School Games

NCC- National Coaching Camp

NOTP- National Orientation Training Programme.

AU – Affiliated Unit.

SAI – Sports Authority of India

**SCHOOL GAMES FEDERATION OF INDIA**

**T.A. BILL FORM**

(For SGFI Official/Field Officer)

1. Name : \_\_\_\_\_
2. Designation : \_\_\_\_\_
3. Headquarter : \_\_\_\_\_
4. Purpose of Journey : \_\_\_\_\_
5. Date of departure from H.Q. and Arrival  
At \_\_\_\_\_ Air/Rail/Bus/Taxi fare Rs.: \_\_\_\_\_  
Departure Date \_\_\_\_\_  
Arrival Date \_\_\_\_\_  
Travel Ticket/PNR No. \_\_\_\_\_
6. D.A. during journey days @ Rs. 400/- per day : \_\_\_\_\_
7. Incident charges @300/- each way : \_\_\_\_\_
8. Halt at \_\_\_\_\_ from \_\_\_\_\_ to \_\_\_\_\_ :
9. (a) Total No. of days @ 300/- per day If free  
boarding & Loading : \_\_\_\_\_  
(b) Total No. of days @ 2500/- per day If not  
Providing boarding & Loading : \_\_\_\_\_  
(c) Honorarium @ 500/- Per day (SGFI official): \_\_\_\_\_
10. Date of departure \_\_\_\_\_ to HQ By Air/  
bus/rail/bus/taxi charges : \_\_\_\_\_
11. DA during return journey @ Rs. 400/- per day  
total of no. of days : \_\_\_\_\_
12. Return Travel Ticket/PNR no. : \_\_\_\_\_
- Total : \_\_\_\_\_

Certificated that I have actually travelled in that for which claim has to be presented, further I certify that I will not claim TA/DA from other source.

**Name with full address**

Passed for Rs. \_\_\_\_\_ (Rupees \_\_\_\_\_)

Secretary General/Observer/SGFI Official

Recd. of payment of Rs. \_\_\_\_\_ (Rupees \_\_\_\_\_) from  
the Organizing Secretary

Signature

# SCHOOL GAMES FEDERATION OF INDIA

## T.A. BILL FORM

(For Observer/Executive Member)

1. Name : \_\_\_\_\_
2. Designation : \_\_\_\_\_
3. Headquarter : \_\_\_\_\_
4. Purpose of Journey : \_\_\_\_\_
5. Date of departure from H.Q. and Arrival  
At \_\_\_\_\_ Air/Rail/Bus/Taxi fare Rs.: \_\_\_\_\_  
Departure Date \_\_\_\_\_  
Arrival Date \_\_\_\_\_  
Travel Ticket/PNR No. \_\_\_\_\_
6. D.A. during journey days @ Rs. 600/- per day : \_\_\_\_\_
7. Incident charges @500/- each way : \_\_\_\_\_
8. Halt at \_\_\_\_\_ from \_\_\_\_\_ to \_\_\_\_\_ :
9. (a) D.A @ 300/- per day If free  
boarding & Loading : \_\_\_\_\_  
(b) Total No. of days @ 2500/- per day If not  
Providing boarding & Loading : \_\_\_\_\_
10. Date of departure \_\_\_\_\_ to HQ By Air/  
bus/rail/bus/taxi charges : \_\_\_\_\_
11. DA during return journey @ Rs. 500/- per day  
total of no. of days : \_\_\_\_\_
12. Return Travel Ticket/PNR no. : \_\_\_\_\_
- Total : \_\_\_\_\_

Certificated that I have actually travelled in that for which claim has to be presented, further I certify that I will not claim TA/DA from other source.

**Name with full address**

Passed for Rs. \_\_\_\_\_ (Rupees \_\_\_\_\_)

Secretary General/Observer/SGFI Official

Recd. of payment of Rs. \_\_\_\_\_ (Rupees \_\_\_\_\_) from  
the Organizing Secretary

Signature

**SCHOOL GAMES FEDERATION OF INDIA**  
**T.A. BILL FORM**  
(For Selector/Awardees/Master Trainer/Technical Director)

1. Name	:	_____
2. Designation	:	_____
3. Headquarter	:	_____
4. Purpose of Journey	:	_____
5. Date of departure from H.Q. and Arrival		
At _____ Air/Rail/Bus/Taxi fare Rs.:		_____
Departure Date _____		
Arrival Date _____		
Travel Ticket/PNR No. _____		
6. D.A. during journey days @ Rs. 400/- per day	:	_____
7. Incident charges @300/- each way	:	_____
8. Halt at _____ from _____ to _____:		
9. Match Remuneration @ 800 per Day.		
10. If free boarding providing DA@ Rs.200/- per day:		_____
11. Date of departure _____ to HQ by air/		
Rail/bus/taxi charges	:	_____
12. DA during return journey @ Rs. 400/- per day		
Total of no. of days	:	_____
13. Return Travel Ticket/PNR No.	:	_____
Total	:	_____

Certificated that I have actually travelled in that for which claim has to be presented, further I certify that I will not claim TA/DA from other source.

**Name with full address**

Passed for Rs. \_\_\_\_\_ (Rupees \_\_\_\_\_)

Secretary General/Observer/SGFI Official

Recd. of payment of Rs. \_\_\_\_\_ (Rupees \_\_\_\_\_)  
from the Organizing Secretary

Signature

# SCHOOL GAMES FEDERATION OF INDIA

## T.A. BILL FORM

(For Olympic/Commonwealth/Asian Games – Referee/Coach of SGFI)

1. Name : \_\_\_\_\_
  2. Designation : \_\_\_\_\_
  3. Headquarter : \_\_\_\_\_
  4. Purpose of Journey : \_\_\_\_\_
  5. Date of departure from H.Q. and Arrival  
At \_\_\_\_\_ Air/Rail/Bus/Taxi fare Rs.: \_\_\_\_\_  
Departure Date \_\_\_\_\_  
Arrival Date \_\_\_\_\_  
Travel Ticket/PNR No. \_\_\_\_\_
  6. D.A. during journey days @ Rs. 400/- per day : \_\_\_\_\_
  7. Incident charges @300/- each way : \_\_\_\_\_
  8. Halt at \_\_\_\_\_ from \_\_\_\_\_ to \_\_\_\_\_:
  9. Match Remuneration @ 500 per match for team  
Game & @ 1000/- per day individual events. : \_\_\_\_\_
  10. If free boarding providing DA@ Rs.200/- per day: \_\_\_\_\_
  11. Date of departure \_\_\_\_\_ to HQ by air/  
Rail/bus/taxi charges : \_\_\_\_\_
  12. DA during return journey @ Rs. 400/- per day  
Total of no. of days : \_\_\_\_\_
  13. Return Travel Ticket/PNR No. : \_\_\_\_\_
- Total : \_\_\_\_\_

Certificated that I have actually travelled in that for which claim has to be presented, further I certify that I will not claim TA/DA from other source.

**Name with full address**

Passed for Rs. \_\_\_\_\_ (Rupees \_\_\_\_\_)

Secretary General/Observer/SGFI Official

Recd. of payment of Rs. \_\_\_\_\_ (Rupees \_\_\_\_\_)  
from the Organizing Secretary

Signature

**SCHOOL GAMES FEDERATION OF INDIA**  
**T.A. BILL FORM**  
(For Un-Category Games – Referee/Coach of SGFI)

1. Name	:	_____
2. Designation	:	_____
3. Headquarter	:	_____
4. Purpose of Journey	:	_____
5. Date of departure from H.Q. and Arrival		
At _____	Air/Rail/Bus/Taxi fare Rs.:	_____
Departure Date _____		
Arrival Date _____		
Travel Ticket/PNR No. _____		
6. D.A. during journey days @ Rs. 400/- per day	:	_____
7. Incident charges @300/- each way	:	_____
8. Halt at _____ from _____ to _____:		
9. Match Remuneration @ 400 per match for team		
Game & @ 700/- per day individual events.	:	_____
10. If free boarding providing DA@ Rs.200/- per day:		_____
11. Date of departure _____ to HQ by air/		
Rail/bus/taxi charges	:	_____
12. DA during return journey @ Rs. 400/- per day		
Total of no. of days	:	_____
13. Return Travel Ticket/PNR No.	:	_____
Total	:	_____

Certificated that I have actually travelled in that for which claim has to be presented, further I certify that I will not claim TA/DA from other source.

**Name with full address**

Passed for Rs. \_\_\_\_\_ (Rupees \_\_\_\_\_)

Secretary General/Observer/SGFI Official

Recd. of payment of Rs. \_\_\_\_\_ (Rupees \_\_\_\_\_)  
from the Organizing Secretary

Signature

## **Chapter- XXII**

### **GRADATION AWARD :**

At the end of the year, the medal list on the basis of the medals issued Gold, Silver and Bronze, in the national school sports tournament, will be sent to the affiliated units as well. The gradation list will be prepared on its basis only and then I, II and III rankers would be provided gradation award and trophy to the affiliated unit.



## School Games Federation of India

### Chapter- XXIII

#### Performance Report:

At the end of every national school tournament the appointed observer/ official deputed by S.G.F.I. shall release a performance report on the base of inspection conducted by him in respect to all the arrangements organized during the tournament and received comments on the arrangements by participating team, coach, players, manager. The performance report shall be according to the following mark system. The organisers receiving first three ranks on the basis of score based report will be provided the **appraised certificate and trophy for the best organisation**. Performance report will publish on S.G.F.I. website & in S.G.F.I. bulletin.

Report of the tournament mark system as follows :

No.	Particular	Yes				No	Obtained Marks
		Excellent	Very Good	Good	Average		
1.	Information about National School Games to affiliated unit be before 2 month starting of the tournament	4	3	2	1	0	
2.	Given various information about National School Games to affiliated unit before one month starting of the tournament.	4	3	2	1	0	
3.	Reception at Railway Station for all teams. Transportation arrangement railway station to hostel to & fro.	4	3	2	1	0	
4.	Accommodation arrangement availability of boarding, clean water, clean toilet, light, fan, separate room, mosquito coil for all teams.	5	4	3	1	0	
5.	Transport arrangement provided by organiser Hostel to playground and return for all teams.	5	4	3	1	0	
6.	Control room sufficient response to all player/coaches/managers	4	3	2	1	0	
7.	Play ground arrangement-Play grounds as per national level norms.	10	8	7	5	0	
8.	Inaugurations and closing ceremony and culture programme	4	3	2	1	0	
9.	The work of technical committee appointed as referee, information to all teams, preparation of ground	5	4	3	1	0	

No.	Particular	Yes				No	Obtained Marks
		Excellent	Very Good	Good	Average		
10.	Arrangement of common mess as per S.G.F.I. norms.	4	3	2	1	0	
11.	Arrangement of own mess-like as Gas, Cooking utensils and kitchen, pure water.	4	3	2	1	0	
12.	Medical facilities-Availability of doctors, medical aid, Emergency in accommodation & playground both places.	4	3	2	1	0	
13.	The work of eligibility verification committee.	4	3	2	1	0	
14.	The work of disciplinary committee	4	3	2	1	0	
15.	Organisation of clinic, organisation of referee about rules & regulation & all technical aspects.	5	4	3	1	0	
16.	Organisation of meeting of coaches-drawing the pool/fixtures before coaches and circulate the match schedule to coaches or online fixtures process.	5	4	3	1	0	
17.	Meeting of Cheif-De-Mission-Provide all information of National School Games to Chief-De-Mission (Per day) solve all the problems of team by organiser.	5	4	3	1	0	
18.	Oragnisation of competition as per norms of rules & regulation of S.G.F.I.	5	4	3	1	0	
19.	Oragnisation of training session of all teams before the starting of match.	4	3	2	1	0	
20.	Deputation of 100% referee/umpire in league matches as approved of S.G.F.I. observer/Representative of SGFI	15	10	5	3	0	
21.	Organiser will depute 100% referee/official deputed by S.G.F.I. in knock out matches to final stage as approval of S.G.F.I. observer/representative of SGFI	15	10	5	3	0	
22.	Organisation of medical test of age verification as per Govt. of India Ministry of Youth Affairs & Sports.	5	4	3	1	0	
23.	Physical verification-Mandatory of physical verification in quater final/semi final/hard line & final matches.	5	4	3	1	0	

No.	Particular	Yes				No	Obtained Marks
		Excellent	Very Good	Good	Average		
24.	Security arrangement-Police and security will patrol the hostel and play ground arena.	4	3	2	1	0	
25.	Computerization of all records like as participation, merit record & results.	5	4	3	1	0	
26.	Availability of Equipment	5	4	3	1	0	
27.	Measures taken against age fraud in tournaments	5	4	3	1	0	
28.	Preventions measures taken for sexual harassment of women during tournaments	4	3	2	1	0	
29.	Provisions adopted for dope testing procedures, notified by G.O.I., M.Y.A.S., compliance of WADA codes & NADA rules by organizer	4	3	2	1	0	
30.	Selection procedures of athletes under revised selection policy 2011	5	4	3	1	0	
31.	Attendance of all participants by organizer	5	4	3	1	0	
32.	Whether remuneration of TA/DA paid by organizer to referees & other officials appointed by S.G.F.I. TA/DA claims settlement level	10	8	5	2	0	
33.	Awarded of medals, trophies & cash money to 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> winners and memento to other participants	10	8	5	2	0	
34.	Opinion pole of participant cheif-de-mission, manager, coach & players.	28 to 35	21 to 27	13 to 20	below 13	0	
35.	The work of Jury of Appeal	5	4	3	1	0	
36.	Media/Management, Publicity & Telecast	4	3	2	1	0	
37.	Refership/officials satisfaction level	5	4	3	1	0	

**Ranking and category criteria is as follows:**

Category	Criteria
Excellent	Above 180
Very good	126 to 180
Good	60 to 125
Average	39 to 59
Below average	below 39

## **CHAPTER - XXIV**

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Government of India  
Ministry of Youth Affairs and Sports  
Department of Sports  
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### **NATIONAL CODE AGAINST AGE FRAUD IN SPORTS**

#### **1. INTRODUCTION**

1.1 With a view to eliminating age fraud in sport and ensuring fair play, it is imperative to put in place an effective regulatory mechanism so that suitable action is taken against athletes found guilty of committing age fraud. Government has, therefore, decided that all sports federations/associations/bodies should take appropriate measures to check age fraud, as this amounts to cheating, which is violative of the basic spirit of sport.

1.2 In view of the above, it has become necessary to adopt a National Code against age fraud in sports, which is duly supported by a well laid down mechanism to prevent, detect and penalize such offences.

#### **2. NATIONAL CODE AGAINST AGE FRAUD IN SPORTS**

2.1 National Code Against Age Fraud in Sports (NCAAFS), like competition rules, will form part of sports rules governing the conditions under which sport is played. Athletes and athlete support personnel will have to accept these rules as a necessary pre-requisite for participation in any sporting event. NCAAFS will not be subject to or limited by the requirements and legal standards applicable to criminal proceedings or employment matters. The policies and minimum

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standards set forth in the Code will be applicable to all sports federations/associations/bodies. Compliance with the code will become part of the eligibility criteria for recognition of National Sports Federation under Scheme of Assistance to National Sports Federation and non-compliance with the code will attract suspension/de-recognition clause in respect of recognition of NSFs.

3. **FUNDAMENTAL RATIONALE FOR THE CODE**

3.1 NCAAFS seeks to preserve the core values of sports which are honesty, fair play and team spirit.

3.2 The Athletes who indulge in age fraud in sports not only violate these core values, but also put genuine athletes in a disadvantageous position. Moreover, it also results in sub-optimal level of performance of athletes committing such fraud, as they end up competing with their juniors and not their own age group.

4. **SCOPE OF THE CODE**

4.1 Primarily following agencies are involved in the promotion of sports in the country:-

1. Recognized National Sports Federations.
2. Sports Authority of India through various sports promotion schemes of SAI

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3. Sports Control Boards managed by Government Departments and Public Sector Undertakings
4. State Governments & Union Territories and their Sports Authorities.

4.2 Recognized National Sports Federations

4.2.1 All recognized National Sports Federations shall accept this Code and incorporate it either directly or by reference to it in their governing documents, constitution and/or competition rules and thus adopt it as part of the rules governing sports and the rights and obligations of those participating in it.

4.2.2 As a pre-condition of receiving financial and/or other assistance from Government of India, National Sports Federations shall accept and abide by the letter and spirit of the Code, including imposition of penalties against the erring athletes.

4.3 Sports Authority of India

4.3.1 The Sports Authority of India shall implement this Code for its various Sports Promotional Schemes for various age groups and for holding the National Coaching Camps.

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3. Sports Control Boards managed by Government Departments and Public Sector Undertakings
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6. **POWERS CONFERRED UPON DIFFERENT AUTHORITIES:-**

Sl No.	Action	Authority in SAI	Authority in NSF's
1.	Referring the case by SAI or NSF for medical examination	Assistant Director of the Regional Office	Any person authorized by NSF's region wise.
2.	Accepting the report of Medical Examination	-do-	-do-
3	Accepting the appeal of an athlete against medical examination as at Sl. No.2 and referring the matter to appellant medical authority.	Regional Director	A three member committee constituted by NSF
4.	Accepting the report of appellant medical authority.	-do-	-do-
6.	Issue of Identity Card	Assistant Director of SAI Training Centre/Special Area Games Centre	Any person authorized by NSF's region wise

7. **PROCEDURE FOR MEDICAL EXAMINATION**



**7.1 Medical and Scientific Testing Parameters**

7.1.1 The medical and Scientific Testing parameters on which the medical examination is to be conducted is placed at Annexure-II.

**7.2 Authorities for medical examination**

7.2.1 Sports Authority of India shall notify a panel of doctors and hospitals, preferably government hospital, state/region-wise comprising of dental surgeon, radiologist and physician (male and female). The panel will be notified annually in the month of December. Physical examination of female athletes should be done by female doctors only. The list notified by SAI will be applicable to NSFs as well.

**7.3 Authorities for medical examination on appeal**

7.3.1 SAI shall also notify the list of appellate panels and hospitals, which shall necessarily be Government hospitals. The medical board should also have dental surgeon, radiologist and physician (a female doctor in case of female athlete) and any other medical personnel as deemed necessary by Civil Surgeon. The list of appellant panels and hospitals notified by SAI shall be applicable to NSFs as well.

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**7.4 Cost for medical examination**

7.4.1 The cost for medical examinations conducted by SAI and NSFs shall be reimbursed by the Government.

**8. Purpose/Usage and Validity of the Identity Card**

8.1 Purpose/Usage of the Identity Card is exclusively to serve as proof of age for participation & training in age restricted events. The Identity Card will not serve as a proof of age for any other purpose.

8.2 The Identity Card issued once will be valid for entire sports career of the athlete. Issuance of duplicate card in the event of loss/damage may be allowed on payment of nominal cost by the Athlete.

**9. Management of I-Card Issued and medical examination**

9.1 National Sports Federations/Sports Authority of India/Sports Control Boards/State Government/State Sports Authorities shall maintain an exhaustive and diligent record of age, along with proof of the age of athletes who have been

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issued Identity Cards. Half yearly report shall be submitted by SAI and NSFs on the number of athletes found overage.

\*\*\*\*\*

**ANNEXURE-I**  
(para 5.1 refers)

**FORMAT OF IDENTITY CARD**

1.Name:

Photograph

2. Name of the father:

3. Name of the mother:

4. Place & State of birth:

5. Address for communication:

6. Telephone (with STD Code)

7. Identification marks:

a).

b).

8. Date of birth as per documents:

9. Medical age Range :

(As on .....)

10. Signature of the candidate:

.....  
Date of issue:

(Signature of the Issuing Authority & Stamp)

Place of issue:  
\_\_\_\_\_

**NOTE :** This Identity Card is exclusively to serve as proof of age for participation & training in age restricted events. The Identity Card will not be serve as a proof of age for any other purpose.

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- .....  
.....  
10. Name of school/college/Institute.....  
11. Tel. No. & e-mail.....  
12. Father's name.....  
13. Mother's name.....  
14. Name of the person accompanying.....  
15. Date and Time of examination.....  
16. Place of examination.....  
17. Marks of identification ( Scar/mole/deformity,etc.) :  
1.....  
2.....  
16. Thumb impression ( right in female and left in male)  
17. Signature

**D. General Physical Examination**

1. Height ( cm ):
2. Weight (kg):
3. Chest girth at the level of nipples:
4. Abdominal girth at the level of naval:
5. For calculating Body development index ( BDI ) :
  - I. Biacromial breath(cm):
  - II. Biliospinale breath (cm):
  - III. Forearm circumference(cm) in males:
  - IV. Mid thigh circumference(cm) in females:
6. Voice ( Hoarseness of voice ):

**E. Dental Examination**

- i. Dental Data: ( S ) 8 7 6 5 4 3 2 1 1 2 3 4 5 6 7 8 ( S )  
( Rt. )..... ( Lt. )  
( S ) 8 7 6 5 4 3 2 1 1 2 3 4 5 6 7 8 ( S )
- a. Temporary  
b. Permanent  
c. Space for third molar( S )



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- .....  
.....  
10. Name of school/college/Institute.....  
11. Tel. No. & e-mail.....  
12. Father's name.....  
13. Mother's name.....  
14. Name of the person accompanying.....  
15. Date and Time of examination.....  
16. Place of examination.....  
17. Marks of identification ( Scar/mole/deformity,etc.) :  
1.....  
2.....  
16. Thumb impression ( right in female and left in male)  
17. Signature

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2. Weight (kg):
3. Chest girth at the level of nipples:
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5. For calculating Body development index ( BDI ) :
  - I. Biacromial breath(cm):
  - II. Biliospinale breath (cm):
  - III. Forearm circumference(cm) in males:
  - IV. Mid thigh circumference(cm) in females:
6. Voice ( Hoarseness of voice ):

**E. Dental Examination**

- i. Dental Data: ( S ) 8 7 6 5 4 3 2 1 1 2 3 4 5 6 7 8 ( S )  
( Rt. )..... ( Lt. )  
( S ) 8 7 6 5 4 3 2 1 1 2 3 4 5 6 7 8 ( S )
- a. Temporary
  - b. Permanent
  - c. Space for third molar( S )

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- d. Partially erupted/completely erupted
- ii. Dental X- ray : Oral pantogram (OPG)
- iii. Dental X- ray findings :

**F. Radiological Examination/MRI/CT Scan (as applicable)**

**Note :** A single film of hand and wrist is sufficient for age below 13 years. Wherever radiological examination is not indicated MRI/CT Scan may be done.

- 1. X-ray advised ( as per requirements ):
  - i. Shoulder joint : A.P view
  - ii. Elbow joint : A.P and lateral view
  - iii. Hand with wrist : A.P view
  - iv. Pelvis with hip joint : A.P view
- 2. Date of radiological examination:
- 3. Name of the radiographer :

Radiological findings:

S.no.	X-ray advised	Findings	Age inference
-------	---------------	----------	---------------

**G. Age Certificate**

After performing general physical, dental and radiological examination, we are of the considered opinion that the biological age of the person is

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Department of Sports  
\*\*\*\*\*

- d. Partially erupted/completely erupted
- ii. Dental X- ray : Oral pantogram (OPG)
- iii. Dental X- ray findings :

**F. Radiological Examination/MRI/CT Scan (as applicable)**

**Note :** A single film of hand and wrist is sufficient for age below 13 years. Wherever radiological examination is not indicated MRI/CT Scan may be done.

1. X-ray advised ( as per requirements ):
- i. Shoulder joint : A.P view
- ii. Elbow joint : A.P and lateral view
- iii. Hand with wrist : A.P view
- iv. Pelvis with hip joint : A.P view
2. Date of radiological examination:
3. Name of the radiographer :

Radiological findings:

S.no.	X-ray advised	Findings	Age inference
-------	---------------	----------	---------------

**G. Age Certificate**

After performing general physical, dental and radiological examination, we are of the considered opinion that the biological age of the person is



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Department of Sports  
\*\*\*\*\*

about..... years which is consistent /not consistent with birth certificate/ age document.

Dated :

Signature:

Name:

Designation:

(All the parameters should be considered for the age estimation )

**H. Body development index method : Optional method( BDI method is valid upto 18 years)**

$$BDI = \frac{\text{Middle breadth} \times 2 \text{ forearm circumference ( corrected )}}{\text{Body height} \times 10}$$

$$\text{Middle breadth} = \frac{\text{Biacromial breadth} + \text{Biliospinale breadth}}{2}$$

$$\text{Forearm circumference (corrected)} = \text{Forearm circumference given} - \text{Rohrar index (RI) (Corrected)}$$

$$\text{Rohrar index} = \frac{\text{Body weight (kg)}}{\text{Body height}^3 \times 10} = \frac{\text{Kg}}{\text{M}^3 \times 10}$$

**Corrected Rohrar index** = Corresponding corrected value to the calculated Rohrar index  
(Correlate with table 1 : Rohrar index – corrected value )

**Biological age** = Corresponding age to the BDI index value  
(Correlate with table 2 : Mean value of body development index children, wutschrk, 1973 )

**Table-1: ROHRAR INDEX AND CORRECTED VALUE**

RI	Correction	RI	Correction	RI	Correction
0.90	+3.7	1.13	0.0	1.36	-3.7
0.91	+3.5	1.14	0.2	1.37	-3.8
0.92	+3.4	1.15	0.3	1.38	-4.0
0.93	+3.2	1.16	0.5	1.39	-4.2
0.94	+3.1	1.17	0.6	1.40	-4.3
0.95	+2.9	1.18	0.8	1.41	-4.5
0.96	+2.7	1.19	1.0	1.42	-4.7

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Department of Sports

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0.97	+2.6	1.20	1.1	1.43	-4.8
0.98	+2.4	1.21	1.3	1.44	-5.0
0.99	+2.3	1.22	1.5	1.45	-5.1
1.00	+2.1	1.23	1.6	1.46	-5.3
1.01	+1.0	1.24	1.8	1.47	-5.5
1.02	+1.8	1.25	1.9	1.48	-5.6
1.03	+1.6	1.26	2.1	1.49	-5.8
1.04	+1.5	1.27	2.3	1.50	-5.9
1.05	+1.3	1.28	2.4		
1.06	+1.1	1.29	2.6		
1.07	+1.0	1.30	2.7		
1.08	+0.8	1.31	2.9		
1.09	+0.6	1.32	3.1		
1.10	+0.5	1.33	3.2		
1.11	+0.3	1.34	3.4		
1.12	+0.2	1.35	3.5		

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Ministry of Youth Affairs and Sports  
Department of Sports  
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**Table-2 Mean Values of Body Development Index of GDR Children( WUTSCHRK, 1973)**

Biological Age in Years	Boys	Girls
4	0.52	0.52
5	0.57	0.57
6	0.57	0.61
7	0.59	0.64
8	0.62	0.67
9	0.65	0.70
10	0.67	0.73
11	0.69	0.75
12	0.70	0.75
13	0.72	0.79
14	0.80	0.84
15	0.83	0.87
16	0.84	0.88
17	0.86	0.91
18	0.90	0.97
Adult	0.00 (?)	0.97

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# **School Games Federation of India**

## **Chapter- XXVI**

Only the General Council of S.G.F.I. is authorised for any change in the rules and regulations released as above.

# **Chapter- I**

## **Preliminary**

### **Definition**

1. These rules & regulation may be called the “Revised Rules & Regulation of organisation of National School Games” India.
2. Defination – In this rules & regulation unless the contest otherwise requires.
  - (i) **S.G.F.I. means** : School Games Federation of India
  - (ii) **Affiliated Unit means** : The Education Departments or Sports Departments of States/UTs and various school organisation governed by Govt. of India and any other registered organization of all India status catering to sports & games of the school children who have taken the membership of S.G.F.I., would be named as affiliated units of S.G.F.I. These units are enlisted in chapter II
  - (iii) **Organiser Means** : The affiliated unit of S.G.F.I. would organise the national school sports tournament, following the calendar approved by General body of S.G.F.I., under the aegis of S.G.F.I. The competent authority of the affiliated unit will deputed its official as organising secretary. The organising secretary will be responsible for organising the national school sports tournament successfully. The organising secretary will appoint technical committee, academic committee, mess committee, eligibility verification committee and other committees.
  - (iv) **Participating State/UT/Unit Means** :  
All affiliated members of School Games Federation of India are eligible to participate in the Championship. Each participating team must be officially nominated by the affiliated unit of S.G.F.I.
  - (v) **Secretary General Means** : Secretary General, School Games Federation of India, the body which has been recognized to promote the School Games in India and Apex National Sports Federation, by Govt. of India, Ministry of Sports and Youth Affairs.
  - (vi) **President Means** : President, School Games Federation of India, who have been elected by the General Council for next four years, following the norms of S.G.F.I.
  - (vii) **Jury of Appeal Means** : The committee authorised to take final and appropriate decision in case of protest for dispute or any obstacle during the national school sports tournament.
  - (viii) **National School Games Means** : The affiliated unit will organise the national school sports tournaments under the aegis of S.G.F.I. for the discipline recognised in the decided age group for Boys & Girls, at the venue approved by General Council on the basis of the sports calendar approved by the General Body of S.G.F.I., in which regular boys and girls of the schools recognised by the affiliated units as the team of the affiliated unit.
  - (ix) **National School Sports Calendar Means** : The sports calendar approved every year by the General Council of S.G.F.I.

# School Games Federation of India

## Chapter- II

### AFFILIATED UNITS OF S.G.F.I.

No	State/Unit/ UTs	Name and Address of Affiliated Unit
1.	Assam	Director, Directorate of Sports & Youth Welfare, Assam, Rudra Singha Sports Complex, Super Market, Dispur, P.O. – Assam Secretariat Guwahati Pin Code : 781006 Ph: 0361-2234537 Fax : 0361-2234537 E-mail : sanjibgohainboruah@rediffmail.com Website :
2.	Andhra Pradesh	School Games Federation Of Andhra Pradesh O/o Commissioner & Director Of School Education, Near Telephone Bhavan Saifabad, Hyderabad (A.P) Pin code :500004 Ph: 040-23232343,040-23231972, Fax no.: 040-23236354. Email: krr-gope@yahoo.com
3.	Andaman & Nicobar	Directorate Of Education Andaman & Nicobar Islands Directorate Of Education Vip Road Junglighat Post Port Blair Pin code: 744103, Ph: 03192-232777, 03192-244905, Fax no.: 03192-230101, 03192-244905 Email: dired@and.nic.in Website: www.and.nic.in
4.	Arunachal Pradesh	Director, Directorate Of Public Instructions, Itanagar, Aruna-Chal Pradesh.
5	Bihar	Department Of Art Culture & Youth Govt. Of Bihar Department Of Art Culture & Youth Vikas Bhavan New Secretariate Patna Pin code : 800015 Ph: 0612-2211619, Fax no.:0612-2230173 Email: dcsbssas@gmail.com Website: www.yac.bih.nic.in
6	Chandigarh	Chandigarh O/o Director Public Instruction (S), Addl. Deluxe Building 1 <sup>st</sup> Floor, Sec-9-D, Chandigarh Pin code: 160009 Ph: 0712-5021695 Fax no.: 0172-5067073 Email : dpi-chd@nic.in
7	Chhatisgarh	Directorate Of Public Instruction Chhattisgarh, Raipur The Director, Directorate Of Public Instruction Pensionbada Raipur, Chhattisgarh Pin code: 492001 Ph: 0771-2331385, Fax no.: 0771-2445215 Email: cg.dpi.dir@gmail.com Website : www.niccg.govt.schooleducation.in

No	State/Unit/ UTs	Name and Address of Affiliated Unit
8	Delhi	Directorate of Education (Sports Branch) Chhatrasal Stadium, Model Town, Delhi Pin Code : 110009 Ph: 011-27005200 Fax No. : 011-27254503 E-mail ID : president@sgfibharat.com Website : www.edudel.nic.in
9.	Daman & Diu	Sports Department Ut Admn. Of Daman & Diu. O/O Head Of Sports, Sports Club Opp. State Bank Of India Moti Daman, Daman Pin code: 396220 Ph: 0260-2231232, Fax no. 0260-2231232 Email: ddsports_dmn@yahoo.in
10.	Dadar Nagar Haveli	Secretary, (Edu., Dadar Nagar Haveli (Ut)School Edu. Administration, Silwasa (Via Vapi Western Railway) 396230
11.	Goa	Directorate Of Sports & Youth Affairs Govt. Of Goa Directorate Of Sports & Youth Affairs Campal, Panaji Goa Pin code: 403102 Ph: 0832-2465704, 0832-2464787 Email: dir-spor.goa@nic.in
12.	Gujarat	Sports Authority Of Gujarat 14/3, Dr. Jivraj Mehta Bhavan Sports Authority Of Gujarat Gandhi Nagar Gujarat Pin code: 382010 Ph: 079-232-36102, fax no.: 079-232-54113 Email: sec.sag@gujarat.gov.in Website: www.sycd.gov.in
13.	Himachal Pradesh	Himachal School Sports Association (Directorate Of Hr. Education (H.P.) Dr. O.P. Sharma, Director Of Hr. Education H.P.Shimla Pin code: 171001 Ph: 0177-2656621, fax no.: 0177-2811247 Email: dir.edu@rediffmail.com Website: www.educationhp.org.
14	Haryana	Director, Directorate of Secondary Education, Haryana, Shiksha Sadan, Sector-5, Panchkula, Haryana Pincode : 134009 Ph : 0172-2560246, 0172-65110107 Fax : 0172-2560253 E-mail : edusecondaryhry@gmail.com Website : www.schooleducationhryana.gov.in
15	I.P.S.C.	Indian Public School's Conference (IPSC) Director (Sports), IPSC Principal & Director Motilal Nehru School Of Sports, Rai District, Sonipat (Haryana) Pin code: 131029 Ph: 0130-2366501, Fax no.: 0130-2366271 Email : directorsportsipsc@yahoo.in Website: www.ipsc.co.in
16	Jharkhand	Director, Art Culture, Sports & Youth Affairs, 1 <sup>st</sup> Floor, Telephone Bhawan, Dhurwa, Ranchi, Jharkhand

No	State/Unit/ UTs	Name and Address of Affiliated Unit
17	Jammu & Kashmir	<p>Directorate of Youth Services &amp; Sports Jammu&amp; Kashmir</p> <p>1. Directorate Of Youth Services &amp; Sports, Sports House, M.A. Stadium Jammu(1<sup>st</sup> November To Ending April ) Jammu-180001 Ph: 0191-2544089, Fax no.: 0191-2544089</p> <p>2. Directorate Of Youth Services &amp; Sports, Wazir Bagh, Srinagar (1<sup>st</sup> of May To Ending October ) Srinagar-190001 Ph: 0194-2310488, Fax no: 0194-2310488</p> <p>Email :dir-sports@rediffmail.com</p>
18	Karnataka	<p>1) Department of Public Instruction (Vidhyarthi Kridanidhi) JDPI Physical Education O/O Commissioner Of Public Instruction (Vidhyarthi Kridanidhi) K.R. Circle. Nrupathunga Road Bangaluru Karnataka Pin code: 560001 Ph: 080-22291847, Fax no.: 080-22211086 &amp; 22133472 Email: ddpipes@gmail.com</p> <p>2) The Director Pre University Education 18<sup>th</sup> Cross, Sampige Road, Malleshwaram, Bangalore Pin code: 560012 Ph: 080-23361857, 23561944, 23361858 Fax no.: 08023361852 Email: commissioner.pue@gmail.com Website: www.pue.kar.nic.in</p>
19.	Kerala	Director, Directorate Of Public Instructions, Jagathy Thiruvandrupuram 695014, Kerala
20.	K.V.S.	<p>K.V.S. (Hgrs) Kendriya Vidyalaya Sansthan 18, Institutional Area, Shaheed Jeet Singh Marg New Delhi Pin code: 110016 Ph: 011-26858570, Fax: 011-26514179 Email : dcacad2010@gmail.com Website: www.kvsangathan.nic.in</p>
21.	Lakshdweep	<p>Director (Sports &amp; Youth Affairs), Unit Territory of Lakshadweep Kavaratti Department of Sports &amp; Youth Affairs, Kavaratti Island, Union Territory of Lakshadweep, Kavaratti Pin Code-682555 Ph. No.-0489-6263972 Fax No. -0489-6262494 E-mail : sya.kv.utl@gmail.com Website : www.lakshadweep.nic.in</p>
22.	Madhya Pradesh	<p>Directorate Of Public Instruction, M.P., Bhopal Directorate Of Public Instruction, M.P., Gautam Nagar, Bhopal Pin code: 462023 Ph: 0755-2583653 Fax no.: 0755-2583651 Email: physicaldpi@mp.gov.in Website: www.sednmp.nic.in</p>
23	Maharashtra	<p>Directorate of Sports And Youth Services, Maharastra State, Pune -411001 Directorate Of Sports And Youth Services, Old Central Building , First Floor, Maharashtra State, Pune Pin code: 411001 Ph: 020-26140048, 020-26140071 Fax: 020-26140076 Email: dsys_pun@yahoo.co.in Website: www.mahasportal.gov.in</p>



No	State/Unit/ UTs	Name and Address of Affiliated Unit
24	Manipur	Manipur Directorate Of Youth Affairs & Sports Khuman Lampark Sports Complex Imphal Pin code: 795001 Ph: 0385-2421667 Fax: 0385-2421667 Email: directoryas-mn@nic.in
25	Meghalaya	Director, Sports And Youth Affairs, Govt. Of Meghalayas, East Khasi Hills, Shillong
26	Mizoram	School Education Department Mizoram Director, Directorate Of School Education, Mc. Donald Hill, Zarkawt, Aizawal, Mizoram. Pin code: 796001 Ph: 0389-2341233 Fax : 0389-2349542 Email: physicaledn.mizoram@gmail.com Website: www.schooleducation.mizoram.gov.in
27	Navodaya Vidyalaya Samiti	Navodaya Vidyalaya Samiti A-28, Kailash Colony, New Delhi Pin code: 110048 Ph: 011-29244151,55 & 58/ 29234153,54, 56 & 57 Email: navodaya@nic.in Website: www.navodaya.nic.in
28	Nagaland	Department Of Youth Resources Sports Nagaland, Kohima Directorate Of Youth Resources & Sports Nagaland, Kohima Pin code: 797001 Ph: 0370-2280390 Fax no.: 0370-2280390 Email: dyrsnagaland@yahoo.in
29	Odisha	State School Sports Association Odisha, Bhubaneswar Directorate Of Secondary Education Odisha. Heads Of Department Building 6 <sup>th</sup> Floor, Bhubaneswar. Pin code: 751001 Ph: 0674-2323227, Fax no: 0674-2323227 Email: pravakaramangaraj@gmail.com
30	Puducherry	Directorate of School Education PKC Educational Complex Anna Nagar, Puducherry Pincode-605005 Ph No. : 0413-2207216, 2207355, 2207357 Fax No : 0413-2205930 E-mail : ddsports.dsc@gmail.com
31	Punjab	Punjab, DPI (SE), Punjab, SCO, No. 95-97, Sector 17 D, Chandigarh Pin code:160017 Ph: 0172-2703536, 0172-2702840, Fax no.: 0172-2703536
32	Rajasthan	Rajasthan Commissionerate, Secondary Education, Rajasthan, Bikaner Pin code: 334001 Ph: 0151-2522238 Fax no.: 0151-2201861 Email : commsecedu@yahoo.com Website: www.rajshiksha.gov.in
33	Sikkim	Director, Directorate Of Sports & Youth Affairs, Govt. Of Sikkim, White New Complex, Gangtok, Sikkim
34	Tamilnadu	Director, Directorate Of School Education, Dept. Of Physical Edu., DPI Campus, College Road, Chennai -06 (Tamilnadu)

No	State/Unit/ UTs	Name and Address of Affiliated Unit
35	Tripura	Tripura School Sports Board Directorate Of Youth Affairs Sports, Govt. Of Tripura, NSRCC Complex, Netaji Subhash Road. West Tripura, Agartala Pin code: 799001 Ph: 0381-2385316, 381-2385003 Fax no.: 0381-2384508 Email: diryas_trp@yahoo.com
36	Uttar Pradesh	Director, Directorate of Education U.P., 18- Park Road, Lucknow (Uttar Pradesh) Pincode : 226001 Ph. : 0522-2239006 Fax : 0522-2237106 E-mail : pchandrayadav@gmail.com, deseceducation@gmail.com
37	Uttarakhand	School Education Of Uttarkhand Director School Education Uttarkhand, Tapovan Road, Nanoorkhera, Dehradun Pin-248001 Ph: 0135- 2781903 Fax no.: 0135-2781903
38	Vidya Bharti	Vidya Bharti Akhil Bhartiya Shiksha Sanstham Vidya Bharti Akhil Bhartiya Shiksha Sansthan Pragya Sadan, G.L.T. Saraswati Bal Mandir Senior Secondary School Nehru Nagar, M.G. Road New Delhi- 65 Pin code: 110065 Ph :011-29840013, 011-29840126 Fax no.: 011-29840126 Email : ubabss@yahoo.com Website: www.Vidhyabharati.org
39	West Bengal	Director, Director Of School Education (Phy.Edu.) Govt. Of West Bengal, Vikas Bhawan, Salt Lake, 7 <sup>th</sup> Floor, Kolkata Pin Code : 700091 Ph. No. : 033-23584391 Fax No. : 033-23584391 E-mail : adsephyednwb@gmail.com Website : www.wbsed.gov.in
40	C.B.S.E.	C.B.S.E. Secretary, CBSE Samiti, 10, Amarlata Kunj, K.K. 0562-6457393
41	Telangana	Secretary, SGFTelangana State, O/o Commissioner & Director of School Edu. Govt. Of Telangana State, Saifabad PO Hyderabad .Pin-500004
42	DAV	DAV COLLEGE MANAGING COMMITTEE, Chitra Gupta Road, Pahar Ganj, New Delhi - 110055

# School Games Federation of India

## Chapter- III

The discipline and age group approved by the General Council of S.G.F.I. is as follows :

### Categorization of Sports (High Priority)

Sr.No.	Discipline	Age Group	Category
1	ARCHERY	U-14,17,19 B&G	High Priority
2	ATHLETICS	U-14,17,19 B&G	High Priority
3	BADMINTON	U-14,17,19 B&G	High Priority
4	BOXING	U- 14 B,17 B&G & 19 B&G	High Priority
5	HOCKEY	U-14 B & G , U-17 B & G, U-19 B & G	High Priority
6	SHOOTING	U-14,17,19 B & G	High Priority
7	WEIGHTLIFTING	U- 17 B& G, U- 19 B& G	High Priority
8	WRESTLING(F/S)	U – 14 & 19 Boys, U-17 Girls, U-17Boys ,U-19 Girls	High Priority
9	WRESTLING(G/R)	U – 14 B & 17 B&G, U– 19 B & G	High Priority
10	TENNIS	U-14, 17 B & G, U-19 B & G	High Priority

### Categorization of Sports (Priority)

Sr.No.	Discipline	Age Group	Category
1	BASKETBALL	U-14 B & G , U-17 B & G , U-19 B & G	Priority
2	CHESS	U-14,17,19 B & G	Priority
3	FOOTBALL	U-14 B&G, U-17 B&G, U-19 B&G	Priority
4	JUDO	U – 14, 17, 19 B & G	Priority
5	KABADDI	U – 14 B&G, U – 17 B&G, U – 19 B& G	Priority
6	SQUASH	U – 14,17,19 B & G	Priority
7	SWIMMING & DIVING	U-14,17,19 B & G	Priority
8	WATER POLO	U-19 Boys	Priority
9	TABLE TENNIS	U-14 B&G, U-17 B&G, U-19 B&G	Priority
10	VOLLEY BALL	U-14 B&G, U – 17 B&G, U – 19 B&G	Priority
11	CYCLING	U-17, 19 B & G	Priority
12	SEPAK TAKRAW	U 19 B & G	Priority
13	WU-SHU	U- 17, 19 B & G	Priority
14	GYMNASTIC	U-14, 17, 19 B & G	Priority
15	TAEKWONDO	U – 14,17,19 B & G	Priority

### Categorization of Sports (Others)

Sr.No.	Discipline	Age Group	Category
1	HANDBALL	U-14 B&G, U-17 B&G, U-19 B&G	Others
2	SKATING	U-11,14,17,19 B&G	Others
3	BALL BADMINTON	U-17 B&G, U-19 B&G	Others
4	BASE BALL	U-14 B&G, U-17 B&G, 19 B&G	Others
5	CARROM	U-14,17, 19 B&G	Others
6	FENCING	U-14,17,19 B&G	Others
7	KARATE	U-14 B&G, U-17 B&G,19 B&G	Others
8	KHO – KHO	U-14 B&G , U-17 B&G, U-19 B&G	Others
9	NET BALL	U – 14 B&G, 17 B&G , U-19 B&G	Others
10	ROLL BALL	U-14 B&G, U-17 B&G ,19 B&G	Others
11	RUGBY	U – 17 B&G , U – 19 B&G	Others
12	SOFT BALL	U – 14 B&G , U-17 B&G, U-19 B&G	Others
13	SOFT TENNIS	U – 17,19 B & G	Others
14	TENNI KOIT	U – 17 B&G, U –19 B&G	Others
15	Tug of War	U-17 B&G , U-19 B&G	Others
16	TENNIS BALL CRICKET	U- 19 B&G	Others
17	SHOOTING BALL	U –19 B&G	Others

#### Categorization of Sports (Un-category)

Sr.No.	Discipline	Age Group	Category
1	YOGA	U- 14, 17, 19 B & G	Un-category
2	BEACH VOLLEYBALL	U-14,17,19 B & G	Un-category
3	CRICKET	U-14 B, U-17 B&G, U-19 B&G	Un-category
4	ROLLER HOCKEY	U-19 Boys	Un-category
5	MALLAKHAMB	U-19 B&G	Un-category
6	BELT WRESTLING	U-19 B & G	Un-category
7	CHOI KWANG DO	U-17 B&G, U-19 B&G	Un-category
8	CIRCLE KABADDI	U-17,19 Boys	Un-category
9	DODGE BALL	U-19 B & G	Un-category
10	FIELD ARCHERY	U-19 B & G	Un-category
11	FLOOR BALL	U-19 B & G	Un-category
12	FOOTBALL TENNIS	U-17,19 B & G	Un-category
13	GATKA	U-19 B & G	Un-category
14	JEET KUNE DO	U – 17,19 B & G	Un-category
15	KICK BOXING	U-17,19 B & G	Un-category
16	ROPE SKIPPING	U-14 ,17,19 B&G	Un-category
17	SILAMBAM	U-14, 17, 19 B & G	Un-category
18	SPEED BALL	U-19 B & G	Un-category
19	SQAY MARTIAL ART	U –14, 17, 19 B & G	Un-category
20	TCHOUK BALL	U – 19 B & G	Un-category
21	THANGTA MARTIAL ART	U – 14,17,19 B G	Un-category
22	TENNIS VOLLEYBALL	U – 17, 19 B & G	Un-category
23	TANG SOO DO	U – 19 B & G	Un-category
24	TABLE SOCCER	U – 19 B & G	Un-category
25	KURASH	U – 19 B & G	Un-category

The above said list may be changed after the approbation of S.G.F.I. General Council every year.

## **Chapter- IV**

### **TEAM COMPOSITION**

Each affiliated Unit/UT/State can send only one team in each category.

The number of players in fixed in each discipline. So the number mentioned in above column should not at any cost exceed. Accordingly the player shall be awarded the merit certificates, participation certificate & medals. Team will be consist as follows :

<b>S. NO.</b>	<b>DISCIPLINE</b>	<b>UNDER-14</b>		<b>UNDER-17</b>		<b>UNDER-19</b>	
		Boys	Girls	Boys	Girls	Boys	Girls
1.	Hockey	18	18	18	18	18	18
2.	Football	18	18	18	18	18	18
3.	Cricket	16	-	16	-	16	16
4.	Chess	5	5	5	5	5	5
5.	Base ball	16	16	16	16	16	16
6.	Table Tennis	5	5	5	5	5	5
7.	Badminton	5	5	5	5	5	5
8.	Soft Ball	16	16	16	16	16	16
9.	Kabaddi	12	12	12	12	12	12
10.	Kho-Kho	12	12	12	12	12	12
11.	Volley Ball	12	12	12	12	12	12
12.	Basket Ball	12	12	12	12	12	12
13.	Hand Ball	16	16	16	16	16	16
14.	Lawn Tennis	5	5	5	5	5	5
15.	Water Polo	-	-	-	-	13	-
16.	Throw Ball	12	12	12	12	11	11
17.	Roller Hockey	-	-	-	-	12	-
18.	Net Ball	-	-	12	12	12	12
19.	Shooting Ball	-	-	-	-	10	10
20.	Ball Badminton	-	-	-	-	8	8
21.	Yoga	7	7	7	7	7	7
22.	Archery	12	12	12	12	12	12
23.	Dodge Ball	-	-	-	-	10	10
24.	Roll Ball	-	-	-	-	12	12
25.	Cycle Polo	-	-	-	-	08	08

## Athletics

S.NO.	Event	UNDER-14		UNDER-17		UNDER-19	
		Boys	Girls	Boys	Girls	Boys	Girls
1.	100m.	2	2	2	2	2	2
2.	200m.	2	2	2	2	2	2
3.	400m	2	2	2	2	2	2
4.	600m.	2	2	-	-	-	-
5.	80m. Hurdle	2	2	-	-	-	-
6.	High Jump	2	2	2	2	2	2
7.	Long Jump	2	2	2	2	2	2
8.	Shot Put	2	2	2	2	2	2
9.	Discuss Throw	2	2	2	2	2	2
10.	800m.	-	-	2	2	2	2
11.	1500m	-	-	2	2	2	2
12.	3000m.	-	-	2	2	-	2
13.	5000m.	-	-	-	-	2	2
14.	100m. Hurdle	-	-	2	2	-	2
15.	Triple Jump	-	-	2	2	2	2
16.	Pole Volt	-	-	2	2	2	2
17.	Javelin Throw	-	-	2	2	2	2
18.	Hammer Throw	-	-	2	2	2	2
19.	3000 Walk	-	-	-	2	-	2
20.	5000 Walk	-	-	2	-	2	-
21.	110m. Hurdle	-	-	-	-	2	-
22.	400m. Hurdle	-	-	-	-	2	2
23.	4 x 100m Relay	4	4	4	4	4	4
24.	4 x 400m Relay	-	-	-	-	4	4
25.	5 Km. Cross Country	-	-	-	-	6	6
26.	3Km.Cross	-	-	-	-	-	6

## Swimming & Diving

S.NO.	Event	UNDER-14		UNDER-17		UNDER-19	
		Boys	Girls	Boys	Girls	Boys	Girls
1.	50m. Free style	2	2	2	2	2	2
2.	100m. Free	2	2	2	2	2	2
3.	200m. Free	2	2	2	2	2	2
4.	400 Free	2	2	2	2	2	2
5.	50m. Back	2	2	2	2	2	2
6.	100m. Back	2	2	2	2	2	2
7.	200m. Back	2	2	2	2	2	2
8.	50m. Breast	2	2	2	2	2	2
9.	100m. Breast	2	2	2	2	2	2
10.	200m. Breast	2	2	2	2	2	2
11.	50m. Butter Fly	2	2	2	2	2	2
12.	100m. Butter Fly	2	2	2	2	2	2
13.	200m Butter Fly	2	2	2	2	2	2
14.	200m. Ind. Medlay	2	2	2	2	2	2
15.	High Board	2	2	2	2	2	2
16.	High Board 1m	2	2	-	-	-	-
17.	Spring Board 3m	2	2	2	2	2	2
18.	4x100m. Free	4	4	4	4	4	4
19.	4x100m. Medlay Rly.	4	4	4	4	4	4
20.	800 Free Style	-	-	2	-	-	2
21.	400 Ind. Medlay	-	-	2	2	2	2
22.	Spring Board 1m	-	-	2	2	2	2
23.	1500m. Free Style	-	-	-	-	2	

## Gymnastic

S. NO.	Gymnastic	UNDER-14		UNDER-17		UNDER-19	
		Boys	Girls	Boys	Girls	Boys	Girls
1.	<b>Artistic (Team)</b>	7	7	7	7	7	7
	Floor Exercise	✓	✓	✓	✓	✓	✓
	Pommel Horse	✓	-	✓	-	✓	-
	Roman Ring	✓	-	✓	-	✓	-
	Table Vault	✓	✓	✓	✓	✓	✓
	Parallel Bar	✓	-	✓	-	✓	-
	Horizontal Bar	✓	-	✓	-	✓	-
	All Round	✓	✓	✓	✓	✓	✓
	Balancing Beam	-	✓	-	✓	-	✓
	Uneven Bar	-	✓	-	✓	-	✓
2.	<b>Rhythmic (Team)</b>	-	3	-	3	-	3
	All Round	-	✓	-	✓	-	✓
	Rope	-	✓	-	✓	-	✓
	Hoop	-	✓	-	✓	-	✓
	Ball	-	✓	-	✓	-	✓
	Club	-	✓	-	✓	-	✓
3.	<b>Acrobatics (Team)</b>	-	-	-	-	7	6
	Mens Four	-	-	-	-	-	-
	Mens Pair	-	-	-	-	-	-
	Women's Pair	-	-	-	-	-	-
	Women Trio	-	-	-	-	-	-
	Mix Pair	-	-	-	-	1	1



# School Games Federation of India

## Chapter- V

### Eligibility of Participation in National School Games :-

In the National School Championship / Tournament auspices in S.G.F.I. only those teams/players shall participate who are sent by the affiliated unit of S.G.F.I. [as listed in chapter II] subject to below mentioned criteria :

(a) **Determination of Age group & Class**

In National School Games organised by S.G.F.I. age group, Date of Birth, Class and Age players is as follows :-

S.No.	Nomenclature	Age Group	Class	Calculation of age
1.	Sub-Mini	below 11 years	3rd Class to 5 <sup>th</sup> Class not below 3 <sup>rd</sup> Class & above 5 <sup>th</sup> Class	Age is to be calculating from 31 <sup>st</sup> Dec. of the year.
2.	Mini	below 14 years	6 <sup>th</sup> Class & above	
3.	Junior	below 17 years	6 <sup>th</sup> Class & above	
4.	Senior	below 19 years	6 <sup>th</sup> Class & above	

- (b) Players who are citizen of State/UT/Unit “A” but studying full-time in State/UT/Unit “B” can only represent State/UT/Unit “B”.
- (c) Players must be bona fide, regular students of recognised schools/junior college of their respective State/UT/Unit.
- (d) In a Calendar year, a player shall participate in a discipline only through one age group and not through other age group in same discipline, subject to eligibility of class & age criteria. But has also the option of participating in other discipline in the same calendar year, through only one age group subject to eligibility of class & age criteria.
- (e) **Documents**: the submission of below mentioned documents are mandatory for the eligibility of participation in National School Games. Two sets shall be submitted at the venue of the tournament along with the participating team.
- 1) **Online Entry Form**: duly signed by competent authority, coach & manager on the print out taken after filling official entry form online.
  - 2) **Covering letter**: Signed by the competent authority of affiliated unit
  - 3) **Eligibility certificate**: Separate eligibility certificates of each & every player of the team issued by the school in which the player is studying as a regular student and should have the signature of Principle / Head Master of school and further countersigned by the competent authority of the unit.
  - 4) **Birth certificate**: Separate Birth certificates of each & every player of the team attested by Gazetted officer. Only the certificate issued by the Statistic Department of state/UT Govt. /Central Govt. or Municipal Corporation shall be acceptable. Aadhar Card Copy or Passport Copy In case of Birth Certificate Not Available.
  - 5) **Previous year final exam mark sheet**: Separate Mark sheet of each & every player of the team, attested by the Gazetted officer.
- (f) Verification and confirmation shall be based on the passport/school permanent record/birth certificate, which are to be exhibited during the Team Manager's Meeting.
- (g) Registration, Certificate & Identity Card fees: @ Rs. 130/- per player in cash shall be submitted to the S.G.F.I. representative by the participating team at the arrival at the venue of tournament.

**Chapter- VI**

**VARIOUS COMMITTEES & THEIR RESPONSIBILITIES**

For successful organization of tournament the competent authority of organising unit shall mandatorily depute the following committee. The name, objective, duties & members are given below in detail :-

Sl. No.	Name of Committee	Objective	Work	Members
1.	Organizing Committee	All the responsibility of organizing National School Games	<ol style="list-style-type: none"> <li>1. Arranging all type of facilities related to National School Games.</li> <li>2. Appoint all the committees related to National School Games.</li> </ol>	<ol style="list-style-type: none"> <li>1. Chairman, organizing committee- deputed by Competent authority of unit.</li> <li>2. Secretary organizing committee- deputed by competent authority of unit.</li> <li>3. Member Head of Dept. Dist. Administration- deputed by chairman organising committee</li> </ol>
2.	Accommodation Committee	To arrange accommodation to the players, coach, manager, referee, official arrived at the venue of tournament.	<ol style="list-style-type: none"> <li>1. To provide basic facilities like water, washroom, bed, electricity, drinking water in accommodation place &amp; sufficient toilets etc.</li> <li>2. One sweeper depute every accommodation place &amp; who has to clean every day their arena.</li> <li>3. To arrange accommodation at a hygienic place doctor, medical check up daily, mess checking.</li> <li>4. Every day inspection of the accommodation place and to fulfill the requirements on finding inadequate arrangements.</li> <li>5. Depute various volunteers for different jobs.</li> <li>6. To arrange security for the players, participants, delegations etc.</li> <li>7. To maintain a complaint register and to monitor it.</li> <li>8. To provide fuel, gas, utensils, kitchen, shed, water, etc. to those teams who arrange their own mess.</li> </ol>	<ol style="list-style-type: none"> <li>1. If hotel, then hostel incharge- Convenor</li> <li>2. If school, then school principle- Convenor</li> <li>3. Staff members of hostel / school, who are deputed by Hostel Incharge / principle.</li> </ol>
3.	Transportation Committee	To arrange transportation facilities for all delegations. i.e. from their arrival, during the tournament and till their departure	<ol style="list-style-type: none"> <li>1. To pick &amp; drop all the delegation from railway station / bus stand to the accommodation place.</li> <li>2. One permanent vehicle at arranged tournament venue &amp; accommodation.</li> <li>3. To pick &amp; drop all the delegations from accommodation place to tournament venue.</li> <li>4. To provide transport facility if any sightseeing or cultural visit to all delegation.</li> <li>5. To depute liaison officers with every team.</li> </ol>	<ol style="list-style-type: none"> <li>1. <u>Convenor</u>: One senior officer, Dist. level</li> <li>2. <u>Member</u>: other officers deputed by organizing secretary.</li> <li>3. Liaison officer</li> </ol>

Sl. No.	Name of Committee	Objective	Work	Members
4.	Control Room	<p>To communicate all information related tournament to all delegations, officers, managers, referees &amp; to media.</p> <p>To obtain all necessary documents from participating team in regard to entry in tournament.</p>	<ol style="list-style-type: none"> <li>To provide all information in regard to tournament to all the affiliated units of S.G.F.I., before two months prior to tournament.</li> <li>To arrange 8hrs round the clock reception at railway station before the arrival of participating teams.</li> <li>To collect documents regarding participation, online printed official entry form, eligibility certificate, date of birth certificate, previous year marksheet registration fees etc. on arrival of participating teams.</li> <li>To provide match schedules / fixtures to teams for team contingent.</li> <li>To maintain complaint register to register complaints during tournaments and monitor the same.</li> <li>To arrange meeting of chief de mission every day and provide information &amp; after hearing the problems registered, solve the same through organizing secretary.</li> <li>To check the validity of official entry form, eligibility certificate, date of birth certificate, etc. and inform the concerning team about the invalidity / inadequate documents if any.</li> <li>To provide media all information regarding tournaments &amp; match results.</li> <li>To arrange first aid at control room.</li> <li>To arrange 3 computers, 3 printers, internet facility and computer operators at control room, which is mandatory.</li> <li>To depute telephone operator &amp; electrician for 24 hrs.</li> </ol>	<ol style="list-style-type: none"> <li><u>Convenor</u>: Sr. officer or Sr. Principle</li> <li><u>Members</u> : Their staff teachers and such other teachers &amp; officials who will be deputed by organizing secretary.</li> </ol>
5.	Play Ground & equipment Committee	To arrange facilities of National Level Playground / equipments	<ol style="list-style-type: none"> <li>To arrange facilities of National Level playground/ court / equipments before 10 days prior to tournament.</li> <li>To arrange the medical &amp; Drinking water on ground.</li> <li>To conduct inspection &amp; maintain upto norms of playground every day.</li> <li>To arrange cleaning of playground, water facilities, electricity, mic arrangement, furniture, stationary etc.</li> <li>To arrange doctors &amp; security at playground during matches, which is mandatory.</li> <li>To conduct training session for players before tournament.</li> </ol>	<ol style="list-style-type: none"> <li><u>Convenor</u>: Dist. Sports Officer.</li> <li><u>Member</u>: PET/Sport person, who have technical knowledge.</li> </ol>
6.	Technical Committee	To ensure matches are played fair & impartial and according to S.G.F.I. rules & regulation & norms.	<ol style="list-style-type: none"> <li>To publish and inform the rules of tournaments to all the affiliated units prior two month before.</li> <li>To prepare tournament schedule and depute technical officers &amp; officials for collaboration during tournament.</li> <li>To register &amp; depute referees / judges / umpires.</li> <li>To arrange clinic for all the persons in sports. one day before the tournament.</li> <li>To prepare match fixtures / put draw in presence of S.G.F.I. and other officers and inform the same to team coaches, referees, playground incharge and control room.</li> <li>Every day declare match schedules and match results to related persons.</li> <li>To obtain &amp; analysis match report of every match from referee and instruct the referee accordingly.</li> <li>To monitor on referees fitness and his performance.</li> <li>To arrange the remuneration &amp; TA DA of referees associated with matches and other officials.</li> <li>To give technical Suggestion/report to jury of appeal Discipline Committee in case of any technical protest/case arises during the tournament.</li> </ol>	<ol style="list-style-type: none"> <li><u>Convenor</u> : Sr. sports officer.</li> <li><u>Member</u>: Technical Experts of Specific discipline.</li> <li>Appointed Technical officer by S.G.F.I.</li> </ol>

Sl. No.	Name of Committee	Objective	Work	Members
7.	Jury Of Appeal	To solve the protests arising during the tournament	<ol style="list-style-type: none"> <li>1. To resolve the protest made by coach, captain, manager during the tournament.</li> <li>2. To resolve the protest in regard to over age on the base of available records / medical test.</li> <li>3. To solve technical protest thorough the consent/report of technical committee.</li> </ol>	<ol style="list-style-type: none"> <li>1. <u>Convener</u> : Observer S.G.F.I. / deputed person by S.G.F.I.</li> <li>2. <u>Member</u>: organizing secretary</li> <li>3. Convener, technical committee.</li> </ol>
8.	Disciplinary Committee	To recommend action of penalty on indiscipline cases	<ol style="list-style-type: none"> <li>1. On receiving complaint indiscipline cases from organizing secretary, convener technical committee, convener jury of appeal &amp; other side</li> <li>2. On receiving complaint about sexual harassment of Women</li> <li>3. After hearing above both cases, pass decision on the base of merit &amp; demerit. If any body found defaulter then penalty shall be recommended to competent authority.</li> </ol>	<ol style="list-style-type: none"> <li>4. <u>Convener</u>: deputed most sr. officer by organizing secretary (preferably women officer)</li> <li>5. <u>Member</u>: S.G.F.I. officials.</li> <li>6. Member Convener Technical committee</li> <li>7. Third party Counselor</li> </ol>
9	Medical & Dope Test Committee	Medical Test for age verification & Wada code Nada Rules Test	<ol style="list-style-type: none"> <li>1. Conduct the medical test for age verification under the Guideline of GOI, MYAS No. F-32-18/2009/SP-III</li> <li>2. Conduct dope test as GOI, MYAS Let. F-4-49-3/2008-SP-II dt. 18.9.08 complainer of WADA code and NADA Rules</li> <li>3. Doctors &amp; medical facility should be available both at play ground and at accommodation. <ul style="list-style-type: none"> <li>• Everyday medical check up will be conducted</li> <li>• For any emergency 10 beds shall be/reserved in an local hospital</li> </ul> </li> </ol>	<u>Convener :-</u> <ol style="list-style-type: none"> <li>1. District Sports Officer</li> <li>2. Member-Medical Officer District Hospital</li> <li>3. Doping control officer deputed by organizing Secretary/SAI</li> </ol>

## Chapter- VII

### COMPETITION RULES

(a) **Rules of Discipline**

The specific rules applied for the disciplines in the National School Tournament shall apply the same rules as applicable by the National Sports Organization recognized by govt. of India and will be also followed by General rules released by S.G.F.I.

(b) **Competition Schedule and Lot Drawing**

Lot drawing shall be arranged by the Organizer before the coaches of all teams & presence of S.G.F.I. observer/official in coach meeting one day before the championship or on line fixture process by S.G.F.I. The official schedule of competition and result of the lot drawing will be informed by the Organizer.

(c) **Time and Venues**

Time and venues shall be subjected to change to suit the prevailing conditions. Teams involved in case of any change shall be notified accordingly.

(d) **Equipment/Ball and Jersey**

- (i) The Organizer will provide teams with national standard equipment/ball
- (ii) Each team must have at least 2 different sets of playing jerseys for the competition. Each player shall be numbered in the front and at the back of his shirt with plain number of solid color.

(e) **Training Session:**

The organiser shall arrange atleast one training session for each participating team prior to the tournament. Where possible the organizer will try to accommodate requests for more training sessions.

(f) **Fixture (For Team Games)**

- (i) Matches will be run league cum knock-out system, the first four rank of the pools is decided on the basis of last year's result of the National School Sports tournament.
- (ii) In the league matches each team playing one match against each of the other teams in the same group, with three points for a win, one point for a draw and none for a defeat.
- (iii) The ranking of each team in each group will be determined as follows:
  - 1) Greatest number of points obtained in the group matches between the teams concerned;
  - 2) Goal/score difference resulting from the group matches between the teams concerned;
  - 3) Greater number of goals/score in all group matches between the teams concerned;
- (iv) The Organising Committee/SGFI will divide the teams into different groups by seeding through last year result and drawing lots by manually on spot venue/online before tournament.
- (v) If the below 11 teams taking part in the championship will be divided into 2 groups. After seeding lots running B to A always

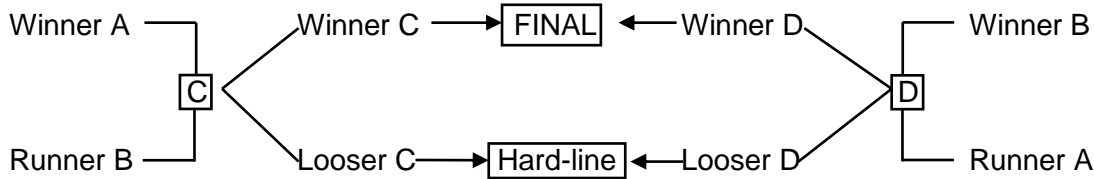
### League System

In the league matches each team playing matches against each of the other team in the same group.

Group A	Group B
A1 (1 <sup>st</sup> Rank)	B1 (2 <sup>nd</sup> Rank)
A2 (3 <sup>rd</sup> Rank)	B2 (4 <sup>th</sup> Rank)
A3	B3
A4	B4
A5	B5
	B6

Rank determine by Last Year result.

### Knock-Out System



- (viii) If the above 12-16,17,20 teams taking part in the championship will be divided into 4 groups five teams. After seeding lots running by D to A always

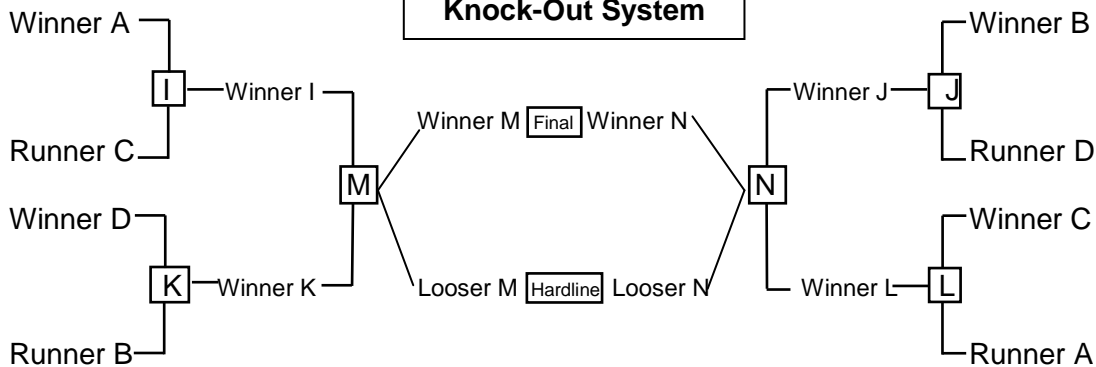
### League System

In the league matches each team playing matches against each of the other team in the same group.

Group A	Group B	Group C	Group D
A1 (1 <sup>st</sup> Rank)	B1 (2 <sup>nd</sup> Rank)	C1 (3 <sup>rd</sup> Rank)	D1 (4 <sup>th</sup> Rank)
A2	B2	C2	D2
A3	B3	C3	D3
A4	B4	C4	D4
A5	B5	C5	D5

Rank determine by Last Year result.

### Knock-Out System



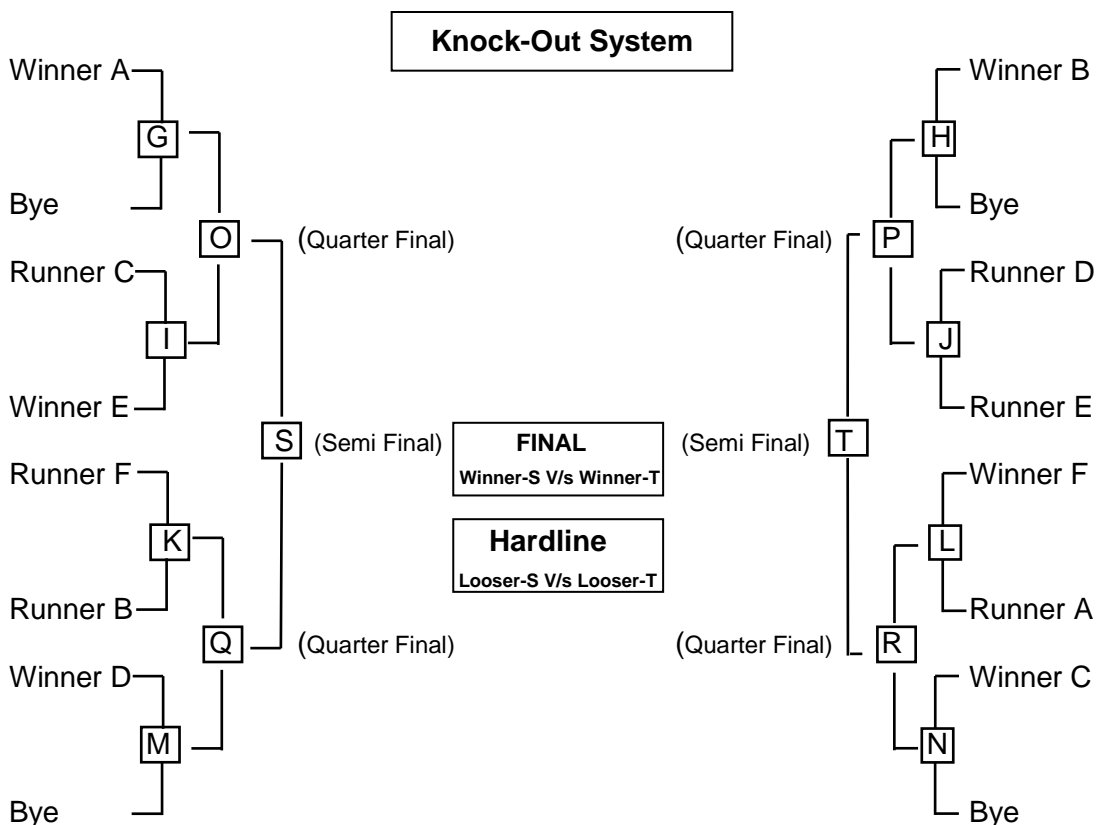
- (viii) If the 18,19,21,22,23 teams taking part in the championship will be divided into 6 groups. After seeding. After seeding in the group lot first E then F place shall be filled after seeding lots running by F to A always.

## League System

In the league matches each team playing matches against each of the other team in the same group.

Group A	Group B	Group C	Group D	Group E	Group F
A1 (1 <sup>st</sup> Rank)	B1 (2 <sup>nd</sup> Rank)	C1 (3 <sup>rd</sup> Rank)	D1 (4 <sup>th</sup> Rank)	E1	F1
A2	B2	C2	D2	E2	F2
A3	B3	C3	D3	E3	F3
A4	B4	C4	D4	E4	F4

Rank determine by Last Year result.



- (ix) If the above 24-32 teams taking part in the championship will be divided into 8 groups. After seeding in the lot first group B, then C,F,G shall be filled. After this lots running by H to A as usual.
- (x) The teams in the eight groups will be designated as follows:

## League System

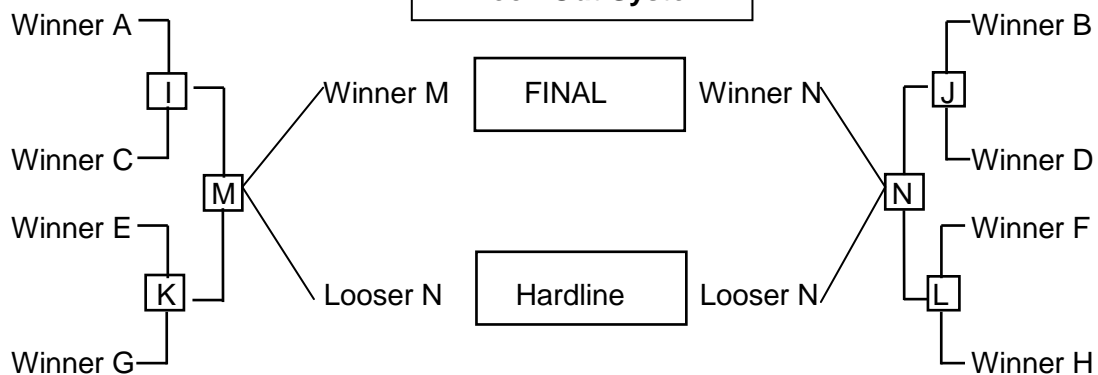
In the league matches each team playing matches against each of the other team in the same group.

Group A	Group B	Group C	Group D
A1 (1 <sup>st</sup> Rank)	B1	C1	D1 (2 <sup>nd</sup> Rank)
A2	B2	C2	D2
A3	B3	C3	D3
A4	B4	C4	D4

Group E	Group F	Group G	Group H
E1 (3 <sup>rd</sup> Rank)	F1	G1	H1 (4 <sup>th</sup> Rank)
E2	F2	G2	H2
E3	F3	G3	H3
E4	F4	G4	H4

Rank determine by Last Year result.

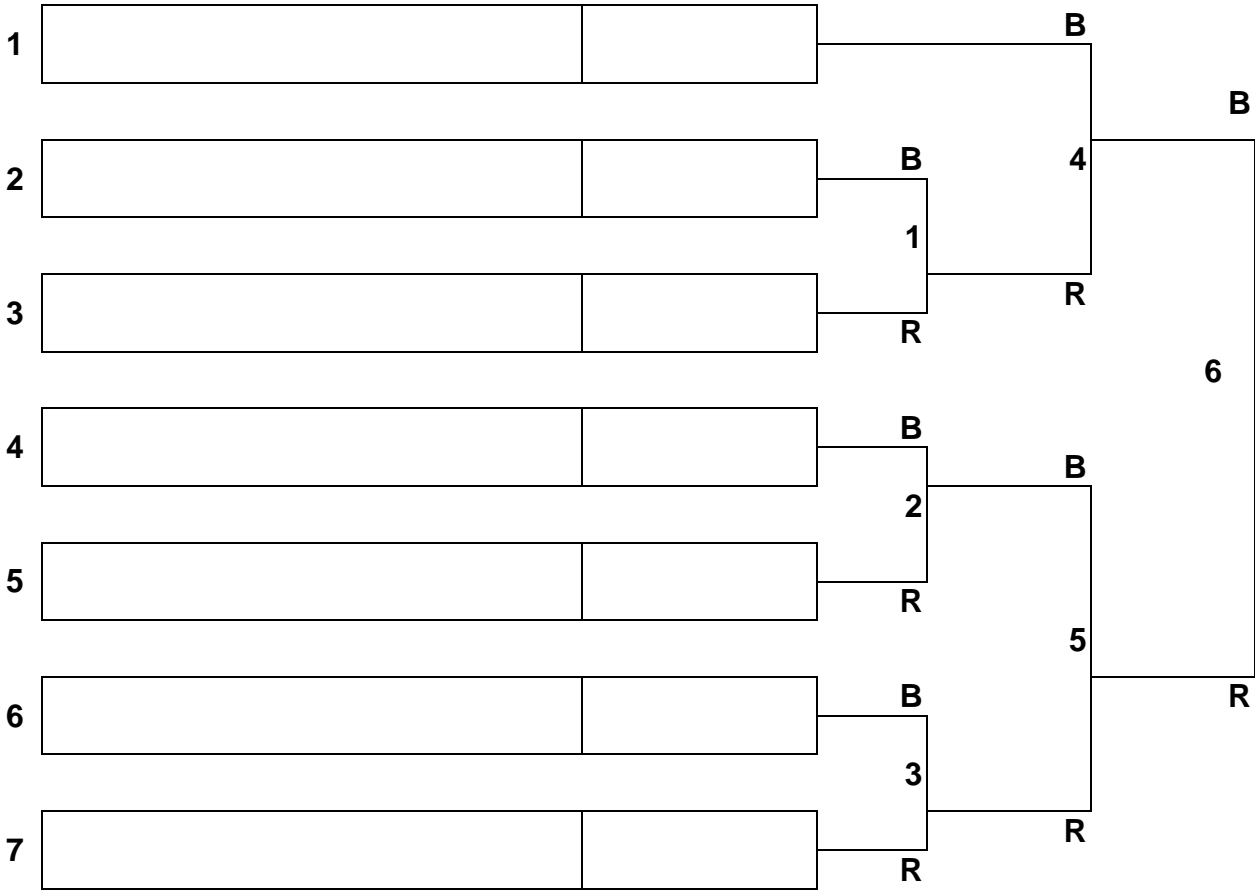
## Knock-Out System



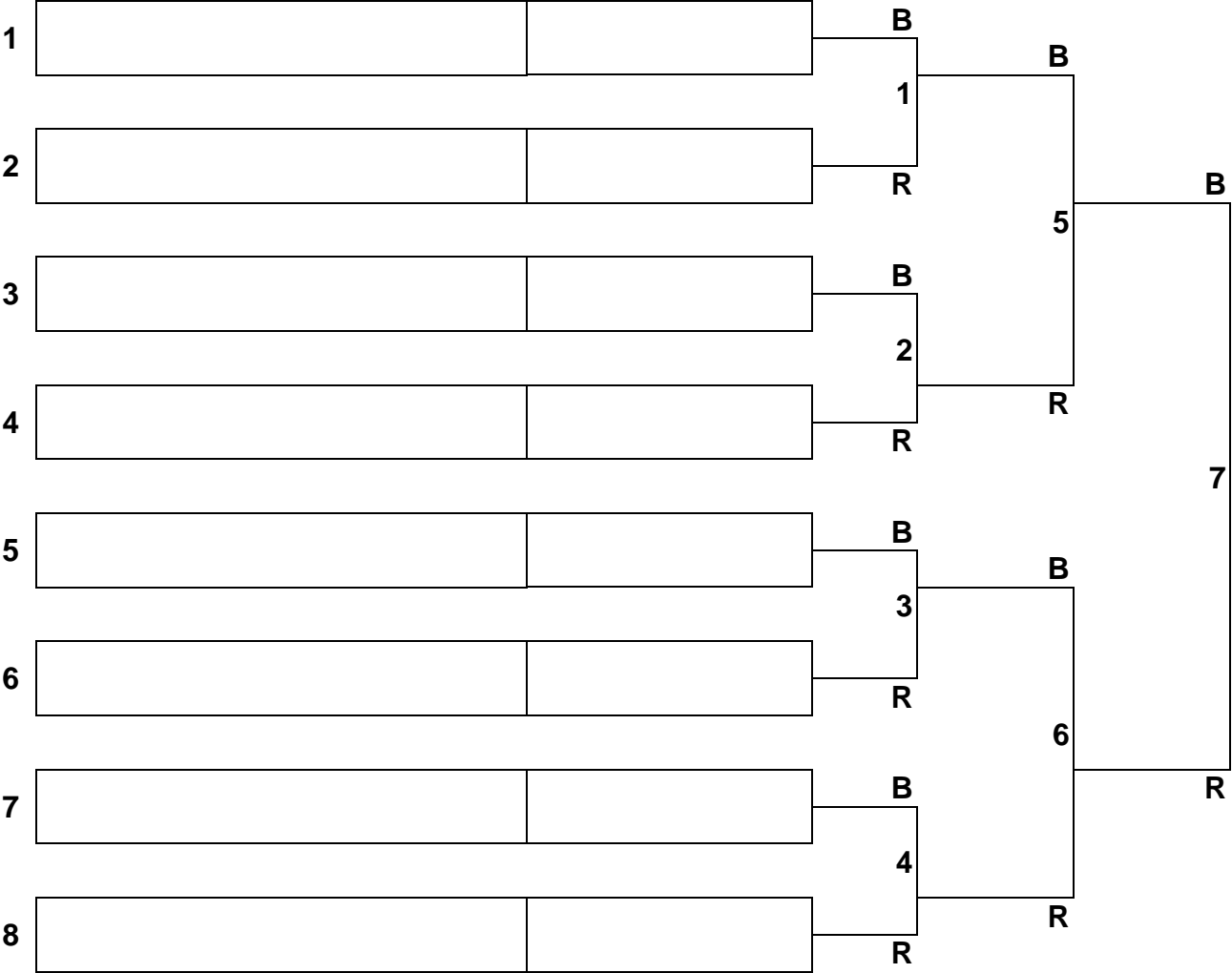


Knockout System for Individual

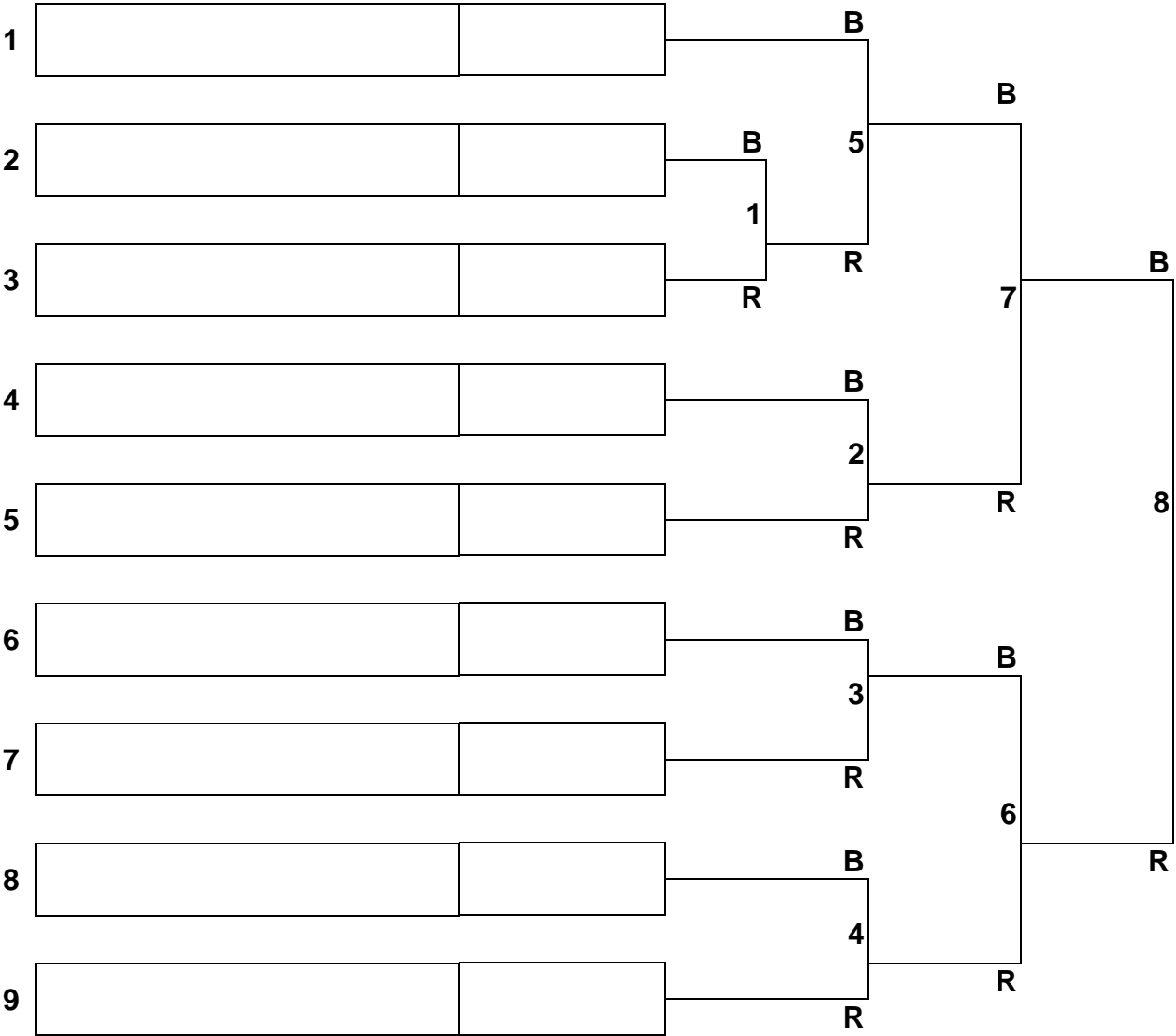
For 7 Player's



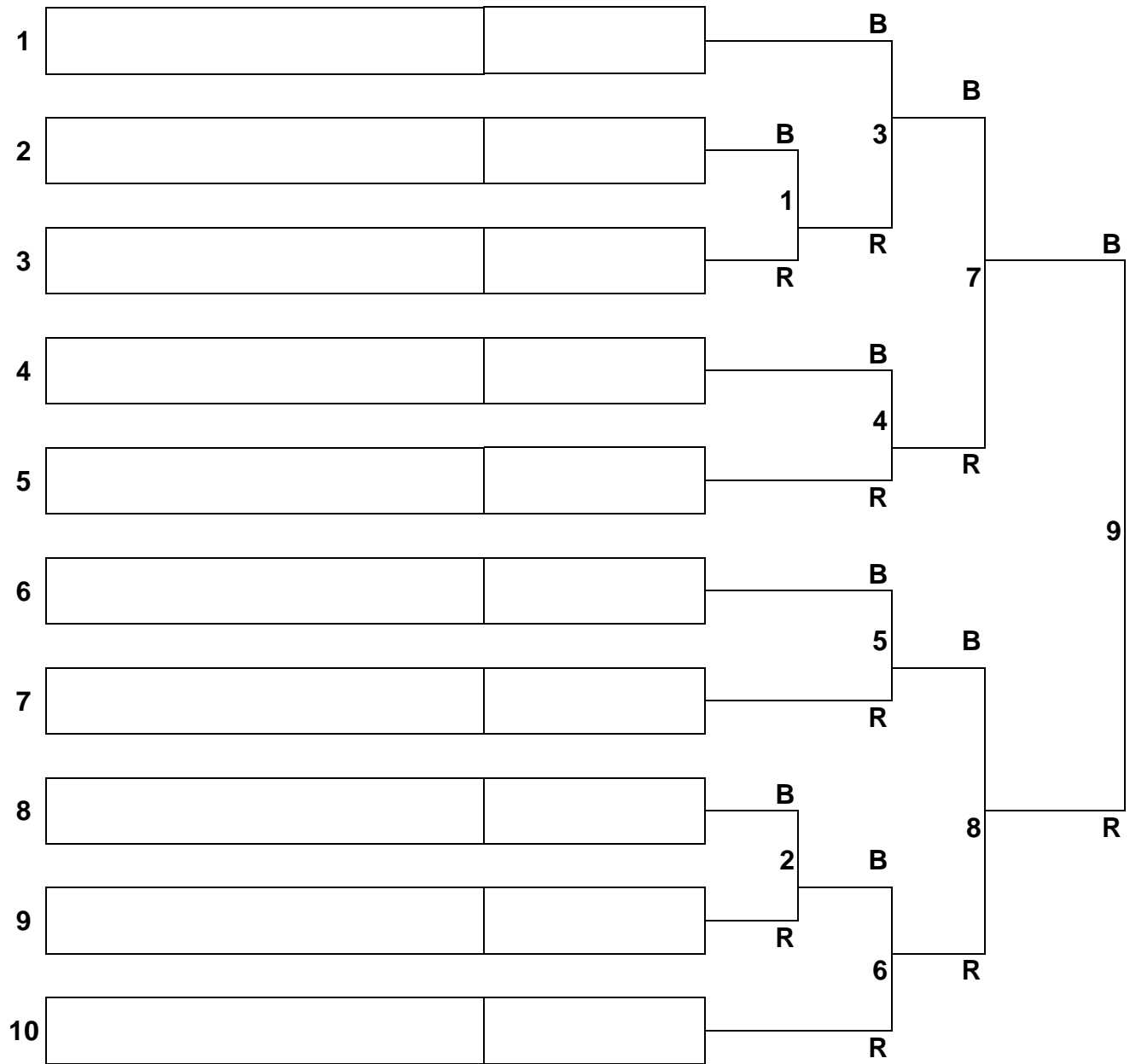
**For 8 Player's**



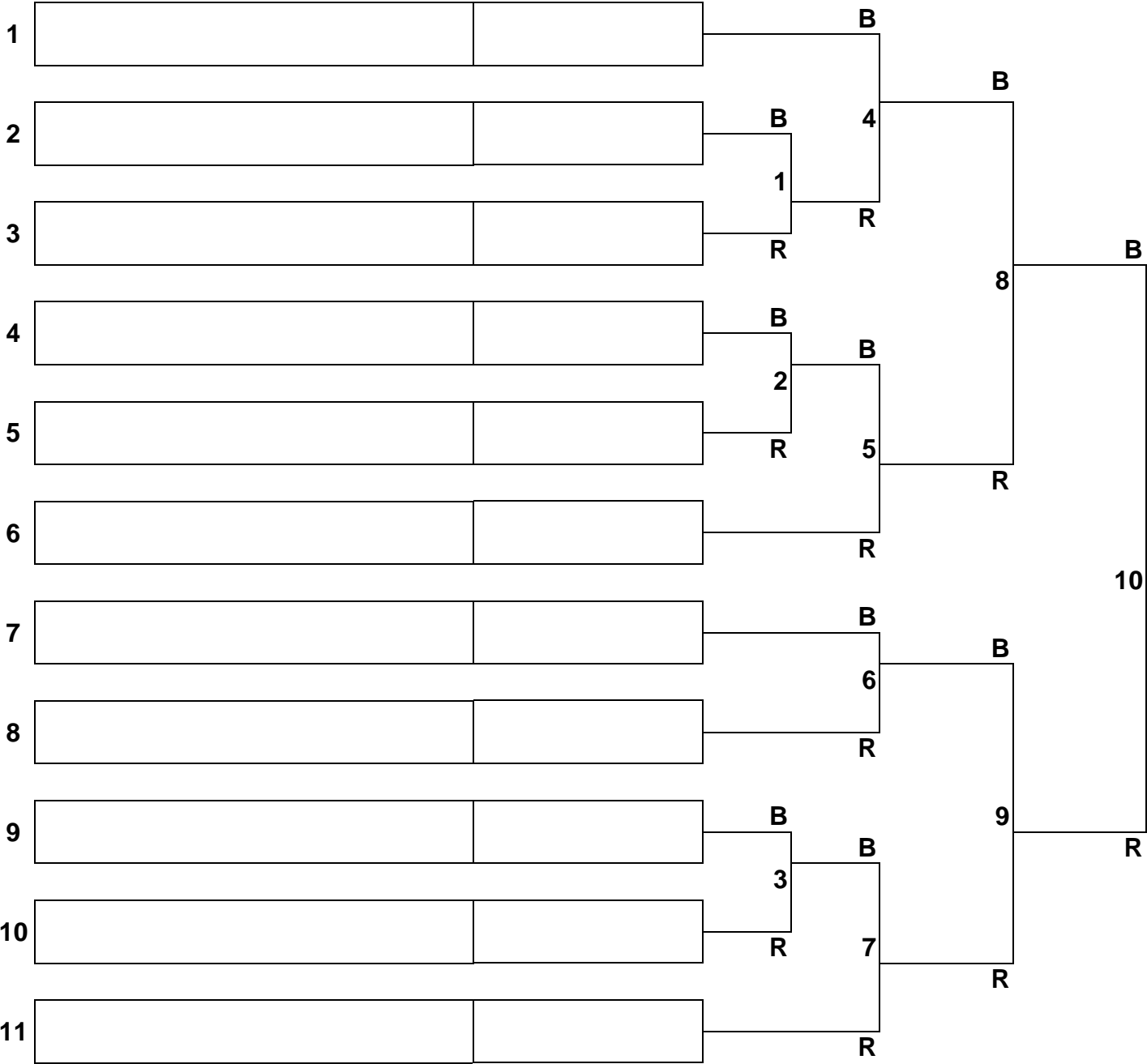
**For 9 Player's**



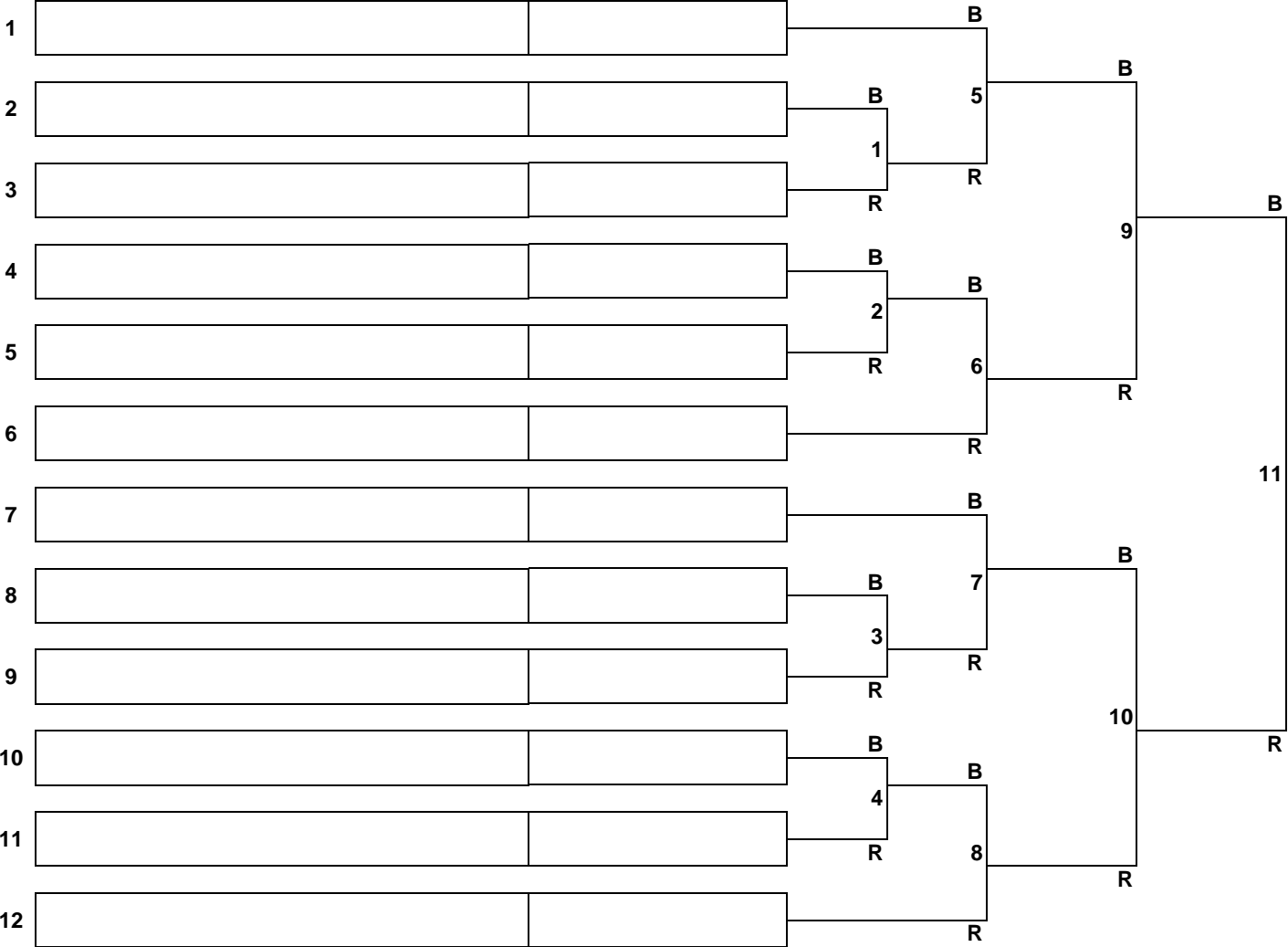
**For 10 Player's**



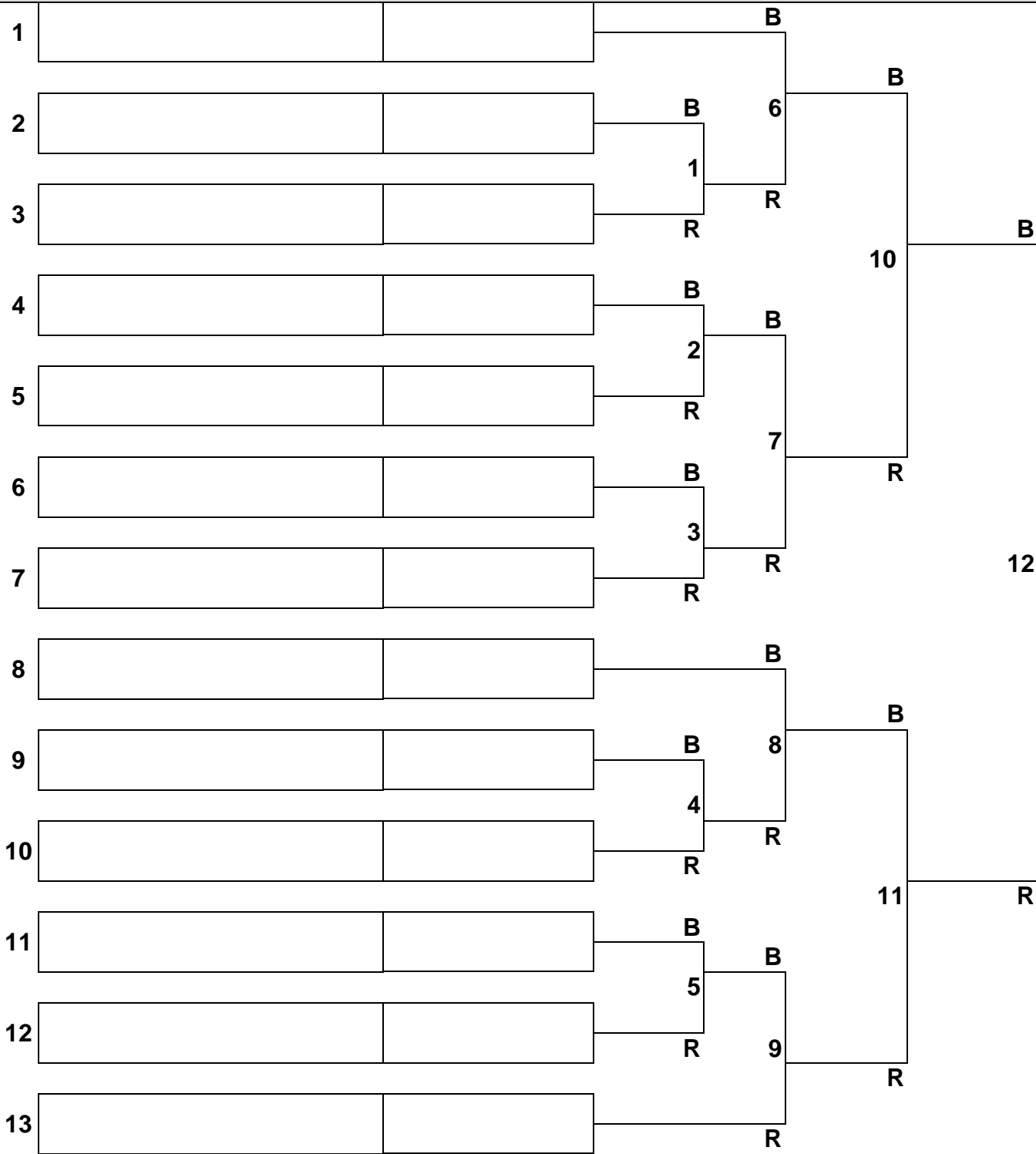
**For 11 Player's**



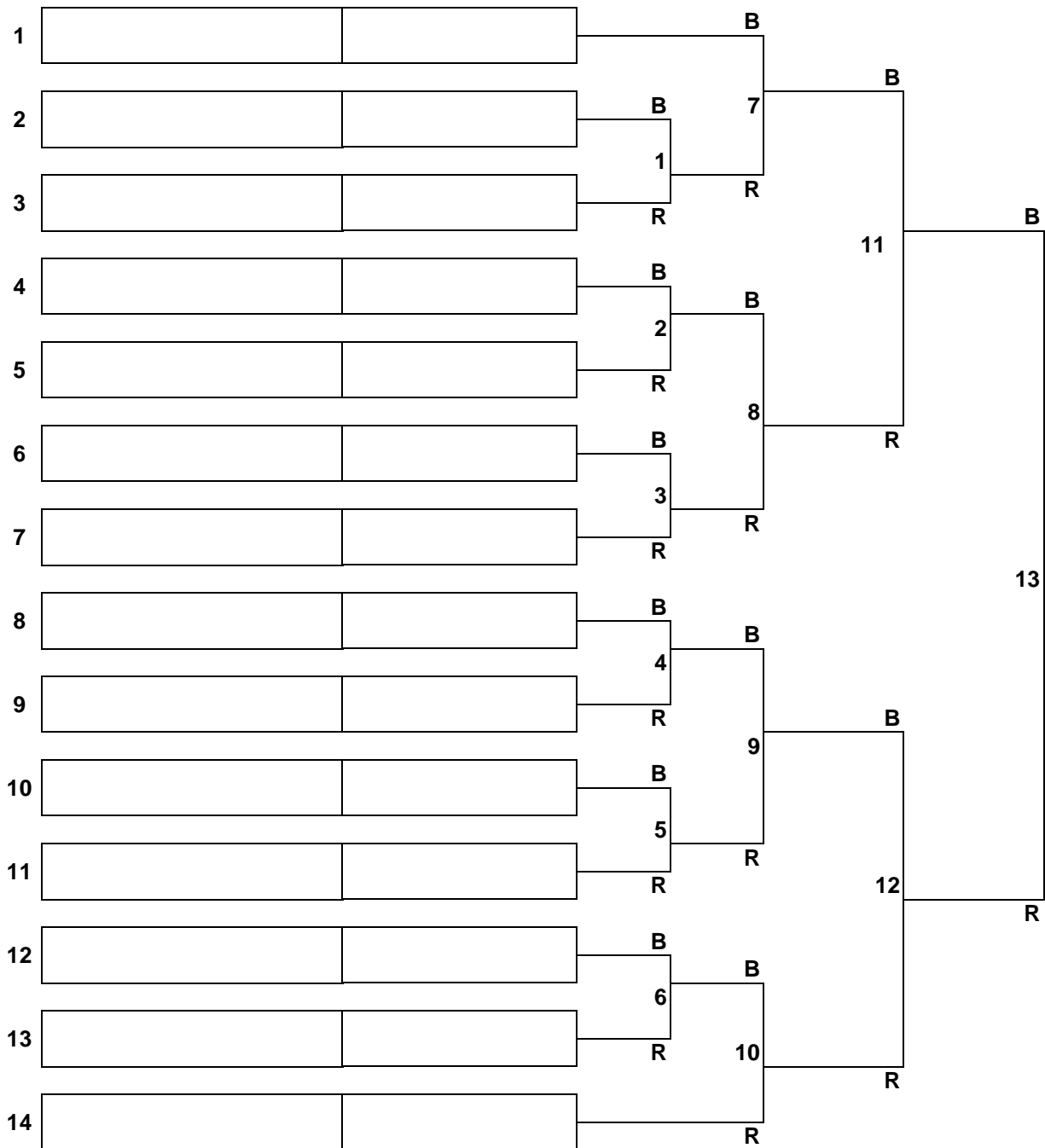
For 12 Player's



For 13 Player's

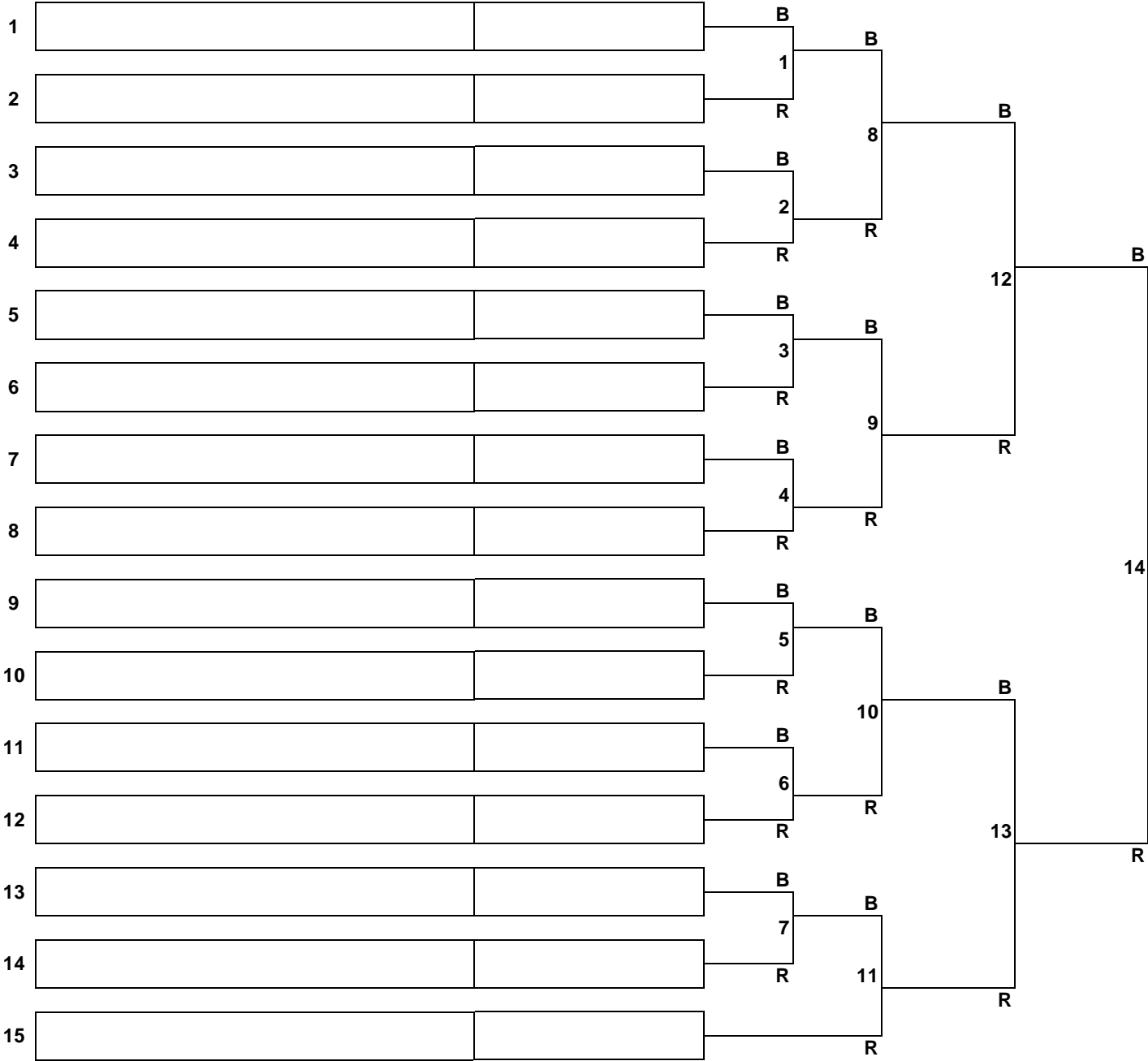


**For 14 Player's**

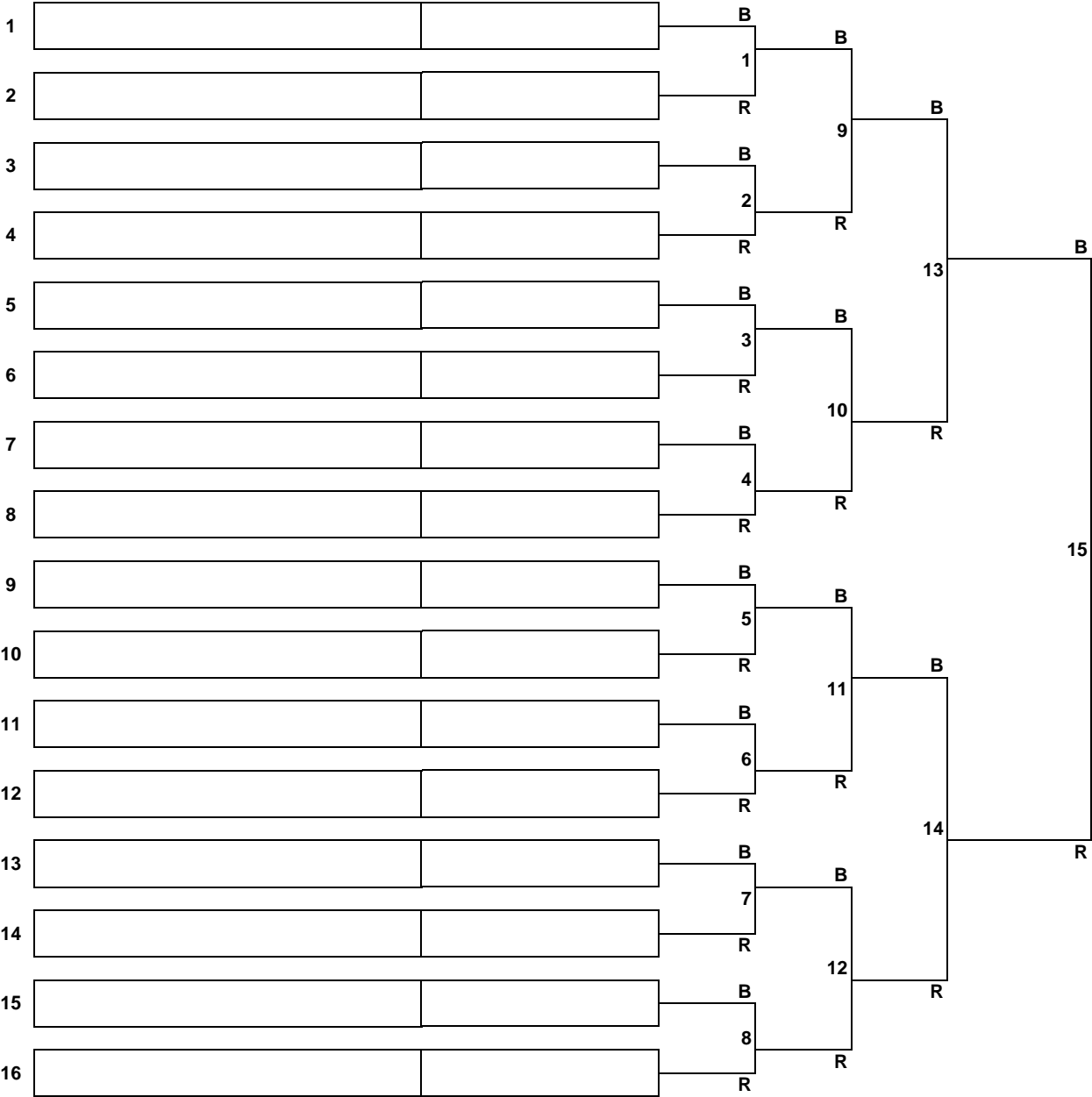




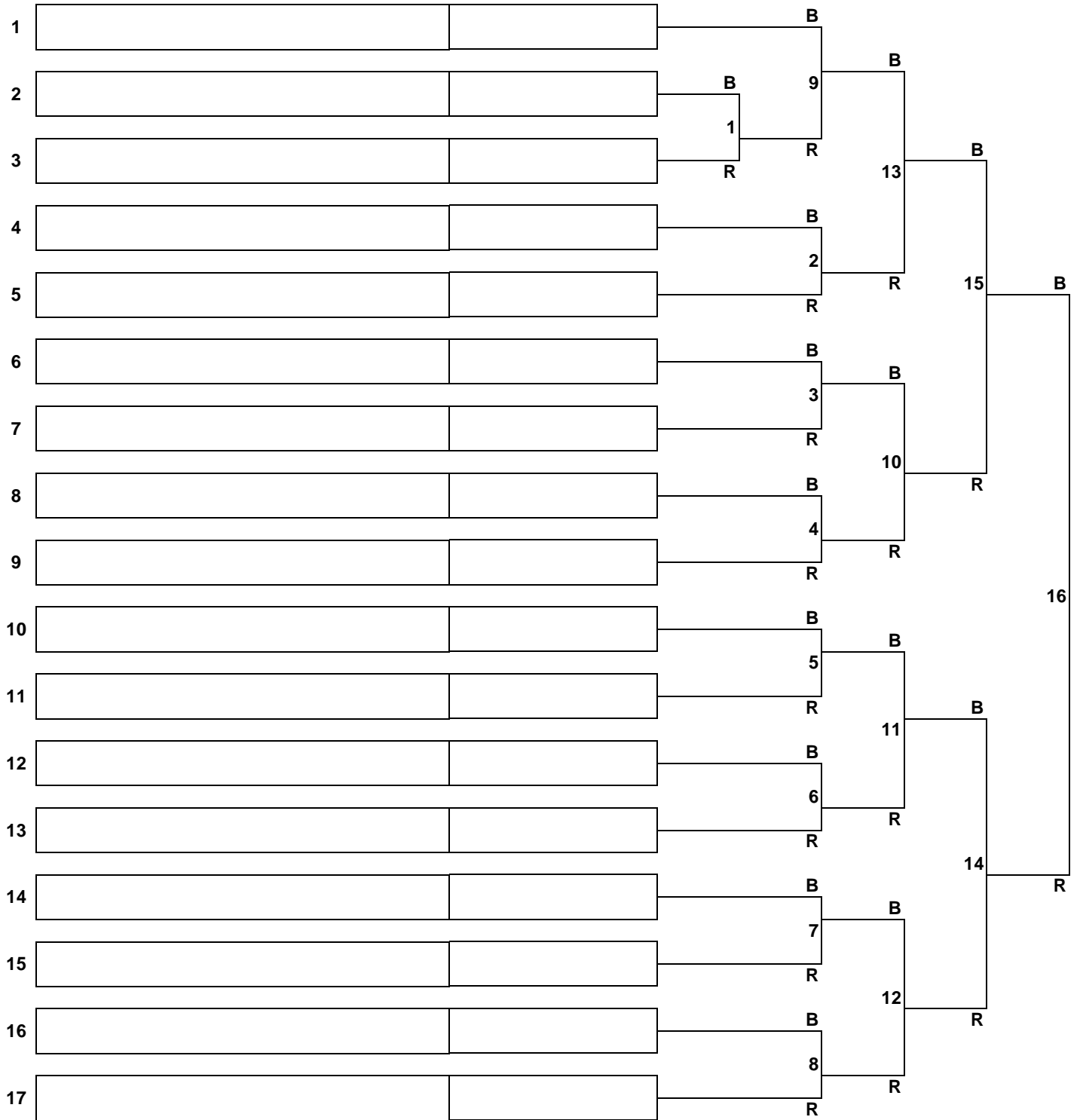
For 15 Player's



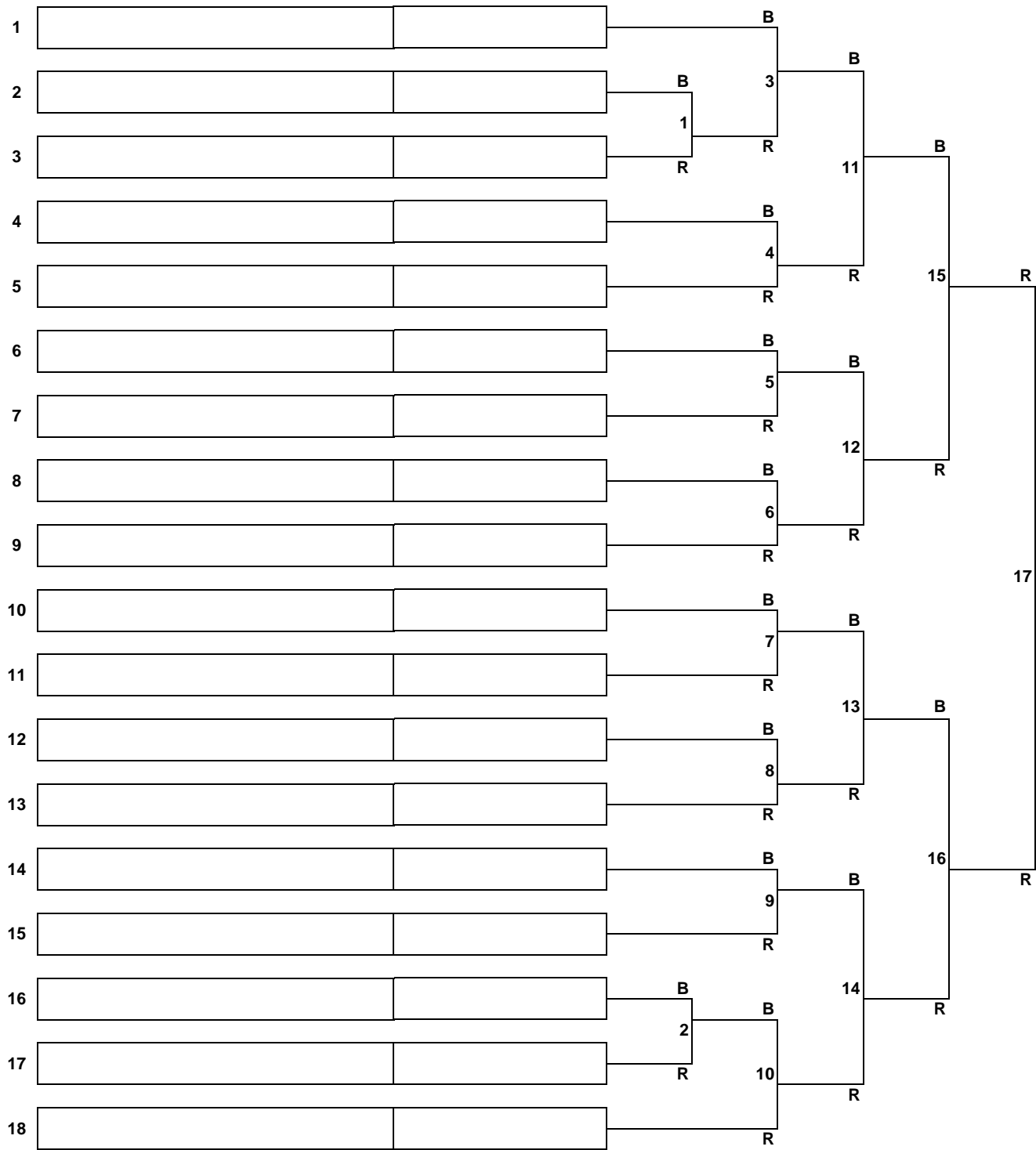
For 16 Player's



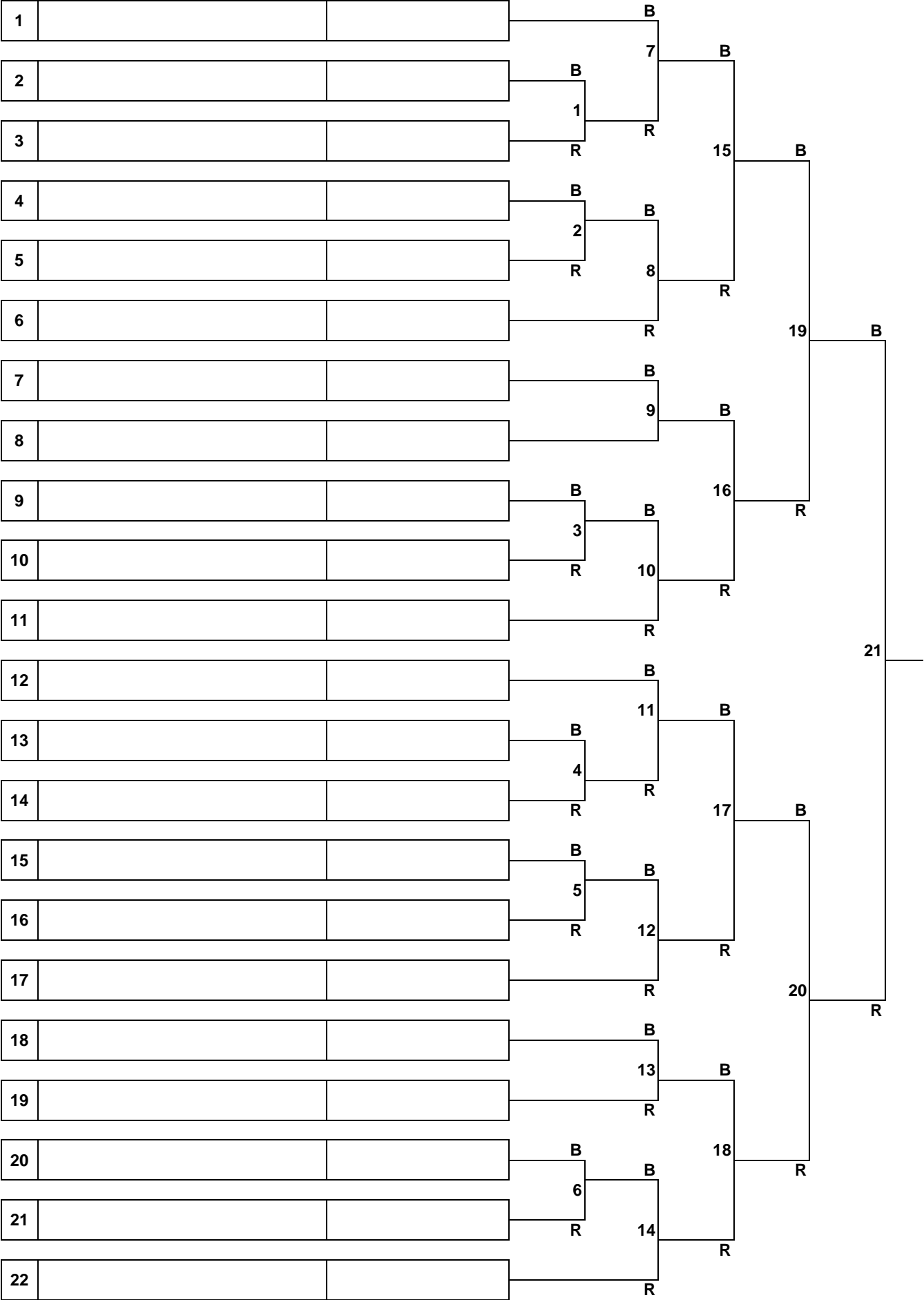
**For 17 Player's**



**For 18 Player's**



**For 22 Player's**



**(g) Adverse Condition**

In case of adverse weather or any other obstacle in final match or hard line match S.G.F.I. will have the right to declare both the teams joint winners or joint third winners.

**Penalty & Indiscipline cases in the National School Games:**

- (i) Depending on the circumstances of the withdrawal, organising secretary recommendation of Disciplinary Committee of tournament the organizing committee shall impose additional action, including the suspension of the team concerned from subsequent S.G.F.I. competitions / match.
- (ii) If a team does not report for a match – except in cases of force majeure recognised by the Organising Committee – or if it refuses to continue to play or leaves the stadium before the end of a match, the team will be considered as having lost current match. The match and three points will be awarded to its opponents team.
- (iii) If the circumstances of withdrawal are sufficiently serious, on recommendation of the Disciplinary Committee, the organizing secretary shall also take whatever additional action is appropriate.
- (iv) All the participant teams shall play only according to the match scheduled by the Technical Committee.
- (v) If any team does not present in the match destined for it for any reason, the match referee will call the team by whistling three times with the duration of 2-2 minutes. Even after, the team does not appear, the opposite team will be declared the winner by providing score-3 and the absent team will be marked with zero. The technical committee will send this case to the disciplinary committee.
- (vi) During National School tournament the mutual conflicts, abusing referee or conflicts, abusing organiser or conflicts, violence, walk-out, withdrawal, not following the rules during tournament, leaving playground before time, etc. all these cases will come under indiscipline. On all said cases the disciplinary committee shall examine / discuss each & every case and recommend penalty. Once the charge of indiscipline act is proved, then the player/team/coach/manager involved shall be expelled from that current national school tournament / next two national tournaments. Disciplinary committee will recommend the penalty on the basis of merit & de-merit. The authority of debarring from the current tournament will be of Secretary, organising committee. Secretary General S.G.F.I. will have the authority of removing the concern involved in the indisciplinary act on the report by disciplinary committee for debarring for next one / two national school tournaments shall be decided. All such cases shall as proposed be sent to S.G.F.I. office by the organising committee. Secretary General S.G.F.I. will issue the expel orders and the information shall be sent to all the states / units. Only the concern who is been expelled shall have the right to appeal. For appeal against expelling from the current tournament should be made with Chairman organising committee. The Chairman organizing committee will decide on the appeal and inform all the parties of the case. The decision of the chairman organizing committee shall be the final decision on such case. For appeal against expelling for next one / two tournaments should be made to president S.G.F.I. The decision of President, S.G.F.I. would be the final decision on said appeal.

- (vii) The organising secretary will have the right to expel the player from current tournament who disqualify in the criteria of age-related or eligibility by the Jury of Appeal. If any player disqualifies in age related documents or in medical examination, then jury of appeal shall held a hearing from all the concerning parties and after discussion recommend the disqualifying of that concerned player. On the basis of recommendations given by jury of appeal the organising Committee will issue the orders as mentioned in chapter (XV) and the information related to this shall be given to player / coach / manager & concerning unit. For appeal against disqualifying shall be made to the chairman organizing committee. The decision of chairman organizing committee shall be the final decision on such appeal.

#### **Awards & Certificate**

- (i) In team games the championship trophies shall be awarded to the First, Second and Third position which will be provided by the organizer.
- (ii) In individual events players of the First, Second and Third position shall receive Gold, Silver and Bronze medals respectively provided by organizer. In case in following games like kick boxing, sqay martial arts, taekwondo, boxing, wrestling, judo, fencing the third place is won by two contestants then in such case two bronze medals would be awarded.
- (iii) Both (team & individual) first, second & third position shall be awarded with merit certificate & participation certificate of all participation players will be provided by S.G.F.I.
- (iv) All other members of the delegations (coaches, managers & chief de missions) shall receive the Certificate of Participation which will be provided by the organizer.
- (v) The fair play trophy will be given only one team by the S.G.F.I.
- (vi) Merit Certificates shall be signed by the President and Secretary General of S.G.F.I.
- (vii) The participant certificate shall be signed by chairman organizing committee,organizing secretary & S.G.F.I. observer/Deputed representative of S.G.F.I.

#### **(k) Final Results of the National Competitions**

- (1) Final results of the National Competitions should be sent to the S.G.F.I. Office just after the competition.
- (2) Care should be taken, while sending the final results, Final results of different age groups and different games must be prepared separately. It is necessary to mention the 1st, 2nd, 3rd and 4th position teams in these final results.
- (3) While sending the results of individual events, 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> & upto 8th position players should be clearly mentioned in the final results.
- (4) After the competitions all the judges of different games should sign on the result sheet. Signature should also be taken of the Captain of the team and participating at least one or two players.

#### **(l) Measures against Age Fraud in sports.**

- 1. The Official Entry Form will be filled online by the affiliated units. On the base of said online entry form, S.G.F.I. will issue an Identity Card to players on the venue of tournament subject to confirmation of player's attendance at the venue of tournament, which will contain Name, Father's Name, Mother's Name, Photograph, Signature, Date of birth, Discipline, Date of issue of ID & its validity. During match only those players having ID cards will be allowed in the play ground.
- 2. The following attested copies of documents is to be submitted with the printed online official entry form at control room situated at venue of tournament :
  - i) The original Eligibility Certificate issued & Signed by the school principal/Head Master having countersign by competent authority of affiliated unit.
  - ii) Certified copy of Birth Certificate issued by state Govt. statistics department/ Local Municipal Corporation or certified copy of Passport.
  - iii) Certified copy of previous years examination mark sheet.
- 3. S.G.F.I. shall conduct the Age Verification of any player during the National School Tournament.
- 4. The organiser has all the rights to conduct Medical Tests of an athlete participating in the tournament. Whenever any doubt arises with regard the age of an athlete on account of his or her physical appearance/ receipt of any complaint or any other valid ground, which should be duly communicated to the athlete and team management as mentioned is chapter XIV & method apply only as mentioned in chapter XXIV
- 5. The medical tests relating to age verification and medical procedures adopted for this purpose should be duly notified by the organiser and made known to all athletes. The organiser should ensure that the medical tests

include **physical examination, dental examination and radiological examination** as mentioned in chapter XXIV

6. The organiser should notify in advance the hospital for conduct of age related medical test. The hospital should be chosen on the basis of highest standards and credibility. Preference should be given to Government Hospitals.
7. If an athlete protests the findings of the medical test in question, it shall be responsibility of organiser to arrange for a re-examination, preferably at a reputed Government hospital. All the expenses of re-examination shall be borne by the applicant.
8. In the event of conclusive proof that an athlete has committed age fraud, he or she should be debarred from participating in any sport activity i.e. championship/tournament/national coaching camp/international tour conducted by School Games Federation of India for 2 years on the first detection and for 5 years on any subsequent detection.

**(m) Prevention of Sexual Harassment of women in sports.**

1. The organisers should notify, publish and circulate in appropriate ways, express prohibition of sexual harassment. Include rules / regulations prohibiting sexual harassment in their rules and regulations and provide for appropriate penalties in such rules against the offender.
2. Provide appropriate conditions in respect of work, leisure, health and hygiene to further ensure that there is no hostile environment towards women and no employee women should have reasonable grounds to believe that she is disadvantaged in connection with her carrier.
3. Women should be allowed to raise issues of sexual harassment in appropriate forums and it should be affirmatively discussed.
4. **Complaint Mechanism / Disciplinary Committee:** During the National School Tournament the organiser should set up a Disciplinary Committee for redressal of the complaint made by the victim. Such disciplinary committee should ensure time bound treatment of complaints. Disciplinary committee shall take Evidence from both the parties. A special counsellor shall be appointed by the disciplinary committee and maintain the confidentiality. The disciplinary committee should be headed by a woman and not less than half of its member should be women. To prevent the possibility of any undue pressure or influence from senior levels, such complaints committee should involve a third party, either NGO or other body who is familiar with the issue of sexual harassment.
5. **Disciplinary action:** where such conduct amount to misconduct, appropriate disciplinary action should be initiated in accordance with rules.
6. **Criminal proceedings:** in special cases where it is found that the case is under the Indian penal code or under any other law, then the organiser shall forward the case to concerning department to initiate appropriate action in accordance with law by making a complaint with the appropriate authority.
7. **Third party harassment:** where sexual harassment occurs as a result of an act or omission by any third party or outsider, the organiser will take all steps necessary and reasonable to assist the affected person in terms of support and preventive action.
8. If case any coach, manager, referee found involved in sexual harassment, then such case should be forwarded to the concerning department for its further necessary action. If the allegations are found true, then the delinquent person would be expelled from all the activities of S.G.F.I. In case of players involved in sexual harassment the player should be warned / debarred seeing the severity of the case.

**(n) Provisions / Guidelines of dope testing procedures: NADA / WADA**

**Sample Collection of Athletes:**

1. A Doping Control Officer (DCO) or Chaperone will notify the athlete of selection for doping control. The DCO or Chaperone will inform the athlete his/her rights and responsibilities, including the right to have a representative present throughout the entire process. Athlete will be asked to sign a form confirming that they have been notified for doping control. For a minor or an athlete with a disability, a third party may be notified as well.
2. The athlete should report to the doping control station as soon as possible. The DCO may allow him to delay reporting to the station for activities such as a press conference or the completion of a training session; however the athlete will be accompanied by a DCO or chaperone from the time of notification until the completion of the sample collection process.
3. Athletes will be given a choice of individually sealed collection vessels and the athlete may select one. Athlete should verify that the equipment is intact and has not been tampered with. The athlete should maintain control of the collection vessel at all times.
4. The athlete and a DCO of the same gender will be permitted in the washroom during the same provision. Minors and athletes with a disability may also have their representative present; however this representative is not permitted to view the sample provision. The objective is to ensure that the DCO is observing the sample provision correctly.



5. The DCO shall use the relevant laboratory specification to verify, in full view of the athlete, that the volume of the urine sample satisfies requirements for analysis.
6. After verifying that the equipment is intact and has not been tampered with the athlete will open the kit and confirm that the sample code numbers on the bottles, the lids, and the container all match.
7. The athletes will divide the sample, pouring the urine himself / herself, unless assistance is required due to disability. Pour the required volume of urine into the 'B' bottle and pour the remaining urine into the 'A' bottle. The athlete will be asked to leave a small amount in the collection vessel so that the DCO can measure the specific gravity and / or pH.
8. The athlete should seal the 'A' and 'B' bottles. The athlete's representative and the DCO should verify that the bottles are sealed properly.
9. If the samples do not meet the specific gravity or pH requirements, athlete may be asked to provide additional samples.
10. The athlete should provide information on the doping control form about any prescription or non-prescription medication or supplements they have taken recently. Athlete also have the right to note comments on the form regarding the conduct of the doping control session. The athlete should confirm that all the information is correct, including the sample code number. The athlete should receive a copy of the doping control form. The laboratory copy of the form does not contain any information that could identify athlete.

#### **Analysis of Samples:**

1. Samples are packaged for transportation to the testing laboratory to ensure that the security is tracked. The testing laboratory will adhere to the international standard for laboratories when processing samples ensuring that the chain of custody is maintained at all times.
2. 'A' samples will be analysed and the 'B' samples will be securely stored and may be used to confirm an adverse analytical findings from the 'A' sample.
3. The laboratory will complete the analysis of the samples in the time stipulated under the international standard for laboratory. In case at any point of time there are a very large number of samples to be analysed and the laboratory is not in a position to complete the analysis within the stipulated time then the samples should be sent to some other laboratory so that the analyses result is available within the stipulated time.
4. The report of the laboratory will be sent to the SAI within 24 hours after the analyses is completed.
5. The Sports Authority of India (SAI) will, after the procedures for decoding etc. ensure that the results 'negative' or 'positive' or "where further investigations are required" in respect of athletes are communicated to the concerned National Federation within 48 hours of receipt of report from the laboratory. The National Sports Federation, after receipt of the report from S.A.I. will ensure that the concerned athlete is communicated in writing the results within 48 hours of receipt of the report by the federation from S.A.I.
6. In case of adverse analytical finding the National Federation will, as per the rules also notify the athlete inter-alia the Anti-doping rule asserted to be violated or whether further investigation is necessary and a description of additional investigation, the athlete's right to promptly request the analysis of the 'B' sample, the right of the athlete or the athletes representative to attend the 'B' sample opening and analysis.
7. Once the athlete has received the notification and before the National Sports Federation imposes a provisional suspension the athlete must be given a provisional hearing prior to the imposition of the provisional suspension or a provisional hearing as soon as possible within 10 days after the imposition of the provisional suspension.
8. In case where a provisional suspension has been imposed and thereafter the federation determines (as per the rules governing this process) that following the submission by the athlete there has been no anti-doping rule violation then the provisional suspension shall be rescinded immediately.
9. The rules in respect of adverse analytical findings for the sanctions to be imposed would be followed in cases where adverse analytical findings are fully confirmed.

It is also clarified that till the time the anti-doping rules of national anti doping agency (NADA) comes into force and the NADA becomes fully operational, the S.A.I. will continue to work of collection of samples and initial processing for submission to the laboratory and thereafter the process related to decoding of results and sending them to the National Federation. The result management and the imposition of sanctions etc. will continue to be done by the National sports federations as per their rules and the rules of international federation which are in compliance with the WADA code.

It is once again emphasized that in this entire process the athlete must be treated with utmost dignity by all the agencies concerned respecting the athletes right to know the results of his/her test and giving him / her full opportunities to present his / her version before any provisional or final sanction is imposed.

## **Chapter- VIII**

### **Official Meeting**

**(a) CLINIC**

The information about the technical rules and regulations of discipline (games), tournament rules & practical aspects will be communicated one day before the tournament by Technical Committee to all the referees and technical officials in clinic.

**(b) CHIEF-DE-MISSION MEETING**

The organizing secretary will held meeting of chief-de-mission every day in which the organizing secretary will communicate all the General information about the tournament in the meeting to all chief-de-mission / managers. If there is any problem with the participating team, the organising secretary will sort-out the problem after knowing it. The return programme of the team alongwith the train number will be intimated by the chief-de-mission to the organising secretary. Besides, during this meeting only the registration fees Rs 130/- per player will be paid by chief-de-mission to S.G.F.I. representative and the flags of the participating team will be given to organising secretary. In the same meeting official entry form, Eligibility certificate, Birth Certificate will be provided to organising secretary by chief-de-mission.

**(c) COACHES MEETING**

The technical committee will call a meeting of all the coaches of participating team one day before the tournament. In case if the match fixtures are not decided by S.G.F.I. prior to tournament then, in this meeting fixture will be drawn before the coaches in the presence of S.G.F.I. officials/Observer. In the same meeting the coaches will be provided with the discipline & tournament rules, match schedule by Technical Committee.

# School Games Federation of India

## **Chapter- IX**

### **Referee**

- (a) The Organizer depute 100% referee/umpire/official in league matches & knock-out matches to final, concern wiith S.G.F.I. observer/person appointed by S.G.F.I.
- (b) **Appointment of Referee in National School Games:**  
In every National School Tournament under a fixed category / age group, sufficient referees/judge/umpire appointed by S.G.F.I. will be sent to venue of tournament, who will perform a fair referee-ship.
- (c) **Norms of TA / DA & remuneration of Referee:** (as per mention chapter XXI)
- (d) All deputed referees will be equally provided with accommodation, meals and local transports by organiser.
- (e) Other referees and assistant referees at State & National level will be provided by the Organizer whose remuneration will be borne by organizer as per State norm.
- (f) The referees/Umpire, assistant referees and fourth officials for competitions will be appointed for each match by the Technical Committee. They shall be selected from the Technical Committee referee list. Only Referee should be appointed by the Organising Secretary consent of S.G.F.I. observer/Official whose state team is not playing in the group or match in question. A reserve assistant referee will also be appointed for each match of the competition. The decisions of the S.G.F.I. observer / appointed official are final and not subject to appeal.
- (g) The referees, assistant referees, fourth officials and reserve assistant referees shall be given the opportunity to use training facilities in clinic.
- (h) If the referee or one of the assistant referees is prevented from carrying out his duties, such referee or assistant referee shall be replaced by the fourth official.
- (i) On the report form, the referee shall note all occurrences, such as misconduct of players leading to caution or expulsion, unsporting behaviour by supporters and/or by officials or any other person acting on behalf of an affiliated unit at the match and any other incident happening before, during and after the match in as much detail as possible.
- (j) The duty of chief referee shall be to check & identity the players according to their ID cards/Online Official Entry Form.

# **School Games Federation of India**

## **Chapter- X**

### **Registration, Certificate & Identity Card Fees:**

The registration fees Rs. 100/- per player & certificate & Identity card fees Rs. 30/- per player Total Rs. 130/- per player shall be paid by the participating team on arrival to S.G.F.I. representative.

## **Chapter- XI**

### **Accommodation and Transportation**

- (a) The Organizer will cover accommodation for each delegation including all players and all officials during the period from two day before till one day after the tournament.
- (b) Participating State/UT/Unit will borne transportation expenses home to venue station & back. Participating State/UT/Unit will borne meal expenses of whole team during duration of tournament & travel day To & Fro.
- (c) Teams who would like to arrive before or stay after the period of the Championship should inform the Organizer as soon as possible.
- (d) The Organizer cannot guarantee the availability of accommodation at the designated hostel beyond the period of the Championship.
- (e) The Organizer will provide transportation to all delegation according to the official schedule of technical committee.
- (f) Transportation will also be provided to and fro the hostel and training/competition venue(s).
- (g) Transportation will be provided to all teams to and fro the venue Railway station/Bus Stand terminals to the hostel (on arrival and departure).

# **School Games Federation of India**

## **Chapter- XII**

### **Medical Services and National Accident Insurance**

- (a) Each delegation must arrange their, own national Medical & accident insurance during their in travel & competition days.
- (b) The Organizer will provide first aid support at the competition ground & in hostel also during the period of the Championship. The Organizer should be informed if any medical treatment is required when the delegations are at the hostel. Arrangement will be made to take the patient to the nearest local hospital if necessary.
- (c) All the cost of medical treatment and care will be paid by the participating delegations (unit).

# School Games Federation of India

## **Chapter- XIII**

### **MESS ARRANGEMENT**

(a) **Amount of DA (Food Expenses)** : During Tournament @ 200/- per day / player and during journey @ 200/- per day / player, shall be paid by participating team.

(b) **OWN MESS**

In case of participating team contingent is making own food arrangements then he will inform the nodal officer of organising committee 15 days before. Participating State/UT/Unit will born food expenses. For own mess the organising secretary shall arrange kitchen at the accommodation place for the team management. Organising secretary may also provide fuel, gas, utensils to team management on rent.

(c) **COMMON MESS**

Food will be available from the common mess of payment as for S.G.F.I. norms Rs. 200/- per head per day. Participating State/UT/Unit will born for food expenses.

Meals (buffet style) will be served three times a day, as breakfast, lunch & dinner.

**Common Mess Menu**

Breakfast	:	Bread slice with Butter/Paratha with Curd Tea/Coffee/Milk & Fruit.
Lunch	:	Seasonable Vegetable Sabji, Rice, Roti, Papad, Salad, Pickle, Dal, Curd & Sweet Dish
Dinner	:	Seasonable Vegetables Sabji/Non-Veg., Rice, Roti, Papad, Salad, Pickle, Dal, Sabji & Milk.

## **Chapter- XIV**

### **MEDICAL TEST**

- a. To serve the purpose of transparency the organising committee could be conduct the medical test for age verification as per the direction of Govt. of India Ministry of Youth Affairs & Sports as per its convenience one day before on **Date at (Venue & State)** before the national school tournament as mentioned in chapter VIII (I) & XXIV. The team of the concerning unit will have to be present for medical test on the decided venue & date otherwise it wouldn't be eligible to participate in the tournament, in medical test with the candidates cross the age limit, they wouldn't be eligible for the tournament.
- b. There will be no medical test after starting the tournament
- c. Organiser will follow the issuances of National code against age fraud in sports through the letter of Govt. of India Ministry of Youth Affairs & Sports, Deptt of Sport No. F-32-18/2009-SP III Dated 19<sup>th</sup> March 2010 as on chapter XXIV.



## **Chapter- XV**

### **PROTEST**

- a. In the condition to protest about the age of any player or any other technical aspect, Coach/Manager can apply with protest fee of Rs. 1000/- to match referee on a plain paper within one hour after the match. Otherwise protest will be disregarded.  
Match referee will provide a receipt of Rs. 1000/- and the application will be put up before the "Jury of Appeal". Jury of Appeal (through organizer) will release written letter to coach/managers of both the team to present their evidence on the same day of protest. If there is any technical point in the protest, suggestions from convener technical committee will also be taken.
- b. In the protest concerning overage the "Jury of Appeal" will have a comparative evidence of its validity while receiving the evidence from both sides. In this relation (i) report of the medical test for age verification if conducted (ii) official entry form of competent authority of concerning unit (iii) the eligibility certificate, countersigned by state competent authority will be the most important first, second and third evidence. Bulletin of S.G.F.I. released in previous year and result booklet will be the fourth important evidence. The fifth important evidence will be last year marksheet original of the players which is to be presented by the player if demanded. On the basis of the above all documents "Jury of Appeal" will take a decision thoroughly. Then both the parties will be informed about the decision by the written letter from the organizer and whole proceeding regarding the protest will be maintain on record and it will be send to S.G.F.I. office.
- c. The defaulter player will be debarred, if the protest is found correct and the protest fee will be return to the applicant. In case of the protest is found wrong, the protest fee Rs. 1000/- of the applicant will be deposited in favour of S.G.F.I. account.  
The player, if found defaulter during the protest, will be debarred from that tournament. The defaulter team will be declared defeated and the opposite team will be give 3 marks. The defaulter team may play other matches after leaving the defaulter players. There will be no effect of this decision on the previous matches.
- d. No protest will be accepted against the decision of the umpire. But the Jury of Appeal, with the opinion of Technical Committee will consider and decide the case if any one of the both the parties presents any point which shows the decision of the referee against the rules of the tournament.  
Jury of appeal will go for the opinion of technical committee in relation of the protest about the playground or in other technical matter. It'll inspect itself, if needed, and will decide finally after discussion on each and every aspect. Protests regarding the pitch, its surroundings, markings or accessory items shall be made in writing to the referee before the start of the match by the Coach/Manager of the team lodging the protest. If the pitch's playing surface becomes unplayable during a match, the captain of the protesting team shall immediately lodge a protest with the referee in the presence of the captain of the opposing team.
- e. No match will be stopped due to any protest. Match will be under protest and the Jury will have to decide till evening that day. If any team leaves the playground in protest of the umpire's decision or due to other conditions, referee will have the right to delcare it as the looser and the other one the winner and such protest will not be considered.
- f. If the protest is being proved wrong/false, the amount will be seized and deposted in S.G.F.I. account. In case the protest is upheld the amount will be duly returned to the concerned team.
- g. All the aforesaid cases concerning the protest & defaulter would be sent to disciplinary committee same day and a meeting shall be held on such cases. In this meeting the disciplinary committee shall discuss and on the base of merit & demerit of the case shall recommend the penalty to organizing committee. All document of Jury of Appeal & disciplinary Committee would be sent to S.G.F.I. office within a week after completion of tournament by the organizer.
- h. Protests against any incidents that occur during the course of a match shall be made to the referee by the team captain immediately after the disputed incident and before play has resumed, in the presence of the captain of the opposing team. No later than one hour after the match.
- i. No protests may be made about the referee's decisions regarding facts connected with play. Such decisions are final.
- j. Once the final match of the National School Championship has ended, any protests described in this article will be disregarded.
- k. The appeal against the decision of jury of appeal / recommendation of disciplinary committee shall be made to chairman organizing committee. On such appeal the Chairman organising committee shall immediately held hearing and take decision which will be the final decision.

# School Games Federation of India

## Chapter- XVI

### AGREEMENT, SUBMISSION DOCUMENTS & ONLINE ENTRY FORM INSTRUCTION

**(A)** The Affiliated unit of the team which will be participating in the National School Games shall undergo an agreement with S.G.F.I. which shall be done by the competent authority during filling the official entry form's sign in page. The agreement will be as follows:

#### Affiliated Unit's Agreement

I hereby agree to the following terms & conditions governing the online official entry form process of participation in 63rd national school games 2017-18 auspices in S.G.F.I.

1. I have gone through and understood the contents of information brochure and eligibility criteria prescribed there in. I shall abide by rules & regulation and online official entry form process of participation in 62nd National School Games 2017-18 as specified in the information brochure, rules & regulation of organization of National School Games which was approved in General Council meeting held on 03<sup>rd</sup> June 2016 at Rajnangaon, C.G..
2. I certify that the eligibility of players who's official entry form is being filled has been fulfilled according to the rules of championship and also certify that these players are students of class 6th Class & above.
3. I declare that each one of our team's players are born on or after date 01.01.1999 / 01.01.2001 / 01.01.2004 and hence they are eligible to participate in their respective age group.
4. I know that during verification of documents at the time of reporting, if any discrepancy is detected in original document including name, father's name, date of birth, class, admission number, school name, eligibility and gender, then my unit's team / players Participation will be liable to be cancelled.
5. I declare that I am aware that in the process of filling online entry form after me completing the entry once I click on **confirm & print button** then I cannot make any correction at my end and this would be considered as final entry and accordingly S.G.F.I. will make the participation of such players and on the base of this the Identity Card, Participation Certificate, Merit Certificate will be issued by S.G.F.I.
6. I know that the personal information provided by me is genuine & authentic.
7. I am aware that for the participation in National School Championship in which our team is participating we have to fulfill all the required eligibility criteria for age & class in which the candidate is a regular student.
8. I declare that I will not disclose or share the password & code with anybody. I understand that I am solely responsible for safeguarding my password & code and S.G.F.I. is not responsible for any misuse of my password & code.
9. I declare that, I shall be responsible for the safety & comfort of players of my team during their travel from their home to the venue of tournament and back to their home. The travel ticket expenses and the expenses during travel will be borne by our unit. The food expense shall be completely borne by our unit during the tournaments including travel period. Our unit shall bear the expenses of kit, dress, etc provided to the players.

Our unit shall provide medical facilities to our team's players. Our unit will also provide medical & accidental insurance to our team's each and every player & member.

10. I declare that I am very well aware of the fact that if any player is absent in tournament after filling the online official entry form then it has to be intimated to organizer in writing in control room. If I fail to do so then I shall be liable for legal action under fraud case.
11. I hereby declare that I shall submit the following documents along with the printout of the official entry form which will be obtained after clicking on the confirm & print button. The print out of official entry form shall be signed by the competent authority, coach & manager and with three copies of the same the following documents shall be submitted by chief-de-mission in the control room situated at venue of tournament mandatorily before one day prior to National School Games:
  1. **Covering letter with authority letter (which is obtained after clicking confirm & click button along with official entry form):** Signed by the competent authority whose specimen signature was sent to S.G.F.I. office by the competent authority at the time of annual recognition. - **(One)**
  2. **Eligibility certificate:** Separate eligibility certificates of each & every player of the team issued by the school in which the player is studying and should have the signature of Principle / Head Master of school and further countersigned by the competent authority of the unit. - **(Triplicate)**
  3. **Birth certificate:** Separate Birth certificates of each & every player of the team attested by Gazetted officer. Only the certificate issued by the Statistic Department of state/UT Govt. /Central Govt. or Municipal Corporation shall be acceptable. - **(Triplicate)**
  4. **Previous year final exam mark sheet:** Separate Mark sheet of each & every player of the team, attested by the Gazetted officer. - **(Triplicate)**
  5. **Registration + certificate + ID card fees:** @ Rs. 130/- per player.

## **B) SUBMISSION DOCUMENTS**

- (1) General Manager/Chief-De-Mission of all States/Units must bring & produce the AUTHORITY LETTER from their competent authority for attestation power/signature on Eligibility Certificates/Entry forms to the organizers/S.G.F.I. person in Control room of National School Championship.
- (2) The State Flag of 6ft.x 4ft.size. **02**
- (3) Duly filled Eligibility Certificate in Format (1). **Triplicate**
- (4) Complete list of participants & officials. **Original**
- (5) Print out of online official entry form signed by competent authority of participant unit, coach & manager. **In Triplicate**
- (6) Certificate by Competent Authority regarding Participating players fulfill the eligibility rules of Championship & are students studying in **8<sup>th</sup>/10<sup>th</sup>/12<sup>th</sup> or below.**
- (7) Attested copy of mark-sheet of the last year final examination of the players.
- (8) Attested copy of birth certificated issued by statical Dept. of State Govt./Govt. of India / municipal corp. or attested copy of passport.

## **(C) VERY IMPORTANT INSTRUCTIONS FOR FILLING ONLINE OFFICIAL ENTRY FORM:**

1. A Login ID & as per the National School Games calendar 2011-12 time to time a Password & Event Code will be provided to the official email ID of affiliated unit's competent authority. The competent authority shall process and maintain the confidentiality of the secret code under his own supervision.
2. By using the secret code the competent authority will be able to login into the official website of S.G.F.I. and open the Official Entry Form. After opening the official entry form page, the competent authority shall enter the details of his team and upload the photographs of the players online. After confirmation by the website, a

printout shall be taken and countersigned by the competent authority, coach, manager and same shall be sent to organizer with the participating team.

On the base of said online entry and data available prior to the tournament, S.G.F.I. will provide Identity Cards to the players at the venue of tournament and also announce the match fixtures. The organizer will also be able to arrange facilities like lodging, boarding & transport etc. related to the tournament on time.

3. After the completion of tournament on the base of online data available the participation & merit certificates shall be issued. All the records of tournament and details of merit certificates, participation, etc will also be uploaded on the official website of S.G.F.I. By said online process of S.G.F.I., it will help in maintaining transparency, the RTI act related issues will be resolved immediately, manpower & time will be saved and the provisions of NSCI 2011 of GOI, MYAS will also be implemented.

**Instruction to competent authority for online process:**

- 1) That only the Competent Authority of affiliated units of S.G.F.I. is eligible to fill the online official entry form.
- 2) That it is expected to fill the complete official entry form at one sitting. Even though maximum of 2 or 3 sitting facility is provided to the user to fill the complete official entry form (only in case the entries are saved at every sitting) before taking the final print.
- 3) That once the entries are 'confirmed' by the users, further the competent authority will not be able to make any changes online on his level in the official entry form. Hence before proceeding the competent authority is suggested to thoroughly examine the documents and only after getting assured shall enter the information in the official entry form and click '**Confirmed & Print**'.

**Kindly ensure the following information are readily available before proceeding further:**

1. The permanent '**Login ID**' issued by S.G.F.I. office to your affiliated unit.
2. The '**password**' which is provided by S.G.F.I. to fill the official entry form for the tournament / championship in which your state/UT/unit team is participating.
3. The '**Event Code**' which is provided by S.G.F.I. for the tournament / championship in which your state/UT/unit team is participating.
4. Information of players readily available with you, like Name, Father's Name, Date of Birth, Class, School Name and Scholar no. / admission no., event, discipline & age group in which participating, weight category (if applicable).

**Kindly ensure the following documents are readily available before proceeding further:**

- Eligibility Certificate: issued by the school in which the player is studying and should have the signature of Principle / Head Master of school and further countersigned by the competent authority of the unit.
- Birth Certificate: the photocopy of birth certificate shall be attested by Gazetted officer. Only the certificate issued by the Statistic Department of state/UT Govt. /Central Govt. or Municipal Corporation shall be acceptable.
- Mark Sheet of Previous year Examination: the copy of previous year final exam mark sheet shall be attested by the Gazetted officer.

- **Photograph & Signature of Player:** passport size photographs collected from the players should have the player's name & date on which the photograph was taken, printed on the photograph. The printed photo with name & date along with Signature of the players should be scanned together as per specimen shown below and kept ready before filling the official entry form. These photographs along with signature of players as one image should be uploaded while filling the official entry form online with the player's details at proper place.

The specimen of photograph & signature for your help:

For Example:

Stick passport size photo here (Name & current date printed on the photo)
Signature



- [C] It is advised to fill the official entry form very carefully since once the form is 'CONFIRMED & PRINTED' by user, no changes can be made to filled form. On the basis the information filled in the official entry form, the ID of players, merit certificate and participation certificate shall be issued.
- [D] After completing the form & confirmation, take the print-out of official entry form. The Competent authority of participating state/UT/units, manager & coach shall sign in appropriate box given in the form. The signed official entry form shall be submitted in the control room at the venue of National School Games with along following documents :
- 1) **Covering letter:** Signed by the competent authority whose specimen signature was sent to S.G.F.I. office by the competent authority at the time of annual recognition.
  - 2) **Eligibility certificate:** Separate eligibility certificates of each & every player of the team issued by the school in which the player is studying and should have the signature of Principle / Head Master of school and further countersigned by the competent authority of the unit.
  - 3) **Birth certificate:** Separate Birth certificates of each & every player of the team attested by Gazetted officer. Only the certificate issued by the Statistic Department of state/UT Govt. /Central Govt. or Municipal Corporation shall be acceptable.
  - 4) **Previous year final exam mark sheet:** Separate Mark sheet of each & every player of the team, attested by the Gazetted officer.
  - 5) **Registration + certificate + ID card fees:** @ Rs. 130/- per player.

# Format

State/UT/Unit.....

## NATIONAL SCHOOL GAMES 20.... To 20.....

Under the aegis of School Games Federation of India

Latest Photo name

With date duly

Attested by the principal

Head Master with Stamp

### Certificate of Eligibility

Age Group under .....Boys /Girls

01	Name of the Participants (In Block Letters)																	
02	Father's Name (In Block Letters)																	
03	Name of the Institution (In Block Letters)																	
04	Institutional Full Address (In Block Letters)																	
05	Institution Phone No. with Code No.																	
06	Last Year Registration No. SGFI																	
07	Date of Birth (i) In Fig. (ii) In Words	<table border="1"> <tr> <td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> </table>																
08	Discipline																	
09	Pass Port No. (if available)																	
10	Age in Completed years as on 31 <sup>st</sup> December	<table border="1"> <tr> <td colspan="4">Year</td> <td colspan="2">Month</td> <td colspan="2">Days</td> </tr> <tr> <td></td><td></td><td></td><td></td> <td></td><td></td> <td></td><td></td> </tr> </table>	Year				Month		Days									
Year				Month		Days												
11	Home Address in Full & Phone / Mob. No. (In Block Letters)																	
12	Admission No. & Year																	
13	Date of Joining the School																	
14	Standard & Section Studying this year																	
15	Standard Studying last year																	
16	Personal Identification Marks :	1.																
		2.																
17	Signature of the Participants																	

- Certificate: 1. Certified that the above participant is a bonafide student of this Institution for the academic year.  
 2. Certified that I have personally verified the admission records maintained in the School and found correct.  
 3. Certificate that it is understood in the event of information furnished above found to be partly or wholly untrue, the above students is liable to be disqualified for a period of two years in case the students is a member of the team, then the participant is liable to be disqualified as a whole.

Signature of Competent Authority  
of State/UT/Unit with Seal

Signature with Seal  
Manager / Coach  
Post / Desn.....

Signature with Seal of the  
Head of Institution/Principal  
Head Master

For Office Use Only      Name of Invigilator .....      Sign. of Invigilator.....

Sample use only  
**School Games Federation Of India**

**CHESS Boys (U19)**

To be filled in separately for Boys/Girls

State: **GOA**

**60TH NATIONAL SCHOOL GAMES, 2014-15**

10-Sep-14 to 15-Sep-14, MARGAO (GOA)

Organized by: DIRECTOR OF SPORTS & YOUTH AFFAIRS

Under the aegis of School Games Federation of India

**OFFICIAL ENTRY FORM**

Sl. No	Event	Name	Father's Name	Date of Birth	Class	Name of school and scholar no	Photograph
1	CHESS	ADEREAN ALMEIDA	PHILIP ALMEIDA	Feb 12 1996	11	DEEP VIHAR HIGH SCHOOL, 3090	
2	CHESS	PRASHANT DOLAS	M	Jan 3 1992	12	NEW HIGH SCHOOL, 900	
3	CHESS	MILIND JOSEPH	JOHN JOSEPH	Mar 13 1993	12	NEW HIGH SCHOOL, 5677	
4	CHESS	SURESH	NARESH	Jan 5 1994	12	ACB, 00	
5	CHESS	AVINASH KOCHREKAR	RAMESH KAISARY	Sep 1 1995	12	DEEP VIHAR HIGH SCHOOL, 3154	

Name of coach: **SURENDER**

Name of manager: **ARUN M PATIL**

# **Chapter- XVII**

## **Duties of Chief-De-Mission**

- (1) The list of selected players should be handed over after obtaining order from the team manager.
- (2) Railway reservation and concession of all the players should be obtained.
- (3) Uniform should be distributed to all the participants before the competitions.
- (4) Before proceeding for competitions, the players should be informed of there Lodging and fooding arrangement so that they does not roam here and there. This is not an any way acceptable that since this is the first day hence arrangements have not been properly made. General Manager may send one or two players to the state organiser to get acquainted with the arrangements.
- (5) Eligibility Certificate of all players should be handed over to the Organising Secretary by the General Manager. If in any case the player are not permitted to participate in any game in the absence of the Eligibility Certificate, then General Manager will be taken to task and disciplinary action may be taken against him.
- (6) To ensure that all the players participate in different competitions. No player should be deprived from participating in any game/competition.
- (7) No player should be allowed to accompany the team, who has not be selected for the team.
- (8) General Manager must participate in all the meetings and if there is any complaint regarding, accommodation, fooding or regarding matches, he should report and lodge complaint to the organiser.
- (9) Ensure that no illegal officials or parents accompany the team.
- (10) Also it is urgent to check that two flags of the state has been handed over to the team manager. If the Flags are not available, If should be provided to the team Manager before participating in the competition. In any case the General Manager should not proceed without flag of the state.
- (11) Also ensure that during inauguration and Closing Ceremony all the players of the team participate in their proper kit. Officials should also participate in these functions and also in the march past.

### **Appointment of Coach and team Manager**

Following are the directions regarding appointment of Coach and team Manager:-

- (1) Team Manager and Coach should be appointed as S.G.F.I. team composition norms.
- (2) Different Coach for different age group should be appointed.
- (3) Similarly a team Manager fortottent game and different age group should be appointed.
- (4) The appointed coach should be specialist of that Game.
- (5) Such Coach should not be appointed who has not proficiency in that game.
- (6) For girls team there should be Lady team manager.
- (7) The coach and other officials will have to stay at the place where players have been accommodated. In any case Coach and team Manager shall not stay in private Hotel away from the players. They are also not permitted to stay in private Hotel along with the players. Disciplinary action shall be taken against the Coach and team Manager if he stays in any private hotel.

### **DUTIES OF OBSERVER APPOINTED BY S.G.F.I.**

In the perspective the decision taken in the General Council Meeting of S.G.F.I. and Observer is expected to perform the jobs as given below :

1. Reach the venue two days before the event and observe all the necessary arrangements e.g. stay arrangement of the players, playground, transportation arrangement and security arrangement etc. and suggest the organizers for rectification if any error is found.
2. The Officer would inspect the playground on the previous day of the event and affirm that it should fulfil national level standard.
3. Fixtures should be drawn one day earlier before all the team managers, organising secretary and technical committee. Results of the previous years should be kept in view while drawing the fixtures.
4. Have a glance at the list of the officials appointed by the organiser for the matches. The job of umpireship should be done by qualified and trained referee.

It is observer responsibility that injustice may not be done with any team. Therefore, be sure to conduct the matches with the help of organising secretary taking the whole schedule in observer own supervision.



5. The Jury of appeal committee would be organised before two days of the competition and observer will preside it.
6. Observer will be the head of the Jury of Appeal. All the matters of protest will be solved same day evening.
7. The National team will be selected by SGFI during National School Games competition. To serve this purpose, a selection committee will be formed by S.G.F.I. The president of the committee will be the officer appointed by S.G.F.I. As observer it is your responsibility to make a policy for the selection one day before the competition with the consent of concerning selection committee members. Following the directions for the selection, the lists should be prepared confidentially by every selector separately after the matches and will be handed over to you for compilation. After compilation the list should be sent in a sealed envelope alongwith the report to the Secretary General, S.G.F.I. In the selection committee, members will be of National level famous personalities, State level players & awardees of that particular game.
8. All the teams should be informed about the rules & regulations before the event take place. It will be better to provide the informative folders to the General Managers of the teams at the time of reception.
9. It is also an important responsibility of the officer to check the eligibility certificates of the players through the eligibility test committee appointed by the organising committee specially the eligibility certificates and documents of age verification of merit certificate holder should be crossed checked by Observer. One register should be maintained for merit certificate issued. Merit certificate should be counter signed by Observer below the seal of Secretary, S.G.F.I.
10. According to S.G.F.I. calendar, observer shall take exam of referees according to games during the National School tournament.
11. On the base of online official entry form the observer shall take attendance of all the players will help & co-ordination of organising secretary.
12. Send the observation report on the prescribed proforma within seven days after the competition to the Secretary General by registered post.
13. T.A. & D.A. observer as per S.G.F.I. norms will be paid by the organizer as mentioned in chapter XXI.

#### **Duties Of Referee / Technical Officer/ Officials Appointed By S.G.F.I.:**

1. The appointed referees shall reach & report the organizer at the venue of tournament two days before the tournament and shall get registered.
2. Referee / technical officers/officials shall attend the training programme conducted by the organizer and get fully aware by the rules & regulations, games and rules of S.G.F.I.
3. In this clinic the updated rules shall be discussed. The referees / technical officers shall exchanged their point of view/ suggestions so that later there may not be any dispute.
4. After registration of referees, a physical fitness test shall be conducted and only those who are found physically fit shall be eligible to participate in tournament.
5. The referee shall have the kit & equipments of specific discipline with him, which is mandatory.
6. Referee shall collect the match schedules every day and accordingly reach the play ground on time.
7. The appointed referee shall attend every day meeting and produce the match results, fouls and discuss if any incident occurred during the tournament.
8. The appointed referee shall check the following :
  - a) Identity Cards of Players.
  - b) Kit of players.
  - c) Nails of players.
  - d) Any sharp things with players.
  - e) Whether the play ground is ready for the match as per the National Level norms.
  - f) First aid facility at ground.
  - g) Each players shall be numbered in the front & at the back of his T-Shirt with plain number of solid colour.
  - h) The persons to be contacted in emergency situation.
9. The referee shall conduct the matches in a impartial manner and according to S.G.F.I. norms.
10. If during the tournament any protest application is received along with fees Rs. 1000/- then after the match the referee shall provide the receipt to the concern and immediately forward the application to organizer. In any case during protest the match shall not be stopped. If due to any natural obstacle or misconduct by

players is occurred, in such case the referee shall note the incident and after the match submit his report to the technical committee.

11. In any situation if any team leaves the ground then the referee shall call that team to come to ground by whistling 3 times. Even after this if that team does not come to the ground then the referee shall declare as loser to that team and winner to the other team.
12. In case of dispute, violence, misconduct with referee during the tournaments then the referees shall report such case to technical committee. The technical committee shall forward the case to organizing committee and recommend the penalty against defaulter.
13. After end tournament referee shall send his tournament report to S.G.F.I. office.
14. TA/DA & remuneration of referee/technical officer/official deputed by S.G.F.I. as per S.G.F.I. norms will be paid by the organizer as mentioned in chapter XXI.

## **Chapter- XVIII**

### **Revised Selection Policy-2011**

#### **a) Guidelines for more efficient management of coaching camp, selection of coach and selection of Athlete.**

##### **1. Management of Coaching Camps:**

- i) The sports authority of India, in constitution with the National Sports Federation concerned, shall work out a detailed yearly calendar of coaching camps, to be conducted in a particular discipline well in advance, in no circumstances later than 31<sup>st</sup> January every year. This calendar should be prepared based on the Long term development plan (LTDP) for that discipline, and should be in consonance with the international / national calendar of events in that discipline. In case the coaching camp, is being conducted by the S.G.F.I. concerned, the same guidelines shall be applicable to them as well.
- ii) The calendar of events so prepared, should contain detailed information above dates and period of coaching camp, venue, number of players likely to attend the camp, coaches and supporting personnel staff.
- iii) The list of probables for each coaching camp shall be decided along with the LTDP, on the basis of either National School Championship or open selection trials.
- iv) A panel of coaches and supporting personnel including doctors, physiotherapist, psychologists, scientific officers, masseurs etc. shall be prepared and made a part of the LTDP.
- v) The yearly requirements of food supplements, equipments (consumable / non-consumable) training kits, should also be worked out while preparing the yearly calendar.
- vi) The coaching calendar along with the requirements as detailed above, shall be circulated to all affiliated units of S.G.F.I., well in advance to enable them to make necessary arrangements, and to ensure smooth conduct of the camps.
- vii) The venue allocated for a particular coaching camp shall not be changed under any circumstances, unless warranted by unavoidable situations, which shall be done only after taking due approval of the competent authority.
- viii) It shall be the responsibility of organiser to ensure that random dope test are conducted in each camp as per the guidelines.
- ix) The travel plan and ticketing of every player, shall be carried out and informed to the player, well in advance of the dates of the coaching camp.
- x) The national coach, shall evaluate the progress and performance of the players in the coaching camp, and make recommendations to the selection committee, regarding discontinuation of players showing unsatisfactory performance, or inclusion of new probables giving due justification for the name.

##### **2. Selection of Coaches:**

- i) The national coaches shall be selected by a selection committee with president of the S.G.F.I. concerned as its Secretary General S.G.F.I., Chairman Selection Committee, one ex-international player, (Preferably Arjuna Awardee or International medal winner), to be nominated by the Government.
- ii) The national coach shall be appointed by S.G.F.I. after careful consideration of the names recommended by this selection committee.
- iii) The selection committee in consultation with the national coach shall choose other members of the coaching team.
- iv) The team of coaches sport scientist, experts etc shall not normally be changed or modified, once chosen till the international tournament are over.

- v) While selecting the national coach, assistant coach and other members of the coaching team, due care should be taken to ensure, that no person with tainted record is selected as a member of the coaching team.
- vi) While selecting the team for participation in any international event it shall be ensured, that only those coaches / supporting personnel are selected, who have been with the team during the coaching camp on continuous basis.

### **3. Selection of Athletes:**

- i) The selection of sportspersons for participation in international events shall be the responsibility of S.G.F.I. concerned, and Government and the sports authority of India, will not have direct involvement in the selection process, except to ensure that it is fair and transparent.
- ii) The selection criteria / norms shall be clearly communicated by the S.G.F.I. to all concerned viz., players, coaches, government observers etc. well in advance and be put up on the website of the S.G.F.I. concerned and also be forwarded to S.A.I. and the ministry to be put up on their respective websites.
- iii) In case of measurable event, the minimum qualifying norms may be fixed and announced along with the notice for selection trials and be put up on the website of the S.G.F.I. concerned and also be forwarded to S.A.I. and the ministry to be put on their respective websites.
- iv) The holding of the selection trials should be announced at least one month in advance of dates of the trials.
- v) In team events the selection trials should be held two months in advance and in the case of contact games, the selection trials should be held at least one month in advance of the competition event.
- vi) The selection shall be done by a selection committee, consisting of the president of the S.G.F.I. as the chairman, the national coach and eminent ex-sportsperson, preferably arjuna awardees. There shall be no government observer / S.A.I. nominee, as member, in the selection committee.
- vii) The S.G.F.I. shall send invitation to the government observer, for attending the selection trials, and the selection committee meetings, as an observer, at least 15 days in advance, which shall further be followed up on personal basis. The government observer must send his / her report, directly to S.A.I. and the ministry, without delay.
- viii) The national coach shall evaluate the progress and performance of each player on regular basis, and submit the report to the selection committee and sports authority of India.
- ix) The athletes who were not in the coaching camp organised prior to the selection may be allowed to participate in the selection trials, only in exceptional cases with due justification.
- x) The proceedings of the selection should spell out in detail, the selection criteria, the past performance of the players, and their performance in the selection trials.
- xi) The team once finalised for a particular event shall not be changed under any circumstances, unless warranted by unavoidable situations with due justification and the changes shall be informed to all concerned.
- xii) S.G.F.I. shall keep the performance of each athlete on its website. This should be updated at least once a month along with rankings, if applicable.
- xiii) The athlete once selected for a team, shall be treated with utmost dignity. In case of any doubt arising, the athlete has to be taken into confidence. Proper appeal mechanism shall be put in place, to ensure proper and timely redressal of their grievances.

#### **b)**

1. It will be named as S.G.F.I. New Selection Policy and its function will be to select the probable players for the Indian team for international tournaments/series determined by I.S.S.F., A.S.S.F., A.S.F.F. and S.G.F.I. These probable players will participate in the national coaching camp organized for the preparation of international championship.
2. Every year, the selection will be done during the national school sports tournament considering the discipline of international championship at the venue of the tournament forming a five member sub selection committee there. In the selection committee the Chairperson will be the observer of S.G.F.I. the Executive office bearer of S.G.F.I. or any other person appointed by S.G.F.I. The remaining for members of the selection committee will be famous national players/coaches/state level awardee winners. The Selection committee will receive the names of the probable players from the referees and coaches from various states appointing them for the selection and also observe itself during the tournaments. After receiving all such lists, the meeting of five members of selection committee will be held on the last day of the tournament and the players will be selected in the ratio of 1:3 and the list will be sealed after signing it and it will be sent to S.G.F.I. office within 5 days.

3. If, due to some unavailable reasons the selection couldn't be done during the national tournament as cited in para 2, one open selection trial will be conducted by S.G.F.I. office in which all the participant players of the concerning discipline of the latest organized national school sport tournament fulfilling the age-criteria for participating in International tournament, will be invited. The lack of time the open selection trial will be conducted by the S.G.F.I. office in which qualified quarter finalist participants players of the concerning discipline of the latest organized National School Sports Tournament fulfill the age criteria for participating in International Tournament will be invited. As per the provision cited in para 2, a five member selection committee will be formed which will select the players reg./present in selection trial on the basis at the performance in the ratio of 1:3 and the list will be sealed and sent to S.G.F.I. office.
4. If it seems to S.G.F.I. that the selection done as per the provision cited in para 2 is not upto the mark, it can organize the open selection trial as mentioned in para 3 in which eligible players of previous tournament and also the players selected during the national tournament according to para 2, would participate.
5. All those selected players who are having their passports or have applied for it in passport office, will be invited for 20 days training in the I phase national coaching camp. The selected players not having their passports or the receipt of passport office, on the very first day, is not presented, they will not be eligible to participate in the I phase of the training.
6. The selection trial for the selection of the final team to participate in International tournament will be conducted on the last day of the I phase national Coaching Camp.  
The following players will be able to participate in this selection trial.
  - (a) The players who participated in the I phase coaching camp.
  - (b) The players who have the original copy of the passport.
  - (c) The players who fulfils the age-criteria for international tournament.
7. The finally selected players in the selection trial cited in para 6 will be eligible to participate in the II phase of the national coaching camp. These players will receive the training in the II phase national coaching camp for 25 days. After the II phase training these players will be included in the Indian Team to participate in International tournament of the related discipline.
8. TA / DA & remuneration of coach, selector, referee is mentioned in Chapter XXI of this article.

## **Chapter- XIX**

### **SECURITY**

Police and Hostel Security will patrol the hostel area 24 hours a day. For security identification, all players and officials are requested to wear their tags at all times in the hostel as well as for entry into the venues for matches.

At hostel where girls are accommodating there women security guard/ police should be arranged.

Arrangement of internal security during tournament to avoid any third party disputes.

At night where girls are accommodating women teachers / volunteers should be deputed mandatory.

## **Chapter- XX**

### **Terms & Condition for organization of National School Games (Championship / Tournament)**

- 1) Organiser hereby agree with the Rules & Regulations for organization of National School Games auspices in SGFI as mentioned in the provisions (i.e. Chapter 1 to XXVI ) approved by General Council Meeting held on 03<sup>rd</sup> June 2017 at Rajnandgaon, C.G.
- 2) The basic infrastructure facilities are available at the proposed venue according to the event to be organized as per SGFI rules & regulation. .
- 3) The national level excellent playground and all the equipments is available at the venue proposed according to the norms of the event .
- 4) Excellent lodging / boarding facility would be provided to all the participating players, coach, manager of the affiliated units and officials deputed by SGFI at the proposed venue. Sufficient number of the clean rooms with proper ventilation and light and clean toilets will be available. The participating players would be provided with bed rolls, blanket, mosquito nets etc. Clean and hygiene drinking water would be available at both the places, viz. Accommodation place and the playground.
- 5) All the schedule information and other details of tournament will be intimated to SGFI office & all affiliated units and also upload the same in our official website before two months prior to the tournament. Organiser agree to that if the said information is not intimated to SGFI office before two months prior to tournament by us, then SGFI has full rights to disapprove the said schedule of championship. Organiser also agree that without approval of SGFI organiser will not pre –pone or post –pone the championship schedule.
- 6) All the technical & general information will be provided to the coaches, manager and players at the reception. The transportation facility will be provided by the organizer from bus stand / railway station to the boarding place and there to the playground. The responsibility to leave the players to the station after the closing will also be borne by the organizer.
- 7) The organizer will be responsible for the security of all the players, coaches and managers. Lady police will be arranged for the girls accommodation, specially and whole security of the players at the playground will be organizers commitment.
- 8) Medical facilities and doctors will be made available on playground and accommodation. Ten nos. Beds will be reserved in the Govt. Hospital specially for the players for emergency.
- 9) The matches will be organized as per the norms and rules regulations of SGFI. The matches will be conducted following all the norms of SGFI along with impartial umpiring, as per provisions mentioned in the rules & regulations of SGFI. Organiser further specially agree that the referee / umpire / judges for each tournament will be deputed only after the approval of SGFI 's observer or representative of S.G.F.I. The TA / DA & match remuneration of referee appointed by S.G.F.I. will be paid by the organiser according to the norms of S.G.F.I. mandatory.
- 10) Separate accommodation would be provided for the observer, technical officer and officials appointed by SGFI. The TA-DA will be paid by the organizer to them according to the norms of SGFI as per norms mentioned in chapter XXI
- 11) Match fixture will be drawn in front of coaches and manager one day before of the tournament in case if the match fixtures are not decided by S.G.F.I.

- 12) The medical tests would be conducted for the age verification as per the guidelines of GOI, MYAS and provisions mentioned in the chapter XIV & XXIV of Rules & Regulations for organizations of National School Games.
- 13) All the measures will be taken during the tournament against age fraud as per GOI, MYAS guidelines. Organiser will take proper action about prevention of sexual harassment of women during the tournament as mentioned in the chapter VII (I)
- 14) All the measured/ efforts will be taken to conduct Dope Free tournament as per GOI, MYAS guidelines. Organiser will decide the penalty for indiscipline cases during the national school tournament under the rules of S.G.F.I.
- 15) During tournament, as per the norms of SGFI everyday meeting of Chief De mission & Coach will be conducted. In said meeting all the problems of the participating teams will be discussed and sorted –out same day and match schedules for everyday will be provided to the coaches.
- 16) Organiser will organize a clinic for the technical officials & referee /judges/ umpires one day before starting the championship for their refresher & orientation. Organiser will also conduct practice session one day before the tournament.
- 17) All the records related to the tournament like official entry form, eligibility certificate, match fixtures, official duties, score sheet, match referee/ technical report, protest record, non-qualified / absent players record will be maintained. Which will be provided by organiser under the RTI act 2005. All such records will also be provided to SGFI office within one week in soft copy (DVD ) & Hard copy.
- 18) All the protest cases will be dealt same day through jury of Appeal. All the cases of misconduct by participated players, coaches & managers will be dealts by the Disciplinary Committee same day and decisions will declared to concerning state and SGFI office.
- 19) In the month of July & August 4 days National Orientation Training Programme shall be conducted by organising unit of National School Games for unit/state/UT for new games. In which two official from each affiliated unit of S.G.F.I. shall be present at the venue decided by organiser and shall obtain the training. The lodging, boarding & training expenses shall be borne by organising unit.
- 20) In the month of July organising unit shall prepare new rules & regulation of above mentioned new games according to age category under -14,17,19 Boys & Girls and send the same to S.G.F.I. office for its approval of technical committee of S.G.F.I. and to all the affiliated units of S.G.F.I.
- 21) In the month of July organising unit shall prepare the format of official entry form for new games in regard to National School Tournaments and send the same to S.G.F.I. office.
- 22) Only the fulfilment of above mentioned conditions by the organizing unit, the S.G.F.I. will consider the approval of final dates of National School Games of new games.



# SCHOOL GAMES FEDERATION OF INDIA

## Rules & Regulation of Kickboxing

### Introduction

This Rulebook is issued newly rules. It also reflects the official School Games Federation of India Competition Rules.

These current rules are valid for all affiliated states. Consideration can be given to local legal requirements and obligations if required. The official language of the SGFI T.C. is English. This Rulebook can be translated in to other languages by the SGFI T.C. In case of any discrepancies, the official English version shall prevail. Without the specific written consent of either WKF or the T.C., this Rulebook shall not be copied, published.

This Rulebook can be ordered free through the official website of the [www.sgfiindia.com](http://www.sgfiindia.com)

### Content

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- 1 WKF / SGFI T.
- 2 Doping (Definition, Controls)
- 3 Registration (online Entry, Identify Card)
- 5 Age Categories (Mini, Junior, Senior)
- 6 Weight Divisions / Weigh: In / Medical Examination
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- 2 FKO – Forms Korean
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- 4 FSS – Forms Soft Style
- 5 FWN – Forms Weapons No Music Creative
- 6 FFS – Forms Freestyle
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- 9 FTM – Team Forms

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- 1 FCT – Full: Contact Rules

## 6. Part – Kickboxing with Low Kicks

### 1 KBX – Kickboxing with Low Kicks Rules

## 7. Part – K:1

### 1 K:1 Rules

The School Games Federation of India is members of ISF

1.1 The SGFI T.C. is the School Games Federation of India Technical Committee. The T.C. consists of the one Head Referee plus four appointed A1 Referees. The T.C. can make alterations or omissions to the existing rules, as well as implement new ones. The T.C. can also be used as an arbitrary body in certain cases. The T.C. also handles the Referee affairs at larger tournaments. The T.C. Members are solely appointed from the School Games Federation of India Secretariat head office.

1.2. If a fighter thinks that he/she is listed on an online registration list, and shouldn't be, he/she must report it to the National School Games to the Organization.

1.3 Player cannot participate on Amateur events. If the Tournament Director is informed about a contradiction to this rule, one or more of the following actions can be taken:

- a) Disqualification of the Non: Amateur
- b) A ban/suspension. The T.C. will decide upon the length of time.

### 1.4. Doping

1.4.1 It is not permitted to apply any substances to boost the performance, if such substance is banned by one of the appropriate Organizations as a doping substance.

(IOC, Anti: Doping Agency, National Olympic Committee, WADA etc.).

1.4.2 School Games Federation of India is conduct tournament and players Promoter and the NADA Doctor can and may perform controls. With the authorization of the SGFI, other qualified Organizations and persons may perform such controls where the law requires it.

1.4.3 Fighters that intentionally avoid, obstruct or evade such controls, or manipulate them in any way, can be disqualified and banned, for a time period to be determined by the SGFI.

1.4.4 The privacy, especially of Boys & Girls Competitors, must be respected. Doping controls have to be made by a qualified person of the same gender. Where this is not possible, a member of the T.C. of the same gender supervises the collection of the test sample.

### 1.5. Registration

1.5.1 Fighters who want to be admitted to any competition, tournament or gala, need to fulfil the following conditions:

- a) To possess a SGFI issued or accepted online registration (Identify Card)
- b) To have a valid recognized School Student for the current year applied in the tournament
- c) Proof of an appropriate entry in the online registration and Eligibility Form to show they are "Fit to Fight". A Medical assessment must not be older than 12 months. (Forms only competitors need not to comply with this rule)
- d) Not to be excluded for medical or any other reason from participating in the event

e) To be able to show a medical attest of a performed EEG examination, in case of experiencing 3 head knockouts within a period of less than 12 months. The EEG must be made after the banned period.

#### 1.5.2 Entries into the Score Sheet and Sport Book

The Promoters of a tournament, a competition or a gala are responsible to check the following entries to the SGFI

- a) Place, date and name of the event
- b) Discipline and score of the fighter
- c) Any Knockout, Stoppage or Surrender Instead of the Promoter, the Head Referee, SGFI, Area/Ring Supervisor, or in case of a Knockout, Stoppage or Surrender a doctor can make the entries.

#### 1.5.3 Banning periods after a Knockout, Stoppage or Surrender

- a) 1 month after the incident
- b) 3 months after the second incident
- c) 12 months after the third incident within 12 months (EEG required)

After a 12 month ban due to three Stoppages/Knockouts or Surrenders within 12 months, the fighter has also to submit a medical assessment with a negative EEG examination result, before being admitted to any competition again.

#### 1.5.4 Identification of the competitors

On SGFI events, the competitors have to prove their identity and nationality by showing Government issued ID. Competitors that show an ID card issued by the SGFI, displaying the 5:digit number, need not to produce further identification. The 5: digit number means that they have already had their registration or ID scanned.

A competitor who can prove his/her special relations to a Unit other than the one of his/her Concerning Unit must submit one of the following documents to the SGFI:

- a) Birth certificate of the Doctors of Medical Board
- b) School certificate with a citizen of the State of players.
- c) A permanent residence address of the State of players

#### 1.6 Age Categories

For Mini Player is not less than sixth standard and more than 14 years on the FINAL DAY of Competition. Junior should have reached ninth standard but be less than 17 years on the FINAL DAY of Competition. Junior in Ring sport should have reached 15 years but be more than 17 years on the FINAL DAY of Competition Cadet. Senior Cadet should have reached eleventh standard but be less than 19 years on the FINAL DAY of Competition.

#### 1.7 Weigh:In

1.7.1 The weigh:in has to be completed at least two hours prior to the first fight.

1.7.2 SGFI Tournaments, Competitions or Galas Whenever possible, a selection of volunteer Referees that are preferably from different State/UT/Unit, supervise the weigh:in on International Competitions the day before the start of the competition.  
national Referees & Judges

1.7.3 The minimum age is 18 years and the Referee or Judge must be a member of a School Games Federation of India. They must attend national seminars.

1.7.4 A basic knowledge of the English language is recommended, but not compulsory. All national Seminars will be held in English or Hindi.

1.7.5 Members of the SGFI Executive Committee are identified by a white ID:Card marked with "OFFICIAL".

1.7.6 Members of the national or international Rules Committee (T.C.) and Referees of the categories A, B and C are identified by a Blue ID:Card marked with "REFEREE".

1.7.7 To be nominated as A – Referee and A1 Supervisor The majority of the T.C. Members must support the nomination.

1.7.8 To be nominated as B – Referee The Board Chairman must support the nomination.

1.7.9 To be nominated as C – Referee the appropriate unit Head Referee or state Representative must support the nomination. A district Referee cannot gain national status without the permission of their competent authority.

1.7.10 The organizer can make the attendance of seminars, and/or the successful passing of a test, as well as sufficient command of English (the official language), as a condition for an A or B – Referee nomination. The nominations are to be confirmed periodically, at least every 3 years.

### Conflict of Interest

A person who intends to be a Referee on any event cannot act as a Judge, Coach or unit Representative at the same time.

The Referees have the obligation to report themselves any possible conflict of interest. In case of an omission, the present organizing committee Members, after consulting with the Head Referee, may impose one or more of the following measures: Warning

Exclusion of a further participation as a Referee on the event Reduction of the Referee compensation Withdrawal of the Referee's License for a time determined by the T.C Head Referee

At every competition, a Head Referee has to be designated. She/he is responsible for the whole Referee organization, and supervises the work on all fighting areas and/or rings.

### Area Supervisor

On a competition with several fighting areas or rings, the Head Referee designates Area Supervisors who supervise all proceedings on their fighting area or ring. The Area Supervisor places the Referees on his fighting area or ring according to their unit or affiliation to a school, or particular fighter. He reports the results according to the instruction of the Head Referee.

The Head Referee can exchange Referees who are obviously not neutral or who violate the official SGFI competition rules, and can overrule their decisions.

### Protests

The individual judgments of the Referees/Judges are not subject to protests.

The decision of the official Doctor is not subject to protests. Protests are only possible in the following cases, and may only be placed after depositing a fee of 1000 rupees in cash with the area supervisor or the head referee:

1. A proven agreement between the Judges/Referees
2. The mathematical addition of the scores is wrong
3. An obvious mix up between the Blue and Red corner occurs
4. The official organizer rules were violated

Video recordings or any photographic media cannot be used to justify a protest. Any type of recording is not evidence in a dispute and cannot be submitted as such.

A protest does not hinder the ongoing of a competition. The Head Referee can though interrupt the continuation of the fights for a short period, if the result of the protest has a significant influence on the proceedings.

After hearing protest from both parties and the Referee involved, the Head Referee makes the final decision. No further discussion shall continue on the subject at the venue. Any further disputes must be emailed within seven days of the incident to

where the matter can be taken further. Any monies lost due to the decision of the Head Referee at the venue, shall be retained until a decision by the T.C has been reached.

Any dispute must be made without aggression, and only by the team manager or coach of the fighter. Any other presence will only be at the invitation of the Head Referee. After hearing both sides, he must only make his/her decision based upon the SGFI rules.

The protest fees, if the protest is not successful, shall flow into the general account of the SGFI for future development. If in the case of a protest being put in after the competition, the organiser then makes the decision after hearing protest from both parties and the referee involved. the final decision can only be given by the organizer/ jury chairman. All monies shall be returned in the case of a successful protest.

#### Referee Clothing

During the pre-elimination fights, up to the semi finals, a black T:shirt with the print "REFEREE " will be allowed. For the finals or Title Fights, all Referees must wear grey trousers, a blue shirt with print and a red bow tie. If necessary a dark blue blazer.

To eradicate injuries, it's forbidden to wear any jewelers, watches or pens etc. Judges that have no body contact with the Competitors are not included in this rule. The use of medical gloves is recommended.

The organizer is responsible for taking care of the Referees. This includes providing a separate room with food and beverages. It is also necessary that the Referee Tables are provided with mineral water.

## 2. Part - Semi Contact Fighting

### 2.1 Semi Contact Rules.

#### 2.1.1 The Fighting Area

The fighting area should be matted, without damage and clean. There should be no spillages or debris on the surface. Minimum dimensions for the fighting area should be minimum six metres by six metres to maximum eight metres by metres. Where practicable, one metre of safety matting should be placed around each side. The fighting area may be larger than thirty:six square metres, but no larger than sixty : four square metres.

#### 2.1.2 Rounds

The number of rounds and length of rounds is two rounds two minutes, (plus any extra time). In the event of a draw after the final round, a one minute break is followed by one minute of extra fighting time. If after this extra time there is still no winner, there should be no break, and sudden death should come in to play. First to score is the winner.

#### 2.1.3 Official SGFI Weight Categories

##### Name of Weight Category

Under 14 Years

Mini Boys

Mini Girls

Under 17 Years

Junior Girls

Junior Boys

Under 19 Years

Senior Boys  
Senior Girls

Cadets in ringsport  
Atomweight :  
Bantam Weight :  
Feather Weight :  
Light Weight :  
Light Welter Weight :  
Welter Weight :  
Light Middle Weight :  
Middle Weight :  
Light Heavy Weight :  
Cruiser Weight :  
Heavy Weight :  
Super Heavy Weight

U – 17 Boys:- -35, -40, -45, -50, -55, -60, -65, -70, -75, +75.

U – 17 GIRLS:- -35, -40, -45, -50, -55, -60, +60.

U – 19 BOYS:- -44, -48, -52, -56, -60, -65, -70, -75, -80, +80.

U – 19 GIRLS:- -45, -48, -51, -54, -57, -63, +63.

## Scoring

Punch to Head 1 point  
Punch to Body 1 point  
Foot Sweep 1 point  
Kick to Body 1 point  
Kick to Head 2 points  
Jump Kick to Body 2 points  
Any Jump Kick to Head 3 points

Scoring must be for the first technique only and follow: ups are not allowed.

## Scoring Areas

Back of Head  
Side of Head  
Face  
Under Chin  
Front Torso  
Side Torso

## Illegal Areas

Top of Head  
Neck  
Arm  
Hand  
Back  
Kidney Area

## Below the Belt (other than below the ankle Foot Sweeps)

All Sweeps must be boot to boot and no higher than the ankle. For a Sweep to score, the sweep must incur either a complete grounding, or a stumble leading to the fighter touching the ground with any part of the body other than the soles of the feet. Even the slightest of touches to the ground by the fingers for example, will result in the sweep being deemed successful.

Due to the higher points awarded in the scoring system, organiser have issued the following criteria for an automatic victory before the conclusion of the allotted time period. If any fight : difference of 10 points reached , result TKO

### Legal Techniques.

Jab (landing with knuckle part of the glove) Reverse Punch (landing with knuckle part of the glove) Backfist (but not landing with the side of the fist) Ridge hand (to head and body) , Uppercut to the body only Front Kick (to the body and head) Side Kick (to the body and head) Curving Front Kick (to the body and head) Hook Kick, Spinning Hook Kick and Jump Spinning Hook Kick (to body and head) Back Kick , Spinning Back Kick and Jump Back Kick and Jump Spinning Back Kick (to the body and head)

Roundhouse Kick and Jump Round Kick (to the body and head) Inside & Outside Crescent Kick (to the body & head) Jump Inside & Outside Crescent Kick (to the body & head) Inside & Outside Axe Kick (to the body & head, including Jump Axe) Sweep to the inside and outside of the opponent's boot (performed with inside of foot to below ankle both legs)

### Illegal Techniques

Any open handed strike with the inside of the hand (Slapping) Spinning Back Fist, Knife Hand (including Spinning/Turning Knife Hand Strike) Palm Heel Strike and Strikes with the elbows Any Throw and any Takedown, pushing with arms Leg Kicks, Strikes with the knee, Strikes with the Head, Use of the thighs Touching the ground with any other part of the body than the soles of the feet Forward Rolls, Hand Stands, Cart Wheels, any Blind Technique, any drop sweep

### Illegal Actions

Swearing Verbal attacks to the Opponent or Officials, Accusations of cheating to any Official or Competitor Uncontrolled Strikes and Kicks, any strike or kick to a joint Strike to top of head or to the back of the body, Strike or Kick to the groin Scratching, biting or spitting, Punching or Kicking after the Referee calls stop Leaving the fighting area , Falling down, Running around the area Using faulty or ill:fitting safety equipment , Wast

ing time in an unsporting fashion , Talking Causing offence by inappropriate apparel, gestures or words , Excess power Refusing to touch gloves or any other unsporting

behavior. All of the above offences may be punishable by the Referee. The Referee may decide to officially warn, deduct a point or disqualify the competitor depending upon the severity of the offence.

Fighter's Equipment Head: Guard Must cover the top of the head. Must be a Martial Arts type Head: Guard in good condition which fits well. No full: face or semi: face visor may be worn. Gum: Shield must be a Martial Arts or Boxing type. No Football / Rugby type.

Semi Gloves must cover the fingers and thumbs up to the second knuckle. Boxing gloves are prohibited at all times for Semi: Contact. Kick Boots Must cover the Instep and heel. They must be full boots and not Shin: Guards with instep pads. Boots must cover the whole foot. Groin Guard for senior Boys & Girls, junior Boys and Girls Cadets. They are recommended for Junior Girls and Kids, but not essential. They must be worn under clothing, and not on top. Shin Guards Must is worn under clothing and not on top. Must not be worn higher than the knee Chest Guard must be worn under clothing and not on top. Essential for female juniors and Adults. Recommended for Female Kids (if obviously needed) but not essential.

Clothing Fighters must be clean and dressed in an appropriate outfit. Toe nails should be clean and cut short. Fighters should wear a clean T: Shirt that ensures that the top half of the arm is covered by a sleeve providing they are in good taste and do not cause offence. Martial Arts style trousers must be worn. The trousers should cover the Velcro fastening on the boots and should be full length. There should be no zips, pockets or buttons on the trousers at all. Track suit style trousers are not allowed. Hand bandages are allowed, maximum length 2.5 meters. Tape may be used on the hand, and bandages of the hand are recommended by tournament director for safety purposes. The Referee may judge inappropriate if too much is used. Long hair should be tied back. No Metal/Plastic objects to be worn by any competitor, including earrings, eyeglasses, watches, hair grips, chains, rings, piercing jewelers etc. Soft contact lenses are allowed at the Fighter's risk. The Coach must wear appropriate clean sports clothing, and sporting shoes. A Coach must not display any "Officials" type clothing. Any suits, shirts, blazers etc must be covered up if in the act of Coaching. Equipment Check Each Fighter is subject to an equipment check prior to the start of the fight. The checks are to be done by the Line Judges, from the same gender if possible. If there is no female Judge / referee in duty, a female official can check all female competitors. No referee can touch any fighter during the equipment check.

What the Referee can do. The Referee is the only person who can stop the bout. The Medic must signal to the Referee if he/she wants the fight stopped. The Coach can retire the Fighter. The Referee may change any or all of the officials in his area if he wishes. This must not happen during a fight unless an Official is ill. The Referee must deduct a point for a third and fourth exit Warning. The Referee must disqualify a Fighter for the fifth Exit Warning. A Referee can disqualify a Fighter if he/she fails to be ready to fight after being repeatedly called. (This includes not having the correct safety equipment or not turning up at all). One minute should be called, and the Timekeeper should indicate when the minute has expired. The winner will be the Fighter who is ready to fight, and the win shall be recorded as a Walk Over. The Referee shall decide when to request the one minute, and the spirit of Sportsmanship must be shown. The Referee can disqualify a Fighter, after a majority decision between Judges and Referee, if excess power is used. A Warning or Minus Point for any other matter can be given without consulting the Judges. The Referee can issue a warning, or disqualify a Fighter if aggression is shown towards any Official. Physical aggression towards any Official will incur an immediate expulsion from the building, and a report must be submitted to the organizer and to the SGFI Head Office within seven days by the attended head referee. The Fighter must remain suspended until the matter has been dealt with by the Observer. A permanent expulsion from SGFI is a highly likely outcome.

Recording The Scores There must be a table just off the mat which should have a scoreboard. The scoreboard should have Red and Blue sides which should be able to record the points scored and the Area Warnings. Referee Warnings (for excess power etc), must be recorded on paper by the Scorer. Area Warnings and Referee Warnings are to be kept separate. Area warnings occur when a competitor's "whole" foot is over the line indicating the edge of the fight area. A competitor cannot score when he/she is out of the area but he/she can be scored against. Referees must ensure that the competitor is not pushed out of the area. For a Referee to issue an area warning, the competitor must voluntarily leave the area. A technique can only score if it is executed with complete balance. Any loss of balance after a technique will render the score invalid and the Referee must indicate "no score". A Score must comprise of: a legal technique, to a legal target area, with legal use of power. All three things must be present for a score to count. There must be two Line Judges and one Referee per fight area. The Line Judges must move and not remain static. The Judges and Referee must act as a team as the Referee cannot overrule a Judge's opinion (unless it is a clear breach of the rules). The Judges and Referee must indicate a score by raising their hand towards the scoring fighter indicating the amount of points scored by extending the relevant amount of fingers. If two or more Officials indicate the same technique, then the fight is stopped by the Referee by calling "Stop". The fighters return to their start point, and the Referee indicates the number of Officials who have scored the technique by pointing to each scoring Official (including him/herself if he/she has scored the technique). This is to show the Spectators



and Coaches, which Officials have given the point, and if it was a majority or not. He/She then shows the number of points by raising his arm, extending the relevant number of fingers to the table. The Referee must then move his/her arm towards the fighter to indicate which fighter is to have the points awarded to. This enables the Scorer to see the number points easily to reduce scoring errors. The Referee must ensure the Scorer is accurate with the scoring. A score can only be given if there is a majority of two Officials indicating a score. Of course, it can be all three Officials that indicate the same score. If two Officials indicate the same score to the same fighter, and the third Official differs, the majority wins and the score goes with the majority. If two Officials indicate two different points to the same fighter, is there only "no score" possible.

If the hands of the officials do not indicate the points at the same time, the score cannot stand. The officials must react immediately and any points indicated after the "stop" cannot score. If the Referee is not sure about what the Judges are scoring, he may stop the time and call both Judges in to the centre to discuss it. The Officials must resume their position, and the centre Referee must shout "Score". The Officials, including the

centre Referee, must give the points that they are finally awarding. This score is now final. (It is not good practice to do this very often).

In all cases, the Referee must indicate his opinion. A Referee has the same responsibility to indicate, with his raised hand and fingers, the points that he wishes to score. A Referee must not "follow" the Line Judges. He must have an opinion of his own, and show it at the same time as the Line Judges.

**Start of the fight.** Fighters may be assisted by ONE Coach who must remain seated. The checks are to be done by the line judges, prior to allowing them in to the centre of the mat. The Fighters must be parallel to the sides of the mat and one metre apart in the centre, facing each other (not corner to corner). The Referee faces the table, checks both Line Judges are ready and indicates to the Timekeeper that the fight is about to start. The Fighters must touch gloves to indicate good spirit, and the Referee starts the fight by calling "Fight".

**During the fight.** The Fighters continue to try to score against each other until the judges or Referee sees a score. The Referee calls stop, the Fighters return to their mark, the Referee indicates which Judges are scoring, shows the number of points to the table, and then indicates to which Fighter the points are awarded. The Referee restarts the fight again by calling "Fight". A Fighter or Coach can request time by making the letter "T" with their hands and taking a step back. Any apparent time wasting or misuse of this will incur a Warning from the Referee. Time does not stop until the Referee indicates t

he Timekeeper to stop. The time is not stopped to award points but it is stopped to allow adjustments to safety equipment. If a Referee Warning is given, the time must be stopped. Only the Referee can start and stop the fight, or the time.

**Ending the fight.** The Timekeeper indicates the end of the fight by a whistle, bell or by throwing a beanbag. The Referee calls "Stop" and the Fighters cease fighting. Any points scored in between the Timekeeper indicating the end of time and the Referee calling "Stop" must be scored. Only the Referee can stop the fight, not the Timekeeper. The Referee indicates the winner by calling the scores and raising the arm of the winner. The fighters should touch gloves after the fight.

**Medical Requirements** the minimum standard of qualification for attending Medical Staff is a valid First Aid Certificate. The First Aider must have a full First Aid kit. The Promoter is responsible for supplying adequate First Aid cover. Ambulance personnel and/or a Doctor is a recommendation, but it is not an essential requirement. If the Medical Staff are otherwise engaged, or leave their post, all fights must be stopped until the medical cover returns. No Medic = No fight! Medical Staff must stay until the final fight is over, and they are satisfied that they won't be required any further and that there is no further risk of a delayed problem or condition. Medical examination of Fighters prior to the start of the Tournament is recommended by organizer but not compulsory. All Fighters

compete at their own risk. No local aesthetics, plasters or bandages may be administered before or during any contest.

### Hand Signals

The following are for use by Judges & Referee

#### OPINION HAND SIGNAL

- 1 Yes, I saw the points Raise the hand and show the score
- 2 No, I saw nothing Both hands crossed in front of face
- 3 I saw but no score Both hands crossed in front of legs
- 4 Competitor stepped out Run open hand along in the direction of the area border
- 5 Both fighters scored same time raising both hands and awarding the points to both sides
- 6 Illegal Technique Point to the sky and circle the hand
7. Contact too strong Punch fist in to open flat hand
8. Blind score (not looking at target) Turn the body and punch away without looking
9. Holding or grappling Holding own arm and pull to indicate a holding technique
10. Turning the body or running away Mimic the action or rotate hand

Power The power involved in Semi: Contact Fighting must be minimal. Any excess power must be punished by the Referee. The choices available to the Referee are as follows, depending on the severity.

1. To warn the Fighter
2. To issue a point reduction
3. To disqualify the Fighter

#### The Referee Warning System and

The Area Warning System 1<sup>st</sup> Warning 2<sup>nd</sup> Warning 3<sup>rd</sup> Warning = Equaling a minus point 4<sup>th</sup> Warning = Equaling a second minus point 5<sup>th</sup> Warning = Disqualification

REMEMBER: AREA WARNINGS AND REFEREE WARNINGS ARE TO BE KEPT SEPARATE AND NOT ADDED TOGETHER!

To issue a Referee Warning or a Minus Point, the time must be stopped by showing a "T" sign with the hands to the Timekeeper. The Fighter must be called to the centre of the fight area to face the Referee. The Referee must inform the Fighter why he/she is being penalized, show the sign, wag his/her finger in an authoritative way and shout "NO!" The Referee indicates what number Warning it is by showing the relevant warning number on his fingers before showing the same to the Scorer and then pointing to the Fighter. A Minus Point is indicated by the Ref holding his/her own right elbow with their own left hand, showing the single index finger towards the ceiling, and dropping it straight down to point to the floor. A Warning, Minus Point or Disqualification may be issued by the Referee to any Fighter because of the actions of his/her Coach. The Coach forms part of the Fighter's Team, and the Fighter is responsible for the Coach.

A Warning and a Point cannot be given to the same Fighter at the same time.

Injury rule If a fighter gets injured and cannot continue, the Referee must ask the Judges if there was a foul. Between the two Judges and the Referee, there needs to be a majority decision to decide whether it was an accident or not. The Referee cannot call a foul if both Judges saw nothing wrong. If a Fighter is injured and the fight is over because of a foul, the innocent injured Fighter is declared the winner. If a Fighter is injured and the fight is over because of an accident, the contestant with the highest number of points is declared the winner. (If the points are drawn, the uninjured Fighter is declared the winner.)

If a Fight is over because of an accident to both Fighters, and neither can continue, the Winner is the Fighter with the higher points at the time of the fight stopping. If both scores are the same, the fight becomes a No Contest, and no result will be recorded. In the case of a Team Fight, both Reserve Fighters are to be used. The Referee, after discussion with the Judges, can stop the contest if one of the fighters is out of condition and struggling.

There is no standing 8 count in Semi Contact. This fight gets recorded as an RSC. In the event that a strike dazes an opponent, the Referee must stop the time and then speak with his Judges. If the MAJORITY decides "foul", the Referee must penalize the offender. If the MAJORITY decides that there was an accident, there will be no penalty.

The Doctor can decide that the Fighter cannot continue. A Referee or Judge cannot decide how badly a Fighter is injured and must take advice from the Medical Team. No protest can be made about a Medical Decision. The Referee cannot change any of the SGFI rules, and cannot overrule the Medical Decision.

The Paperwork Referee and 3 x Scoring Judges (Seated) The Scoring each round is as follows: The winner of each round gets 10 as a starting score. If the round is a draw, Both Fighters get 10 as a starting score. The loser of a round gets a starting score of 9. It is possible to give a starting score of 8 when a Fighter has not shown anything of any worth (in the Judge's opinion), and was outclassed.

Minus Points any Minus Points or Counts are to be deducted and the round TOTAL indicated. All warnings are to be indicated in the WARNINGS area on the Score: Sheet, and three Warnings will equal a MINUS. This should still be indicated as a 3<sup>rd</sup> Warning, but the Minus Point is to be deducted from the round TOTAL. A Judge may issue a JUDGE'S MINUS for severe infringements of the rules. If the Center Referee does not see the offence, the Judge may issue a Judge's Minus Point by indicating "J" in the MINUS POINTS area of the form. The reason MUST be stated on the Score: Sheet, and signed by the Judge. A Judge cannot issue a Judge's Warning if the Referee saw the offence and chose to do nothing about it. The Judge's Warning is purely a tool for Judges to punish an offence that the Referee doesn't see.

Judging a Judge must consider the following before issuing a starting SCORE...Best defense / Best attack / Best counter: attacking / Best use of ring and space / Points scored by using legal techniques, to a legal area, using legal power / Fitness / Variation of techniques and scoring areas / Number of kicks landed / Fitness and condition of the Fighter at the end of the round The number of points scored by a Fighter can be irrelevant if the Fighter only uses his/her hand techniques. Seventy punches and no kicks is not a display of Kickboxing, and should be judged as such. Regardless of other factors, if a Fighter does not kick, they cannot win the round.

Continual Kicking Rule There is no Minimum Kick Count for Light Contact under SGFI rules. Each Fighter must CONTINUALLY KICK throughout the round. If a Fighter kicks ten times in the first thirty seconds, and does not kick for the next ninety seconds, they haven't continually kicked. A fair ratio of Kicks to Punches must be used throughout the whole round. If a Judge feels that one, or both, of the Fighters have not adhered to the Continual Kicking Rule, they must inform the Referee at the end of each round. The Referee should then speak to the Fighter before the next round to indicate the Judge's

concern. Continual refusal to regularly kick may result in a Warning from the Centre Referee. This is at the discretion of the Centre Referee, and may escalate to a Minus Point for repeated Warnings.

## Part – Full Contact

Draw Lists Heats must be seeded at all World level competitions wherever rankings are available. Each fighter's name, country and number must be listed. A minimum of four fighters per weight class is obligatory. If there are less than four fighters per category, they must move up to the next

higher weight category. In that case each country must get a minimum of one copy of all Drawing Lists and Name Lists of contestants for free. They should get it at least a few hours before the start of the tournament. There is no way to protest after the drawing.

**Physical Examination** All fighters must submit to a physical examination by the designated attending physician. At the examination, the fighter must present his/her international fight book (sport pass), which must have been signed by the National Association Physician, no longer than 12 months ago. The attendance of a Doctor in Full Contact, Lowkick, K:1, Thai Boxing and MMA is obligatory, a first Aid Team is not enough! The Official Physician who mandatory attends every match, is the final authority in questions of the safety of the Fighters. He or she may, at any time, stop or terminate a match at his or her discretion. Any match must be supervised by an approved Doctor (Physician). Any and all directions and/or orders from the attending Physician must be immediately complied with. The attending Physician must be qualified as a General Practitioner. If there are more than 200 fighters, a second Physician is obligatory. The attending Physician must follow the rules and regulation of the National Health Board in question as well as be approved by the authorities where such rules apply. No match may start or proceed before the attending Physician is in place, and the Physician may not leave his/her place prior to the decision in the last match. The attending Physician shall be ready to assist if a serious emergency arises, and to administer First Aid in the event of less serious injuries. The Doctor has the right to interrupt or stop a contest by ringing the bell or calling "stop" to the Referee if he /she thinks a Fighter is in danger, and the Referee has not stopped the fight. He/she is also responsible to respond when a Referee calls him/her in case of an injured Fighter. Nobody may attempt to aid a Fighter during a round before the attending Physician has had the opportunity to see the injured fighter. This includes Seconds. If the Doctor enters the ring or he/she must examine the presumed injury, the fight is over and the Judges have to finish the score cards. The result is "won by TKO" or "Disqualification" by unanimous or majority decision. Doctor decisions are in any case final decisions, there is no protest possible. If a fighter is not in possession of his or her fight book with the annual WKF license stamp at the time of the physical examination and the weigh-in, he or she shall not be permitted to fight.

### 5.1.3 DIVISIONS AND ROUNDS

The Fighters must be in good physical shape and have a good sportsmanlike attitude.

The Fighters must be well groomed and presentable. The nails of hands and feet must be cut short. The hair must be short or freshly washed. Male Fighters with hair of a length that could pose a problem during the fight (i.e. shoulder length or more), must follow the rules concerning long hair that applies to female fighters. Male and female junior fighters are not allowed to fight real matches before the age of 15 in junior division. Only with the written approval of the Physician, parents and the coach. From the age of 15 :16 years, (after 14<sup>th</sup> birthday and before 16<sup>th</sup> birthday) and providing the local laws allow, Fighters can participate in Junior ring sport division. This include Full contact, Lowkick, K:1 and a chest protector must be worn from all fighters, male and female. From the age of 17 :19 years, (after 16<sup>th</sup> birthday and before 19<sup>th</sup> birthday) and providing the local laws allow, Fighters can participate in Cadets ring sport division. This include Full contact, Lowkick, K:1 and a chest protector must be worn from all fighters, male and female.

**Clothing for the six Kickboxing fighting categories (quick look up)**

Semi Contact Kicks above the waist Long trousers with T:shirt or ladies Top Light Contact Kicks above the waist Long trousers with T:shirt or ladies Top Full Contact Kicks above the waist Long trousers with bare upper body or Top Kickboxing with Low Kicks Kicks to inner/outer thigh Thai shorts and bare upper body or Top K:1 rules Kicks to legs, knees to body Thai shorts and bare upper body to Kicks to legs, Knees, elbows to body Thai shorts and bare upper body

**Rounds** In all Full Contact / Low Kick / K:1 and Fight will be conducted over 3 rounds of 2 minutes. There is a break of 1 minute duration between rounds. No match featuring juniors and Cadets may

go over more than 3 rounds of 2 minutes. No match featuring Amateur Fighters may go over more than 5 rounds of 2 minutes.

Rules of conduct inside and outside of the ring. It is the duty of every Fighter to show fair play in the ring. Should a Fighter not be ready to continue the match because his/her safety equipment is not working properly, or for other reasons, he shall retreat one step and raise one arm. Should a fighter be sent down for the count or in any other way be incapacitated, his/her opponent shall immediately retreat to the nearest neutral corner and wait for the Referee to signal that the match can proceed again. When a fighter receives a Warning or a reprimand from the Referee, he/she must bow in the direction of the Referee to indicate that he/she has understood the reason why. At the conclusion of the fight, the Fighters shall approach the Referee, standing in the centre of the ring. Each Fighter shall stand either side of the Referee (nearest to their own corner) and await the Speaker's announcement of the verdict. The Referee then raises the arm of the winner. After the fight the Competitors salute each other and the Opponent's seconds, after which both Fighter's bow to the Referee in recognition of his/her efforts.

Violation of SGFI rules and regulations, or infringements of the unwritten laws of good sportsmanship and fair play may lead to a Warning or Disqualification for a shorter or longer duration of time, depending on the seriousness of the violation or infringement.

The Fighter, all Fighters shall be clean and proper. It is the sole prerogative of the organizer to decide whether facial hair (moustaches, sideburns, beards or a combination of these) or the length of the hair poses a safety hazard to the Fighters, or poses an obstacle to the unhindered observation of the match. The Referee can insist that such facial hair be removed, or in the case of long hair, be contained by a net. Excessive use of grease or similar substances is prohibited. The Referee can insist that Vaseline, grease or any other similar substances be removed before the fight can start or proceed.

#### The Fighter's Equipment

All fighters must be equipped in all divisions with approved safety equipment in the form of padded protectors.

1. Individually fitted breast: protector for all Females eligible to fight Full Contact
2. Individually fitted groin: protector for all Male & Females eligible to fight Full Contact
3. Foot protectors which must cover all of the upper foot, and the heel.
4. Shin protectors (but not football type)
5. Individually fitted Head: Protector (Helmet). The top of the head must be protected too. Open helmets are forbidden. No visors or faceguards are allowed.
7. Individually fitted tooth: protector (gum shield)
8. Hand: bandages to a maximum of 2.5 meters
9. Boxing Gloves. 10 OZ in all weight categories

The fighters have the responsibility of bringing their own personal equipment and that of their Seconds to all WKF matches and tournaments. The hands of the fighters must be protected by band ages of soft elastic material, no more than 2 inches (5.08 cm) wide.

Adhesive plaster may be applied directly to the skin in such a manner that it protects the part of the hand closest to the wrist. Its direct application may not exceed 1 (one) unbroken winding on the hand, although it is permitted that the plaster cross the back of the hand 2 (two) times. It may not be placed higher on the hand than at a distance of 1 (one) inch ( 2.54 cm) from the knuckles when the hand is made into a fist. Over this a layer of elastic bandage is applied and held in place by self: adhesive plaster. The bandages must be approved by the Referee or by the Tournament Director. All fighters with long hair may wear approved hair bands or metal free holders. They must do so if the hair is long enough to pose a safety hazard or could hinder the observation of the fight.

Fighters, No Fighter may participate in any match. Officials shall verify that Fighters compete in their proper weight class. The count of victories is made by adding the number of victories the individual fighter has had (not the number of matches which are irrelevant) and then classifying the fighter accordingly. In order to qualify for a professional status, fighters must have competed in at least 3 approved and verified 3 to 5 round bouts as amateurs.

#### FIGHTERS CLASSIFICATION

Fighters will be separated by class, N (novice) class to A class, Classification will be defined by the numbers of bouts a fighter wins, not the number of bouts they have had. Fighters will be classified as follows:

N class :3 wins

C class +3 wins

B class +6 wins

A class +12 wins

After having signed a professional contract and having fought as a professional it is no longer possible to revert to amateur status. Except after the first pro fight, the fighter could request for revert in re:amateur status in written form to the T.C.

#### Seconds

The Second may give up on behalf of his/her Fighter if he/she deems it irresponsible to let the fight continue. This is indicated by the second throwing a towel into the ring.

Prior to every tournament the Head Referee shall call a meeting with all the Judges, Referees and Seconds to clear up any questions about rules, regulations and the general proceedings of the tournament. No rules can be changed during this meeting.

Seconds shall support and advise their Fighters during the intermission between rounds. Each fighter may have 2 seconds and only one of these may enter the ring during the intermission.

During the rounds neither of the Seconds may enter the ring, or in any other manner hinder or disturb the proper proceeding of the fight. Seconds shall comply with any and all directions by the Referee. Prior to each round the Seconds must remove buckets, stools, towels from the ring, and if necessary wipe the floor clean of spilt water.

The Seconds shall have at their disposal a towel, a sponge, water and grease for the fighter.

During the rounds the seconds may give advice (just in a proper manner), help or in any way encourage the Fighter. Should a Second violate this rule, the Referee can issue a warning or expel the Second, or disqualify the Fighter. A Second who has been expelled may not function as Second in the remaining part of the tournament. A match starts when the Referee gives the command "fight" to begin the first round, and it finishes when the Referee stops the fight in the last round. Only the Fighters and the Referee may be present in the ring during the match. If any other person enters the ring, the fight is immediately over and cannot continue again.

#### Legal Techniques Full Contact

1. All forms of Boxing in combination with kicks above the waist to the body and the head. The use of Spinning Back Fist only with focus on the opponent
2. Rear (reverse) kicks to the body or the head, spinning back kicks to the body and to the head with full contact to knock out the opponent. Foot sweeps are permitted.

Warnings and Minus Points In case of a serious violation of the following points the Referee shall stop the fight with the command "Stop", stop the Time by indicating a "T" sign to the Timekeeper, and issue a Warning to the Fighter. The Warning shall be issued clearly and in such a manner that the Fighter in question understands the reason for the Warning. The Referee shall clearly indicate which fighter has received the warning by pointing his hand. If a Fighter has got a "Warning" because of a foul, no point is to be deducted by the Judges, but they should immediately award

the other fighter with one extra successful punch. If a fighter has got a second Warning because of a foul, no point is to be deducted, but the Judges shall immediately award the other fighter with another two successful punches. Following a Warning the referee shall let the match proceed by commanding „Fight“. Should a fighter receive 3 warnings in one match, immediately he/she gets penalized simultaneously with the first Minus Point (Penalty Point), and one point must be deducted by the Judges on the Scorecard. After three Minus Points in a match, he/she shall immediately be disqualified simultaneously with the last Minus Point being issued.

The Warnings and Penalty (Minus) Points are given for using any illegal technique or doing prohibited actions. This also applies to the Coach or Second.

#### Illegal Techniques (Fouls)

Full Contact All forms of biting are prohibited. All strikes, blows and punches executed with the palm side of the gloves are prohibited. All kicks to the back and the back of the neck are prohibited. Any form of butting with the head is prohibited. All attacks (strikes, punches, kicks) against the joints are prohibited, Kicks to the groin are prohibited.

Attacking a downed Opponent is prohibited. Also attacking an Opponent who touches the floor with his gloves is prohibited. Spitting out one's tooth protector (gum:shield) is prohibited. Any kind of throwing Holding the ropes and attacking an opponent, any form of clinching or holding the opponent is prohibited. All types of strikes with the elbows are prohibited, any form of kicking with the knees is prohibited. All kicks against the thighs or under the waistline are prohibited, excluding Foot Sweep. Punching to the back or top of the head is prohibited. Punching or Kicking after the Referee calls Stop, or after the bell.

#### INTENTIONAL EVASION OF CONTEST

A Fighter intentionally avoiding any physical contact with his opponent will receive a Warning from the Referee. If a Fighter continues to avoid a confrontation with his opponent after receiving a Warning during that round, he may be penalized by the Referee with a Minus Point. If the Fighter continues to evade action, either in the same round or in any round, the Referee may, at his discretion, award more penalties, or stop the bout and declare a Technical Knockout. In an instance where the Fighter is purposely going down without being hit, the Referee will automatically administer a Standing 8:count, as specified in the rule on Knock downs.

SGFI amateur division scoring rules. The SGFI Amateur Division's scoring rules in matches have 10 points as the maximum score and 6 points as a minimum score. The use of "clickers", point adding machines, is recommended. The points are awarded to the Fighters by the Judges during each round. Points are given for clean hits according to the following criteria: any legal strike or punch to the body or to the head, to a legal area 1 point any legal foot sweep if the opponent is downed, 1 point any legal kick to the body, to a legal area, 1 point any legal kick to the head, to a legal area, 2 points any legal jumping kicks to the body, 2 points any legal jumping kicks to the head 3 points The Judges shall base their evaluation of the fight on the following guidelines: Best technique / Effective Parries and Counterattacks / Best combinations / Fighting spirit and initiative / Good sportsmanship and fair play / Number of clean hits scored / Number of minus points and knock downs / Defense / Ring:Craft / Fitness To score points all effective legal kicks or punches must hit directly without being blocked or parried on any legal area. For punches and blows the technique must be delivered with the striking zone of the closed glove.

KICKBOXING SCORING CRITERIA - The kicker will always have the advantage

Scoring and points in Full Contact decisions shall be made after the following guidelines: Victory on points (P) If no Fighter dominates and the round is even, the score for the round is 10:10. Following this, points are subtracted from each Fighter's score according to the number of Min us points they have been awarded by the Referee. The winning Fighter of a round gets 10 Points, his/her

opponent gets 9 points. If a Fighter offers no reply during the round, a score of 10:8 can be recorded by the Judges even if there are no Minus Points or Knockdowns. If an official warning was given because of a "foul", the Judges shall immediately mark these warnings with the letter W Warning under "fouls" on the scorecard to indicate that the Fighter has received a Warning. If an official Minus Point was given because of a "foul" and not just a warning, each Judge must deduct 1 point from the scorecard of the involved fighter, immediately when the round is over. (i.e. 10:9 assuming neither Fighter dominated). The Judges shall always mark these points with the letter M (for Minus Point) under fouls" on the scorecard to indicate that the Fighter has received a Minus Point. If a second official Minus Point was given in the same round, each Judge must deduct 2 points from the score of the involved fighter, immediately when the round is over. (i.e. 10:8 assuming neither Fighter dominated) In case of a third official Minus Point in that match, the fight is over immediately by Disqualification. If a Fighter gets counted, each Judge must deduct 1 point from the Scorecard, immediately when the round is over (i.e. 10:9 becomes 10:8 because of the Knockdown). The Judges shall always mark this knockdown with the letter K (for Knockdown) under "KD" in the Scorecard to indicate that the Fighter has received a Knockdown. At the conclusion of the match all rounds are added up to the final score (i.e. 30:27) and the Fighter with more points on the

Scorecards shall be declared the winner. Should a Judge observe a violation that has apparently escaped the notice of the Referee, and if he/she subsequently imposes a reasonable sanction upon the fighter committing the violation, he/she shall indicate that he/she has done just that by marking the points of the violating fighter with the letter J (for judge's minus) and in writing state his/her reasons for the sanction. This incurs a Minus Point for the Fighter concerned. Victory by attending Physician stopping the contest or because of injury (DOD) The attending Physician is the supreme authority in

questions relating to the safety of the Fighters, and may demand that the match be stopped. If one of the Fighters is injured, it is only the Doctor's decision to stop the fight, or the Fighter him/herself or his/her Coach wants to retire from the fight. The attending Physician may stop any match regardless of it being a World or European championship or any other important match. Should the attending Physician wish to stop a match to examine a fighter, he/she must first inform the Referee. The Referee then stops the match until the Physician has examined the Fighter, but only to decide that the fight can

continue or not. This examination must take place in the ring and have a maximum duration of one minute. Any kind of treatment of the Fighter is explicitly forbidden and would finish the fight immediately. Should this time not be sufficient, the Referee shall end the match. If one of the Fighters is injured and the fight is over because of a foul, the innocent Fighter is declared the winner. In case of an accident, the Judges have to finish their Scorecards, and the contestant with the highest number of points is declared the winner. If both Fighters are injured or knocked out simultaneously, and neither is able to continue the match, the Judges shall add up each Fighter's points, up to the time the fight was stopped, and the fighter leading on points shall be declared the winner.

Should this situation occur in the first round, the match shall be declared "No Contest" and no winner is declared. Giving Up (SUR)

In cases where a Fighter voluntarily gives up because of injuries, or for any other reason, or if he or she does not resume fighting immediately after the intermission between rounds, the opponent shall be declared the winner. In these cases the

Second shall throw a towel into the ring to signal that his/her Fighter gives up. Victory by Referee stopping contest (RSC) The Referee may stop a match if a Fighter is clearly outmatched or if he/she is a hazard to his/her own safety after the following guidelines: If a Fighter in the judgment of the Referee is clearly overmatched and will face unnecessary punishment in the ring should the match be allowed to go on. If a Fighter in the judgment of the Referee is unable to continue the match due to injuries or for any other physical reasons, the Referee must stop the match and call the official match Doctor to the ring.



No referee can decide how seriously a fighter is injured, He / She must call the doctor .

No Contest (NC) A match may be stopped by the Referee before the prescribed time due to circumstances beyond the control of the Fighters or the Referee:

1. The referee has to stop the match before the first round has finished.
2. The safety equipment of the ring has been damaged.
3. The ring is unsafe for use.
4. The lighting over the ring is failing
5. Weather conditions force the referee to stop the match.

Under such circumstances the match shall be stopped and a "no contest", with no winner is declared. Victory by Walk:Over (WO) If one Fighter is present in the ring and ready to fight and his/her opponent fails to show after his/her name has been called

over the loudspeaker, the Referee shall signal the Referee's Table to start with the running of 1 minute. If the opponent has not entered the ring within a time limit of 1 minute, the Timekeeper shall strike the gong to signal that the match has been stopped. The Referee shall then announce the Fighter who was first in the ring & declare him/her the winner by "Walk:Over".

The Judges shall note this on their cards, which are then collected. The Judges shall then summon the fighter who has won on Walk:Over to the centre of the ring, and thereafter the announcement of the decision, raise his/her hand and declare him/her the winner.

The Three Knockdown Rule There will be a "Three Knockdown Rule" in effect in any bout. The Referee will in all circumstances have to stop the contest when 3 knockdowns or Standing 8 counts in one round, or 4 standing counts in the fight occur. Before a

fallen Fighter resumes fighting after having been knocked down, or having slipped or fallen to the canvas, the Referee will wipe the Fighter's gloves free of any dirt or moisture.

Minimum Kicking Requirement : MKR Rule In all matches there will be no Minimum Kicking Requirement. Kicking Judges will not be required.

Knockdowns Method of counting over a Fighter who has been downed When a Fighter is knocked down, the Referee will send the standing fighter to the furthest neutral corner of the ring, pointing to that corner. He will audibly announce the passing of the seconds, and continue the count holding up fingers in front of the Fighter who was knocked down.

If a Fighter is knocked down, the Referee will begin a mandatory eight count. If the Fighter then appears able to continue, he will allow the bout to resume. The Referee's count is the only official count. The Referee shall not count past eight if a Fighter has risen to his feet.

A fighter may not be saved by the bell, even in the last round. However, if the bell sounds, ending a round, before a Fighter begins to fall, the Fighter will be allowed to return to his corner, being helped, if necessary, by only one of his Seconds. Should the opponent fail to stay in the furthest neutral corner, the Referee will cease counting until

he has returned to it, and then resume the count at the point from which it was interrupted. If the Fighter does not rise before the count of ten, he will be declared Knocked Out and the bout will be awarded to his opponent. If, in the Referee's opinion, the downed Fighter will not be able to rise by the count of ten, and he believes the fighter requires more immediate attention, he may signal the end of the bout before the count of ten by waving his arms in front of his face and immediately summoning the Fighter's corner personnel and the Ring Physician to attend the downed Fighter.

A Fighter will be declared Knocked Down if any portion of his body other than his feet touch the floor. A Fighter will not be declared Knocked Down if he is pushed or accidentally slips to the floor. The decision as to whether a contestant has been pushed or slipped to the floor, rather than being knocked down, will be made by the Referee.

If the fighter taking the count is still down when the Referee calls the count of ten, the Referee will wave both arms to indicate that he has been Knocked Out, and will signal that the opponent is the winner. A round's ending before the Referee reaches the count of ten, will have no bearing on the count. There is no saving by the bell. In all bouts, the fallen Fighter must rise before the count of ten to avoid being knocked out. The Referee may determine during the rest period between rounds, that a Fighter is unable to continue the bout safely and is thus the loser of the bout by Technical Knockout. The Referee may, at his discretion, request that the ringside Physician examine a Fighter during the bout. Should the examination occur during the course of a round, the clock shall be stopped until the examination is complete. If both Fighters go down simultaneously, counting will be continued as long as one of them is down. If both fighters remain down until the count of ten, the bout will be stopped, and the decision will be a Technical Draw. If one Fighter rises before the count of ten and the other Fighter remains down, the first Fighter to rise shall be declared the winner by Knockout. If both Fighters rise before the count of ten, the round will continue. If a Fighter gets counted, each Judge must deduct 1 point from the scorecard, immediately when the round is over. The Judges shall always mark this knockdown with the letter K (for knockdown) under "KD" in the Score: Card to indicate that the Fighter has received a knockdown.

## 6. Part – Kickboxing with Low Kicks

Lowkick rules called freestyle rules. The rules for this style are as per Full Contact except for...

All forms of Boxing in combination with kicks above the waist to the body and the head. The use of Spinning Back Fist only with focus on the opponent. Kicks are allowed (Low Kicks) to the thighs, inside and outside. (Tibia) Kicks are only allowed higher than four inches above the knee and not to the calf. Foot and Shin Protectors are compulsory (not voluntary) in Kickboxing with Low Kicks Fighters must wear Thai Shorts. Under Lowkick (Freestyle) rules, leg checking is allowed within the parameters defined by the rules that govern leg kicks and strategies for blocking with the legs. It is the Fighter's choice whether or not to follow :up his legal sweeping attempt. Follow:up techniques must land on the opponent prior to any part of his body touching the floor (other than the soles of his feet). As always, striking a downed opponent is illegal. A successful sweep is not considered a knockdown.

## 7. Part K-1 Rules

The rules for K-1 style are the same as for Lowkick except...

Shin Protectors are compulsory ( not voluntary) in K:1 style rules Clinching is not allowed. Under K:1 Rules, limited "neck wrestling" is permitted for the purpose of executing knee strikes to the front or sides of the torso (lower limit the waistline, level with the navel : upper limit the chest, immediately below the line of the clavicle). A fighter may not continue a "neck wrestling" strategy after the first knee strike under K:1 Rules. The Referee has immediately to break the fighters or stop the fight after the first knee strike in clinch situations. Under K:1 rules, supporting one leg for a single attempt to kick out the other is allowed, provided that the attempt is made within five seconds in the Referee's estimation. Only one such attempt is allowed and must be executed away from the illegal area around the knee joint. Under K:1 rules, leg checking is allowed within the parameters defined by the rules that govern leg kicks and strategies for blocking with the legs. It is the Fighter's choice whether or not to follow :up his legal sweeping attempt. Follow:up techniques must land on the opponent prior to any part of his body touching the floor (other than the soles of his feet). As always, striking a downed opponent is illegal. A successful sweep is not considered a knockdown. Full Contact Kicks against the opponents guard in K:1 Rules shall be scored, when they have a damaging effect upon the opponent.

## 8. Part – Thai Boxing

The rules for this style are as per K-1 rules except for...

The following are acceptable techniques...

1. Knee attacks to the body and kicks with the shin to the thighs, body and the head (and the arm if used with force).
2. Clinching (holding) and attacking at the same time with knees and elbows or any strikes.
3. Elbow strikes to the body.
4. Flat throws below the waist line, only in clinching situations.
5. The use of Spinning Back Fist only with focus on the opponent.
6. The use of Kicks to the whole leg above or below the knee.

Under Thai rules, supporting one leg for a single attempt to kick out the other is allowed, provided that the attempt is made within five seconds in the Referee's estimation. Only one such attempt is allowed and must be executed away from the illegal area around the knee joint. Under Thai rules, leg checking is allowed within the parameters defined by the rules that govern leg kicks and strategies for blocking with the legs. It is the Fighter's choice whether or not to follow up his legal sweeping attempt. Follow-up techniques must land on the opponent prior to any part of his body touching the floor (other than the soles of his feet). As always, striking a downed opponent is illegal. A successful sweep is not considered a knockdown. Full Contact Kicks against the opponent's guard in Thai Boxing shall be scored, as they have a damaging effect upon the opponent. Shin Protectors are compulsory (not voluntary) in Thai Boxing

The Following are Fouls in Thai Boxing...

All forms of biting are prohibited.

All strikes, blows and punches executed with the palm side of the gloves are prohibited.

All kicks to the back and the back of the neck are prohibited.

Any form of butting with the head is prohibited.

All attacks (strikes, punches, kicks) against the joints are prohibited. Kicks to the groin are prohibited.

Attacking a downed Opponent or an Opponent who touches the floor with his/her gloves is prohibited. Spitting out one's tooth protector (gum:shield) is prohibited.

Any kind of throwing above the waistline Holding the ropes and attacking an opponent, also in clinching situations Punching to the back or top of the head Linear or striking/ kicking to the spine Strikes and kicks after the Referee calls stop, or after the bell.

Thai Boxing Scoring Criteria

The winner of a bout is determined by two main scoring criteria:

a) The number of clean Muay Thai techniques striking a legitimate target, or used successfully against an opponent. Muay Thai techniques include all punching technique using the fist and forearm, all elbow strikes, all knee strikes, Round Kicks, Front, Side and Back Push Kicks and Muay Thai throws. Legitimate targets include all areas of the body (except deliberately striking the groin area or any part of the back), the tibia (shin) when used in a blocking action, and the fore arm when used in a blocking action.

Note :- a) strong Kicks to the upper arm score. b) The effectiveness of the techniques.

Effectiveness

Effective techniques are defined as Muay Thai techniques delivered on balance and have a physical effect on a competitor. To be considered effective techniques, strikes or throwing actions are to comprise of one of the following.

- i) to cause a loss of a Fighter's balanced position. (They are moved physically either due to the power of the strike, good timing or because of a Fighter's loss of balance) or...
- ii). to cause them to show physical or psychological distress, (showing fear or pain).

iii). Round Kicks delivered with force cleanly hitting the body or neck are considered effective, even without causing loss of position. Similarly, straight Knee Strikes or Circle Knees, delivered with force and striking with the point of the knee, also are considered effective without obvious effect.

iv). All Elbow Strikes that cut are considered effective without any other obvious effect.

v). If a Fighter kicks an opponent on target, but that kicking leg is caught by their opponent, the Kicker scores a point. However, if after their kick is caught, they are knocked down to the canvas by a kick, the Fighter kicking their opponent to the canvas scores as well. However, if the Kicker with his kicking leg caught by an opponent pretends to fall down on the ring floor, they are considered guilty of violating the rules. In this case, no Fighter scores a point.

Notes: The winner of a bout is the Fighter who successfully delivers more effective techniques than their opponent whether moving forwards, backwards, sideways or against the ropes. If the number of strikes scored by each competitor is equal, and one Fighter was clearly more proactive in attempting to attack during the bout, they should win the bout. If the number of strikes scored by each Fighter is equal and no contestant has clearly attacked more, the Fighter who shows better offensive skills, defensive skills, elusive skills, or counterattacking skills using Muay Thai arts and techniques wins the bout. If Fighters are otherwise equal and one Fighter clearly fouls consistently, that Fighter who violates the rules loses the bout. If neither Fighter delivers any effective strikes, the Fighter that lands more ineffective strikes should be awarded the bout.

#### 7.1.4 Fouls

Biting, head butting, eye poking, sticking out the tongue to taunt an opponent. Using Judo and Wrestling throws. Hyper:extending an opponent's spine using a "back breaking type hold" is to be considered a Foul. Catching an opponent's leg and pushing forwards more than two steps without either contestant using any attacking techniques.

After a Fighter gets their leg caught, they deliberately drop to the floor to avoid being hit.

Any knee strike to an opponent's protective cup is a Foul. If the Referee considers this to be a forceful strike, they can award up to a maximum of five minutes to recover. After this period, if the injured Fighter refuses to continue, the Judges must decide whether it was a purposeful Foul or an accidental Foul. The rules on injuries are the same as for

Full Contact (Section 5.2.5). Deliberately kicking upwards, targeting the protective cup is considered a Foul. However, if the protective cup is kicked accidentally when attempting to kick another target, this is not a foul and the injured Fighter must continue. Disobeying the Referee's commands cannot be allowed, and will be treated as a Foul.

Impeding an opponent from rising from the canvas or getting back into the ring is also to be considered a Foul.

Scoring procedure for the contest A Full ten (10) points are given to the winner of the round and his opponent may be given 9 : 8 : 7 points in proportion.

a) For an even round, both boxers score full ten (10) points (10:10)

b) The winner scores ten (10) points and the loser scores nine (9) points (10:9)

c) The clear winner of a round scores ten (10) points and the loser scores eight (8) points (10:8)

d) The winner of a round with his opponent having been counted once in that round scores ten (10) points and the loser scores eight (8) points (10:8).

e) The clear winner of a round with his opponent having been counted once in that round scores ten (10) points and the loser scores seven (7) points (10:7)

f) The winner of a round with his opponent having been counted twice in that round scores ten (10) points and the loser scores seven (7) points (10:7)

g) The Fighter who has been cautioned must not get full ten points in that round. The Referee's Caution can cost one (1) point each.



# School Games Federation of India



Recognised by Ministry of Youth Affairs & Sports, Govt. of India

Member : International School Sports Federation, Asian School Sports Federation, Asian School Football Federation

**PATRON-IN-CHIEF** (Honorary) & Patron  
**Padmabhushan Satpal**  
DELHI

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**Padmashree Sushli Kumar**  
Chennai Government

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Co-ordinator U.P. School Games, Agra (U.P.)

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Maharashtra, Pune

**TREASURER**  
**S. R. Karsh**  
Asst. Director, Sports & Public Instruction  
Chattisgarh, Raipur

71/SGFI/T.C./A-3

मोहाल दिनांक - 03-Sep-16

प्रति,

महासचिव,

स्कूल गेम्स फेडरेशन ऑफ इंडिया

विषय:- लगोरी खेल के नियमों के प्रकाशन विषयक।

विषयान्तर्गत लगोरी खेल के नियमों का संपूर्ण विवरण संलग्न कर प्रेषित है। उक्त नियम लगोरी फेडरेशन ऑफ इंडिया से प्राप्त हुये है। उक्त नियमों का परीक्षण किया गया। नियमों के अनुसार खिलाड़ियों की संख्या संबंधी नियम एवं ग्राउण्ड आकार निम्नानुसार रखा जाना प्रस्तावित है:-

1/ खिलाड़ियों की संख्या :-

लगोरी खेल में खिलाड़ियों की कुल संख्या 12 होती है। इसमें एक गेम के अन्तर्गत 06 खिलाड़ी मैदान के अंदर खेलने हेतु उपस्थित रहेंगे तथा 06 खिलाड़ी मैदान के बाहर बॉल उठाने के लिये उपस्थित रहेंगे। यदि मैच के दौरान कोई खिलाड़ी घायल होता है तो उसके स्थान पर अन्य खिलाड़ी को चेंज किया जा सकता है परंतु यदि कोई खिलाड़ी घायल नहीं होता है तो किसी भी सेट के दौरान इन 06 खिलाड़ियों में से किसी को नहीं बदला जा सकता है। सेट समाप्त होने के उपरांत ही खिलाड़ी आवश्यकतानुसार बदले जा सकते हैं।

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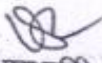
Chhattisgarh, Raipur

- 2 -

## 2/ लगोरी खेल के मैदान का आकार :-

लगोरी खेल का ग्राउंड आयताकार रहेगा जिसकी लंबाई 81 फीट एवं चौड़ाई 45 फीट रहेगी। आयताकार मैदान के चारों कोनों पर 3 गुणा 3 वर्ग फीट के चार कार्नर बनाये जायेंगे। मैदान के बीचों बीच 1 गुणा 1 वर्ग फीट का वर्गाकार गोला रहेगा जिसमें लगोरी को रखा जाता है। मैदान को तीन भागों में विभाजित किया जायेगा। वर्गाकार एक फीट के बीच भाग से ब्रेकर और कैचर की दूरी मध्य से दोनों तरफ 12-12 फीट रहेगी। कैचर पाइंट 3 गुणा 3 वर्ग फीट का रहेगा।

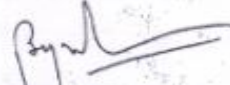
उपरोक्तानुसार खिलाड़ियों की संख्या के संबंध में उक्तानुसार नियमों से सहमत होते हुए स्कूल गेम्स फेडरेशन ऑफ इंडिया की समस्त इकाईयों को सूचित किया जाना उचित होगा एवं स्कूल गेम्स फेडरेशन ऑफ इंडिया के वेबसाइट पर लगोरी खेल के उक्त नियमों को अपलोड किया जाना प्रस्तावित है।

  
(के.एस.मूर्ति)

सदस्य

तकनीकी समिति

स्कूल गेम्स फेडरेशन ऑफ इंडिया



(वी.वी.सक्सेना)

अध्यक्ष

तकनीकी समिति

स्कूल गेम्स फेडरेशन ऑफ इंडिया

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## 1.1 GENERAL PRINCIPLES

- The Lagori ground should be situated on a tract a grassy field, clay ground, wooden court, cement court, beach & it's should be design for games & Competition.
- On the Lagori ground, the natural objects such as tree, grove, low wall, should be avoided.
- The outer of the ground boundary can be set up as spectator area with references to the natural features.
- The ground design layout plan of the Lagori should be displayed at the ideal strategic visible location.

## 1.2 LAGORI GROUND DESIGN

- The design of the Lagori ground shall comprise single in number
- The total length of the Lagori ground is approximate in Feet.
- In principles, the surface of the ground shall be even and smooth.

## 1.3 SPECIFICATION OF THE LAGORI GROUND

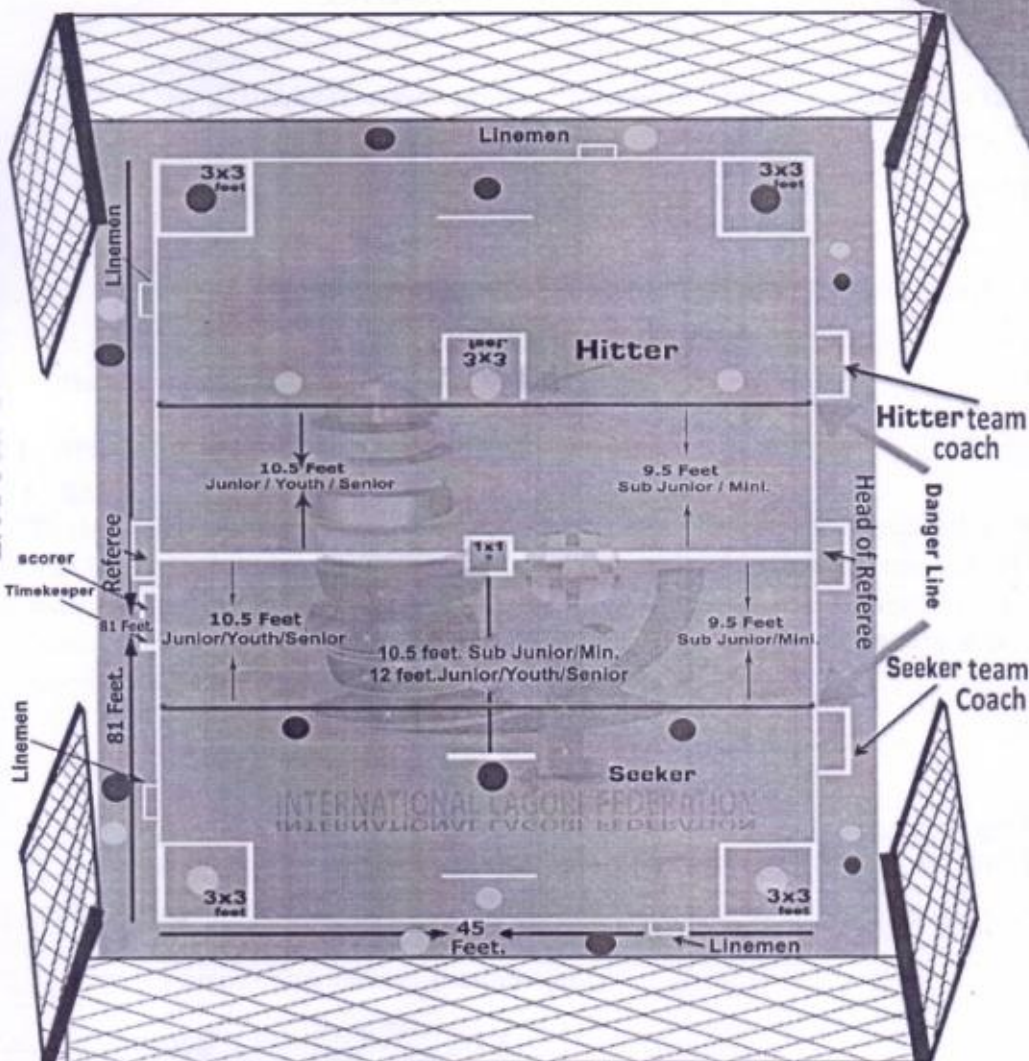
- Lagori ground is rectangular in shape with 81 feet length & 45 feet in Width.
- There should be 3×3 feet box on 4 corner of rectangular, as shown in figure below.
- A center line should be drawn from the center of the rectangular which divides rectangular in 2 equal parts.
- There should be box made in the center of the ground of 1 square feet to keep Lagori.
- The lines drawn from the center to both sides are Danger line which distance are,
  - ✓ 9.5feet - Mini group and Sub Junior group.
  - ✓ 10.5 feet – Junior, Youth and Senior group.
- There is one 3×3 box inside the Danger line to hold the position of CATCHER.
- The breaker line on ground from center point is,
  - 1) 10.5 feet – Cub Class & Sub Junior
  - 2) 12 feet – Junior ,Youth & Senior
- The line drawn to make the ground should be 5 cm width.

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LAGORI GROUND DESIGN



● - Hitter Team Player's

● - Seeker Team Player's

OLD LAGORI



NEW LAGORI

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राकेश



## LAGORI EQUIPMENTS

- Lagori equipment includes,

- ✓ Ball
- ✓ Lagori
- ✓ Net
- ✓ Whistle
- ✓ Score Sheet
- ✓ Stopwatch
- ✓ Yellow & Red card.
- ✓ Supporter & Center Guard

The Lagori equipment's are certified as qualified by ALFI.

### 2.1 SPECIFICATION OF EQUIPMENT

- **BALL**

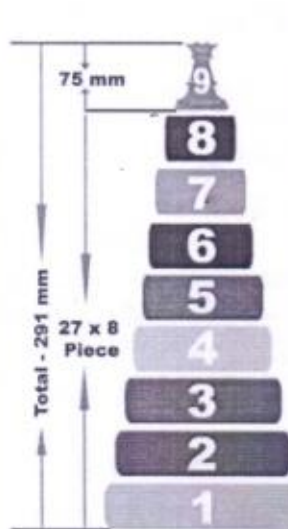
The ball shall be round sphere - shaped ,made of rubber. The ball shall weigh not more than 85 gms and not less than 75 gms and shall measure not less than 210 mm and not more than 230 mm in circumferences. The ball to be used in the matches should have been approved by federation. The ball can only be changed until the permission of the umpire in the following condition.

- ✓ If the ball is lost or cracked
- ✓ If the ball is out shape.

- **LAGORI**

Lagori includes 9 slab of PLASTIC.

Lagori slab include 9 slab which contains number from Top Slab no. 9, & going DOWNWARD such as 8,7,6,5,4,3,2 & 1.



Weight (Kg)	Diameter (mm)
0.034	39 mm
0.014	42 mm
0.018	51 mm
0.022	57 mm
0.026	63 mm
0.030	69 mm
0.034	75 mm
0.036	81 mm
0.045	84 mm

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### 3. LAGORI TEAM

#### 3.1 ORGANIZATION OF LAGORI TEAM

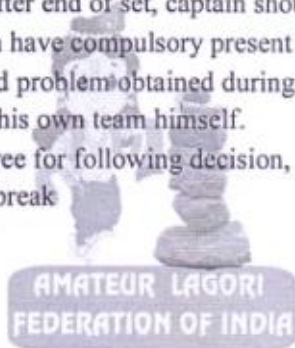
- Team members and staffs: The team consists of team leaders, coach, manager, captain and team members.
- Each team can registered **12 players** including the captain. For the game **6 of them** can play in the game and **6 players** will be out of the ground to pass the ball.

#### 3.2 PLAYERS

- The player who did not enter and register his / her name for the game, is not permitted to play in the game.
- Similar fashion outfit are required for players in the game recommend by Federation.

#### 3.3 CAPTAIN'S ROLE IN GAME

- If any team have doubt about the decision of referee then the captain of that team can appeal to Referee for Third Umpire decision
- If the players interchange after end of set, captain should inform that to referee & table
- Before match starts, captain have compulsory present for toss.
- If any Technical queries and problem obtained during match then, only team captain have to face it and manage his own team himself.
- Captain can appeal to Referee for following decision,
  - ✓ One bounce Lagori break
  - ✓ One bounce catch
  - ✓ Alternate pass
  - ✓ Seventh pass
  - ✓ Line brake



#### 3.4 PLAYERS UNIFORM

- In uniform: Half T-Shirt, Game Pant, Shoes, Socks, etc.
- In same way there should be **1 to 12** numbers printed on back side of T-Shirt.
- Player shall bring his / her identification tag for eligibility certification at all times.

### 4. FUNCTIONS AND RESPONSIBILITIES OF REFEREE.

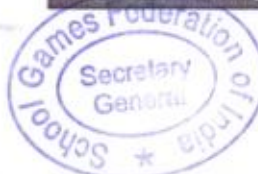
#### 4.1 REFEREE:

- Before the match starts 2 Referees shall be appointed to control the game as required by the laws with absolute impartiality.
- Before the toss and during the match, the referee shall satisfy with all equipment's and ground marking.

#### 4.2 CHIEF REFEREE (Third Referee)

- Understand the practice and conduct of game.

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- Assign Referee to the game and notify the particulars for attention.
- Assist the referee to settle the problem arising in the execution of the game, Check the final scores.
- Request to convene the protest committee in case an appeal or protest is Submitted & report the incident to the committee.
- Announce the Rules of play & the particulars for attention to the players in advance of playing if necessary.
- If Referee have any doubt regarding decision, then they ask for Chief Referee.
- Chief Referee gives decision only when Referees are requested. No one else appeal directly to Chief Referee.

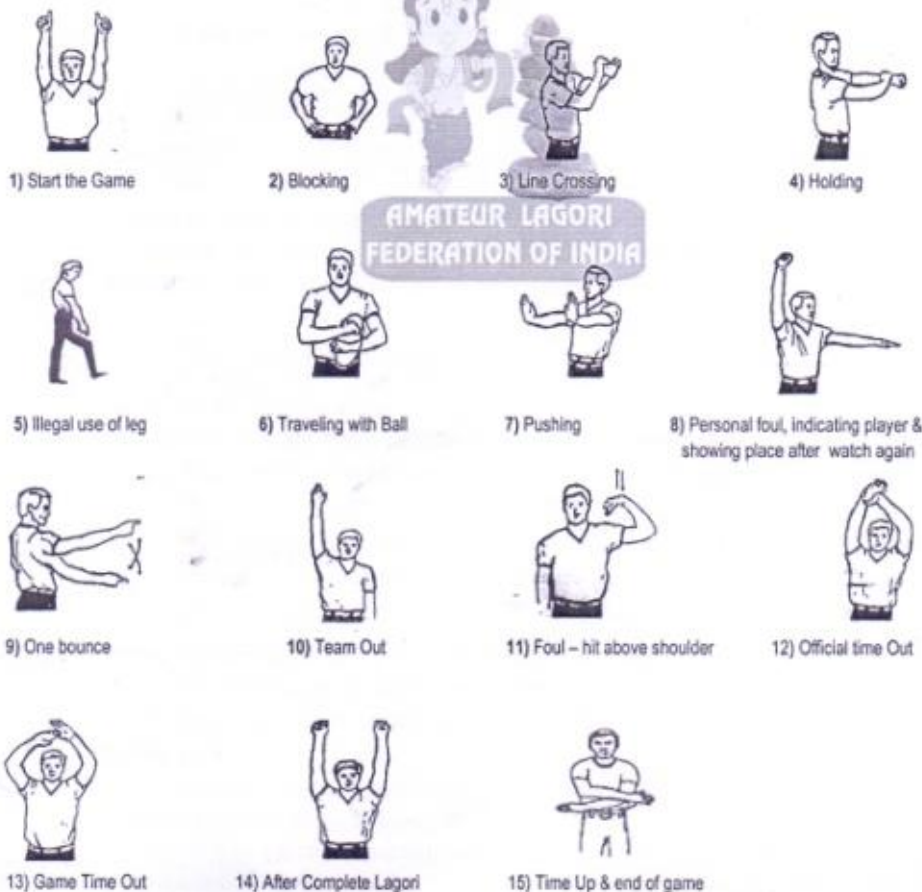
#### 4.3 THIRD UMPIRE

He should observe video recording from each angel to take the Final Decision.

#### 4.4 LINEMEN

2 Linemen shall be assigned in game to assist Referee in Judging whether the player are crossing the boundary.

### SIGNS AND SIGNALS OF REFEREE



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## THE GAME

Lagori game is conducted in accordance with the Rules and Regulation of the ALFI.

### 6.1. GENERAL PRINCIPLES

- The team who Break the Lagori, is called as "Seeker team" and another is "Hitter team"
- Match will be best of three set, and one set is of 3 minute.
- After each set there will be a gap of 30 second.
- If the Player is not in Proper kit then he cannot play the match, the team coach or team manager has to change the player.
- If the Player of any team is injured then the captain or team coach can Change the Player.
- If the Player is not injured then the captain or team coach cannot Change the Player before over the set.
- Game shall continue till the end of time or Seeker gets Out.
- One Player can played only 2 sets in the match.

### 6.2 PROCEDURE OF COMPETITION

#### • THE START OF PLAY

- ✓ The teams shall start to play in accordance with the order of playing set by Referee or draw lot basis.
- ✓ Both captains from announced team have tossed with present of Referee.
- ✓ The team who won the toss chooses the side to play.
- ✓ Before starting the game both the teams have to take correct position.
- ✓ Game does not start till referee get satisfied with position.
- ✓ After indication and whistle of referee, game will be started.
- ✓ In case the team in the game is five minutes late or refuses to play after the Referee announced the start for play, then opposite team is declared as Winner.

#### • PROCESS OF PLAY

- ✓ Players of the Seeker team throw a ball at Lagori to trying to knock them over.
- ✓ If they can, then the Seeker team tries to restore the Lagori.
- ✓ While the opposing team (Hitter team) tries to hit the ball at them.
- ✓ Hitter team should compulsory hit the ball over arm & without bounce, to out the seeker team, to break the Lagori and for pass also.
- ✓ The player compulsorily does the Lagori in arranged numeric format.
- ✓ Hitter team does not carry the ball and walk.
- ✓ If the ball touches to any player of Seeker team, then his team gets out.
- ✓ If the Seeker is not under danger line area then Hitter does out him only below face in whole body.
- ✓ But if Seeker is placed under danger line then he should out when ball touches him in whole body.

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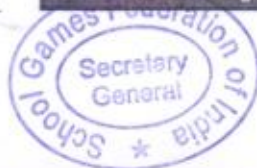


- ✓ But the players from Seeker team can safeguard himself by touching the opposite team member, before they (Hitters) hit them.
- ✓ The Hitter team cannot out any Seekers player if the hitter is present inside the danger line area. (Located on the layout of Lagori ground [1.4] drawn by red line.)
- ✓ Players, who Stand in 3 x 3 boxes, does not step out from box before Lagori is break.
- ✓ The ball came inside after gone from outside of the ground, Hitter should Compulsorily pass the ball to opposite side to the center line inside the ground before hitting the Seekers. If the ball comes from out side & directly hit to the seeker then it would be consider as Not Out.
- ✓ Clearly mark the boundary. If any of the Seekers crosses it then they are out.
- ✓ In the Seekers team every player gets 3 chances to knock down the Lagori.
- ✓ If any one of the team can't break Lagori, then they get another extra chance to knock down the Lagori before 3 minutes.
- ✓ But if Seekers succeed to break Lagori in second chance, after restoring the Lagori they get half point of total score.
- ✓ If the Secker breaks the Lagori and catcher (Hitter) caught the ball directly without bounce then Seeker team is out.
- ✓ After hitting Lagori, Seekers should compulsory touch it, otherwise they will obtain 0 score.
- ✓ If the Hitters received the ball then he/she should not keep the ball in hand more than 3 second.
- ✓ After 6 passes, there is compulsion of 7<sup>th</sup> pass that is Hit, to opposite team.
- ✓ The teams will play 5/3 set & the team who will win 3/2 sets is the Winner.
- ✓ If, match tie after 5/3 Set's also, then both teams will get 6 chances with alternate player to only break Lagori which is called **GOLDEN HIT**.
- ✓ The team who break most Lagori in 6 Chance that team will win the Match.
- ✓ For safety purpose it is compulsory to wore Face Guard & Centre guard for Seekers Teams.

## SKILLS

- ✓ Breaking the Lagori, Receiving the ball.
- ✓ Passing, Defence.
- ✓ Building the pile of Lagori.
- ✓ Distracting the opposite team from building the Lagori.
- ✓ Need perfect concentration of the seeker team player while breaking the Lagori.

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## INFRACTION OF RULES IN GAME

### 7.1 PENALTIES

- If Seeker is not under danger line and ball hit by Hitter on his face then it is a foul.
- The players if holds, pushes or blocking each other then it is a foul.
- If a team intentionally drops the Lagori, then the referee gives a foul.
- After 6<sup>th</sup> continuous passes, if there is no hit to Seeker then it is a foul.
- If a team makes 3 fouls in set, then opposite team will receive – 1 point,  
If a team makes 5 fouls in set, then opposite team will receive – 2 point,  
If a team makes 9 fouls in set, then opposite team will receive – 10 point.

### 7.2 YELLOW CARD

- If the player argues with the official or referee then he will be given a yellow card.
- If the Lagori is dropped by the Hitter, then the Referee will show the yellow card.
- If the player is Pushing, Holding, Blocking etc.

### 7.3 RED CARD

- If the player does the same mistake again and again then the player will be given a red card and disqualified the match.

### 7.4 SUBSTITUTION

- If the player has any injury during the game, then only with permission of Referee and Doctor, the player can be substituted.
- If the Referee and Doctor does not give the permission, the player has to play.
- Even then the team wants substitution, and then the Chief Referee can take the decision.
- If the set is over then the player can be changed.

## TIMEOUT

### 8.1 OFFICIAL TIMEOUT

- If any doubts obtained during the match.
- If decision pending for third Umpire
- If any arguments on ground during match
- If any technical problem obtained regarding game

### 8.2 GAME TIMEOUT

- After complete Lagori
- If any player get injured during game
- If team captain demanded for any objection
- If Lagori breaks in one bounce then for arranging Lagori.

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## BENEFITS OF THE GAME

### 1. It enhances team coordination :-

This game helps the player to co-ordinate and co-operate with each other. In this game each player need to pass the ball to other player, if there is no team co-ordination then the team may lose the game. That's why, it is necessary to have team co-ordination so as to win the game. In this way all the players learn the significance of team co-ordination.

### 2. It increases concentration :-

While playing this game, players need to concentrate properly during each & every hit, pass & out.

### 3. It sharpens out eye sight :-

While playing this game, players need to concentrate on each and every move of other team. Hence, eye sight is sharpened.

### 4. It increases our stamina level :-

In this game, players need to run continuously to avoid getting out. Hence running increases player's stamina level.

### 5. It teaches players about team work :-

As this game is played between two teams, each player learns about team work. Team work creates friendliness among all the players.

### 6. It enhances motor fitness, alertness & activeness :-

In this game, after breaking the Lagori, all the players need to be quick & alert. One team needs to pass the ball quickly & the other team needs to rearrange the Lagori quickly. This enhances motor fitness in the players.

### 7. Playing Lagori Game regularly makes the players fit and healthy :-

In this game, both teams should be quick & alert. This game increases the gaming skills in the players. Players become alert during each & every hit, move, pass and stop the other team from rearranging the Lagori.

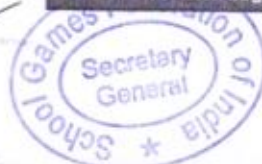
### 8. This game can be played by anyone from 3 years to 60 years :-

This game has no age barrier. Person of any age can play this game. This game if played regularly strengthens the person, enhances blood circulation in the body, increases immunity power & eventually makes the players healthy. This game can be played by kids as well as aged people for fun & enjoyment. This game provides player with happiness & fun.

### 9. This game can be played anywhere:-

This game can be played anywhere, indoor or outdoor, on beach & meadows, during all seasons. We can play this game even by using stones & paper ball.

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## INTERNATIONAL LAGORI FEDERATION

**Event-**

**Org.by :-**

**Venue :**

Date \_\_\_\_\_

## SCORE SHEET

Teams: \_\_\_\_\_ Vs. \_\_\_\_\_

Match No 

Team, A - Name of Team :- \_\_\_\_\_ Toss Won By:- \_\_\_\_\_

**Toss Won By:-**

104

Team  
Fouls:

**Uniform**

Color

Time	Secs
------	------

[illegible][illegible]

No. of Sets Won

Golden Hit - 1 2 3 4 5 6 7 8 9

Warning 

--	--	--	--

Team, B - Name of Team :- \_\_\_\_\_ Toss Won By: \_\_\_\_\_

**Toss Won By:**

--	--

Team Fouls

### Uniform

**Color**

Time \_\_\_\_\_ Secs.

[illegible][illegible]

No.of Sets Won

Golden Hit - 

1	2	3	4	5	6	7	8	9
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Warning 

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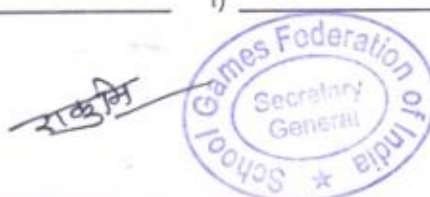
Won By :-

CAPTAIN Signatures:- Team A:- \_\_\_\_\_, Team B:- \_\_\_\_\_

TABLE OFFICIALS (Name &amp; Sign.)

REFeree (Name & Sign.)

1) \_\_\_\_\_ 1) \_\_\_\_\_



# SCHOOL GAMES FEDERATION OF INDIA

## OFFICIAL RULES OF THE SPEED BALL GAME

- At the start of the tie break game a new toss is done as before to determine the server and the receiver and the sides of the court.
- Only in the tie break game the players change the sides of the court every five points.

### The serving player should:

- \* Play the serve while fixing one foot on the serving line.
- \* Play the serve in a horizontal level  
(only a 10 degrees sloping angle is allowed).

### 1: -General

A. Speed ball game consists of three main types of Playing:

A-1 Super Solo play

A-2 Singles play

A-3 Doubles play

B. Speed ball official court:

B-1 Solo play court

B-2 Singles play court

B-3 Doubles play court

C-Any Speed ball type of playing must consists of the following Tools:

### C-i **The Ball**

1- A regulation ball authorized by I.S.I. market on Speed Ball must be used.

- 2- The ball is hollow, elliptical in shape and made of rubber.
- 3- It should be 65 mm - 2 mm in diameter and be 50 grams in Weight.
- 4- It is fixed to one end of a nylon cord 1.6--2mm thick and 1.50 m long. The other end of the cord is attached to a ring, which is set at the spool on the top of the pole.

## **C-2 The Racket**

- 1- A regulation racket authorized by I.S.I marked on Speed Ball must be used.
- 2- The racket is made of rigid plastic. The hitting surface is flat and perforated.
- 3- The racket should not measure over 38.5cm in length and 23.5cm in width. The face should not measure over 25.0 cm in Length and 23.0 cm in width.
- 4- The racket should not have any damaged part at the top of Both sides.

## **C-3 The stand**

- 1- The Pole** A metallic pole with 1.7 m high and diameter of 2.5 cm.
- 2- The pulley (spool)** Made of metal or plastic. Measure 4cm - 5 cm length and Diameter of 3.37cm. A at its wide head and base, and 1.25cm at its narrow shaft.
- 3-TheBase** Made of metal and cement or pure metal. The pole must be fixed to a disc-shaped base or similar weighted base that weighs no less than 40 kilograms. (40-60 kg).The base should be 60 cm diameter and 10 cm high.

## **C-4 The court:**

- 1- The super solo court should not be less than 4X4 meters.
- 2- The court for the single matches should be at least 6x6m divided by a neutral zone of 60 cm width.
- 3-The court for the doubles should be 6x8m.

## **2- Types of Competitions:**

A-The Super solo: In this type of competition the player hits the ball to turn around the pole and hit it back again and so on for a fixed time. The referee will count his hits per that time. Competitions are for both girls and boys S-separately, each compete in the age levels (under 14, 17, 19 yrs of age).

Age Group		Under 14 yrs		Under 17 yrs		Under 19 yrs	
S.No.	EVENT	BOYS	GIRLS	BOYS	GIRLS	BOYS	GIRLS
01.	Super Solo	1	1	1	1	1	1
02.	Single	1	1	1	1	1	1
03.	Double	2	2	2	2	2	2
04.	Solo Relay	4	4	4	4	4	4

#### Position Award

- 1<sup>st</sup> Position = Gold Medal  
 2<sup>nd</sup> Position = Silver Medal  
 3<sup>rd</sup> Position = Bronze Medal

#### Speed Ball Official Team

- 1) Team Member & Staff --- Team Coach, Team manager for Boys
- 2) Team Member & Staff --- Team Coach, Team Manager for Girls
- 3) Official for Tournament
  - a) Tournament Director
  - b) Areana Co-ordinator
  - c) One Tie making incharge
  - d) One Announcer
  - e) One Time Keeper
  - f) Two Referee
  - g) One Scorer

In the open level the players play for one minute in each of the three positions with thirty seconds rest interval in between.

In the juniors competitions each player has to play for thirty seconds in each of the following four positions (With thirty seconds rest interval in between):

- a) **Right hand play:** The player holds the racket with his right hand and hits the ball with one face of his racket to rotate around the pole then hits it back with the other faces of his racket and so on.
- b) **Left hand play:** As in (a) but the player holds the racket with his left hand.
- c) **Two hands forehand:** The player holds two rackets one in each hand and hits the ball with the forehand face of his racket in one hand and receives the ball by hitting it again by the forehand face of the racket in his other hand and so on.
- d) **Two hands backhand:** As in (c) but the player hits the ball by the backhand face of one racket and hits it back by the backhand face of the racket in the other hand and so on.

\*\* Ten seconds before the start of each type of play the players are notified, then five seconds later they are notified again( five seconds before the start).

\*\* All correct hits are counted starting from the start signal to the end signal.

\*\* The count starts with the start signal (usually a whistle).

\*\* The count ends by the end signal (same as the start signal).

\*\* It is not allowed to support the hand hitting the ball (or the racket) by the other hand. If a player supports the playing hand this is considered a wrong hit.

\*\* The referee should not count all wrong hits.

\*\* Any hit before the start signal should be considered a wrong hit.

\*\* If a player starts before the start signal two hits are subtracted from the total number of correct hits, as a penalty, (so his score will be: his total hits-his wrong hits-two).

\*\* If a player cuts the nylon thread to which the ball is tied:- He has to change the ball by the help of the referee, and is allowed to decide; whether he will keep the score of this position (hence he will shift to a new position) or he will replay it again with the start of the next position.

- If the player who has decided to replay this position achieves a count less than the count he reached before cutting the ball, he will get the last count he played as this was his decision (even if it is less than the previous count).

- Each player has the right for two extra balls other than the ball attached to the pulley on the pole(total ;three balls). If he cuts the three balls before finishing his four positions, he will keep his score of the hits counted for him before cutting the third ball.

- The ball should be changed rapidly by the referee once it is cut as the only chance for the player to resume his count again is to start with the following start signal for the next position, and if he misses this start signal he still has to start as soon as he becomes ready and the referee will start counting for him then till the end signal.

### **B- The Team relay:**

- However this type of competition can extend to include also the men's relay (the team is composed of four men) and the ladies' relay (four ladies).

- Each player will play one different type of play (position) for thirty seconds the players play in succession each starting on hearing the signal after each thirty seconds.

- Each player except the first one will start by hitting the ball while it is turning and so on till all the four players play their four positions.

- The first player of each team should start from a fixed predetermined point (marked on the ground), then he is allowed to move (in both directions) while playing, in half a circle centered by the starting point, this to give a space for his successor to start from the starting point.
- The other three players of each team should stand in order in a queue behind the starting point.
- Each team has two balls only for the four players to complete their four positions. So if a player cuts the thread of the ball the team has to repeat the count from the start with the second ball. This is done after the count of the rest of the teams is finished. If the second ball is also cut the team stops playing and the highest score of the two trials is registered to the team.

### C. The Singles:

- In this type of competitions two players play against each other, each hitting the ball in one direction while his opponent hits it in the opposite direction. The two players stand opposite each other, each player in one half of the court (each half is separated from the other by the neutral zone which is 60cm wide). The same age categories are applied as in the Super solo.
- Determining the server and the side of the court for each player: This is determined by a toss, the toss winner may choose either to serve or to receive, his opponent then chooses the side of the court to start with.
- The two players will exchange the serve after each point. The serve should be played in the clockwise direction and can be played by the right hand (forehand) or the left hand (backhand).
- The winner of the game is the player who gets ten points first, No extra points are added in case of equality (9/9).
- The matches of all competitions except for the men's final are of the best of three matches (the winner should get two games before his opponent), the men's final is of best of five (this may be applied to other categories later if needed and announced in advance by the SGFI).
- At the start of the next game (not the tie break game) the server will be the player who received at the beginning of the previous game.
- \* Play the serve without causing excessive turbulence (vibration) in the thread.
- \* Not shake the base of the apparatus. Wrong serve: A serve is considered a wrong serve if:
- \*\*A player plays the serve without fixing one foot on the serving line.

**\*\*The serve was not in a horizontal level (or if the thread shows much turbulence).**

**\*\*The serve was played in a way that caused the base to shake (shaken base). A serving player loses the point if he performs any two of the above (two wrong serves).**

**- A player wins a point if he succeeds in making the ball to turn twice in front of his opponent without being able to hit it back.**

#### A. player loses a point if:

**\*\*If he hits the ball with any part of his body apart of the hand holding the racket up to the wrist.**

**\*\*If he touches the pole with any part of his body.**

**\*\*If the racket falls on the ground.**

**\*\*If he hits the ball in an opposite direction.**

**\*\*If he touches the neutral zone (the ground) with one of his feet, the racket or any part of his body.**

**\*\*If he hits the ball so that it touches the pole before completing two turns in front of his opponent (i.e.: before the ball exits the opponent's court for the second time) .**

**\*\* If he makes the nylon thread turns a complete turnaround the pole before having the ball made two complete turns as described above.**

**\*\*If he cuts the ball or the nylon thread or brakes the plastic ring (breaking the continuity of the ball).**

**\*\*If he hits the ball two successive times.**

**\*\*If he hits the nylon thread without touching the ball with it.**

**\*\*If the ball hangs for an instant to the racket or its handle.**

**In case a player shakes the base (shaken base) on hitting the ball during the game, the point is repeated if the referee sees that this influences the course of the game to the advantage of the same player who hit the ball.**

#### D The Doubles:

In this type of competitions four players play against each other in two teams, each team is composed of two players, This can be; two men (men's doubles); two ladies (ladies' Doubles).

**-Each team should remain in his side of the court during each game.**



-The serving team is determined by a toss, the winner chooses to serve or to receive, the other team will choose the side of the court.

-The four players will keep the order of serving and receiving all through the same game. If the first team is A-B and the second team is C-D. So if the server was player A and the receiver was player C then the next point player C will serve and player B will receive, then B will serve and D will receive, and so on.

- After serving by player A for example D will receive, then each player will hit the ball in his turn (i.e.: A then C then B then D), like table tennis and not free like tennis.

- The next game the team who received the first game will serve this game, and it is allowed for the receiving team to change the order of the previous game, so if C will serve, now either A or B can receive and then the order of players is fixed throughout this game.

- If a tie game is to be played, a new toss is made as before and the winning team will choose either to serve or to receive, then in this tie game only the receiving team is free to choose any player to return the serve (i.e free receiving all through the last game).

- The receiving player should inform the referee and his opponents that he is the one who is going to return the serve before the start of a new point by raising the hand holding the racket.

- As in the singles in the tie break game the players change the court sides every 5 points.



# SCHOOL GAMES FEDERATION OF INDIA

## Rules & Regulation of Tug of War

### Indian Tug of War Rules

#### INDIAN TUG OF WAR RULES

##### Championship

1. The Tug-of-War Championship will be usually held in conjunction with the Athletic Championships.

##### Composition of Teams

2. Teams will consist of ten competitors and a coach.

##### Weight

3. There will be two competitions - one for teams whose aggregate weight does not exceed 110 stone per team and another for teams whose aggregate weight does not exceed 130 stone per team, with teams dressed as for pulling and excluding the Coach. Competitors will weigh-in in the dress as for pulling not more than 24 hours before the competition on first day of the tournament.

##### Dress

4. (a) Each member of a team will be dressed alike.

(b) Coaches will wear uniform.

(c) The boots or shoes worn must be service matching boots or shoes, but all spikes, studs, springs, hobnails etc. if any, must be removed. Toe and Heel plates if flush with the leather, may be worn.

##### Method of Draw

5. The competing teams will be drawn in pairs.

All "Byes" must be disposed of in the first round of preliminary stage of the competition.

##### Duration of Competitions

6. All competitions shall be decided by the best of three pulls, i.e. the first team to be awarded two pulls. The time interval between pulls will be left to the discretion to the Referee.

##### Dimensions of Arena

7. The arena will be limited to a total breadth of 40 ft., the boundary to be clearly marked. any team putting in a crooked direction, so as to go outside this limit, will be considered to have lost the pull.

Posts will be placed twelve feet on each side of a centre line 1 marketed on the ground team will be considered beaten when the centre mark on the rope rosses the line indicated by the posts on the side of the opposing team.

At the start the rope shall be taut, and the front man of each team shall not be more than 3 ft., away from the side line.

#### Dimensions of the Rope

8. The rope shall not be less than four inches and not more than 5 inches in circumference, without knots or other holdings for the hands, and the minimum length not less than 140 feet.

#### Officials, method of Conducting

9. (a) Provision Organizing Committee will be responsible for detailing officials.

(b) Requirements One Referee Two Judges Officer to conduct weigh-in

(c) Duties Referee he will be responsible that these rules are adhere to. He will act in accordance with Rule 12.

#### Judges

One Judges will be detailed to each team. Judges will examine the boots of the teams and will see that rules 12 and 13 are complied with. Officer to conduct weigh-in He will ensure that neither team exceeds the stipulated weight. He will stamp each competitor after weighing-in on the left fore-arm. He will superintend the spinning of the coin the choice of ends.

#### Coaches

- 10 Coaches will be responsible that their teams are conversant with these rules. No person other than the coach will be allowed in the arena with the team.

#### Use of Aids

The use of aids such as resin is prohibited and stimulants or refreshments (including sponges, water, etc.) may not be brought into the arena.

#### Start

12. (a) Each pull will be started by the referee by word of mouth as follows :-

(b) On "Take up the rope" the teams will pick up the rope and prepare for the next command "Take the strain", on which they will take the strain but without pulling. When the rope is perfectly steady the Referee will tie a tape above the Central mark on the ground simultaneously giving the order "Heave."

(c) Holes may not be dug in the ground with the feet or otherwise until "Heave" is given.

(d) Neither Officials or Coaches may use whistles as a means of signaling. The Referee will notify the end of the pull by visual signal, when the winning team will be announced.

#### Knots, Loops and Hooks

13. No knots or loops may be made in the rope, nor may it be locked across any part of the body of any member of the team. The crossing of the rope over itself constitutes a loop.

The rope may be gripped by the anchor man of the team under one arm and then passed over the opposite shoulder from which it must hang without being coiled.

Note:

Any act, other than the ordinary grip, which prevents the free movement of the rope is lock. Passing the rope is allowed.

Disqualifications

14. Competitors may only support themselves by the rope and their own feet. Sitting on the ground or on another member of the team is not permitted. Should a man fall, or save himself with his hand from falling he must at once recover himself.

The Coach will be held responsible for any infringement of this rule and a caution against one man will count as a caution against the whole team. For a second offence the team may be disqualified.

Teams

15. Teams shall consist of an equal number of competitors, who shall be subject to first claim rule and team qualification.

A coach who must also be an qualify law is allowed.

Age under 17 and 19 Boys / Girls

16. In open competition, no member of a team shall be under the age of seventeen years.

Weight

U – 17 Boys 480 Kilo and U- 17 Girls 400 Kilo (Eight Players total weight not exceeding

U – 19 Boys 560 Kilo and U- 19 Girls 440 Kilo (Eight Players total weight not exceeding

17. In competitions confined to specified weights, Stewards shall be appointed, and shall be responsible to the Judge for correctly weighing the competitors before the start.

Draw and Byes

18. Competing teams shall be drawn in pairs, and all byes shall be disposed of in the First Round. Where three teams only complete, the team drawing the bye shall - if defeated by the winner of the First Round-pull for second place. There shall be only one draw made.

Heats

19. All heats shall be won by two pulls out of three.

Boots and Shoes

20. Competitors' boots or shoes must not be "faked" in any way- i.e. the sole, heel and side of heel shall be perfectly flush.

Note:

In competitions confined to Services, boots or shoes as actually issued may be worn.

## Rope

21. The rope shall not be less than 4 inches, and not more than 5 inches in circumference, without knots or other holdings for the hands, and the minimum length not less than 35 yards for eight competitors each side.

## Rope Marking

22. Three tapes or markings shall be affixed to the rope, one at its centre and one on either side, 6 ft. from the centre marking.

## Ground Markings

23. Three lines, parallel to each other, shall be marked on the ground. The distance between the centre line and each of the others shall be 6 ft.

At the start the rope shall be taut, the centre rope marking over the centre ground line. All competitors shall be outside the side lines.

No holes shall be made in the ground in any way before the start.

## Knots, Loops and Lock

24. No knots or loops may be made in the rope, nor may it be locked across any part of the body of any member of a team.

(N.B. - Crossing the rope over itself constitutes a loop. Any act other than the ordinary grip which prevents the free movement of the rope is a lock.)

## Anchor-man's Grip

25. The end or anchorman grip the rope under the arm and pass it over one shoulder; the remaining slack therefrom shall be free.

## The Start

26. The start shall be by word of mouth. Infringements During Contest

27.(a) During the pull no competitor may willfully touch the ground with any part of his body other than his feet. Slipping down, or sitting, or touching the ground with the hand is a contravention of this rule.

(b) Lying on the rope without pulling is not permitted and renders any team liable to disqualification after a caution.

(c) Turning on the rope is allowed. Winning a "Pull" or Heat

28. A "Pull" shall be won when one of the side markings on the rope is pulled over the side ground line farthest from it or if any portion of the foot of a competitor crosses the centre ground line.

## Leaving Go the Rope

29. In the event of both teams leaving go the rope before a side tape has been pulled over the side ground line farthest from it, "NO PULL" shall be declared, and the pull shall not constitute one of requisite number of that heat.

#### The Judge & His Powers

30. There shall be one Judge, who shall have sole control, with power to appoint assistants. It is within the discretion of the Judge to disqualify a team for any offence against the rules, even though only one member of a team offends, and to award the pull to the opposite side, or he may disqualify the offending team from any further part in the competition.

#### HINTS ON TRAINING

31. TWFI – National Tournament Rules, a Tug-of-War team consists of ten men and one coach. There are two weights of team, namely :-

(a) The Heavy - weight Team, not exceeding 130 stone.

(b) The Light-weight Team, not exceeding 110 stone.

In selecting men for either team, it should be borne in mind that Tug-of-War is an exceedingly strenuous exercise and training for it can be very monotonous.

The men selected must, therefore be definitely keen, hardworking and cheerful characters.

Any man of surly disposition or given to frequent grossing is much better left out of the team as he will have a very bad effect on the others.

The men should be of stocky build, with broad shoulders, thick thigh and legs, and well--developed arms. They should be as nearly as possible all the same size. Above all, they must have plenty of grit and be prepared to put up with any amount of hard work. It is comparatively easy to find a light-weight team in a unit, but it is much more difficult to find a team of ten well-developed men totaling 130 stone.

The fat, flabby man is useless, no matter how heavy he may be. If difficulty is experienced in selection the heavy-weight team, it should be remembered that keenness, strength and stamina are more important than actual weight, and it is better to have ten really good men a little under eight rather than to put in a couple of substitute men to make up the weight.

#### Kit and Apparatus

32. (a) The following kit is recommended for training purposes :

Old Foot-ball Vests: at least two per man to allow for frequent washing. The sleeves must be sufficient long to afford protection from the rope under the arm.

Old Foot-ball ShortS :at least two per man. A High-necked Sweater: for use on road work and in cold weather. A service cardigan and muffler will suffice if sweater is not available.

Old Boots:

As long as the sole are reasonably good and the boots comfortable the general condition of them does not matter. For competition work, however, really sound boots should be worn. They should be "broken in" beforehand.

(b) Boots must not be "faked" in any way, i.e. the sole, heel and side of heel must be perfectly flush. For Service Competitions, however, the normal issue boot may be worn.

(c) Men should be encouraged to change into vests and shorts before doing any rope work. After training, every man should have a good rub down.

(d) The standard size of a Tug-of-War rope is 140 feet long and not less than 4 inches and not more than 5 inches in circumference.

The length is in material as far as training is concerned, but it is advisable to have a rope of the correct thickness.

The rope should be kept as clean as possible and all grit removed from it.

(e) No knots or loops may be made in the rope, nor may it be locked across any part of the body of any member of the team. Crossing the rope over itself constitutes a loop.

Any act, other than the ordinary grip, which prevents the free movement of the rope, is a lock.

The end or Anchor man may grip the rope under the arm and pass it over one shoulder, the remaining slack there from must be free.

(f) A derrick or gym is useful during training.

The "weight" should be an old coal box filled with scrap iron, so that the weight can be easily varied. Wire should be used to connect the "weight" to the Tug-of-War rope. The wire should run round the pulley at the top of the derrick, and then round a pulley at the base so that the loop to which the rope is attached is at a height of not more than 18 inches above the ground.

## Training

33. Training for Tug-of-War cannot be hurried and great harm can be done physically and morally if the team is overworked at the start. Stamina must be built up gradually, and the training in general should start easily and get increasingly difficult as time goes on. It takes about three to four months to get a team up to the standard required for Championships.

It is suggested that the training period should be divided in two periods :

### First Period

(a) The first month should be devoted to strengthening exercise, road work and mastering the technique of the rope as far as the individual is concerned. The body should be strengthened generally, and particular attention paid to developing the abdominal, dorsal and heaving muscles.

(b) Rope-climbing without the use of the legs is a good exercise for the grip and for the heaving muscles. Road work will develop the legs as well as getting men generally fit. It should consist of walk at 4 m.p.h. carried out in sweater, trousers and boots. Made a point

of walking over heavy ground, e.g. deep sand, plough, etc. and over a certain amount of rough ground, in order to strengthen the ankles.

- (c) Slow jogging with very occasional short sprints may be included during road work. It is also a good policy to give each man a sheet of newspaper to crumble in each hand and as he walks along. It is surprising how this will develop the grip.
- (d) During this first period men should be taught the technique of the correct positions on the tope, and tested three or four at a time on the derrick. (See under "Technique").
- (e) Throughout the whole of training it is important to weigh men once a week (in the same kit) and keep a chart of their weights.
- (f) Weight is likely to drop in the first ten days and may rise slightly afterwards or remain constant. Any sudden drop in weight is a sure indication of "staleness", the bane of every trainer
- (g) "Staleness" is best avoided by making the training as varied and enjoyable as possible. Games which make the men laugh should be freely interspersed with the more serious work, and training should never be carried out as a fatigue.

The Army System of Wrestling forms an excellent variation in training and aids all-round-development.

## Technique

34. (a) Take up the Rope Pick up the rope and stand upright with the hands close to the body and arms hanging loosely. The rope should be fairly taut from front to rear, but the team should not stiffen themselves in any way.

A rigid stance uses up energy which will be required later.

(b) Take the Strain, This is the normal pulling position on the rope. Gripping the rope firmly with both hands close together, allow the body to fall back to an angle of about 45 degrees. The correct position here is of the utmost importance, so it will be dealt with in detail.

- (i) The feet The sides of both feet must be cut well into the ground. It is impossible to push with the feet flat on the ground—a fault common to novices. The feet should not be directly one behind the other, but should be one on each side of the rope and about 12 inches apart. This gives lateral control and prevents swaying about. The feet should also be separated about 12 ins. from front to rear.

(ii) The Legs, The leading leg must be perfectly straight. This leg acts as a prop, and the more the opposing team heaves, the more they should pull this leg into the ground, thus increasing its resistance. The rear leg is slightly bent, and it is from this leg that the driving power is mainly produced when the heave is made.

(iii) The body The lower part of the body must be kept well up to the tope, and never be allowed to sag. The whole body should be in a straight line from the sole of the leading foot to the top of the head. If the body is allowed to sag in the middle, not only is tremendous strain being placed on the back muscles, but any drive from the legs will not be carried through the body and will merely accentuate the sag.

The upper part of the body should be well over the rope but in no way lying upon it. A man can exert his full force only through his centre of gravity and the idea is always to have the centre of gravity, as close as possible to the rope. The rope should be well up into the armpit. Care must be

taken that the leading shoulder is not allowed to fall away from the rope, and thus prevent a man pulling along the line of the rope.

(iv) The Hands & Arms The hands should grip the rope close together. By having the back of the leading hand on top of the rope, the leading shoulder can be more easily kept over the rope.

The leading arm must be perfectly straight, and the rear arm as straight as possible consistent with the position of the hand. If the arms are bent the arm and shoulder muscles are cramped and much energy is being unnecessarily expended.

(v) The Head, The head should be kept back in prolongation of the line of the body, and not thrown forward. This gives extra weight on the rope and facilitates breathing. In the two accompanying plates the following points should be noticed in respect of individuals. Plate A Sides of both feet well in the ground. Front leg straight, rear leg slightly bent body straight and well up to the rope. Arms straight, Back of front hand over rope (not no. 2). Heads in the normal position on the shoulders.

Plate B No.1

Body and knees bent, Leading foot flat on ground. Right arm bent.

No. 2

Both feet flat on ground. Back hollow and square to the front. Head too far back.

No. 3

Body bent and laying on the rope, Leading foot flat, right arm bent. Head much too far forward.

No.4

Body too upright. Head turned to rear. Leading foot flat on ground, pulling upward and not along the rope.

The Heave

35 (a) Keeping the strain on the rope, lower the angle of the body to about 35 degrees with the ground and heave by a powerful stretch of the legs and body towards the anchor man. Immediately take advantage of any ground gained by moving the feet back, being careful to keep them close to the ground. There must be no easing up either before or after the heave, as any relaxation will allow the opponents to take the offensive.

(b) The team must be taught to heave in unison. Some men heave with a quick snatch, other with a slow, ponderous movement.

A happy mean must be found so that the team heaves with a uniform movement.

(c) The heave can be worked up very well on the derrick. It is very important that a team should not relax and give ground after a heave. If after heaving the weight on the derrick is seen to drop, it is an indication that the team is not holding what has been gained.

The Check



36. This is a counter to the heave. As the opposing team heaves, slightly lower the rope and add a little extra pressure with the legs and body. The team must be carefully coached in this so that they can carry it out quickly and thus bring a distinct jerk to bear as the opposing team heaves.

## Tactics

37. (a) On hard ground where there is little opportunity for digging in it is best to heave quickly, and having got your opportunity on the move to keep them moving by a succession of quick heaves.

A team is inclined to slip on hard ground, and it is advisable that a man should know how best to regain his feet.

A good method is to retain the grip with the leading hand and still keep the shoulder over the rope. The rear hand should be taken off the rope and put on the ground to support the body until such time as the feet have regained their grip.

(b) When pulling on tan, or any similar soft surface, a team must be prepared for pulls of long duration.

A team which is well dug in is very difficult to move, and constant heaving against such a team will merely tire out the attackers. The best policy is to dig in also and wait until the other team attacks.

(c) The check is most useful under these conditions.

38 (a) One so often sees a novice team hampered rather than helped by its coach that a few notes on the position of the coach will scarcely be out of place here.

(b) The ideal team to aim at is one which can pull without any word of command from the coach. A coach can produce concerted effort by giving the word or signaling when a heave is to be made, but no one except the men on the rope can tell the EXACT MOMENT at which the heave should be made. A well trained team should be able to tell, from the "feel" of the rope, the exact moment at which to heave, check, etc. It is often advisable to depute to the leading man on the rope, or to the centre man, the responsibility for giving the signal to heave, etc. to the rest of the team.

(c) If a coach is being used to give the order to heave, etc. it is most important that he should place himself where he can be of most use to his own team.

(d) He should be close enough to his own team to be able to encourage them, and at the same time he must be able to watch the opposition also so as to anticipate their moves, and enable his own team to counteract them.

(e) It is advisable that a coach should give verbal orders to his men rather than signals. When a man gets tired he is generally more concerned about his own feelings than watching the coach.

(f) He may, therefore, miss a signal, and by doing so spoil an otherwise good movement. A spoken word of command on the other hand will have a greater effect on a tired man's brain, and furthermore encouraging work from the coach goes a long way towards winning a pull.